BEST FOR SPORT, SKY & STREAMING

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14-20 JUNE 2025

TV Satellite week

SUMMER PREVIEW SPECIAL

Squid Game

The thrilling final season heads our ultimate guide

ALL THE TOP SHOWS

HotList This week's 28

Saturday 14

Trooping the Colour

***FACTUAL** BBC1, 10.30am*

Coverage of the King's Birthday Parade in London, which will feature a fly-past by the Red Arrows and the Royal Family making their traditional appearance on the balcony of Buckingham Palace.

NASA, Nazis & the Space Race

***DOCUMENTARY** C4, 8.35pm*

Documentary exploring the role that was played by pardoned Nazi scientists in the race to land a man on the moon and gain the upper hand in the Cold War.

Kidnapped

***DRAMA** BBC4, 9pm*

Italian period drama. The incredible true story of a young Jewish boy who was secretly baptised, then taken from his family by the Catholic Church in 1850s Bologna to be raised in the Vatican.

Club World Cup

***FOOTBALL** 5 & DAZN, kick-off 1am*

The opening match of the tournament sees Egyptian club Al Ahly face David Beckham's Inter Miami and a star-studded squad that includes Lionel Messi (above). ***See Sport Week, page 28***

Full listings start on **p35**

Sunday 15

Soccer Aid

***FOOTBALL** ITV1, 6pm (k-o 7.30pm)*

Boxer Tyson Fury will co-manage England alongside Wayne Rooney for this year's match at Old Trafford. The World XI line-up includes former Italy captain Leonardo Bonucci. ***See feature, page 7***

Pile Up: World's Biggest Crash Test

***DOCUMENTARY** C4, 9pm*

As designers strive to produce ever safer cars, volunteers take part in a simulated motorway pile-up – with spectacular results and extremely valuable findings.

Stanford Prison Experiment: Unlocking the Truth

***DOCUMENTARY** National Geographic, 9pm & 10pm*

The story behind the infamous 1971 social experiment, featuring first-hand accounts from participants. Concludes tomorrow.

28 Days Later

***HORROR** BBC1, 10.30pm*

As Jodie Comer's *28 Years Later* hits cinemas this week (Friday 20 June), here's a chance to catch up with the very first film in the post-apocalyptic franchise, with Cillian Murphy (above). ***See feature, p11***

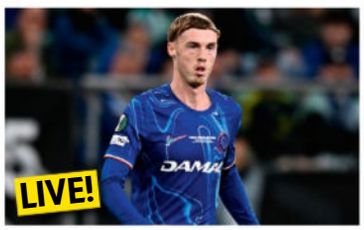
Full listings start on **p45**

Monday 16

Underdogs

***DOCUMENTARY** Disney+*

Ryan Reynolds celebrates unsung heroes of the animal world, featuring 'superzeroes' with powers such as superglue slime and creatures that make unusual parenting choices. ***See Your Watchlist, page 16***



Club World Cup

***FOOTBALL** 5 & DAZN, kick-off 8pm*

The first of the two English clubs to qualify take to the field today, with Chelsea facing Los Angeles FC. Manchester City play Morocco's Wydad AC on Wednesday (k-o 5pm). ***See Sport Week, page 28***

Murder 24/7

***DOCUMENTARY** BBC2, 9pm*

As the series returns, DCI Mark Bellamy (above) and his team at West Mercia Police investigate the murder of a 23-year-old delivery driver in real time. Continues to Wednesday.

Killer Kings

***DOCUMENTARY** Sky History, 9pm*

In a blend of true crime and historical documentary, this series examines some of the most formidable monarchs in history, starting with possibly the most notorious of them all, Henry VIII (above).

Full listings start on **p55**

Tuesday 17

Royal Ascot

***HORSE RACING** ITV1, 1.30pm, & ITV4, 5.50pm*

The opening day of the world-famous race meeting, which will commence after the Royal Procession at 2pm. The King Charles III Stakes is among today's races. Continues all week.

My Life Is Murder

***CRIME DRAMA** U&Alibi, 9pm*

Lucy Lawless returns as PI Alexa Crowe, who helps the police solve cases, for a fourth run, starting with the suspicious death of a wealthy socialite.

● ***Previously shown on Acorn TV in 2024***

In the Footsteps of Killers

***DOCUMENTARY** C4, 10pm*

Emilia Fox teams up with Professor David Wilson to investigate more unsolved cases in this true-crime series, starting with the 1993 murder of a man beaten in his own home before it was set ablaze.

The Contestant

***DOCUMENTARY** BBC4, 10pm*

Storyville special about aspiring Japanese comedian Tomoaki Hamatsu (above), better known as Nasubi, who, in 1998, unknowingly took part in a televised reality show for 15 months.

Full listings start on **p65**

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best shows

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: COURTESY OF NETFLIX, PATRICK BROWN/FX, JONATHAN HESSION/NETFLIX. ©2025, MARVEL
HOT LIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOT LIST PHOTOS: ALAMY, GETTY

Wednesday 18

We Were Liars
***THRILLER** Prime Video*
Based on the bestselling young-adult novel by E. Lockhart, this thriller centres around a group of young people dubbed 'the Liars', who experience a life-altering summer. *See Your Watchlist, page 17*

The Buccaneers
***DRAMA** Apple TV+*
As the period drama returns, the friends are firmly part of London society, with Nan now the Duchess of Tintagel. But marriage does not mean an end to the drama... *See Your Watchlist, page 16*

Amol Rajan Interviews
***FACTUAL** BBC2, 7pm*
Amol Rajan talks to tennis legend Martina Navratilova (above) about how her style of play changed the women's game, and discusses the challenges she faced in her life off-court.

European Under-21 Championship: England v Germany
***FOOTBALL** C4, kick-off 8pm*
Defending champions England take on Germany's youngsters, who were knocked out at the group stage in 2023.

Full listings start on **p75**

Thursday 19

The Waterfront
***DRAMA** Netflix*
Set in a fictional coastal town in North Carolina, this drama centres on the Buckleys, a dysfunctional family who are battling to keep their fishing empire from sinking. *See Your Watchlist, page 14*

Murder Most Puzzling
***DRAMA** 5, 8pm*
Phyllis Logan (above) stars in this new murder mystery series as Cora Felton, AKA the Puzzle Lady, who is called in to help cops when a body is found with a crossword puzzle. *See feature, page 8*

Outrageous
***DRAMA** U&Drama, 9pm (box set, U)*
Set in the 1930s, this drama captures the story of the radical Mitford sisters – the best known being the eldest, *The Pursuit of Love* author Nancy (Bessie Carter, above). *See feature, page 6*

Pushers
***COMEDY** C4, 10pm & 10.30pm (box set, Channel 4 Streaming)*
Rosie Jones stars as Emily, a woman with cerebral palsy who plays on societal perceptions and sets about building a drugs empire. *See feature, page 12*

Full listings start on **p85**

Friday 20

England v India: 1st Test
***CRICKET** Sky Sports Main Event & Sky Sports Cricket, play starts 11am*
As the five-Test series starts today in Headingley, England will be hoping the home conditions will give them the edge against tourists India.

Joker: Folie à Deux
***DRAMA** Sky Premiere, 12.05pm & 8pm*
Following his Oscar-winning role in 2019's *Joker*, Joaquin Phoenix returns as the DC Comics villain, now committed to Arkham Asylum, where he meets Harley 'Lee' Quinzel (Lady Gaga). *See review, page 22*

Isle of Wight Festival
***MUSIC** Sky Arts, Sky Mix & Sky Showcase, from 7pm*
Coverage of the music festival. Today's acts include Faithless, The Corrs, Clean Bandit and main-stage headliner Sting. *See feature, page 12*

Noel Edmonds' Kiwi Adventure
***DOCUMENTARY** ITV1, 9pm (box set, ITVX)*
In this three-parter, we're reacquainted with the ex-DJ and TV presenter, who's made a fresh star in New Zealand with wife Liz. *See Documentaries, page 20*

Full listings start on **p95**

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SQUID GAME

27 June, Netflix

'Every game comes to an end' is the tantalising tag line for the final season of the South Korean thriller that has become a global phenomenon since it debuted in 2021. The story picks up from the Season 2 cliffhanger that saw Gi-hun's failed rebellion end in tragedy when his best friend Jung-bae was shot dead by Front Man. Now, Gi-hun, aka Player 456 (Lee Jung-jae), and the surviving players must make some difficult choices as they are thrust into even deadlier games. But their decisions have increasingly dire consequences with each new round of games.

Your insider's guide to the best **sci-fi, fantasy and supernatural series** coming to screens soon...

Out of this

STAR TREK: STRANGE NEW WORLDS

17 July, Paramount+

The spin-off prequel is back for a third run as we catch up with Captain Christopher Pike (Anson Mount, above) and his crew on board the starship *USS Enterprise*. When we last saw Captain Pike, he had to decide whether to flee a Gorn attack or stay to save members of his crew, while viewers were also introduced to a young Scotty (Martin Quinn). Rebecca Romijn, Ethan Peck and Jess Bush return.

THE INSTITUTE

Date to be announced, MGM+

Based on the bestseller by Stephen King, this horror series follows teen telekinetic genius Luke Ellis (Joe Freeman, right), who's snatched from his bedroom and wakes at The Institute, a shadowy organisation that's been kidnapping children with psychic abilities and using them for some unknown purpose. But can Luke's powers help him survive? Ben Barnes stars as an ex-cop investigating Luke's disappearance.

FOUNDATION

11 July, Apple TV+

As the sci-fi returns for a third season, the action jumps forward 152 years as we learn that the Foundation and the Cleonic Dynasty have forged an uneasy truce. But amid this fragile peace, a bigger threat emerges – a warlord known as The Mule, now played by Pilou Asbæk, who wants to control the universe by using physical and military force alongside mind control.

IRONHEART

25 June, Disney+

Set after the events of *Black Panther: Wakanda Forever*, this Marvel series follows Riri Williams (Dominique Thorne), a genius young inventor. Riri returns to her home city of Chicago, where she develops her own innovative Iron Man-style suit, but her determination to make her mark on the world sees her cross paths with the enigmatic Parker Robbins, aka The Hood (Anthony Ramos).

WORDS: HANNAH DAVIES, NATASHA HOLT
PHOTOS: APPLE TV+, ©2025 DISNEY & ITS RELATED ENTITIES, MGM+, NETFLIX, PARAMOUNT+, YELLOWBELLY

WEDNESDAY

6 August, Netflix

There's more kooky mayhem as Netflix's most-watched show ever returns for a much darker second season, with Wednesday Addams (Jenna Ortega, above) returning to Nevermore Academy, which has a new principal, Barry Dort (Steve Buscemi). Also joining the school this term is her brother Pugsley (Isaac Ordonez), while Wednesday soon finds herself plunged into a new mystery. Catherine Zeta-Jones and Luis Guzmán are back as Wednesday's parents, while Dame Joanna Lumley joins the cast as her grandmother.

world

ALIEN: EARTH

13 August, Disney+

The Alien movie franchise gets a TV update in a prequel series set two years before the original film, and produced by Sir Ridley Scott and starring Sydney Chandler (right), Timothy Olyphant and Alex Lawther. When a mysterious deep-space research vessel, ***USCSS Maginot***, crash-lands on Earth, a young woman and a ragtag group of tactical soldiers encounter mysterious life forms more terrifying than anyone could ever have imagined. But can they save the planet? Look out for Adrian Edmondson among the cast.

EYES OF WAKANDA

6 August, Disney+

This animated Marvel series follows the Hatut Zeraze, a unit of highly skilled warriors from the fictional African nation of Wakanda, who carry out perilous missions throughout history. The Hatut Zeraze – which translates as Dogs of War – travel across the world to retrieve dangerous artefacts made from the fictitious precious metal vibranium. The series' cast includes model Winnie Harlow, who voices Wakandan fighter Noni.

OUTLANDER: BLOOD OF MY BLOOD

9 August, MGM+

Before there was Claire and Jamie, there were their parents! This 10-part prequel series will tell their parallel love stories – how Jamie's parents Ellen and Brian (Harriet Slater and Jamie Roy, pictured) got together in 18th-century Scotland, and how Claire's folks Julia and Henry (Hermione Corfield and Jeremy Irvine) met during World War One in England.

Diana Mitford
Joanna Vanderham
After leaving her husband for Oswald Mosley, the beauty of the family deploys her good looks and charm to gain political influence.

Pamela Mitford
Isobel Jesper Jones
Considered 'the quiet one' by all of her siblings, she prefers her own company or that of her animals, and serves as the family peacemaker.

Unity Mitford
Shannon Watson
Fanatical by nature, she is introduced to fascism by Diana and becomes obsessed with finding a way to meet Adolf Hitler.

Nancy Mitford
Bessie Carter
The eldest of the siblings is a novelist who hasn't had much luck in love but cherishes her family and friendships.

Sisters of SCANDAL

The notorious **Mitford siblings** make their mark on 1930s Britain in a new period drama

NEW DRAMA
Outrageous
Thursday, 9pm, U&Drama (box set, U)

In 1930s Britain, the Mitford sisters were often in the headlines for their artistic endeavours and romantic attachments, but their embrace of political extremes made them famous for very different reasons.

U&Drama's new six-part period drama *Outrageous*, created by Sarah Williams and based on Mary S. Lovell's biography *The Mitford Girls*, follows siblings Nancy, Pamela, Diana, Unity, Jessica and Deborah as they attempt to find a place for themselves in a changing world, but drive their family irrevocably apart in the process.

The series begins in 1931 as the sisters visit Diana (Joanna Vanderham) in the lavish country house she shares with husband Bryan Guinness (*Miss Austen*'s Calam Lynch), but novelist Nancy (Bessie Carter) suspects her younger sibling is not happy.

Sure enough, while attending a society event, Diana is enraptured by a speech from Oswald Mosley (Joshua Sasse), leader of the British Union of Fascists. Convinced that he represents the change that society needs, Diana reveals her intention to leave her husband for him.

'Diana's duty was to marry well and have male heirs, which she did, but then she met Mosley,' says *Crime* star Vanderham. 'Not only was she attracted to him, but he was exciting and reminded her of her father. She ends up with this man who keeps her on her toes intellectually, and she finds that fascinating.'

The real Jessica, Nancy, Diana, Unity and Pamela in 1935

POLITICAL SCHISM

Diana's embrace of fascism causes a split within the family, as Unity (*The Jetty*'s Shannon Watson) follows her into right-wing extremism, while a horrified Jessica (*Casualty*'s Zoe Brough) turns to communism instead. Meanwhile, Nancy tries to pull Diana back from the brink.

'Nancy felt that eldest-sibling responsibility of looking after the brood,' says *Bridgerton* star Carter. 'I don't think she wanted to get involved, but you see her being forced to, and that's very interesting to play.'

As Diana's fascist beliefs grow more entrenched, Vanderham admits that she found some of the scenes she was required to perform for the series deeply troubling.

'I had a line where Diana says, "We have nothing against the Jews as a race, but what's happening in Germany is really none of our business,"' she recalls. 'That was horrible to say, and to think. That was the biggest acting demand, to

Joanna Vanderham as Diana

WORDS: HANNAH DAVIES, STEVEN PERKINS. PHOTOS: ALAMY, U&DRAMA, ©UNICEF/SOCCER AID PRODUCTIONS/STELLA PICTURES

Deborah Mitford
Orla Hill
The youngest Mitford is mainly focused on finding a husband, but is devastated when her ideal man marries Pamela instead.

Jessica Mitford
Zoe Brough
Appalled by the wastefulness and privilege of the aristocracy, she defies her elder siblings by embracing communism.

say things with conviction and not feel physically revolted by it.'

Relationships between the sisters disintegrate over the course of the 1930s, but it was a different story behind the scenes as the six actors formed a very close bond on set.

'This is, hands down, the best job I've done,' says Carter. 'Everyone has been so nice and funny. The first time all of the family were together was pretty spooky because the casting has been incredible – we all have blue eyes, like the Mitfords did.'

POTENTIAL

The six episodes of this season takes events as far as 1937, but the cast are hopeful that they'll get a chance to explore what happens next.

'I'd love to make a second season,' says Vanderham. 'There's so much more to come; we haven't even got up to the outbreak of World War Two. I'm really hoping we get to tell the rest of the story – it could be a new *The Crown*.'

WHO'S WHO

David Freeman-Mitford ('Farve')
James Purefoy
The head of the family is fighting to keep his finances afloat, and his daughters out of trouble.

Sydney Bowles Mitford ('Muv')
Anna Chancellor
The matriarch wants eligible husbands to ensure futures for her six daughters.

Tom Mitford
Toby Regbo
The only Mitford son is prospective heir to whatever's left of the dwindling family fortune, and he has bold plans for the future.

Oswald Mosley
Joshua Sasse
The notorious womaniser with dangerous beliefs, who attracts Diana, is determined to reshape the destiny of the nation.

Vicky McClure and Paddy McGuinness limber up for this year's Soccer Aid

On the BALL

LIVE FOOTBALL
Soccer Aid
Sunday, 6pm, ITV1

Manchester United's Old Trafford plays host to 2025's Soccer Aid for UNICEF match between England and a top-class World XI squad featuring celebrities such as Gorka Márquez, Richard Gadd and Martin Compston.

Once again, England will be captained by Jill Scott, who's involved alongside new signings Tyson Fury, Joe Hart and Steph Houghton.

Here, England's Vicky McClure, 42, and Paddy McGuinness, 51, give their take ahead of the big game...

Last year, England beat the World XI squad. What was that like?
McClure We played against my mate Martin Compston and he took it like a champ. Obviously, the win is major, but when all is said and done, we know why we're there. I was a little bit cocky the year before and I sort of celebrated a bit too soon. So one thing I've learnt is not to call it until the final whistle blows!

Who has been your favourite Soccer Aid star to play against?
McGuinness I can remember playing with Gerard Butler and I had a good battle with him. I've been lucky enough to play with some world-class footballers, but I'll always remember trying to mark Ronaldinho.

What makes Soccer Aid such a special event?
McGuinness It's that perfect thing where everyone is having fun, but raising valuable money for UNICEF at the same time. It's always a full house and there's such a good atmosphere – and all that helps to raise lots of money.
McClure You've got fans from all different walks of life, and you're spreading an incredible amount of support and money to children across the world.

Do you have any other Soccer Aid highlights?
McClure Just the match itself. The atmosphere at the stadium is electric, and there's no other feeling like that. There's a real buzz around it.
McGuinness Weirdly, my highlight is the day I took Brazilian legends Ronaldinho, Cafu and Dida to get a Greggs at Knutsford Services. That was a treat!

HOW TO DONATE
To contribute to Soccer Aid for UNICEF, visit unicef.org.uk/donate/socceraid-for-unicef

NEW DRAMA

Murder Most Puzzling

Thursday, 8pm, 5

Looking for clues

Phyllis Logan is a crossword-setting sleuth in a murder mystery with a twist

If you're a fan of David Mitchell's puzzle-setting crime-fighter *Ludwig*, you might want to try 5's new light-hearted crime drama *Murder Most Puzzling*.

Based on the Puzzle Lady Mysteries by American author Parnell Hall, the series stars *Downton Abbey*'s Phyllis Logan as an eccentric crossword-setter, Cora Felton, who develops a knack for solving suspicious deaths.

Known as the Puzzle Lady because of her famous crossword column, Cora – who's also renowned for her flamboyant sense of style – has recently moved to the quintessential English town of Bakerbury with her long-suffering niece Sherry (Charlotte Hope).

But her crossword career takes a twist when a woman is found murdered in the local graveyard, with a mysterious clue attached to her body.

RUFFLING FEATHERS

Under pressure to catch the killer, DCI Derek Hooper (Adam Best) reluctantly turns to Cora for help. But as she throws herself into the case, she puts herself in the killer's sights, while her forthright attitude ruffles feathers with lawyer Becky Baidwan (Yasmin Seky), journalist Anton Grant (Alistair Brammer) and DCI Hooper himself.

'Cora's bonkers. She smokes, she swears and she drinks Bloody Marys for breakfast,' says Logan, 69. 'Her relationship with Hooper is hilarious because she's a real thorn in his side. She's always interfering, but then ends up solving the case, which puts his nose out of joint. They're always at each other's throats but that's what makes it so fun.'

Journalist Anton Grant

As the three-part series continues with yet more perplexing riddles for Cora to solve, she starts to gather allies and enemies in equal measure, while also trying to keep her own hidden secrets from destroying everything she's worked for.

'Cora's hiding a few secrets, which play out over the series. It's all written really cleverly and just adds another intriguing dimension to her,' says Logan. 'She has an interesting relationship with her niece Sherry, who's like a Little Miss Staid compared to Cora with her drinking, smoking and six husbands!'

Filming took place in Northern Ireland, including Ballymena, where Logan's paternal grandparents came from – although she didn't get the chance to track down any distant relatives.

'Unfortunately, I didn't have the time to do any sleuthing into my family history, but if there's a second series, that's certainly something I want to do,' she says. 'We had all sorts of wonderful locations, and wonderful weather as well. On one day that we were filming, we had this nice crisp, bright morning and then, at the end of the day, a swirling blizzard suddenly whipped up. You couldn't see your hand in front of your face – it was very exciting.'

Meanwhile, Logan says one of the most challenging parts of the role was having to smoke.

'They were actually herbal cigarettes, and I tested all these different flavours in the make-up truck, which felt a bit like a drug deal,' she laughs. 'Luckily, we hit on one a bit less offensive than the others!'

Charlotte Hope plays Sherry

WORDS: HANNAH DAVIES. ALISON SLADE PHOTOS: 5, BBC, ITV

Logan as Cora

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Is Robert set to cause chaos?

EMMERDALE

Robert returns to the village to expose villainous John...

Having recently gatecrashed Aaron's wedding – and missed a probation meeting in the process – Robert's back in prison, stewing over the fact that the love of his life has tied the knot with John.

Informed by Victoria that his ex-husband is in a bad way, Aaron goes to the big house to check in on Robert, who lays his heart on the line.

John fumes when he finds out and, feeling threatened by the pair's history, he goes on a visit of his own. Tension rockets between the two love rivals – who are also half-brothers – and Robert can't resist revealing how he and Aaron kissed on John and Aaron's big day.

John erupts, and tells Robert that he has no idea what he's capable of… and Robert becomes convinced that John is hiding something. Released just a few days later, Robert then returns to his old stomping ground, determined to prove to Aaron that he's married a wrong'un and to reclaim 'his' man.

John visits Robert in jail

Will he be the one to expose John's killer secret?

PLUS Bear disappears after uncharacteristically threatening Kammy, Charity finds out about Sarah's cervical-cancer diagnosis, Vinny gives Kammy the cold shoulder, and Vanessa tries to reach out to accused sister Tracy.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

Debbie tells her loved ones that she is living with dementia (above), Lisa puts Brody in danger, Sally worries about Lou's daughters, fragile Theo struggles, Dee-Dee is drawn to baby Laila, and Bernie encourages Aadi to have some fun.

EASTENDERS

Joel (above, centre) assaults a female passenger on the Tube, Stacey gets in touch with Alfie, Jean vies to sabotage the limo business, Alfie goes to Australia to support Spencer, and Linda struggles with mum Elaine's reckless behaviour.

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Alfie Williams, Jodie Comer and Ralph Fiennes in *28 Years Later*

MOVIE SPECIAL!

HELL on Earth

As **Jodie Comer**'s *28 Years Later* hits cinemas, get up to speed with the horror franchise...

Made on a modest budget of about £5 million, British post-apocalyptic horror film *28 Days Later* became a surprise box-office hit when it was released in 2002.

Directed by *Shallow Grave* and *Trainspotting*'s Danny Boyle and written by *The Beach* author Alex Garland, its terrifying plot of people going on the rampage after being infected by a rage-inducing virus was credited with making zombie movies popular again

Five years later, a sequel followed, with Garland and Boyle forgoing writing and directing duties in favour of being executive producers. But a second sequel, *28 Years Later*, out in cinemas from Friday 20 June, is once again directed by Boyle from a screenplay by Garland, and stars Jodie Comer, Jack O'Connell, Ralph Fiennes and Aaron Taylor-Johnson.

'We tried to imagine how a world rebuilds itself after an apocalypse,' says Boyle of the new film, in which the infected have now been living with the skin-rotting virus for 28 years.

'It doesn't feel like a sequel – it feels like an original film. You're looking for those images that will terrify people. You have a responsibility to push the envelope as far as you can go.'

● ***28 Days Later* is on Sunday, 10.30pm (times vary), BBC1**

Trinity of TERROR

A bluffer's guide to the 28 Days Later universe...

28 Days Later (2002)

Sunday, 10.30pm (times vary), BBC1; available now to buy or rent on Apple TV, Prime Video & Sky Store

Directed by Danny Boyle and starring Cillian Murphy and Christopher Eccleston, the story begins when animal-rights activists infiltrate a laboratory in Cambridge – and one of them is infected with the rage virus and begins attacking the others. Soon the highly contagious virus spreads throughout the UK, causing the collapse of society. Four weeks after the outbreak, a handful of survivors try to escape the horror.

Cillian Murphy as *28 Days Later*'s Jim

Robert Carlyle plays Don

28 Weeks Later (2007)

Available on Disney+, and to buy or rent on Apple TV, Prime Video & Sky Store

Six months after the rage virus swept through the UK, the US Army has restored order and is establishing a colony of survivors in a heavily protected safe zone in London. But an unsuspecting asymptomatic carrier of the infectious disease is among the first wave of returning refugees, leading to another outbreak of the virus and, once again, the infected go on the rampage. Jeremy Renner and Robert Carlyle star.

28 Years Later (2025)

Released in cinemas on Friday 20 June

It's been almost three decades since the rage-virus outbreak and quarantining is still ruthlessly enforced. One group of survivors live on the quarantined island of Lindisfarne, connected to the mainland by a narrow causeway, but when a father (Aaron Taylor-Johnson) and son leave the island on a mission to the mainland, they discover secrets and horrors – the virus has mutated with terrifying consequences. Jodie Comer and Ralph Fiennes lead the cast.

Jodie Comer's Isla in *28 Years Later*

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LOOK WHO'S BACK...

A familiar face making a new appearance this week

Jo Brand

DNA Journey

Thursday, 9pm, ITV1

1990

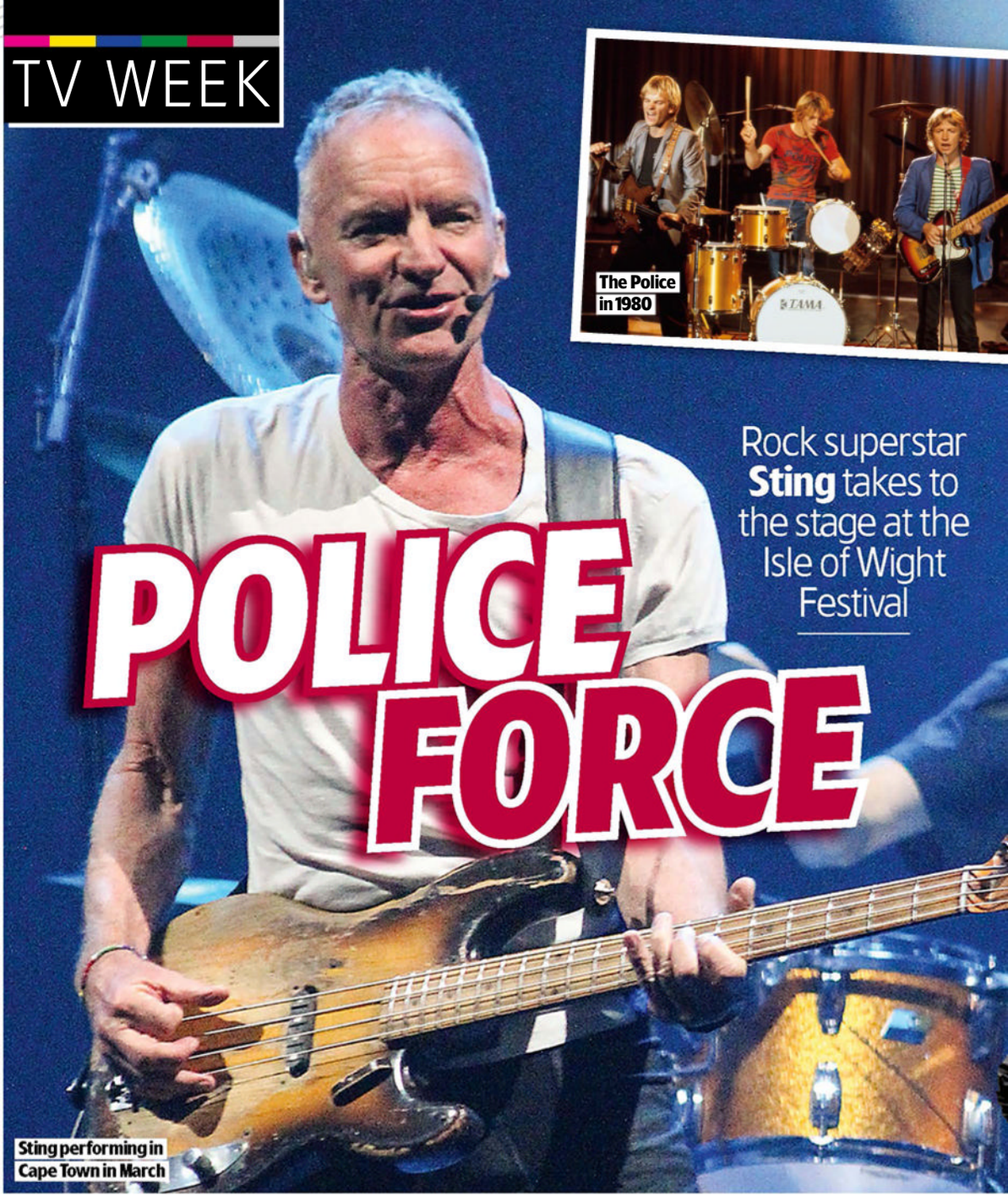
Jo Brand first performed stand-up in the 1980s and remains a regular on comedy panel shows including *Have I Got News for You*, *Would I Lie to You?* and *Alan Davies: As Yet Untitled*. She co-created and starred in BAFTA-winning sitcom *Getting On* and has hosted *The Great British Bake Off: An Extra Slice* since 2014. A cat lover, she has also presented *Jo Brand's Cats & Kittens* and *Kitten Rescue*.

HER NEW APPEARANCE

This week, Brand teams up with fellow comedian Julian Clary to trace their family histories, with Brand's journey taking the pair to Kilkeel in Northern Ireland, where she meets her cousin Gabrielle and discovers that her great-grandfather William Papworth rose from an impoverished background to work as a mental-health nurse and become a conductor of the first-class dining car on the national railways. 'I was a mental-health nurse myself,' says Brand, 67. 'It's such a weird coincidence and I feel a kinship with William.'

Julian Clary and Jo Brand

WORDS: NICK CANNON, MICHAEL DARLING, NATASHA HOLT, IAN MACEWAN, RICHARD MCCLURE. PHOTOS: ALAMY, BBC, C4, GETTY, ITV, SHUTTERSTOCK, U&ALIBI


Sting performing in Cape Town in March

The Police in 1980

POLICE FORCE

Rock superstar **Sting** takes to the stage at the Isle of Wight Festival

Dodgy dealers

Emily (Rosie Jones, bottom right) and her pals

Comedian **Rosie Jones** leads an unlikely drugs gang

NEW COMEDY

Pushers

Thursday, 10pm & 10.30pm, C4 (box set, Channel 4 Streaming)

Emily is a drug dealer, but she's hardly your average peddler of illegal substances – not least because she carries her stash around in a floral backpack, rides a pink tricycle and has cerebral palsy.

In new comedy *Pushers*, the cash-strapped charity worker, played by comedian Rosie Jones, is drawn into the world of drug dealing after bumping into former classmate Ewen (Ryan McParland), who realises her disability means she

LIVE MUSIC

Isle of Wight Festival

Friday, from 7pm, Sky Arts, Sky Mix & Sky Showcase

Seventeen years after closing the 2008 Isle of Wight Festival with The Police, Sting is back on the bill as a solo artist this week, in a line-up that includes fellow headliners Stereophonics and Justin Timberlake, plus the likes of Texas, Supergrass and James.

The 2008 gig was part of a Police reunion tour, but although Sting is expected to perform some of the band's biggest hits on Friday, he doesn't envisage another reunion any time soon.

'Doing it again would be gratuitous, and that won't happen,' says the 73-year-old. 'But we did it, and everyone was happy Mum and Dad got back together and had one last fling!'

Since he, drummer Stewart Copeland and guitarist Andy Summers originally split in 1984, the Tyne and Wear-born singer-songwriter has released a string of hit solo singles including *Fields of Gold* and *If I Ever Lose My Faith in You*.

'My career since I left The Police has been song-driven,' he says. 'I'm interested in lots of kinds of music. I'm so grateful for those songs because they've transformed my life.'

The veteran musician adds that he's still highly motivated to create and perform music, nearly 50 years after The Police formed.

'You want to stay in the game as long as possible,' says Sting, who will be on the road with his latest tour for most of this year. 'I want to keep learning – that's what keeps me going.'

HONOURED

As well as various industry gongs, Sting received perhaps the greatest compliment of all when Sir Paul McCartney said that *Fields of Gold* was a song he wished he'd written.

'I can't tell you how many songs of Paul's I wish I'd written,' says Sting. 'So that was a lovely thing for him to say.'

And with Macca still performing in his 80s, could Sting envisage belting out *Roxanne* and *Every Breath You Take* when he reaches that age?

'Well, why not?' he smiles. 'As long as I can get into my rock-star pants, I'll be fine.'

Andy Summers, Stewart Copeland and Sting in the Police days

avoids the attention of the police.

The six-parter, which Jones has co-written with *Veep* writer Peter Fellows, follows a one-off comedy pilot shown in 2022 (then called *Disability Benefits*) and is the first-ever sitcom for Jones, who's known for her stand-up work and appearances on comedy shows such as *Taskmaster*.

TV&Satellite Week caught up with the 34-year-old to find out more...

What inspired the idea for the sitcom? It came from the fact that as someone with cerebral palsy, I am constantly patronised every day. We thought, 'How much can we push that?' and we very quickly settled on drug dealing. We thought, 'How would *Breaking Bad* work if it was a silly, little, northern, disabled lady?'

What experiences do you share with Emily? We want to push the notion that society underestimates disabled people and doesn't think they're capable. So, yes, quite a lot of the way that society has treated me has been put into the sitcom – but I've made up the cocaine bit!

As Emily gets more involved in drug dealing, she enlists the help of her colleagues at the charity shop where she works. What can you tell us about them? We really wanted the core group of *Pushers* to be predominantly disabled. They are like family and they have never had that before. Even though Emily is a main character, the heart of the show is the gang itself.

How excited are you about your first sitcom? I think I've seen every episode about 40 times, and it still makes me laugh. Getting my own sitcom is the pinnacle of my career.

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

My Life Is Murder

NEW

Tuesday, 9pm, U&Alibi

Lucy Lawless is back in Season 4 to crack eight more crimes as Auckland private eye Alexa Crowe. This time, she helps local detective Harry (Rawiri Jobe) investigate the death of a socialite who leaves her entire fortune to her cat, a ballerina who is shot dead with a bow and arrow, and the case of a chef accused of poisoning one of his clients.

● ***Previously shown on Acorn TV in 2024***

The Gold

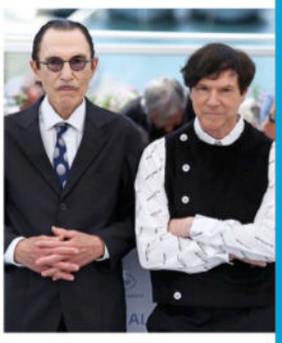
Sunday & Monday, 9pm, BBC1

Jack Lowden (right) returns as gangster Kenneth Noye, now out of prison, having been convicted for his involvement in the aftermath of the Brink's-Mat heist in the first series. Meanwhile, DCI Boyce (Hugh Bonneville) and his team's investigations bring them closer to Douglas Baxter and Logan Campbell, who are helping to launder the robbery's proceeds...

Later... with Jools Holland

Sunday, 10pm & 10.45pm, BBC2

In a double bill of the music show this week, Holland welcomes Sugababes and Wolf Alice to London's Alexandra Palace Theatre. That's preceded by an episode featuring a typically eclectic mix of acts, including much-loved US duo Sparks (right), indie rockers Wet Leg and Italian pianist Ludovico Einaudi.



Suspicion

NEW

From Sunday 15 June, ITVX

Uma Thurman (right) takes the lead in this eight-part thriller – a remake of Israeli drama *False Flag* – as media mogul Katherine Newman, whose son is snatched from a New York hotel by a gang. Five seemingly ordinary people who were at the hotel at the time are accused of the kidnapping and fight to clear their names.

● ***Previously shown on Apple TV+ in 2022***

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Bree, Belle, Harlan and Cane Buckley

DEEP water

A family fights to keep its **fishing empire** afloat in a new drama

NETFLIX The Waterfront

NEW *Available: Thu 19 June Genre: Drama*
Season: 1 Episodes: 8

Prepare to be swept away by a new drama that follows a high-flying but dysfunctional family's battle to keep their floundering fishing empire from going under.

Set in the fictional coastal town of Havenport in North Carolina, eight-part series *The Waterfront* plunges into the lives of the Buckley clan, whose once-thriving fishing and restaurant business is on the brink of collapse.

Patriarch Harlan (Holt McCallany) is recovering from two heart attacks, leaving his no-nonsense wife Belle (Maria Bello) and hot-headed son Cane (Jake Weary) to take the helm. But their efforts to keep their enterprise from capsizing lead to murky dealings as they become entangled in a dangerous net of drug smuggling.

As the sharks begin to circle and Harlan learns the truth about Belle and Cane's sideline, will he clean up their act or dive straight in himself?

'This is about a working man who's trying to make a go of it for his family,' says writer-producer Kevin Williamson, creator of *Dawson's Creek*. 'They've pulled themselves up from nothing and they've built this fishing empire in their small town.

'Now, it's being taken away from them bit by bit and they'll do anything to hold on to it because it represents their family. They make mistakes and do bad things, but then they get in deeper and deeper.'

The drama also follows Harlan and Belle's quick-tempered daughter, Bree (Melissa Benoist), a recovering alcoholic who has lost custody of her son and is involved in a secret relationship that could cause serious ripples for her family. And when volatile drug smuggler Grady (Topher Grace) enters their lives, could he end up sinking them all?

'Grady is unpredictable, and you never know if he's going to hug you or shoot you,' says Williamson, 60. 'He's searching for a paternal figure and finds it in Harlan. But Harlan doesn't necessarily want to play that role. It's a complicated relationship.'

POSTCARD SETTING

With its themes of family, crime, legacy and power struggles, the series is drawing comparisons to Netflix dramas *Bloodline* and *Ozark*. It's also loosely inspired by Williamson's dad's experiences as a fisherman and is filmed at locations in North Carolina

Stars Holt McCallany and Maria Bello

that he used for *Dawson's Creek*.

'I come from a long line of fishermen and we've not really seen a story about commercial fishermen told before in any sort of dramatic way,' says Williamson. '*Dawson's Creek* was one side of my autobiographical story, and this is another part of me.

'I'd shoot everything in North Carolina if I could. The show is about this aspirational, gorgeous coastal environment. It's a postcard picture everywhere you look.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Sirens

Genre: Comedy drama Season: 1 Episodes: 5

Julianne Moore (left) is mega-wealthy, perfectly poised socialite Michaela Kell, married to billionaire Peter (Kevin Bacon), who inspires slavish adulation, especially from her assistant Simone (*House of the Dragon*'s Milly Alcock). But when Simone's messy, cynical sister Devon (*The Perfect Couple*'s Meghann Fahy) turns up uninvited to the Kells' lavish mansion on Labor Day weekend, she becomes convinced that Michaela is running a cult and is determined to get her sibling out of there in an entertaining mix of mystery, dark comedy and melodrama.

tv+ Fountain of Youth

Genre: Action drama Episodes: One-off

John Krasinski (right) and Natalie Portman play estranged and bickering siblings embarking on a globe-trotting adventure in search of the fabled fountain of youth in Guy Ritchie's heist yarn.

prime Nine Perfect Strangers

Genre: Drama Season: 2 Episodes: 8 (released weekly)

Nicole Kidman (right) returns as spiritual guru Masha Dmitrichenko, who welcomes another group of attendees to her wellness retreat, this time in the Austrian Alps.

Now in production...

Three upcoming shows to look out for soon

NETFLIX Josh Hartnett

The actor (above) will star in Netflix's as-yet-untitled thriller about a fisherman living in a small town on the coast of Newfoundland in Canada who has to bring his community together when they find themselves at the mercy of a strange and dangerous sea creature.

Disney+ Alice and Steve

In Disney+'s six-part comedy, Nicola Walker (above) plays Alice, who is left reeling when her best friend Steve (Jemaine Clement) starts dating her 20-something daughter Izzy (Yali Topol Margalith). Joel Fry and Marcia Warren co-star.

tv+ Mr. Scorsese

Apple TV+'s five-part docuseries will explore the life and career of Martin Scorsese (above) through interviews with the film-maker and his family, while the likes of Robert De Niro, Leonardo DiCaprio and Jodie Foster share insights from working with him.

WORDS: CAREN CLARK; JUDY EWENS, REBECCA MAHONEY PHOTOS: APPLE TV+, GETTY, NETFLIX, PRIME VIDEO, ©2025 DISNEY & ITS RELATED ENTITIES

Josie Totah, Alisha Boe, Aubri Ibrag and Kristine Froseth play Mabel, Conchita, Lizzy and Nan

Foreign affairs

The **expat Americans are back** for more passion and intrigue...

tv+ The Buccaneers

NEW *Available: Wednesday 18 June Genre: Drama Season: 2 Episodes: 8 (released weekly)*

There are new romances and life-changing secrets in store when Apple TV+'s glossy period drama *The Buccaneers* returns for a second season, inspired by the unfinished novel by Edith Wharton.

As Season 1 ended, protagonist Nan St. George (Kristine Froseth) had sacrificed her passionate romance with Guy Thwarte (Matthew Broome) and tied the knot with Theo, the Duke of Tintagel (Guy Remmers), in order to protect her sister Jinny from an abusive marriage.

Guy Remmers as Theo, Duke of Tintagel

Matthew Broome plays Guy Thwarte

TANGLED ROOTS

As Season 2 gets under way, the fun-loving group of American girls who came to England in the 1870s to be married off to aristocracy are ruling the roost, but facing a myriad of challenges. Nan's heart still belongs to Guy and a long-held secret is set to explode when her 'aunt', Nell Wolfe (Leighton Meester), who is actually her birth mother, arrives on the scene.

An oblivious Nan has no idea that she was given up by Nell as a newborn to be raised by Nell's older sister, Patti (Christina Hendricks).

'Nell had to give up her baby daughter when she was very young,' says Meester. 'She has had to live with the pain of that decision and watched from afar as her estranged sister raised the child as her own. Nell carries so much pain but she is brave and strong, and still has a sense of humour and a light inside.'

ROLE MODELS

New characters this season include academic Reede Robinson, played by Greg Wise – who starred in the 1995 TV adaptation of *The Buccaneers* in the role of Guy.

Froseth says a highlight this time was working alongside Hendricks and Meester for the eight-part season.

'Both are such powerhouses and I felt very blessed to experience their strengths and learn from them,' she says. 'We all wanted to understand the dynamics of our characters and would talk about their backstories constantly. I'm a sucker for backstories, so it was a dream getting to figure it out with such incredible forces.'

The koala's parenting is in the spotlight

Koala country

Ryan Reynolds swaps Wrexham for wildlife...

Disney+ Underdogs

NEW *Available: Mon 16 June Genre: Documentary Season: 1 Episodes: 5*

***Deadpool* star and** Wrexham AFC co-owner Ryan Reynolds stakes his claim to become the next Sir David Attenborough this week as he narrates new natural-history docuseries *Underdogs*, made by his own production company.

The Disney+ five-parter celebrates some of the animal kingdom's unsung heroes, with each episode focusing on a different aspect of animal behaviour – from superpowers and mating rituals to parenting skills and 'gross-out' habits.

Ryan Reynolds

WILD AND WEIRD

Among the unlikely stars are a koala that serves its offspring an unusual menu, a macaque who feeds on the spoils from unsuspecting tourists, and a pistol shrimp who can fire bubbles that are as hot as the surface of the sun. There's also a range of never-seen-before sequences, such as footage of a New Zealand cave illuminated by millions of glowing, mucus-covered grubs.

Rock band Green Day have recorded a special theme tune for the show, which Reynolds describes as a dream come true.

'I've finally done a project I can watch with my children,' he laughs. 'We're so proud to elevate the unsung heroes of the natural world to the top of the entertainment food chain.'

● ***Underdogs* is also airing weekly on National Geographic WILD from Wed 18 June, 9pm & 9.45pm**

WORDS: CAREN CLARK; TESS LAMACRAFT. PHOTOS: APPLE TV+, BBC, C4, ©2025 DISNEY & ITS RELATED ENTITIES, GETTY, PRIME VIDEO, NATIONAL GEOGRAPHIC

Shubham Maheshwari, Esther McGregor, Emily Alyn Lind and Joseph Zada as Gat, Mirren, Cadence and Johnny

A teenager suffers amnesia on her wealthy family's holiday island

Forgotten hearts

prime

We Were Liars

NEW *Available: Wednesday 18 June*
Genre: Thriller Season: 1 Episodes: 8

Back in 2014, E. Lockhart's novel *We Were Liars* swiftly became a bestseller thanks to its compelling portrayal of a wealthy and seemingly perfect American clan beset by dark secrets.

Prime Video's twisty TV adaptation begins at Beechwood, the sumptuous New England island estate owned by patriarch Harris Sinclair (David Morse), whose family is gathering for their traditional idyllic summer break.

At the heart of proceedings are Harris' sensitive 16-year-old granddaughter Cadence, played by *Gossip Girl*'s Emily Alyn Lind, along with her cousins – arty Mirren and reckless Johnny – and their charming friend Gat.

The young quartet have been close since childhood and are affectionately dubbed 'the Liars' due to their spirited antics, but this summer, there is change in the air, as Cadence and Gat start to fall for each other.

VIRAL SUCCESS

Turmoil ensues when Cadence has a terrible accident and is left with amnesia. As she tries desperately to piece together what happened, she makes some shocking discoveries…

'We're telling a multigenerational love story. It's also an amnesia mystery, balancing a lot of tones,' says co-creator Julie Plec. 'The book packs a huge emotional punch. It became popular on TikTok because during the pandemic people started reading it again and recording themselves crying. We wanted to capture that like a perfume scent.'

The drama remains faithful to the novel, but it also digs deeper into the tensions simmering beneath the surface for the dysfunctional Sinclairs, including Cadence's quietly troubled bohemian aunt Carrie (Mamie Gummer).

'You want to honour the book because it's beautifully written, but you need to flesh it out because it's a first-person narrative. So we got to fully create the journeys and points of view for every other character,' shares Plec.

'We hit all the beats the book does and then also expand the universe to make the adult characters nuanced and multilayered. I think fans are going to be happy.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER

When Bruce Springsteen Came to Britain

BBC2's insightful documentary about The Boss' much-hyped first-ever UK gigs in 1975 sees the rock star reveal the disappointment he felt at his performance in London.

4

Our Guy in Vietnam

Guy Martin visits Hanoi and the Ho Chi Minh Trail in C4's two-part documentary, exploring the changes in the 50 years since the Vietnam War ended, and he has a hairy moment when he works with a bomb-disposal team.

4

Matt Baker's British Isles

In More4's travelogue series, the presenter meets fascinating people from across our four nations, including locals in the Rhondda who are creating Europe's longest walking and cycling tunnel.

BBC iPLAYER

What It Feels like for a Girl

Trans teen Byron (Ellis Howard) falls for intriguing Max (Calam Lynch) in BBC3's timely drama, and is embraced by a riotous group called the Fallen Divas after a chance encounter at a Nottingham club.

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MIDLANDS

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Coventry, Swallow Road CV6 4QY
Leicester, St Georges Way LE1 1SH
Lincoln, Bishops Trade Park LN2 4JZ
Nottingham, Castle Park NG2 1AH
Stoke, Tunstall Trade Park ST6 4SE

NORTH

Chester, 9a Bumper's Lane, Sealand Industrial Estate CH1 4LT
Hull, Anlaby Trade Park HU10 6RJ
Leeds, Spence Lane LS12 1EF
Newcastle, Blaydon Trade Park NE21 5TR
Preston, 74-76 Blackpool Road PR2 6NY
Sheffield, Unit 3 Burton Street S6 2HH
Warrington, Gemini Trade Park WA5 7YF

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

The Bakersfield 3: A Tale of Murder and Motherhood

Monday 16 June

Docuseries about three friends in Bakersfield, California, who went missing or were murdered within a month of each other in 2018. Their mothers believed that whatever happened to their adult children was connected and began to investigate.

Underdogs

Monday 16 June

Wildlife docuseries narrated by Ryan Reynolds. It showcases the unique behaviours of animals who aren't usually the stars of the show, including a master-of-disguise frogfish, a bottom-biting jackal and a multi-headed caterpillar acting as a decoy. Also showing on National Geographic WILD on Wed 18 June from 9pm. See feature, page 16.

La Fortuna

Monday 16 June

Spanish-American adventure drama. Young diplomat Álex Ventura (Álvaro Mel) becomes the leader of a mission to recover a shipwreck seized by treasure hunter Frank Wild (Stanley Tucci). Previously shown on AMC in 2022.

Sally

Tuesday 17 June

Documentary. In 1983, astronaut Sally Ride became the first American woman to blast into space – but she was carrying a secret. Her life partner Tam O'Shaughnessy explains why Ride, who died in 2012, aged 61, felt she had to keep their same-sex relationship hidden.

Trainwreck: Mayor of Mayhem

Tuesday 17 June

Documentary about firebrand political outsider Rob Ford, who defied his critics and won victory in the 2010 Toronto mayoral election. But his administration became a slow-motion train wreck, with numerous scandals until an infamous video of him smoking crack cocaine led to his downfall.

Justin Willman: Magic Lover

Tuesday 17 June

Netflix's first magic comedy special features sleight-of-hand tricks, mind games and illusions from American comedian and magician Justin Willman.

We Were Liars

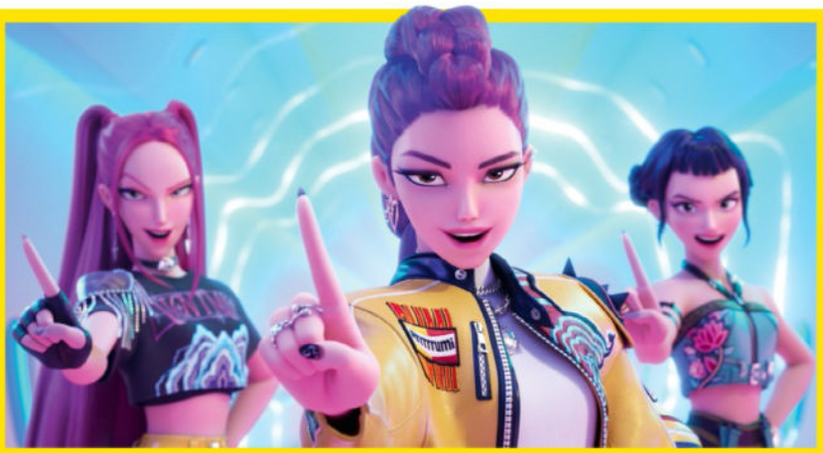
Wednesday 18 June

Psychological thriller. Wealthy Cadence Sinclair Eastman (Emily Alyn Lind) and her inner circle, AKA the Liars, spend their summers on her grandfather's New England private island. But after a mysterious accident changes Cadence's life for ever, everyone, including her beloved Liars, seems to have something to hide. See feature, page 17.

The Buccaneers

Wednesday 18 June

The second season of the historical drama about a group of fun-loving American heiresses who sparked a culture clash when they arrived in London's high society in the 1870s. Now settled in England, the women deal with romance, lust, jealousy, births and deaths. Starring Kristine Froseth, Imogen Waterhouse and Christina Hendricks. See feature, page 16.



KPop Demon Hunters

Friday 20 June

Animated musical action adventure. A world-renowned K-pop girl group balance their lives in the spotlight with their secret identities as demon hunters. Protecting their fans from supernatural threats, the girls face their biggest enemy yet – a boy band who are demons in disguise.

House of Streams

Wednesday 18 June

Reality series. Eight streamers and content creators live together in a villa for two weeks and compete in challenges to win a Bitcoin prize worth $108,800.

UK Prisons Exposed – Sex, Drugs & Corruption: Untold

Wednesday 18 June

A follow-up to 2023's *The Secrets of UK Prisons*, this documentary focuses on prison-officer corruption. It includes contributions from prison officers and prisoners and reveals shocking attitudes towards inmate relationships, illicit drug use, and a culture of unchecked violence.

The Waterfront

Thursday 19 June

Drama from *Dawson's Creek* creator Kevin Williamson revolving around a North Carolina fishing family – each with their own problems – who get involved in the drug world after their empire starts to crumble. Starring *Mindhunter*'s Holt McCallany, *Beef*'s Maria Bello and *Supergirl*'s Melissa Benoist. See feature, p14.

Grenfell: Uncovered

Friday 20 June

Documentary about the Grenfell Tower fire in west London on 14 June 2017. Survivors, the bereaved and firefighters tell their stories, while the film also documents the chain of events that culminated in the tragedy, which claimed the lives of 72 people.

Frozen: The Hit Broadway Musical

Friday 20 June

Samantha Barks stars as Elsa in a recording of the West End show, which brings the music and magic of the hit movie to the stage.

Into the Deep

Friday 20 June

Action thriller. Modern-day pirates searching for a shipment of drugs at the bottom of the sea in Thailand force tourists to dive into the shark-infested waters to retrieve the contraband. Starring Scout Taylor-Compton and *Jaws*' Richard Dreyfuss.

Super Team Canada

Friday 20 June

Animated comedy. A team of little-known Canadian superheroes are called upon to save the world.

Pandora

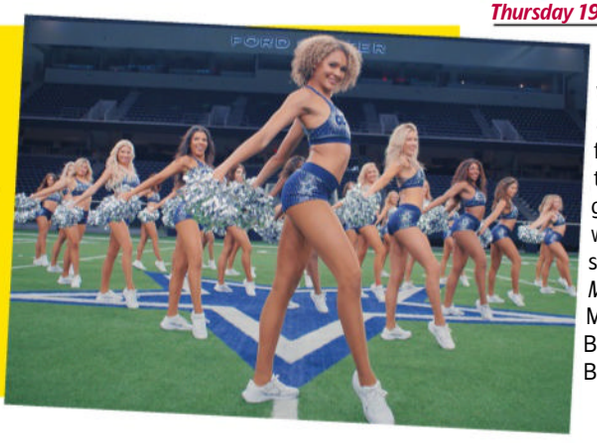
Friday 20 June

Season 2 of the Belgian/French legal drama from Walter Presents. Mark is now Minister of Justice, while Claire has launched her own law firm and has two big cases – including representing Mark's wife in her divorce.

America's Sweethearts: Dallas Cowboys Cheerleaders

Wednesday 18 June

The second season of the docuseries about the Dallas Cowboys Cheerleaders, which follows the squad during the 2024/25 NFL season, beginning with auditions and training camp.



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Documentaries

Edmonds in New Zealand

Noel's big deal

Cameras follow **Noel Edmonds** as he opens a tourist attraction in New Zealand

NEW FACTUAL

Noel Edmonds' Kiwi Adventure

Friday, 9pm, ITV1 (box set, ITVX)

Six years ago, Noel Edmonds and his make-up artist wife, Liz, left the UK for New Zealand following the end of his long-running C4 game show *Deal or No Deal*.

Now, cameras catch up with the couple in a three-part documentary on ITV1 as they run a hospitality business called River Haven in the rural village of Ngatimoti on the country's South Island.

CHANGE OF SCENE

'In 2016, *Deal or No Deal* was coming to an end after 3,000 shows and over 10 years, so Liz and I decided to explore options to move away from the UK,' explains Edmonds, 76. 'We had a fantastic holiday in New Zealand and returned thinking this could be our future.'

Edmonds is a fan of alternative therapies

Polk: The Trial of Philip Polkinghorne

Sunday, 9pm & 10pm, Sky Crime & Sky Showcase (box set, Sky Box Sets/NOW)

A three-part docuseries that explores the case of New Zealand eye surgeon Philip Polkinghorne, who was accused of murdering his wife Pauline in 2021. Believed to have strangled her and staged her death to make it look like a suicide, the medic was eventually acquitted.

Stanford Prison Experiment: Unlocking the Truth

Sun, 9pm & 10pm, & Monday, 9pm, National Geographic

In 1971, Dr Philip Zimbardo oversaw an experiment at America's Stanford University in which volunteers became inmates and guards in a five-day simulation of the prison experience. Here, participants shed light on how things went badly out of control.

The Contestant

Tuesday, 10pm, BBC4

This *Storyville* special recounts the bizarre *Truman Show*-like story of aspiring Japanese comedian Tomoaki Hamatsu (above), who spent months in isolation, completing a challenge set by a TV producer in a bid to win a cash prize, unaware that his experience was being broadcast to more than 15 million viewers.

WORDS: HANNAH DAVIES. ELAINE REILLY. PHOTOS: BBC, GETTY, ITV, NATIONAL GEOGRAPHIC, SHUTTERSTOCK, SKY

As host of *Noel's House Party* with Mr Blobby

With wife Liz at River Haven

The couple purchased a picturesque 800-acre plot of land in the Motueka Valley and began transforming it into a unique destination. River Haven's facilities include a traditional British pub, a restaurant, general store and vineyards. However, tourism is a risky business…

'We've got the challenge of the weather and just about everybody else in the area going bust,' explains Edmonds. 'The weather here has attitude! When it blows, it really blows. And when it rains, it's tropical.'

Narrated by Rob Brydon, *Noel Edmonds' Kiwi Adventure* joins the couple as they reopen their doors after a flurry of negative press. In later episodes, other challenges arise, from frost threatening the vineyards to plans for an energy garden coming a cropper. Edmonds also shares his career highs and lows and reveals his unconventional health routine, which includes crystal therapy and a hyperbaric chamber.

SHOWCASE

'We want to promote New Zealand, and to support the local economy and showcase what this community has to offer,' says the former *Noel's House Party* and *Telly Addicts* host.

'I'll also admit that I want to show people a different side to me, so there's a bit of ego involved. It wasn't easy moving halfway across the planet but I do feel very at peace here. Maybe people who've had negative thoughts about me personally will see this and a few of them will even change their views.'

The Mortician

Thursday, 9pm, Sky Documentaries (box set, Sky Box Sets/NOW)

The grim tale of David Sconce (above), who, in the 1980s, ran a California cremation business that deliberately mixed up human remains and deprived families of their loved ones' valuables. Sconce, his employees and customers all share their experiences in a disturbing three-parter.

America's Veterans: The War Within

Sunday, 10.20pm, ITV1

Award-winning Norwegian film-maker Deeyah Khan travels from Alabama to Washington to meet combat veterans from America's 'war on terror'. She hears about their wartime experiences in Afghanistan and Iraq and explores the impact the campaigns had on both them and civilians in those countries.

Heston Blumenthal

Blown off course

How celebrity chef **Heston Blumenthal** was beset by mental-health struggles...

With wife Melanie Ceysson

NEW FACTUAL

Heston: My Life with Bipolar

Thursday, 8pm, BBC2

Best known for his Michelin stars and impressing food critics with experimental recipes like snail porridge and bacon-and-egg ice cream, Heston Blumenthal is one of Britain's top chefs.

But in 2023, he started having hallucinations and suicidal thoughts. His behaviour was so extreme that his wife, Melanie Ceysson, had him sectioned, and, during two months of psychiatric treatment, he was diagnosed with bipolar disorder.

'It was quite the classic symptoms of being in a mania stage – you can hallucinate sound, smell, touch, and I saw a gun on the table,' says Blumenthal, 59. 'Being sectioned saved my life. I spent two months in there, then on medication that's continually being tweaked. I can look back and think, 'Blimey.' Now I'm definitely in the process of stabilising.'

For BBC2's raw and unfiltered documentary *Heston: My Life with Bipolar*, cameras follow Blumenthal over six months as he undergoes long-term treatment for his bipolar and begins to rebuild his life.

During the film, he starts to come to terms with the impact his mental-health condition had on his loved ones and the role it played in his success – at times his manic highs meant he worked 120-hour weeks. He also meets others with bipolar and explores the state of mental-health care in the UK, including the difficulties in accessing treatment, plus he spends time with a mother whose daughter took her own life when she struggled to get the care she needed.

RAISING AWARENESS

Yet Blumenthal's biggest hope for the film is to raise awareness.

'I was living with undiagnosed bipolar for years, so it's been an extraordinary journey to get where I am today,' he says. 'There's still a big stigma around bipolar but it's vital to be able to talk openly about the condition. I hope by sharing my experience in this documentary, people will gain a greater understanding of bipolar and an insight into my life now.'

Hailed as a culinary genius

Film ick of this

MOVIE OF THE WEEK

Joaquin Phoenix hooks up with **Lady Gaga** in this fantastical – if divisive – sequel

JOKER FOLIE À DEUX

CRIME DRAMA

Friday, 12.05pm & 8pm, Sky Premiere

★★★★

Five years on from his fearless, Oscar-winning performance as Batman's cackling archenemy in director Todd Phillips' controversial 2019 film, Joaquin Phoenix goes for broke again in this daringly provocative, even more divisive sequel. Set two years later, the story finds Phoenix's disturbed loner, Arthur Fleck, locked up in Arkham State Hospital awaiting trial for murder.

His notoriety as the Joker has won him legions of fans – including mendacious pyromaniac Harleen 'Lee' Quinzel (aka DC Comics' Joker sidekick Harley Quinn), rivetingly played by Lady Gaga. When the pair meet inside Arkham, their unlikely romance plays out as a series of colourful, bizarre, fabulously costumed musical fantasy sequences set to a mix of show tunes and easy listening ballads, each choice dripping with irony.

When we are not immersed in these splashy fantasy sequences, *Joker: Folie à Deux* is a very dour affair indeed, deliberately so. That said, Phoenix remains every bit as mesmerising on screen as he was before, while Lady Gaga proves equally hypnotic. 2024, 15, 138MIN

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner

week's Best Movies

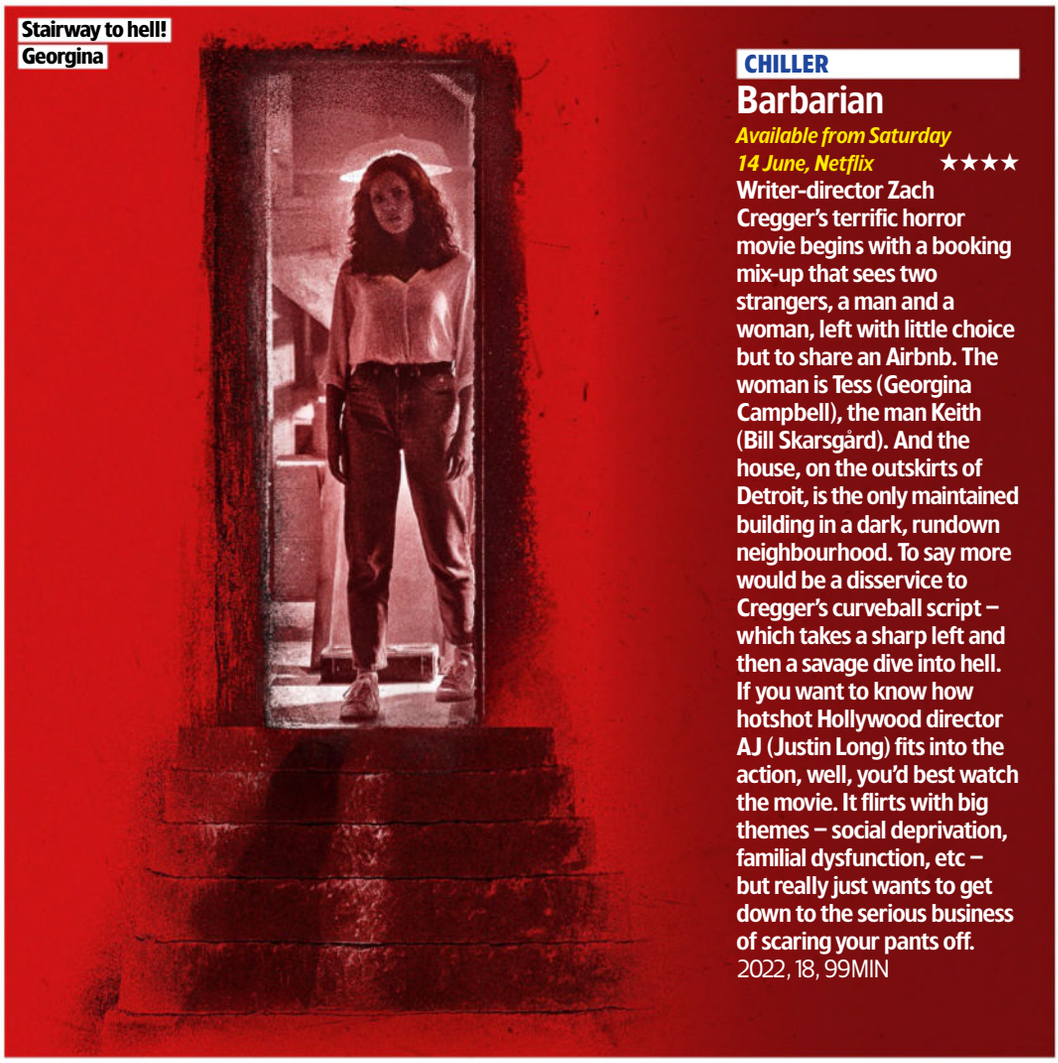
Better times: Jim and Ben

DRAMA

Spoiler Alert

Available now, Netflix ★★★

A touching, if oddly underpowered tale of love and loss, this movie – based on the memoir of Michael Ausiello (played here by Jim Parsons) – starts with Michael's husband at death's door. He's Kit (Ben Aldridge), and the film travels back to their meet-cute hook-up at a gay bar, their ensuing relationship and then the devastation of the discovery that Kit has terminal cancer. In theory, this is supposed to be a comedy drama (initially, at least), but the humour doesn't ever quite land, with Parsons, though best known as the largest element in *The Big Bang Theory* seeming too timid to take the lead character and make the film his own. Having said all of that, there is real tenderness and compassion here, with the tearful final scenes done with genuine humanity and grace. 2022, 15, 112MIN



Stairway to hell! Georgina

CHILLER

Barbarian

Available from Saturday 14 June, Netflix ★★★★

Writer-director Zach Cregger's terrific horror movie begins with a booking mix-up that sees two strangers, a man and a woman, left with little choice but to share an Airbnb. The woman is Tess (Georgina Campbell), the man Keith (Bill Skarsgård). And the house, on the outskirts of Detroit, is the only maintained building in a dark, rundown neighbourhood. To say more would be a disservice to Cregger's curveball script – which takes a sharp left and then a savage dive into hell. If you want to know how hotshot Hollywood director AJ (Justin Long) fits into the action, well, you'd best watch the movie. It flirts with big themes – social deprivation, familial dysfunction, etc – but really just wants to get down to the serious business of scaring your pants off. 2022, 18, 99MIN

Capsule crew: Finn, Woody and Sims

SURVIVAL THRILLER

Last Breath

Available now to buy or rent from digital stores ★★★★

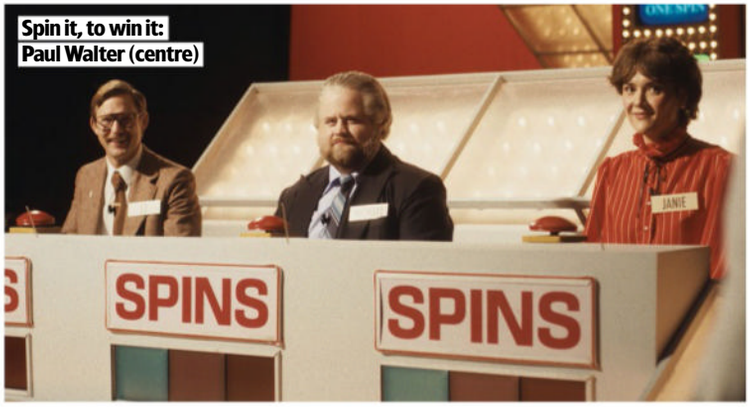
A true-story adventure to make you gasp, *Last Breath* recounts the terrifying ordeal undergone in September 2012 by deep-sea diver Chris Lemons (Finn Cole) after his oxygen supply was cut off 300ft below the surface of the North Sea, leaving him with only around five minutes of air. It's thrillingly staged, cutting back and forth between the frantic activity on board the divers' support ship as it is buffeted by a storm and the actions beneath the waves of Lemons' fellow divers veteran Duncan Allcock (Woody Harrelson) and hot shot Dave Yuasa (Sims Liu). 2025, 12, 93MIN

THRILLER

The Luckiest Man in America

Saturday, 11.10am & 6.15pm, Sky Premiere ★★★★

A terrific take on an incredible true story from 1984, in which a peculiar ice-cream-van man seemed to have the greatest winning streak in gameshow history. Michael Larson, played with awkward brilliance here by Paul Walter Hauser, goes on to American show *Press Your Luck* in 1984 and cannot stop winning. Is he cheating? The show's bosses (including a weasel-like David Strathairn) certainly think so... It's a compelling, brisk look at a singular moment in US TV history that's delivered with real style alongside a thriller-like urgency. 2024, 15, 91MIN



Spin it, to win it: Paul Walter (centre)

Films

P-p-pick me up: Steve and his new penguin pal

COMEDY DRAMA

The Penguin Lessons

Available now to buy or rent from digital stores including Prime Video and Sky Store ★★★

The jaded, noncommittal life of Steve Coogan's expat English teacher unexpectedly turns around after he inadvertently picks up a penguin in this slight but sweet comedy drama loosely based on a true story.

The setting is Argentina in 1976 and a military coup has just toppled the country's government when Coogan's disillusioned Tom arrives to teach the teenage boys at an elite public school (Jonathan Pryce is the pernickety headmaster). Tom and his pupils are equally unenthusiastic about their lessons until Tom returns from a trip with a penguin he has grudgingly rescued from an oil slick. The bird soon has everyone inspired.

Scripted by Jeff Pope (Coogan's regular collaborator, who also worked with him on *Philomena* and *The Lost King*), *The Penguin Lessons* keeps the political violence going on in Argentina at the time mostly in the background, although Coogan's hero does go through something of a moral awakening, during the course of the story. For the most part, though, the mood is uplifting and humorous, with a definite feel of *Dead Poets Society*. 2024, 12, 112MIN

Hidden gems Great movies you might have missed...

COMEDY

The Disaster Artist

Prime Video ★★★★

James Franco gets the balance of mockery and affection just right as director and star of this hilarious comedy drama about the making of *The Room*, the legendary 2003 film whose gob-smacking, eye-popping, mind-boggling awfulness has earned it the sobriquet 'The *Citizen Kane* of Bad Movies'. Franco plays *The Room*'s bizarre creator and star, Tommy Wiseau, an independently wealthy eccentric with a total lack of experience and ability. 2017, 15, 103MIN

THRILLER

How to Blow Up a Pipeline

Netflix ★★★★

Eight young people, each radicalised by personal traumas, target two parts of a major Texas oil pipeline with explosives. Their aim? To devastate the nation's fossil-fuel industry. Part clever heist movie and part rousing call for climate action, director Daniel Goldhaber's perfectly paced and impeccably crafted nail-biter offers as much food for thought as heart-racing tension. Ariela Barer, Lukas Gage and Sasha Lane head a charismatic young cast. 2022, 15, 104MIN

COMEDY DRAMA

Shiva Baby

Mubi ★★★★

This excellent dark comedy centres on rudderless student Danielle (a terrific Rachel Sennott) as she attends a shiva (a Jewish gathering during a period of mourning) surrounded by all her family and problems. Although every cringe-com scenario is magnified, it all feels painfully, wonderfully authentic as she stumbles from one car-crash situation to another. It makes for stressful viewing on occasion, but it's also supremely funny. 2020, 15, 77MIN

Saturday 14 June

COMEDY HORROR

Beetlejuice Beetlejuice

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Michael Keaton's supernatural trickster Beetlejuice is still full of demonic zest in director Tim Burton's hugely pleasurable sequel to his 1988 film. A misfit teen in the original, Winona Ryder's Lydia Deetz is back, too, as the tightly wound mum of resentful teen Astrid (Jenna Ortega). They have to return to the family's haunted New England home, where Keaton's mischief-maker is soon causing spooky mayhem. With further plot strands involving Monica Bellucci and Willem Dafoe, it is no wonder that the film veers all over the place – but the visual and verbal gags flow so thick and fast that it's hard to mind much. 2024, 12, 100MIN

Call his name: Winona and Michael

CLASSIC

In Which We Serve

12noon, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In his film debut, Richard Attenborough is a nervous sailor who leaves his post in the middle of a battle, but otherwise the destroyer *HMS Torrin* is a happy ship. Chirpy cockney John Mills represents the lower deck, ripely accented petty officer Bernard Miles stands for the middle ranks and, at the top, there's the posh captain, Noël Coward (who also wrote the script and co-directed with David Lean). Inspired by the wartime exploits of Lord Mountbatten's *HMS Kelly*, this film is full of fine moments and is still the essential stiff-upper-lip war drama. 1942, U, 110MIN

SCI-FI HORROR

M3GAN

9.35pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Inventor Allison Williams presents an AI 'Model 3 Generative Android' companion she's been working on to her orphaned niece (Violet McGraw). But this angelic-looking automaton's a bad 'un. M3GAN – a combo of CGI, animatronics and the voice-body double act of Jenna Davis and Amie Donald – is pleasingly creepy, but tension is in short supply in a film more interested in being amusing than scary. Still, the deadpan put-downs and droll music ensure the chortles do keep coming to keep the audience suitably entertained. 2022, 15, 102MIN

ACTION THRILLER

Baby Driver

10.10pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Edgar Wright's car-chase thriller has so much va-va-voom it will leave you grinning. The high-octane delights include a charismatic hero, brilliantly choreographed action and a soundtrack so hot it leaves scorch marks. Working for Kevin Spacey's Atlanta crime kingpin, Ansel Elgort is a getaway driver who wants to quit, especially when he falls for Lily James' diner waitress. But first he has to pull one last job with Jamie Foxx's unhinged hardnut and Jon Hamm and Eiza Gonzalez's latter-day loved-up Bonnie and Clyde. 2017, 15, 113MIN

PERIOD ADVENTURE

Pirates of the Caribbean: Salazar's Revenge

11.15pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

Johnny Depp's back for the fifth time as pirate captain Jack Sparrow, but his overfamiliar antics take second place to a plot involving teen Brenton Thwaites' Henry Turner trying to free his dad (Orlando Bloom) from his watery grave. The film is overblown, overloud and overlong but it's still undeniably fun – while the episodes involving Javier Bardem's ghostly captain and his decomposing crew prickle with ghoulish dread. 2017, 12, 124MIN

■ Full listings start on **p35**

Sunday 15 June

SCI-FI HORROR

28 Days Later...

10.30pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Waking up from a coma in a deserted London hospital, Cillian Murphy is alarmed to discover that the capital has been ravaged by a virulent plague. Almost everyone has died or been transformed into a mindless zombie-like killer. His future looks bleak, but there is a handful of other uninfected survivors, including Naomie Harris... Director Danny Boyle injects this chiller with some truly vicious verve and more than a few stunning shocks. The scenes set in the desolate big city are wonderfully eerie and things go completely off the handle when army officer Christopher Eccleston appears. The second sequel, *28 Years Later*, is in cinemas from Fri. 2002, 18, 108MIN

All the rage: Cillian

MUSICAL

Funny Face

12.35pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

The opening number, *Think Pink*, set within the interiors of Quality Magazine, is a great spoof on chic-fashion fads and colour-supplement journalism, while a later sequence, which sees Fred Astaire and Audrey Hepburn breezing around Paris (in a song that rhymes Montmartre with Jean Paul Sartre), has to be one of the wittiest introductions to that much-filmed city. He's a fashion photographer and she's a bookworm-turned-reluctant model. The running joke at the expense of Existentialism (here called 'Emphaticalism') is particularly good. 1956, U, 103MIN

SCI-FI DRAMA

Interstellar

8pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

With the world on the verge of ecological catastrophe, Matthew McConaughey's former NASA test pilot ends up piloting a spaceship on a mission to find potentially habitable planets, accompanied by scientist Anne Hathaway. The result is a staggeringly ambitious space epic, which is also a heartbreaking drama. It's hard to watch at times, but the human drama will keep you hooked, above all the relationship between McConaughey and his daughter (played as a 10-year-old by Mackenzie Foy and as an adult by Jessica Chastain). 2014, 12, 169MIN

CLASSIC

Singin' in the Rain

8pm, Sky Cinema Comedy ★★★★★

Sex ●●● Violence ●●● Language ●●●

One of the greatest Hollywood musicals of all time is also one of the funniest films about film-making, as matinee idol Don Lockwood (Gene Kelly) weathers the change from silent movies to talkies in the 1920s. The show-stopping sequence is, of course, Kelly dancing in a downpour, while Donald O'Connor makes 'em laugh, Debbie Reynolds delights and Jean Hagen amuses with her shocking vocal tones. This magnificent movie also boasts a witty script, dazzling choreography and a string of memorable songs. 1952, U, 102MIN

BIOPIC

Respect

11.30pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

Hand-picked to portray her by Aretha Franklin herself, Jennifer Hudson brings a passionate intensity to this handsome biopic of the queen of soul. Solid and well-crafted, it feels at times a tad too safe, opting for old-school storytelling and lavish 1960s costuming. But the studio scenes make it jump to life, with Hudson's soaring vocals (recorded live) raising goosebumps. Her riveting performance carries this reverent drama with (appropriately) amazing grace. 2021, 12, 145MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 16 June

BIOPIC

One Life

8pm, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1988, BBC's *That's Life!* aired one of its most famous episodes, featuring unsung hero Nicholas Winton, who, on the eve of World War Two, helped save 669 Jewish children in Czechoslovakia from the Nazis, having tirelessly helped organise visas, transport and foster families for them in the UK. What happened on the show is a real tear-jerker, but that's just part of a finely crafted film that renews one's faith in humanity. As younger and older Winton, Johnny Flynn and Anthony Hopkins play a blinder. 2023, PG, 109MIN

Looking back: Anthony

DRAMA

Stand by Me

6.35am & 11.55pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Small-town 12-year-olds River Phoenix, Wil Wheaton, Corey Feldman and Jerry O'Connell go in search of the body of a missing teen after one of them overhears their brother claiming to have seen it. Director Rob Reiner skilfully turns Stephen King's story *The Body* into a magical coming-of-age movie that glows with nostalgia. The young stars, plus Kiefer Sutherland and John Cusack, do wonders. 1986, 15, 89MIN

CRIME DRAMA

Lawless

10.05pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Shia LaBeouf, Tom Hardy and Jason Clarke play three bootlegging siblings in Prohibition-era Virginia in a rip-roaring gangster epic based on a true story. Drawing on the legacy of Depression-set classics such as *Bonnie and Clyde*, this is a thrilling addition to the genre. Guy Pearce's villain almost steals the film, but it is Hardy, as the toughest of the brothers, who proves the most explosive presence on screen. 2012, 18, 116MIN

ANIMATION

Wallace & Gromit: The Curse of the Were-Rabbit

9.25am & 5.40pm, Sky Animation ★★★★★

Sex ●●● Violence ●●● Language ●●●

Dotty inventor Wallace (voiced by Peter Sallis) and his dog Gromit are in the pest control business. But during a full moon, Wallace inadvertently creates a were-rabbit monster! This magnificent stop-motion animation has in-jokes, clever puns and laugh-out-loud sight gags by the ton and it all hits a peak of hare-brained hilarity in the climax. 2005, U, 85MIN

PERIOD DRAMA

The Piano

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Holly Hunter's Scottish woman, who hasn't spoken since she was six years old, arrives in 19th-century New Zealand for an arranged marriage to Sam Neill. But the piano she brings with her instantly pushes their relationship out of tune. Hunter and Anna Paquin, as her little daughter, both won Oscars, while Harvey Keitel also has a crucial role in Jane Campion's lush drama. 1993, 15, 120MIN

■ Full listings start on p55

Tuesday 17 June

ACTION THRILLER

The Equalizer 3

Starts Sunday , Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Denzel Washington's third outing as CIA operative-turned-vigilante Robert McCall finds him enjoying a quiet life in Italy, until Dakota Fanning's CIA agent turns up and they set about saving locals from the grip of the Mob. Series director Antoine Fuqua ensures the action is brutal while keeping a grip on the emotional beats, too – McCall's past has evidently taken its toll. Fanning's character is a bit of a wasted opportunity, but Washington is a strong asset and holds everything together with skill. 2023, 15, 109MIN

On target: Denzel

CLASSIC COMEDY

The Apartment

1.35pm & 3.15am, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

Still the funniest film ever about living alone, working in an office and celebrating Christmas in the worst possible style (with a TV dinner). Jack Lemmon is perfect as a downtrodden clerk loaning his flat to philandering colleagues, Shirley MacLaine is bright as a button as the lift operator who comes into his life and Fred MacMurray also gives a fine turn as their selfish boss with a 'key to the executive washroom'. 1960, PG, 120MIN

FANTASY

300

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

This thundering screen version of Frank Miller's cult comic book is brought to eye-popping life utilising the same blend of live action and CGI animation as the earlier adaptation of Miller's *Sin City*. It is essentially little more than a restaging of the Battle of Thermopylae in 480BC, as King Leonidas (Gerard Butler) and 300 Spartan warriors stand up against the entire might of the invading Persian army of Xerxes (Rodrigo Santoro). 2006, 15, 117MIN

MUSICAL

The Greatest Showman

7pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A musical extravaganza inspired by the life of 19th-century circus impresario PT Barnum, with Hugh Jackman as the ideal ringmaster. Snubbing snobs in New York, he starts his own theatre with a bunch of oddballs and misfits, allowing them to shine. Zac Efron, Michelle Williams, Rebecca Ferguson and Zendaya provide colourful support and director Michael Gracey supplies the spectacle. 2017, PG, 105MIN

HORROR

Lovely, Dark and Deep

11.50pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Georgina Campbell plays a US ranger whose time monitoring the park gets increasingly fractious and dreamlike. Though very cryptic, the film creates an amped-up atmosphere with an unnerving score and eerie photography. It's also bolstered by Campbell, who shoulders the bulk of the peril commendably well. 2023, 15, 87MIN

■ Full listings start on p65

Wednesday

DRAMA

Our Friend

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

A fact-based drama that charts the devastating effect on a young family when mother Nicole (Dakota Johnson) is diagnosed with terminal cancer. As father Matt (Casey Affleck) begins to crumble, family friend Dane (Jason Segel) goes

Special times: Dakota and Casey

HORROR

A Quiet Place

8pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

The terrific first film about the sightless monsters that hunt by sound, directed and co-written by its star John Krasinski. The setting is a near future in which two parents (Krasinski and Emily Blunt) and their children (Millicent Simmonds, Noah Jupe and Cade Woodward) struggle to stay alive in a world overrun by the monsters. The tension is wound ever tighter until we're ready to scream, even if they mustn't. 2018, 15, 90MIN

PRISON DRAMA

The Shawshank Redemption

8pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Tim Robbins plays a 1940s banker wrongly jailed for murdering his wife and her lover. There's a lot to relish in this fine drama as Robbins befriends lifer Morgan Freeman and becomes a financial guru to prisoners and guards at the Shawshank Penitentiary. Based on a Stephen King story and directed by Frank Darabont, the film's twists are beautifully played and there is a fabulous pay-off. 1994, 15, 142MIN

18 June

above and beyond in his efforts to support everyone. The film strives for an emotional honesty that falls just outside its grasp, but there are undeniably moving moments along the way, while the strong performances from all three stars help anchor the story's somewhat choppy, time-skipping structure. 2019, 15, 124MIN

PERIOD DRAMA

There Will Be Blood

8pm, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

Daniel Day-Lewis gives a thunderous, Oscar-winning performance in this sprawling period drama, creating a memorable monster as a ruthless oil tycoon who makes a deal with a creepy young evangelist (Paul Dano) and his dad for the drilling rights on their land. There follows an epic battle between greed and religion. This incredible saga is as dark as it is intelligent and compelling. 2007, 15, 158MIN

DRAMA

Land

2.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Robin Wright makes an assured directorial debut and stars as a woman escaping grief by heading from Chicago to a remote shack in the wilds of Wyoming. As brutal winter takes a grip, help arrives in the shape of taciturn Demián Bichir. Exuding reverence for the balm of routine and the joy of a beautiful view and with great performances, this is a fine drama. 2021, 12, 89MIN

■ Full listings start on p75

Thursday 19 June

THRILLER

Nightmare Alley

10.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Leaving behind a body and a burning house, Bradley Cooper's Stan holes up at Willem Dafoe's carnival. There, he falls for Rooney Mara's Molly and develops a flair for fraudulent mentalism, which ferries him to fame in the city and fatefully into the orbit of sharp-eyed analyst Dr Lilith Ritter (Cate Blanchett). Ever the grifter, Stan sniffs out a scam, but is he up to it? Guillermo del Toro's lavish, wonderful-looking movie boasts a fabulous cast and a gripping story with a sting in its tail. 2021, 15, 150MIN

Mind over matter: Bradley

ACTION COMEDY

The Fall Guy

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Successful stunt performer Ryan Gosling stands in for A-lister Aaron Taylor-Johnson and is having a thing with Emily Blunt's camera operator, until an accident on set changes everything. Then, 18 months later, he's called to a shoot in Australia where Blunt is director, and none-too-happy to see him, and Taylor-Johnson is missing. Though a tad long, this is snappy and sharp, with sparkling star chemistry and ace action. 2023, 12, 126MIN

COMEDY MUSICAL

Pitch Perfect

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

A playful musical comedy set in the world of American college a cappella singing, this easy-going confection is sweet-sounding and wickedly funny. The plot's a tad predictable, as an all-female group try to beat their cocky male rivals, but the quirky characters and witty script hit all the right notes and the songs are infectiously entertaining. Anna Kendrick, Rebel Wilson and Anna Camp star. 2012, 12, 112MIN

THRILLER

Split

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

This enjoyable psychological thriller from writer-director M Night Shyamalan supplies mystery, suspense and a meaty role for James McAvoy as a man who possesses 23 distinct personalities. One of his alter-egos snatches three teenage girls (Anya Taylor-Joy, Haley Lu Richardson and Jessica Sula) and holds them prisoner in his underground lair, where they play his personalities off against each other as they try to escape. 2016, 15, 117MIN

MONSTER MOVIE

Godzilla vs Kong

11.15pm, ITV1 (not Border Scotland, STV) ★★★

Sex ●●● Violence ●●● Language ●●●

This fourth film in Legendary's MonsterVerse series serves up a blockbuster in which Godzilla causes chaos after emerging from the sea. Rebecca Hall and Alexander Skarsgård head the human cast, but all that matters is the expertly choreographed battles that pack a wallop all the way to a neon-drenched showdown in Hong Kong. Also on Sat. 2021, 12, 113MIN

■ Full listings start on p85

Friday 20 June

COMEDY

Strays

Starts today, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Cute Border terrier Reggie (voiced by Will Ferrell) is dumped in the city by deadbeat owner Will Forte, where he meets Boston terrier Bug (Jamie Foxx), Australian shepherd Maggie (Isla Fisher) and soft-hearted Great Dane Hunter (Randall Park). Reggie's new best buds convince him being a stray is where it's at, but Reggie wants to make Forte pay, in the most eye-watering way possible… This expletive-riddled comedy revels in bad taste but is also genuinely touching – and absolutely hilarious. 2023, 15, 93MIN

Paw patrol: Bug and Reggie

ANIMATION

The Lego Movie 2: The Second Part

5.40pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

The first sequel to *The Lego Movie* isn't quite as awesome as its predecessor, but still provides a blitz of rapid-fire jokes and send-ups. Chris Pratt's cheery Lego everyman Emmet and Elizabeth Banks' rebel fighter Lucy are back, but their world is now a desert dystopia. Yet worse is to come when a set of candy-coloured space invaders appear and abduct Lucy. 2019, U, 107MIN

MONSTER MOIVE

Jaws

9.05pm, ITV4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Released 50 years ago today, *Jaws* is still a textbook exercise in the creation of suspense. It was Steven Spielberg's first big Hollywood film and, thanks to a constantly faulty mechanical shark, he thought it would be his undoing. But he knew what mattered was the characters and the perfect interaction of Roy Scheider, Richard Dreyfuss and Robert Shaw is what makes this movie seminal, so a ropey-looking shark doesn't dim that one jot. 1975, 12, 125MIN

COMEDY

The Adventures of Priscilla, Queen of the Desert

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Drag artists Guy Pearce, Hugo Weaving and Terence Stamp travel from Sydney to Alice Springs on a ramshackle bus called *Priscilla*. Their caustic bitching, fabulous costumes and Abba routines are as much an escapist response to the prejudice they face as expressions of their personalities in this hilarious, warm-hearted movie about friendship and individuality. 1994, 15, 103MIN

COMEDY

Team America: World Police

11.05pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

The creators of *South Park*'s scandalously funny spoof of Hollywood action movies, filmed using *Thunderbirds*-style puppets, follows a squad of over-armed commandos who, though supposedly the world's peacekeepers, invariably spread more chaos than the terrorists they are fighting. Bad taste has seldom been so much fun. 2004, 15, 98MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the b… week's live action

LIVE FOOTBALL

From Saturday, DAZN & 5

The Club World Cup gets a radical revamp this week when the FIFA competition expands to 32 teams as the United States of America stages the event for the first time in its 25-year history.

The tournament will feature clubs from each of the six confederations – with Europe represented by 12 teams, including reigning world champions Manchester City and Premier League rivals Chelsea – all aiming to win a glitzy new gold-plated trophy that comes complete with moving parts.

With all 63 matches broadcast live for free on streaming platform DAZN, plus 23 games shown live on 5, the action starts in Florida late on Saturday night when David Beckham-owned Inter Miami take on Egyptian champions Al Ahly (kick-off 1am). On Monday, Chelsea begin against Los Angeles FC in Atlanta (8pm), while Manchester City play Moroccan outfit Wydad AC on Wednesday (5pm).

We asked DAZN presenter Ade Oladipo to pick his players who could set the tournament alight...

(Clockwise from top) Lionel Messi, Kylian Mbappé, Ousmane Dembélé, Trent Alexander-Arnold and Harry Kane

THE MAIN EVENT

Club World Cup

DAZN presenter **Ade Oladipo** picks his players to watch at the new-look tournament

TRENT ALEXANDER-ARNOLD *(Real Madrid)*

'His transfer has been a saga and Madrid even rushed through his contract by paying Liverpool £8.4 million so he can play in this tournament. People will be intrigued to see how he adapts to a new system and coach. Will he be given free rein under Xabi Alonso?'

HARRY KANE *(Bayern Munich)*

'He doesn't get the recognition he deserves, but Kane is a goal machine and his stats are up there with some of the very best. The shackles are off now that he has won his first trophy with Bayern and he will be looking for more silverware. Simply one of the best strikers I've ever seen.'

LIONEL MESSI *(Inter Miami)*

'The Argentine superstar has been collecting his pension in Miami and turns 38 during the tournament, but he's still the hot ticket. He's won everything in the game, so he'd be excused for treating the Club World Cup as a bit of fun, but there's no doubt he'll be as entertaining to watch as ever.'

KYLIAN MBAPPÉ *(Real Madrid)*

'Real Madrid didn't have the best season, even though the French striker has scored 43 goals since arriving at the Bernabéu last summer – so he might have something to prove. He is glorious on his day, picking up the ball and making his powerful runs, and I think he will love this tournament.'

OUSMANE DEMBÉLÉ *(Paris Saint-Germain)*

'The French striker's goal return has been sensational this season as PSG won the Champions League and he is a frontrunner to win the Ballon d'Or. Coach Luis Enrique has unleashed another level to his game, and now that the galácticos have left PSG, it's Dembélé's team. He's the leader.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, SHUTTERSTOCK

The new Club World Cup trophy

HOW IT WORKS

THE TEAMS
Europe has 12 clubs taking part in the 32-team tournament, with spaces allocated based on performances in the Champions League over the past four seasons. There are also four Brazilian teams, including South American champions Botafogo, plus Argentina's River Plate and Boca Juniors.

THE FORMAT
The new structure begins with a round-robin group stage, with the top two teams in each of the eight pools progressing to the knockout phase. The final takes place on Sunday 13 July with the winning club receiving up to £97 million.

THE VENUES
Twelve stadiums across the USA will stage the tournament, including the Lincoln Financial Field in Philadelphia, home to current Super Bowl champions Philadelphia Eagles, and the MetLife Stadium in New Jersey, which will host the final (and also next year's World Cup final).

Bath Rugby's Tom de Glanville

LIVE RUGBY UNION

Premiership Final

Sat, kick-off 3pm, ITV1 & TNT Sports 1

After lifting the European Challenge Cup in May, Bath will hope to be in the running for more silverware in the Premiership final at Twickenham. As we went to press, Bristol Bears, Leicester Tigers and Sale Sharks were also in contention for the final, which last year saw Northampton Saints defeat Bath 25-21. Meanwhile, the British & Irish Lions warm up for their tour of Australia with their first-ever match in Ireland when they take on Argentina in Dublin on Friday (k-o 8pm, S4C, Sky Sports Main Event & Sky Sports Action). There are 12 Leinster players in Andy Farrell's squad, captained by England's Maro Itoje, and Josh van der Flier and Garry Ringrose will be eager to play on their home pitch after missing the 2021 tour.

Lions captain Maro Itoje

India's Shubman Gill

LIVE CRICKET

England v India: First Men's Test

Fri, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

India's new captain, Shubman Gill, leads his side in a five-Test series that begins at Headingley on Friday. The 25-year-old has taken over from Rohit Sharma, who retired from Test cricket last month, while the tourists' squad is without injured seamer Mohammed Shami and ex-captain Virat Kohli, who also announced his Test retirement. The Headingley clash is followed by matches at Edgbaston, Lord's, Old Trafford and The Oval.

LIVE ATHLETICS

Diamond League

Sunday, BBC2, & Friday, BBC3

Britain's golden girl Keely Hodgkinson competes on the track for the first time since the Paris Olympics when she runs in the women's 800m in Stockholm on Sunday. The 23-year-old gold medallist, who suffered a hamstring injury in February, will join a top-class line-up that includes fellow Brits Jemma Reekie and Georgia Hunter Bell plus Paris medallists Tsige Duguma and Mary Moraa. 'It will be nerve-racking because in my last race, I literally became Olympic champion,' she says. 'But I'm excited for it.'

Keely Hodgkinson

Top contender Illinois

LIVE HORSE RACING

Royal Ascot

From Tuesday, ITV1 & ITV4

The five-day festival offers £10m in prize money this year and is set to stage some big showdowns, including Tuesday's opening race, the Queen Anne Stakes (2.30pm), which features top milers Lead Artist, Rosallion and Dancing Gemini. On Thursday it's Ladies Day, when Illinois and Candelari will be among the favourites for the Gold Cup (4.20pm) following the retirement of two-time winner Kyprios just weeks before the race.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

Rugby league
Leigh Leopards' Lachlan Lam should be in action on Sunday against Wakefield Trinity

ATHLETICS

LIVE Diamond League: Stockholm
Sun 5pm BBC2
The BAUHAUS-galan, the seventh meeting of the season at Stockholm Olympic Stadium. See page 29.

LIVE Diamond League: Paris
Fri 8pm BBC3
The Meeting de Paris, the eighth meeting of the campaign at Stade Sébastien Charléty. See page 29.

AUSTRALIAN RULES

LIVE Essendon Bombers v Geelong Cats
Sat 7am TNT Sports 1

LIVE Port Adelaide Power v Melbourne Demons
Sun 6am TNT Sports 2

LIVE West Coast Eagles v Carlton Blues
Sun 9am TNT Sports 1

LIVE Fremantle Dockers v Essendon Bombers
Thu 11am TNT Sports 2

LIVE Geelong Cats v Brisbane Lions
Fri 10.30am TNT Sports 3

LIVE Carlton Blues v North Melbourne Kangaroos
Fri 4am TNT Sports 2

BASEBALL

LIVE Milwaukee Brewers v St Louis Cardinals
Sat 9pm TNT Sports 2

LIVE Boston Red Sox v New York Yankees
Sat 12m't TNT Sports 2

LIVE Boston Red Sox v New York Yankees
Sun 6.30pm TNT Sports 2

LIVE Tampa Bay Rays v Baltimore Orioles
Mon 12.30am TNT Sports 2

LIVE Los Angeles Dodgers v San Diego Padres
Tue 3am TNT Sports 2

LIVE Seattle Mariners v Boston Red Sox
Wed 9pm TNT Sports 1

LIVE New York Yankees v Los Angeles Angels
Thu 6pm TNT Sports 1

LIVE San Francisco Giants v Cleveland Guardians
Thu 9pm TNT Sports 2

LIVE Chicago Cubs v Seattle Mariners
Fri 7pm TNT Sports 1

BASKETBALL

LIVE Minnesota Lynx v Los Angeles Sparks
Sat 6.45pm TNT Sports 2
The WNBA match at Target Center.

LIVE Oklahoma City Thunder v Indiana Pacers
Mon 1.30am TNT Sports 1
The fifth game of the NBA finals staged at Paycom Center.

LIVE Indiana Pacers v Oklahoma City Thunder
Thu 1.30am TNT Sports 1
The sixth game of the NBA finals.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 1am TNT Sports 1

LIVE Kamaru Usman v Joaquin Buckley
Sat 3am TNT Sports 1

CRICKET

LIVE Australia v South Africa
Sat & Sun 10am Sky Sports Main Event & Sky Sports Cricket
Days four and five of the ICC World Test Championship final at Lord's.

LIVE Ireland v West Indies
Sat 3.15pm TNT Sports 2
The second T20.

LIVE Glamorgan v Sussex Sharks
Sat 6.15pm Sky Sports Cricket
The T20 Blast South Group match from Sophia Gardens.

LIVE Ireland v West Indies
Sun 2.45pm TNT Sports 1
The third and final T20 staged at Bready Cricket Ground.

LIVE Somerset v Kent Spitfires
Sun 3.55pm Sky Sports+
T20 Blast South Group match at Cooper Associates County Ground.

LIVE Sri Lanka v Bangladesh
Tue-Fri 5.15am TNT Sports 1
Days one to four of the first Test at Galle International Cricket Stadium.

LIVE Hampshire Hawks v Surrey
Tue 2.55pm Sky Sports Cricket
The women's T20 Blast South Group match at Utilita Stadium.

LIVE Hampshire Hawks v Surrey
Tue 6.55pm Sky Sports Cricket & 7pm Sky Sports Main Event
The T20 Blast South Group fixture.

LIVE Kent Spitfires v Gloucestershire
Wed 6.25pm Sky Sports Cricket & 6.30pm Sky Sports Main Event
The T20 Blast South Group match.

LIVE The Blaze v Lancashire Thunder
Thu 2.25pm Sky Sports Cricket
The women's T20 Blast game.

LIVE Leicestershire Foxes v Notts Outlaws
Thu 6.25pm Sky Sports Cricket
The T20 Blast North Group match.

LIVE England v India
Fri 10am Sky Sports Main Event & Sky Sports Cricket
Day one of the first Test at Headingley Cricket Stadium. See page 29.

LIVE Surrey v Middlesex
Fri 6.45pm Sky Sports Cricket
The T20 Blast South Group match.

CYCLING

LIVE Criterium du Dauphine
Sat 1.25pm & Sun 2.10pm TNT Sports 3
The seventh and eighth stages.

LIVE Across the Hageland
Sat 3.30pm TNT Sports 3
The one-day race in Belgium.

LIVE Tour of Switzerland
Sun 10am TNT Sports 3
Stage four of the women's race.

LIVE Tour of Switzerland
Mon-Fri 1.45pm TNT Sports 1
Stages two to six of the men's race.

LIVE Route d'Occitanie
Wed-Fri 1pm TNT Sports 4
The first to third stages.

LIVE Tour of Belgium
Wed-Fri 2.30pm TNT Sports 3
The first to third stages.

LIVE UCI Mountain Bike World Series
Fri 3.45pm TNT Sports 2

DARTS

LIVE World Cup of Darts
Sat & Sun 12noon Sky Sports Main Event, 12noon & 6pm Sky Sports Action
Days three and four at Eissporthalle.

EQUESTRIAN

LIVE Longines League of Nations
Fri 6.15pm TNT Sports 3
From Rotterdam.

GOLF

LIVE R&A Women's Amateur Championship
Sat 8am & 1.30pm, Sun 8.30am & 1.30pm Sky Sports Golf & Sky Sports Mix
The quarter-finals, semi-finals and final at Nairn Golf Club in Scotland.

LIVE US Open
Sat 4pm Sky Sports Main Event & Sky Sports Golf
Day three of the Major at Oakmont Country Club in Oakmont and Plum.

LIVE Meijer LPGA Classic
Sat 8pm & Sun 7.15pm Sky Sports+
Days three and four at Blythefield Country Club in Belmont, Michigan.

LIVE US Open
Sun 4pm & 9pm Sky Sports Main Event, 4pm Sky Sports Golf
The fourth and final day of the Major staged at Oakmont Country Club.

LIVE Travelers Championship
Thu 12.30pm & 10.15pm, Fri 10.45pm Sky Sports Main Event; Thu 12.30pm & 8pm, Fri 1pm & 8pm Sky Sports Golf; Thu & Fri 12.30pm Sky Sports+
Days one and two at TPC River Highlands in Cromwell, Connecticut.

LIVE Women's PGA Championship
Thu 4pm & 11pm, Fri 11pm Sky Sports Main Event; Thu & Fri 4pm & 11pm Sky Sports Golf
Days one and two of the Major from Fields Ranch in Frisco, Texas.

LIVE R&A Men's Amateur Championship
Fri 8am Sky Sports Golf, 8am & 1.30pm Sky Sports Mix
The quarter-finals and semi-finals at Royal Cinque Ports in Deal, Kent.

HORSE RACING

LIVE York
Sat 1.30pm ITV4

LIVE Sky Bet Sunday Series
Sun 3.30pm ITV4

LIVE Royal Ascot
Tue-Fri 1.30pm ITV1 & 5.50pm ITV4
The prestigious festival. See p29.

ICE HOCKEY

LIVE Edmonton Oilers v Florida Panthers
Sat 1am Premier Sports 2
Game five of the Stanley Cup finals.

LIVE Florida Panthers v Edmonton Oilers
Tue 1am Premier Sports 1
Game six of the Stanley Cup finals.

LIVE Edmonton Oilers v Florida Panthers
Fri 1am Premier Sports 1
Game seven of the Stanley Cup finals staged at Rogers Place.

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Sun 4pm TNT Sports 2

MOTORCYCLING

LIVE Superbike World Championship
Sat 8am, 9.30am & 11.15am, Sun 9.30am & 11.15am TNT Sports 2
From Misano World Circuit in Italy.

LIVE Speedway Grand Prix
Sat 6.30pm TNT Sports 1
The fifth round in Manchester.

LIVE MotoGP
Fri 8am TNT Sports 2
Grand Prix of Italy MotoGP, Moto2 & Moto3 first free practice sessions.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
Grand Prix of Italy MotoGP, Moto2 and Moto3 first practice sessions.

MOTORSPORT

LIVE Michelin Le Mans Cup
Sat 9am TNT Sports 4

LIVE Le Mans 24 Hours
Sat 10.45am & 2pm, Sun 6am TNT Sports 4; Sat 2pm & 10pm, Sun 1pm Quest
From Circuit de la Sarthe in France.

LIVE F1 Academy
Sat 2.10pm & 7.30pm, Sun 3.50pm Sky Sports F1
The Canadian Grand Prix races.

LIVE Formula 1
Sat 5.15pm Sky Sports F1
Canadian Grand Prix third practice.

LIVE Indycar
Sat 8pm & 10.30pm Sky Sports Mix; Sat 11.30pm & Sun 1am Sky Sports F1

LIVE Formula 1
Sat 8.30pm Sky Sports F1
Canadian Grand Prix qualifying.

LIVE Formula 1
Sun 5.30pm Sky Sports F1 & 6.30pm Sky Sports Main Event
Canadian Grand Prix in Montreal.

LIVE NASCAR
Sun 7pm Premier Sports 1

LIVE Indy NXT
Sun 9.30pm Sky Sports Mix

LIVE FIA Formula E
Fri 10am TNT Sports 4, 2am & 4am TNT Sports 1

LIVE Indycar
Fri 9.30pm Sky Sports F1

LIVE V8 Supercars Championship
Fri 3.15am TNT Sports 3

NETBALL

LIVE London Mavericks v Manchester Thunder
Sat 3.55pm Sky Sports+ & 5pm Sky Sports Mix

LIVE Super League
Fri 8pm Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

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Football planner

RUGBY LEAGUE

LIVE Newcastle Knights v Sydney Roosters
Sat 8.30am Sky Sports+

LIVE North Queensland Cowboys v Dolphins
Sat 10.30am Sky Sports+

LIVE Leeds Rhinos v Warrington Wolves
Sat 5pm Sky Sports+ (kick-off 5.30pm) Super League match at AMT Headingley Stadium.

LIVE South Sydney Rabbitohs v Canterbury Bulldogs
Sun 7.05am Sky Sports Main Event & Sky Sports Action

LIVE Wakefield Trinity v Leigh Leopards
Sun 2.15pm BBC2 (kick-off 2.30pm) The Super League game at The DIY Kitchens Stadium.

LIVE Queensland Maroons v New South Wales Blues
Wed 10am Sky Sports Main Event & Sky Sports Action Game two of the State of Origin series at Optus Stadium in Perth.

LIVE Castleford Tigers v Hull Kingston Rovers
Thu 7.30pm Sky Sports Action & 8pm Sky Sports Main Event (kick-off 8pm) The Super League match from the 15th round of fixtures at Mend-a-Hose Jungle.

LIVE St Helens v Leeds Rhinos
Fri 7.30pm Sky Sports+ (kick-off 8pm) The Super League match from Totally Wicked Stadium.

RUGBY UNION

LIVE Super Rugby semi-final
Sat 6am Sky Sports Action

LIVE Premiership
Sat 1.30pm TNT Sports 1 & 2.30pm ITV1 (kick-off 3pm) The final staged at Twickenham. See page 29.

LIVE United Rugby Championship Grand Final
Sat 2pm Premier Sports 1

LIVE Top 14 play-off
Sat 8pm Premier Sports 1

LIVE British & Irish Lions v Argentina
Fri 7pm Sky Sports Main Event & Sky Sports Action, 7.30pm S4C (kick-off 8pm) The warm-up match staged at Aviva Stadium in Dublin.

LIVE Top 14 semi-fnial
Fri 8pm Premier Sports 1

TENNIS

LIVE Queen's Club
Sat 1.25pm & Sun 1.15pm BBC1 Days six and seven of the women's tournament at Queen's Club.

LIVE S-Hertogenbosch Open
Sat 3pm & Sun 11am Sky Sports Tennis The WTA semi-finals and final.

LIVE ATP S-Hertogenbosch Open and Stuttgart Open finals
Sun 1pm Sky Sports+ & Sky Sports Tennis

LIVE Queen's Club
Mon-Fri 1pm BBC2 Days one to five of the men's grass-court tournament at Queen's Club.

TRIATHLON

LIVE T100 World Tour
Sat 5.15pm TNT Sports 3

LIVE CONCACAF GOLD CUP

Mexico v Dominican Reublic

Saturday, kick-off 3.15am, Premier Sports 1

The Euros-style tournament for North and Central American and Caribbean nations, plus guests Saudi Arabia, kicks off early on Sunday as Mexico, including Fulham striker Raúl Jiménez, begin the defence of their title in California.

LIVE UNDER-21 EUROS

England v Slovenia

Sunday, kick-off 5pm, C4

James McAtee was a late addition to Lee Carsley's England squad and the Manchester City striker will want to impress in the side's second Group B game in Nitra. The Young Lions then face Germany in their final group game at the same venue on Wednesday (kick-off 8pm, C4).

LIVE CONCACAF GOLD CUP

USA v Trinidad & Tobago

Sunday, kick-off 11pm, Premier Sports 2

Crystal Palace defender Chris Richards is in the squad as seven-time winners USA play their first group game in the CONCACAF Gold Cup in San Jose, California. It's the first major tournament for US boss Mauricio Pochettino.

Saturday 14

LIVE Spain v Romania
4.50pm 4seven (kick-off 5pm) Both teams' second European Under-21s Championship Group A game at National Football Stadium.

LIVE Portugal v Poland
7.50pm 4seven (kick-off 8pm) The sides' second European Under-21s Championship Group C match at Siho Stadium in Trencin.

LIVE Chicago Red Stars v Seattle Reign
10pm TNT Sports 1 (kick-off 10pm) NWSL match at SeatGeek Stadium.

LIVE Al Ahly v Inter Miami
12m't 5 & 1am DAZN (k-o 1am) The opening Group A match of the Club World Cup staged at Hard Rock Stadium, Miami. See p28.

LIVE Mexico v Dominican Republic
3.10am Premier Sports 1 (kick-off 3.15am) The CONCACAF Gold Cup Group A match staged at SoFi Stadium.

Sunday 15

LIVE Bayern Munich v Auckland City
4pm 5 & 5pm DAZN (k-o 5pm) The Club World Cup Group C game from TQL Stadium in Cincinnati.

LIVE England v Slovenia
4.30pm C4 (kick-off 5pm) Both teams' second European Under-21s Championship Group B, match at Nitra Stadium in Slovakia. England have not defeated the Slovenians at this level since 2008.

LIVE Finland v Ukraine
4.50pm 4seven (kick-off 5pm) The European Under-21s Championship Group D fixture at Košice Football Arena in Slovakia.

LIVE LaLiga 2 promotion play-off final first-leg
5.30pm Premier Sports 2

LIVE Netherlands v Denmark
7.50pm 4seven (kick-off 8pm) The European Under-21s Championship Group D game at Tatran Arena in Presov, Slovakia.

LIVE Paris Saint-Germain v Atletico Madrid
8pm DAZN (kick-off 8pm) The Club World Cup Group B match from Rose Bowl, Pasadena.

LIVE Portland Thorns v Washington Spirit
9pm TNT Sports 1 (kick-off 9pm) NWSL match at Providence Park.

LIVE USA v Trinidad and Tobago
11pm Premier Sports 2 (kick-off 11pm) The CONCACAF Gold Cup Group D match at PayPal Park in San Jose.

LIVE Haiti v Saudi Arabia
1.15am Premier Sports 2 (kick-off 1.15am) The CONCACAF Gold Cup Group D fixture staged at Snapdragon Stadium in San Diego, California.

LIVE Costa Rica v Suriname
4am Premier Sports 2 (kick-off 4am) The CONCACAF Gold Cup Group A game at Snapdragon Stadium.

Monday 16

LIVE Chelsea v Los Angeles FC
7pm 5 & 8pm DAZN (k-o 8pm) The Club World Cup Group D match at Mercedes-Benz Stadium.

LIVE Boca Juniors v Benfica
10.45pm 5 & 11pm DAZN (kick-off 11pm) The Club World Cup Group C game from Hard Rock Stadium, Miami.

LIVE Panama v Guadeloupe
12m't Premier Sports 2 (kick-off 12am) The CONCACAF Gold Cup Group C game at Dignity Health Sports Park.

LIVE Flamengo v Espérance de Tunis
2am DAZN (kick-off 2am) The Club World Cup Group D match from Lincoln Financial Field.

LIVE Jamaica v Guatemala
3am Premier Sports 2 (kick-off 3am) The Club World Cup Group C game from Dignity Health Sports Park.

Tuesday 17

LIVE Fluminense v Borussia Dortmund
4pm 5 & 5pm DAZN (k-o 5pm) The Club World Cup Group F match staged at MetLife Stadium.

LIVE France v Poland
4.50pm 4seven (kick-off 5pm) The European Under-21s Championship Group C game at MŠK Žilina Stadium in Slovakia.

LIVE Spain v Italy
7.50pm 4seven (kick-off 8pm) The European Under-21s Championship Group A match from Anton Malatinský Stadium.

LIVE River Plate v Urawa Red Diamonds
8pm DAZN (kick-off 8pm) The Club World Cup Group E game.

LIVE Ulsan HD v Mamelodi Sundowns
11pm DAZN (kick-off 11pm) The Club World Cup Group F match.

LIVE Curacao v El Salvador
1.15am Premier Sports 2 (kick-off 1.15am) The CONCACAF Gold Cup Group B match at PayPal Park in San Jose.

LIVE Monterrey v Inter Milan
2am DAZN (kick-off 2am) The Club World Cup Group E fixture.

LIVE Canada v Honduras
3.30am Premier Sports 2 (kick-off 3.30am) The CONCACAF Gold Cup Group B match at BC Place in Vancouver.

Wednesday 18

LIVE Manchester City v Wydad AC
4pm 5 & 5pm DAZN (k-o 5pm) The first Club World Cup Group G match for both teams at Lincoln Financial Field in Philadelphia.

LIVE Netherlands v Ukraine
4.50pm 4seven (kick-off 5pm) Both teams' concluding European Under-21s Championship fixture in Group D at Tatran Arena in Slovakia.

LIVE England v Germany
7.30pm C4 (kick-off 8pm) Both teams' third and final European Under-21s Championship Group B match from Nitra Stadium. The teams also concluded their group stage campaigns with a contest against each other in the 2023 tournament. England won that match 2-0 thanks to goals by Cameron Archer and Harvey Elliott and went on to win the tournament.

LIVE Real Madrid v Al Hilal
7.30pm 5 & 8pm DAZN (kick-off 8pm) The Club World Cup Group H game at Hard Rock Stadium in Miami.

LIVE Slovenia v Czechia
7.50pm 4seven (kick-off 8pm) Both teams' final European Under-21s Championship Group B match staged at DAC Arena.

LIVE Pachuca v Red Bull Salzburg
11pm DAZN (kick-off 11pm) The Club World Cup Group H match at TQL Stadium, Cincinnati.

LIVE Costa Rica v Dominican Republic
12m't Premier Sports 2 (kick-off 12m't) The CONCACAF Gold Cup Group A game at AT&T Stadium in Texas.

LIVE Al Ain v Juventus
2am DAZN (kick-off 2am) The Club World Cup Group G game at Audi Field, Washington DC.

LIVE Suriname v Mexico
3am Premier Sports 2 (kick-off 3am) The CONCACAF Gold Cup Group A fixture at AT&T Stadium in Texas.

Thursday 19

LIVE Palmeiras v Al Ahly
5pm DAZN (kick-off 5pm) The Club World Cup Group A game.

LIVE Inter Miami v FC Porto
8pm DAZN (kick-off 8pm) The Club World Cup Group A match at Mercedes-Benz Stadium.

LIVE Seattle Sounders v Atletico Madrid
11pm DAZN (kick-off 11pm) The Club World Cup Group B match at Lumen Field in Seattle.

LIVE Trinidad and Tobago v Haiti
11.45pm Premier Sports 2 (kick-off 11.45pm) The CONCACAF Gold Cup Group D game at Shell Energy Stadium.

LIVE Paris Saint-Germain v Botafogo
2am DAZN (kick-off 2am) The Club World Cup Group B match at Rose Bowl in Pasadena.

LIVE Saudi Arabia v USA
2.15am Premier Sports 2 (kick-off 2.15am) The CONCACAF Gold Cup Group D match at Q2 Stadium in Austin.

Friday 20

LIVE Benfica v Auckland City
5pm DAZN (kick-off 5pm) The Club World Cup Group C fixture.

LIVE Flamengo v Chelsea
7pm DAZN (kick-off 7pm) The Club World Cup Group D match at Lincoln Financial Field.

LIVE Los Angeles FC v Espérance de Tunisie
11pm DAZN (kick-off 11pm) The Club World Cup Group D game.

LIVE Jamaica v Guadeloupe
12.45am Premier Sports 2 (kick-off 12.45am) The CONCACAF Gold Cup Group C match from PayPal Park, San Jose.

LIVE Bayern Munich v Boca Juniors
1.30am 5 & 2am DAZN (kick-off 2am) The Club World Cup Group C game at Hard Rock Stadium in Miami.

LIVE Guatemala v Panama
3am Premier Sports 2 (kick-off 3am) The CONCACAF Gold Cup Group C match from Q2 Stadium in Austin.

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Saturday

14 June

Evening Planner

Factual

Trooping the Colour

BBC1, 10.30am

Coverage of the King's Birthday Parade in central London, a ceremony that has taken place since the reign of Charles II.

Documentary

NASA, Nazis & The Space Race

C4, 8pm

Looking at the role of pardoned Nazi scientists in the quest to reach the Moon.

Drama

Kidnapped

BBC4, 9pm

Film based on the true story of a Jewish boy who was secretly baptised and taken from his family by the Catholic Church.

Football

Club World Cup

5 & DAZN, kick-off 1am

The tournament kicks off with Egyptian club Al-Ahly facing Inter Miami and a stellar squad that includes Luis Suárez.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.35 Hit List	7.20 Pointless Celebrities	8.10 Blankety Blank	8.45 Casualty	9.35 The Last Anniversary		10.25 News	
	102 BBC2	7.00 Trooping the Colour Highlights		8.10 40 Hits of 1985 at the BBC				10.30 TOTP 1985...	
	103 ITV1	‹ 6.30 The Chase...	7.30 Film: Godzilla vs Kong			9.40 Who Wants to Be a Millionaire?...		10.35 News	
	104 CHANNEL 4		7.05 Hindenburg: The Cover-Up		8.35 NASA, Nazis & The Space Race	9.35 Film: M3GAN			
	105 5	‹ 6.55 Elizabeth: Queen of the 70s			8.30 Meghan & Harry: Where Did the Money Go?			10.00 1974: Those Were the Days	
	106 SKY SHOWCASE	7.00 Mysteries from Above		8.00 Rob & Romesh vs Restaurants – First...		9.00 Film: Beverly Hills Cop II			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 EastEnders	8.30 Alison...	9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4	7.00 Flying...	7.20 All Creatures Great and Small			9.00 Film: Kidnapped			
	118 ITV2	‹ 6.00 Film: Men in Black 3		8.00 The 1% Club for Soccer Aid		9.00 Love Island: Unseen Bits		10.05 Olivia Attwood: The Price of...	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Elsbeth		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 The White Lotus		10.05 Homicide: Life on the Street	
	110 U&GOLD	7.00 Only Fools and Horses				9.00 Billy Connolly Does...		10.00 Mrs Brown's Boys	10.40 Only...
	111 U&DAVE		7.05 Ghosts			9.00 The Office	9.40 Extras	10.20 The Cleaner	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	7.00 Film: The Lost World: Jurassic Park					9.40 Film: The Equalizer		
	112 COMEDY CENTRAL		7.15 Film: Paul Blart: Mall Cop 2			9.00 Film: Pixels			
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX		7.10 The Walking Dead			9.00 A League of Their Own		10.00 Strike Back: Silent War	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS	7.00 Electric Light Orchestra: Live...		8.00 Electric Light Orchestra: Discovery		9.00 Legends: Live at Montreux			
	132 U&W	7.00 999 Rescue Squad				9.00 Coupling			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Monster Croc Invasion		9.00 Saba and the Rhino's Secret		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Liberation: D-Day to Berlin						10.00 The Inner...	10.30 Russia's...
	123 SKY HISTORY	7.00 WW2 Air Crash Detectives				9.00 Prison Chronicles			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash					
	121 SKY DOCS	7.00 I Am Luke Perry				9.00 100 Foot Wave		10.00 Kurt Cobain: Montage of Heck	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 The Luckiest Man in America		8.00 Venom: The Last Dance				10.00 Anora	
	302 SUPERHEROES	‹ 5.50 Blue Beetle		8.00 Superman Returns					10.35 Venom...
	303 HITS	‹ 6.00 Indiana Jones and the Temple of...		8.00 Indiana Jones and the Last Crusade				10.10 Indiana Jones and the...	
	304 GREATS	‹ 6.10 Johnny Mnemonic		8.00 Blade Runner				10.00 The Exorcist	
	305 ANIMATION	‹ 5.40 Sing	7.30 The Prince of Egypt			9.15 Captain Underpants			
	306 FANTASY	‹ 6.30 Barbie			8.30 Soaring to Life...	9.00 Ready Player One			
	307 ACTION	‹ 5.40 American Sniper		8.00 Bad Boys for Life				10.10 Baby Driver	
	308 COMEDY	‹ 6.00 Dumb and Dumber To		8.00 Beetlejuice Beetlejuice			9.50 The Naked Gun 33 1/3: The Final Insult		
	309 THRILLER	‹ 6.05 Hanna		8.00 Angels & Demons				10.25 Greedy People	
	310 DRAMA	‹ 6.15 The Great Escaper		8.00 Scent of a Woman					
	311 SCI-FI	‹ 5.55 Back to the Future Part III		8.00 Passengers				10.05 Repo Men	
	313 FILM4	‹ 6.50 Flight of the Phoenix				9.00 The Last Stand			
SPORT	401 MAIN EVENT	‹ 4.00 US Open Golf – Live: Coverage of day three of the Major							
	402 PREMIER LEAGUE	7.00 PFA Winner	7.30 My Origin Story	8.00 Sticker Book	8.30 Transfer 360			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 WSL: End of...	7.30 Best Moments...	8.00 Best Goals...	8.30 EFL Trophy...	9.00 EFL Greatest Games		10.00 EFL Cup Highlights	
	404 CRICKET	‹ 6.15 Vitality T20 Blast Cricket – Live: Glamorgan v Sussex Sharks						10.00 Ashes Greats	10.30 Test Cricket
	410 TNT SPORTS 1	‹ 6.30 FIM Speedway Grand Prix – Live: Coverage from the fifth round of the season						10.00 NWSL – Live	
	411 TNT SPORTS 2	‹ 6.45 WNBA – Live		8.00 MLB Highlights		9.00 MLB – Live: Milwaukee Brewers v St Louis Cardinals (Start-time 9.10)			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Saturday Kitchen** New edition With Sophie Ellis-Bextor. (S)
10.30 **Trooping the Colour: The King's Birthday Parade** Clare Balding presents coverage from London. (S)
1.10 PM **BBC News** (S)
1.25 **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day six of the women's grass-court tournament at Queen's Club, featuring the singles semi-finals. (S)
4.00 **Deadly 60** (S)(R)
4.30 **Escape to the Country** (S)(R)
5.30 **BBC News** (S)
5.40 **Local News** (S)
5.50 **Celebrity Bridge of Lies** New edition 7/10. Ross Kemp hosts the high-stakes quiz, with Simon Rimmer, Desiree Burch, Angela Rippon and Craig Doyle. (S)

8.10 **Blankety Blank**

6 PM
6.35 **The Hit List** A celebrity special of the music quiz, which sees Oti Mabuse, Catherine Tyldesley, Joe Marler, Chris McCausland, Maisie Adam and John Thomson trying to guess hit songs. (S)(R)

7 PM
7.20 **Pointless Celebrities** New edition Laura Jackson, Kirsten O'Brien, James Bye, Davood Ghadami, Jermaine Beckford, Jamie O'Hara, Nicola Dempsey and Rosie Dempsey take part in the quiz. (S)

8 PM
8.10 **Blankety Blank** New edition 8/9. With Jack Dee, Rob Beckett, Kelly Holmes, Lucy Beaumont, Steph McGovern and Omid Djalili. (S)
8.45 **Casualty** *Supply and Demand:* Iain's career soars to new heights, while Indie is put into a dangerous situation. (S)(AD)

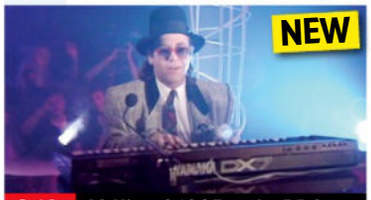
9 PM
9.35 **The Last Anniversary** New episode 5/6. Sophie confides to her editor that she might be on the verge of a big story, but a return to the city leaves her wondering if it might be time she left the island for good. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.25 **BBC News** (S)
10.45 **Mrs Brown's Boys** 3/4. Rumours swirl around Finglas that Agnes has won the Lotto jackpot. (S4) (S)(R)(AD)
11.15 **FILM Pirates of the Caribbean: Salazar's Revenge** Swashbuckling adventure sequel starring Johnny Depp. Ghost scavengers escape from the Devil's Triangle. (S)(AD) (2017, 12, 120min) ★★★
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Beechgrove Garden** (S)(R)
10.30 **A Cook Abroad: Monica Galetti's France** The Jura region. (S)(R)(AD)
11.30 **Mary Berry: Cook & Share** (S)(R)
12.00 NOON **FILM In Which We Serve** Vintage World War Two drama starring Noël Coward. (S)(AD) (1942, b/w, U, 115min) ★★★★★
1.55 PM **FILM The Magnificent Seven** Vintage Western starring Yul Brynner and Steve McQueen. (S) (1960, PG, 125min) ★★★★★
4.00 **Armchair Britain** Exploring Cornwall's attractions. (S)(R)
4.30 **Hidden Treasures of the National Trust** A piece of art by architect Erno Goldfinger undergoes conservation work. (S)(R)(AD)
5.30 **Flog It!** From Hereford. (S)(R)



8.10 **40 Hits of 1985 at the BBC**

6 PM
6.00 **Jane Austen: Rise of a Genius** 3/3. A look at how Jane Austen was determined to secure her financial future, so dived back into her writing with her most ambitious work yet. (S)(R)(AD)

7 PM
7.00 **Trooping the Colour Highlights** Clare Balding presents highlights of this morning's event in Horse Guards Parade, where the Colour of No 7 Company Coldstream Guards was trooped to mark the King's official birthday. (S)
8.10 **NEW 40 Hits of 1985 at the BBC** A selection of songs from the year, featuring tracks by Queen, Simple Minds, Elton John, Prince, Duran Duran, Marillion, King, Strawberry Switchblade, Kirsty MacColl and Princess. (S)

10 PM
10.30 **TOTP 1985: Big Hits** Memorable hits of the year, featuring Wham!, The Smiths, A-ha, Eurythmics, The Cure, Dead or Alive, Bonnie Tyler, Tears for Fears, Jennifer Rush and Doug E Fresh. (S)(R)
11.30 **TOTP: The Story of 1985** Recalling the year of Live Aid. (S)(R)
12.30 AM **FILM Decision to Leave** South Korean mystery thriller starring Park Hae-il, Tang Wei and Lee Jung-hyun. A detective investigating a man's death in the mountains meets the dead man's mysterious wife in the course of his dogged sleuthing. Subtitled. (2022, 15, 130min) ★★★★
2.40 **to 6.25** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Love Your Garden** (S)(R)(AD)
6.30 **FILM Jumanji** Comic fantasy. (S)(AD) (1995, PG, 115min) ★★★★
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Louise Minchin. (S)(R)
11.40 **Jeremy Pang's Hong Kong Kitchen** New edition (S)(AD)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
1.10 **ITV News** (S)
1.25 **Lingo** Quiz show. (S)(R)
2.30 **LIVE Rugby Union: Gallagher Premiership Final** Coverage of the showpiece match from Allianz Stadium Twickenham. Kick-off is at 3.00. (S)
5.30 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)

7.30 **Godzilla vs Kong**

6 PM
6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **The Chase Celebrity Special** Bradley Walsh presents an *I'm a Celebrity...* special as former participants Hollie Arnold, AJ Pritchard, Giovanna Fletcher and Russell Watson work as a team to take on one of Chasers for charity. (S)(R)

7 PM
7.30 **FILM Godzilla vs Kong** Sci-fi adventure starring Alexander Skarsgård, Millie Bobby Brown and Rebecca Hall. King Kong and his protectors undertake a perilous journey to locate his true home, but find themselves in the path of Godzilla. (S)(AD) (2021, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8 PM
9.40 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz, as Steph McGovern and Dion Dublin try to answer questions to win cash for their chosen charities. (S)(R)

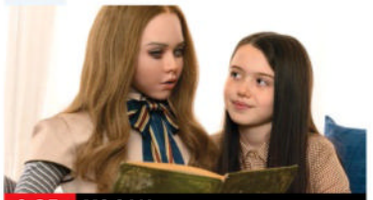
10 PM
10.35 **ITV News** (S)
10.55 **Fake** New episode *Liar:* 7/8. Birdie arrives at the wedding, where her lies escalate. (S1) (S)(AD)
■ Entire series on ITVX
11.50 **Fake** Series finale *My Joe:* 8/8. Birdie picks herself up and starts investigating Joe. (S1) (S)(AD)
12.35 AM **Sam Thompson's Match Ball Mission for Soccer Aid** (S)(R)
1.25 **Teleshopping**
3.00 **Vera, Farewell Pet** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Sam Thompson's Match Ball Mission for Soccer Aid**

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.05 AM **Cheers** 11-14/26. (S8) (S)(R)
7.55 **Frasier** 14&15/24. (S1) (S)(R)(AD)
8.55 **The Simpsons** (S)(R)(AD)
10.50 **FILM Think Like a Dog** Family comedy drama starring Josh Duhamel. A 12-year-old's science experiment goes awry and he forges a telepathic connection with his dog, with the duo joining forces. (S) (2020, PG, 110min) ★★
12.40 PM **A Place in the Sun** (S)(R)
1.40 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.20 **News** (S)
4.50 **FILM Deep Impact** Disaster drama starring Robert Duvall and Téa Leoni. An astronaut leads a mission into space to explode a comet before it hits the Earth and causes apocalyptic destruction. (S)(AD) (1998, 12, 135min) ★★★★



9.35 **M3GAN**

6 PM
FILM Deep Impact (film started at 4.50pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.05 **Hindenburg: The Cover-Up** One-off documentary exploring new theories concerning the 1937 crash of the largest aircraft ever, which shed light on a possible cover-up that spans two continents and has ties to the Nazi party. (S)(R)
8.35 **NEW NASA, Nazis & The Space Race** One-off documentary exploring the role played by pardoned Nazi scientists in the Moon landings, and the price NASA had to pay to gain the upper hand in the Cold War. (S)(AD)
9.35 **FILM M3GAN** Horror starring Allison Williams. A robotics engineer at a toy company builds a life-like doll that begins to take on a life of its own. With Violet McGraw and Ronny Chieng. (S)(AD) (2022, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.35 **FILM Monster Hunter** Fantasy adventure starring Milla Jovovich. (S)(AD) (2020, 12, 110min) ★★★
1.25 AM **F1: Canadian Grand Prix Qualifying Highlights** The battle for grid positions for the 10th round of the season. (S)
2.20 **The Simpsons** (S)(R)(AD)
5.10 **Jamie's Comfort Food** (S)(R)
5.20 **to 6.15** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.45 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Triple bill. (S)(R)(AD)
12.00 NOON **Dogs Behaving (Very) Badly** Triple bill. (S)(R)
3.00 PM **The Hotel Inspector** Alex Polizzi heads to the LG Thai Derm Spa and Guest House in Loughborough. (S)(R)
4.00 Alex visits Gracellie Hotel in the seaside town of Shanklin on the Isle of Wight. (S)(R)
5.00 **News** (S)
5.05 **Hampton Court: A Royal Residence** Documentary looking behind the scenes at Henry VIII's beloved royal palace on the Thames, which is now a popular tourist attraction. (S)(R)

8.30 Meghan & Harry

6.55 NEW **Elizabeth: Queen of the 70s** A look at the late monarch's approach to her public appearances from the 1970s onwards, which has been said to have forged the modern role of the Royal Family. Featuring interviews with ambassadors who witnessed Queen Elizabeth II first-hand, as well as insight from royal authors. (S)

8.30 NEW **Meghan & Harry: Where Did the Money Go?** Documentary looking into the finances of the Duke and Duchess of Sussex, examining how they have maintained their lavish lifestyle after leaving the Royal Family's purse strings behind. (S)

10.00 **1974: Those Were the Days** A look back at events of 1974, reflecting on the most shocking and controversial moments of the year. (S)(R)

12.00 M'T LIVE **Football: FIFA Club World Cup** Al Ahly v Inter Miami: The opening match of the tournament. Kick-off is at 1.00. *See feature, page 28.* (S)
3.20 AM **Playgrounds of the Rich and Famous** (S)(R)
4.30 **Friends** (S6) (S)(R)(AD)
4.50 **The Wonderful World of Chocolate** (S)(SL)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)
8.00 **The F1 Show** (R)
9.00 **Beasts of the Big Blue** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
2.30 PM **Soaring to Life: The Making of How to Train Your Dragon** (S)(R)
3.00 **David Attenborough's Wild City** Documentary. (S)(R)(AD)
4.00 **Micro Monsters with David Attenborough** Rivalries within the world of bugs. (S)(R)(AD)
4.30 How predators defuse the defences of their prey. (S)(R)(AD)
5.00 Exploring courtship in the bug world. (S)(R)(AD)
5.30 A look at the mating habits of various bugs. (S)(R)(AD)

8.00 Rob & Romesh vs...

6.00 **Discovered by Disaster** Explorations of Seahenge's 4,000-year-old timber circle, an unusual Ukrainian canoe, ancient remains in a mudslide and a relic from Lake Mead's dry bed. (S)(R)

7.00 **Mysteries from Above** Animal spectacles witnessed from high above the Earth, including a whirling herd of northern nomads and undersea behemoths in the Pacific shallows. (S)(R)

8.00 **Rob & Romesh vs Restaurants: First Course** 1/2. Rob and Romesh try to open their own restaurant, beginning by learning all about the industry from chef Tom Kerridge. (S)(R)(AD)

9.00 FILM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. Streetwise detective Axel Foley goes on the trail of a gang led by a six-foot tall blonde. With Judge Reinhold, Brigitte Nielsen, Jurgen Prochnow and Ronny Cox. (S) (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **F1: Canadian Grand Prix Qualifying Highlights** The battle for grid positions in the 10th round of the season at Circuit Gilles-Villeneuve in Montreal.
1.00 AM **Poker Face** 8/12. Guest stars Melanie Lynskey. (S2) (R)
2.00 **The Office (US)** (S6) (S)(R)
3.30 **Road Wars** (S)(R)
4.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
4.00-4.30pm The Merthyr Mermaid (S)(R) **10.45** Ruth and Steve: From Merthyr with Love (S)(R) **11.45** FILM Pirates of the Caribbean: Salazar's Revenge (S)(AD) (2017, 12, 120min) ★★★ **1.45-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.30pm Jane Austen: Rise of a Genius (S)(R)(AD) **6.30-7.00pm** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
5.30-6.00pm Welsh Greats (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.15** Gwyliau Gartref (AD) **10.45** Ffasiwn Drefn (AD) **11.15** Ceffylau, Sheikhs a Chowbois **11.45** Arfordir Cymru: Sir Benfro (AD) **12.15pm** Ffermio **12.45** Chris a'r Afal Mawr New edition (AD) **1.45** Ysbyty **2.45** Am Dro! (AD) **3.45** Iolo: Natur Bregus Cymru (AD) **4.45** Garddio a Mwy **5.15** Y Ci Perffaith **5.45** Sgwrs Dan y Lloer **6.45** Newyddion a Chwaraeon **7.00** Busnes Bwyd **8.00** NEW SERIES Tafwyl **9.00** Tafwyl New edition **10.00** Cysgu O Gwmpas (AD) **10.30** Arctig Gwyllt Iolo Williams **11.30pm-12.05am** Yn y Lwp

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Jeremy, Richard and James test-drive cars in Romania.
8.00 **EastEnders** Yolande and Patrick are at loggerheads.
8.30 **Alison Hammond's Big Weekend** 5/6. Alison spends a couple of days in the company of comedian and actor Lenny Henry.
9.00 **Two Pints of Lager and a Packet of Crisps** 12/14. Gaz gets in touch with his feminine side. **9.30** 13/14. Jonny tries to get a job to prove he can be a responsible father. **10.00** 14/14. Gaz confronts his fears, and Louise tries to hang on to Mick. (S5) **10.30** 1/10. Janet gets a job on a cruise ship and Louise learns the truth about her parents. (S6)
11.00 **I Kissed a Boy**
11.55 **Glow Up: Britain's Next Make-Up Star**
12.55 AM **Top Gear**
1.55 **to 3.55** AM **Two Pints of Lager and a Packet of Crisps**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **Ugly House to Lovely House with George Clarke**
12.35 PM **George Clarke's Amazing Spaces**
1.40 **George Clarke's Old House, New Home**
2.40 **Location, Location, Location** From Wiltshire.
3.40 **Come Dine with Me** Five editions from Sussex.
6.20 **Four in a Bed** The contest gets under way at the Horseshoe Hotel in Egton Bridge, North Yorkshire.
6.50 **Four in a Bed** The B&B battle continues at the Dixie Arms in Market Bosworth. **7.25** The third visit is to Bradbury's of Blackpool. **7.55** The final visit of the week is to Little Oakhurst in Stonyhurst near Clitheroe. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A man is rushed into hospital with severe chest and lung injuries after coming off his bike, and a 40-year-old man is treated after collapsing on a golf course. **10.00** A man is rushed to hospital after severely dislocating and fracturing his ankle while playing football.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Flying Gardener** Chris Beardshaw helps an oyster fisherman with his overgrown shady garden.
7.20 **All Creatures Great and Small** *Choose a Bright Morning:* James comes to the aid of an isolated family that have not ventured into town since 1929. **8.10** *The Playing Field:* James panics when he realises he has forgotten to buy Helen an anniversary present.
9.00 FILM PREMIERE **Kidnapped** Italian historical drama starring Paolo Pierobon and Leonardo Matese. A young Jewish boy is taken from his family by the Catholic church in 1850s Bologna. Subtitled. (2023, 12, 134min) ★★★★
11.05 **Scrublands** 1&2/4. Drama starring Luke Arnold. (S1)
12.45 AM **The Good Life**
1.15 **Yes, Minister**
1.45 **All Creatures Great and Small** Double bill.
3.25 **to 3.45** AM **The Flying Gardener**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **The Goldbergs**
8.15 **Don't Tell the Bride**
9.20 **Ramsay's Kitchen Nightmares USA**
1.05 PM **The Big Bang Theory**
3.40 FILM **Shrek Forever After** Animated comedy adventure sequel with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2010, U, 93min) ★★★★
5.30 **The Simpsons** Triple bill of episodes, including at: **6.30** *Replaceable You:* Homer gets a new assistant.
7.00 **The Simpsons** *The Book Job:* Homer becomes an author of children's books. **7.30** *The Man in the Blue Flannel Pants:* Homer is promoted to accounts manager at the power plant. **8.00** *The Ten-Per-Cent Solution:* Krusty's TV show is cancelled. With Joan Rivers. **8.30** *The Food Wife:* Marge, Bart and Lisa taste success in the world of food blogging.
9.00 **Celebrity Gogglebox** Famous faces appraise *This Morning, Secret Crush* and *Friends: The Reunion*.
10.00 **Gogglebox** Appraisals of *Britain's Got Talent, Married at First Sight Australia* and *Chess Masters: The Endgame*.
11.05 **Gogglebox**
12.10 AM **First Dates**
2.15 **Gogglebox**
4.15 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

Saturday primetime

Saturday primetime

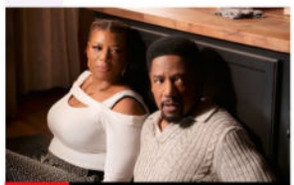
SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed**
12.00 NOON **Stop, Search, Seize**
1.00 PM **Border Security USA** Puerto Rican police join forces with the American coastguard to pursue two men transporting suspicious bundles across open seas.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.


10.00 The Equalizer

7 PM
7.00 **Nothing to Declare** The work of customs officers. **7.30** Officers discover prohibited items in two Chinese visitors' bags.

8 PM
8.00 **Nothing to Declare** A woman returning from China has a tantrum. **8.30** A piece of salmon tests positive for cocaine.

9 PM
9.00 **Elsbeth** *Flips the Bird:* 5/20. Elsbeth investigates the death of a devious kitchen staffer. Guest stars Jack Davenport. (S2)

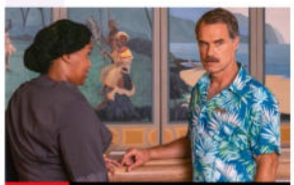
10 PM
10.00 **The Equalizer** *Decisions:* 18/18. While on a romantic getaway, McCall and Dante are ambushed by Salazar and his army. (S5)
11.00 **Blue Bloods** 2/21. Danny and Baez investigate a bloody crime scene at a hotel. (S13)
12.00 M'T **FBI: Most Wanted** 4&5/22. Double bill. (S4)
2.00 AM **The Good Doctor** (S3)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **The Newsroom** 1–3/6. (S3)
10.05 **Game of Thrones** Nine episodes, including at: **2.30** PM 5/10. A suspicious death threatens to overshadow the tournament. **3.35** 6/10. Ned investigates rumours about the Lannisters. **4.40** 7/10. Ned confronts Cersei about Jon Arryn's death. **5.45** 8/10. The Lannisters launch their bid for power. **6.50** 9/10. Tyrion is forced onto the battlefield. (S1)


9.00 The White Lotus

7.55 **Game of Thrones** *Fire and Blood:* 10/10. Robb's bannermen make a momentous declaration, and Catelyn confronts Jaime Lannister about Bran's near-fatal fall. (S1)

9.00 **The White Lotus** *New Day:* 2/6. Belinda walks a fine line with Tanya, and Rachel seeks advice from Nicole. (S1)

10.05 **Homicide: Life on the Street** *Baby, It's You:* 5/23. Ross and McCoy are faced with a dilemma about the assault. (S6)
11.00 **Homicide: Life on the Street** 6/23. Pembleton and Lewis investigate the murder of a family in a restaurant. **12.00** M'T 7–9/23. (S6)
3.00 AM **The Outsider** 7/10. (S1)
4.00 **Game of Thrones** 6/10. (S5)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Supergirl** 10–14/22. (S4)
11.00 **Grimm** 15–18/22. (S4)
3.00 PM **The Walking Dead** 14/16. The survivors face challenges as they try to secure a new home. **4.00** 15/16. The group realise that having a sheltered life may be impossible. **4.50** 16/16. Rick and the group feel like outsiders. (S5) **6.00** 1/16. Rick and the group devise a plan to lure a massive herd of walkers away from Alexandria. (S6)

9.00 A League of Their Own

7.10 **The Walking Dead** *JSS:* 2/16. Carol and Morgan lead a line of defence when Alexandria comes under attack.

8.00 **The Walking Dead** *Thank You:* 3/16. Glenn and Michonne try to lead the survivors back to Alexandria. (S6)

9.00 **A League of Their Own** Romesh Ranganathan hosts the comedy quiz, with Luke Littler, Tom Davis and Alex Brooker.

10.00 **Strike Back: Silent War** 9/10. Section 20 clash with Russian renegades Natasha Petrenko and Artem Orlov. (S7)
11.00 **Poker Face** 8/12. Charlie encounters a group of con artists. Guest stars Melanie Lynskey. (S2)
12.00 M'T **Warrior** 1/10. Crime drama starring Andrew Koji. (S1)
1.00 AM **The Force: Manchester**
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.05 **Gordon Ramsay's Food Stars USA** Double bill.
9.55 **Deal or No Deal**
1.00 PM **Celebrity Catchphrase**
2.00 **FILM Casper** Fantasy comedy. (1995, PG, 96min) ★★★★
4.05 **FILM Legally Blonde** Comedy starring Reese Witherspoon. (2001, 12, 96min) ★★★
6.00 **FILM Men in Black 3** Sci-fi comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★

6.00 Men in Black 3

FILM Men in Black 3 (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **The 1% Club for Soccer Aid** Lee Mack hosts a special charity edition of the quiz show, with 100 sports stars competing.

9.00 **Love Island: Unseen Bits** New edition Iain Stirling brings unseen moments and exclusive content from the first week.

10.05 **Olivia Attwood: The Price of Perfection** Olivia Attwood explores the UK's weight management industry.
11.05 **Family Guy** 23/23. Joe follows some bad advice from Peter. **11.35** 17/23. (S10)
12.05 AM **American Dad!** (S8)
1.05 **Extraordinary** 1/8. (S2)
1.45 **CelebAbility**
2.25 **Count Abdulla**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** Double bill.
8.50 **FILM Carry On Up the Khyber** Comedy with Kenneth Williams and Sid James. (1968, PG, 85min) ★★★★
10.50 **Doc Martin** 7&8/8. (S5)
12.50 PM **Agatha Christie's Poirot**
3.00 **Midsomer Murders** *Till Death Do Us Part:* Tragedy strikes at a family friend's wedding. **5.00** *The Point of Balance:* Rivalries behind the scenes at a dance show lead to murder. Guest stars Nigel Havers.

5.00 Midsomer Murders

7.00 **Midsomer Murders** *Send in the Clowns:* Things take a gruesome turn when the circus comes to town, bringing with it sinister clown sightings, threatening notes and deathly dangerous circus acts.

9.00 **Vera** *Fast Love:* Crime drama starring Brenda Blethyn. DCI Vera Stanhope investigates when a market trader is found dead following a collision with a car, and it becomes clear it was not an accident.

11.00 **Lewis** *The Mind Has Mountains:* A student dies during a clinical trial.
12.50 AM **Agatha Christie's Poirot** *The Veiled Lady:* The detective tackles a blackmailer.
1.50 **Long Lost Family**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Forest** Documentary following the people who live and work in Galloway Forest Park.
7.45 **Beechgrove Repotted** A special edition focusing on allotments.
8.00 **Icons of Style** 1/2. A look at the history of Scottish fashion.
9.00 **Only Child** 2/6. Richard decides the time has finally come to declutter his father's house of all his junk. (S1)
9.30 **Two Doors Down** 5/6. Alan and Michelle stay the night at Beth and Eric's. (S4)
9.55 **FILM Aftersun** Drama. starring Frankie Corio and Paul Mescal. (2022, 12, 102min) ★★★★★
11.30 PM **to 12.00** M'T **Up for It** Three comedians take on various challenges.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S2)
10.25 **Entourage** (S4)
1.00 PM **Barry** (S1&2)
4.45 **Divorce** 1–3/10. (S1)
6.30 **The Office (US)** 3/26. Jim has to tell the staff that not everyone will get a pay rise. **7.00** 4/26. Part one of two. The staff visit Niagara Falls for Jim and Pam's wedding. **7.30** 5/26. Part two of two. Pam deals with an embarrassing injury for Andy. **8.00** 6/26. Kevin inadvertently ruins Jim and Pam's honeymoon. **8.30** 7/26. Pam discovers Michael is dating her mother. (S6)
9.00 **Stewart Lee, Basic Lee: Live at the Lowry** The comedian performs his high-concept show.
11.00 **The Rehearsal** (S2)
12.45 AM **Barry** 3&4/8. (S4)
2.15 **Girls** 9&10/12. (S3)
3.40 **to 5.00** AM **Ballers**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.20 **Anne-Sophie Mutter, John Williams & Friends: A Celebration**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Cirque du Soleil: Nouvelle Experience**
2.30 **Portrait Artist of the Decade**
4.00 **Music Icons: British Rhythm & Blues**
4.30 **Classic Artists: Cream**
7.00 **Electric Light Orchestra: Live – The Early Years**
8.00 **Electric Light Orchestra: Discovery**
9.00 NEW **Legends: Live at Montreux**
11.20 **Both Sides Now: Joni Mitchell Live at the Isle of Wight 1970**
12.35 AM **Bruce Springsteen: Live in Barcelona**
3.50 **London Calling**
4.50 **Discovering**
5.50 **to 6.00** AM **Arts Uncovered**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Over Australia**
12.00 NOON **Africa's Wild Horizons** Documentary.
1.00 PM **Secret Life of the Kangaroo** Documentary.
2.00 **Baby Animals**
3.00 **Extreme Snakes**
5.00 **Animals Like Us**
6.00 **Super Shark Highway**
7.00 **Airborne**
8.00 **Caught on Dashcam**
9.00 **Love You to Death** When the body of a loving mother is found in a bayou, police dig into her marriage in a search for answers.
10.00 **Hawaii Five-0** (S1)
1.00 AM **Sex and the City**
3.00 **Nothing to Declare**
4.00 **to 6.00** AM **The Force: Manchester**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point**
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special** Laura Kenny and Krishnan Guru-Murthy compete.
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **6.00** *Man's Best Friend – Part One*: 1/24. Jonathan finds a home for a stray dog. **7.00** *Man's Best Friend – Part Two*: 2/24. A boy faces a terrible choice. **8.00** *Fight for Your Life:* 3/24. A boxer is asked to throw a fight. (S4)
9.00 **Garage Sale Mystery** Crime drama starring Lori Loughlin and Rick Ravanello.
10.55 **Aurora Teagarden Mysteries: Haunted By Murder** Crime drama with Candace Cameron Bure and Niall Matter.
12.50 AM **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 19/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **Minder**
7.15 **Minder on the Orient Express**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.35 **Giant Lobster Hunters**
1.30 PM **LIVE Racing** From York, Chester and Sandown Park.
4.00 **The Best of the 90s**
4.15 **FILM Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
6.00 **Cycling: Critérium du Dauphiné Highlights** Action from stage seven.

7.00 The Lost World: Jurassic...

7.00 **FILM The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **FILM The Equalizer** Thriller based on the 1980s TV series, starring Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Wrestling: AEW Collision** Hard-hitting wrestling action.
2.10 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM War of the Worlds: Annihilation** Sci-fi thriller. starring William Baldwin, Arie Thompson and Noel Gugliemi. (2021, PG, 113min) ★★
1.00 PM **Star Trek: Enterprise** Five episodes, including at: **5.00** 24/26. Archer learns of a former rival's death. (S2)
6.00 **Star Trek: Voyager** 18/26. Paris and Torres get married and prepare for a honeymoon on the holodeck. (S5)

11.00 The Walking Dead

7.00 **Star Trek: Voyager** *The Fight:* 19/26. Chakotay becomes convinced he is a legendary 24th-century boxer.
8.00 **Star Trek: Voyager** *Think Tank:* 20/26. Bounty hunters pursue the *Voyager*. Guest stars Jason Alexander.
9.00 **Star Trek: Voyager** *Juggernaut:* 21/26. A runaway toxic waste freighter threatens to pollute the quadrant.
10.00 **Star Trek: Voyager** *Someone to Watch Over Me:* 22/26. The Doctor helps Seven develop her dating skills. (S5)
11.00 **The Walking Dead** 8/16. The Saviors launch an attack on Alexandria. **12.00** M'T 9/16. Hard decisions are made by Rick's allies. **1.00** AM 10/16. Aaron and Enid search for allies. (S8) **2.00** 11&12/16. (S8)
4.00 **From the Earth to the Moon**
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Elementary** 10-12/24. (S4)
1.00 PM **Inspector George Gently**
3.00 **Father Brown** *The Hermit of Hazelnut Cottag:* A local dispute ends in murder. **4.00** *The Last Supper:* A food fayre comes to Kembleford – bringing murder with it. **5.00** *The Father, The Son:* Flambeau is stunned to find his estranged father at St Mary's. **6.00** *The Quill of Osric:* A novelist is attacked at a crime-writing festival.

11.00 CSI: Vegas

7.00 **Hudson & Rex** *Shuck Everlasting:* 3/16. Donovan tracks a marine smuggling operation. (S7)
8.00 **Death in Paradise** *Spot the Difference:* 5/8. A prisoner is stabbed to death while handcuffed to Richard.
9.00 **Death in Paradise** *An Unhelpful Aid:* 6/8. A local diver is found dead in shallow waters. Guest stars Lisa Faulkner. (S1)
10.00 **Father Brown** *The Folly of Jephthah:* Flambeau visits Kembleford to seek Father Brown's help to get rid of an unwanted rival.
11.00 **CSI: Vegas** 3/10. Two bodies are found behind the drywall of a home construction project. **12.00** M'T 4/10. An explosion traps Allie in a basement. (S3)
1.00 AM **Father Brown**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Only Fools and Horses**
7.35 **The Green Green Grass**
8.10 **My Hero**
8.50 **Only Fools and Horses**
2.55 PM **Only Fools and Horses** Christmas special from 1992. Del Boy launches his own bottled water business. **4.20** The council reject Del Boy's application for a grant, but his spirits are raised by news of a fancy-dress party. **5.40** Del Boy buys a new manual to show him how to make positive decisions.

10.00 Mrs Brown's Boys

7.00 **Only Fools and Horses** The Trotters journey to Holland to dabble in the diamond import business – with old foe Inspector Slater hot on their trail. Guest stars Jim Broadbent.
9.00 **Billy Connolly Does...** Billy reveals all the things he loves about showbiz, including The Beatles and the Pope's warm-up DJ.
10.00 **Mrs Brown's Boys** Cathy's family counselling session descends into chaos.
10.40 **Only Fools and Horses** As shown at 5.40pm.
12.00 M'T **The Cockfields** Simon and Esther arrive at Sue and Ray's new house. **12.40** AM Ray, Sue, Simon and Esther all go to Ventnor. **1.20** Simon and Ray head to the nursing home to see Rose.
2.00 **to 4.00** AM **The Cockfields**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
8.00 AM **Storage Hunters UK**
9.00 **James May: The Reassembler**
10.00 **Top Gear** With James McAvoy.
11.00 **Red Bull Soapbox Race**
1.00 PM **Guy Martin's Great British Power Trip**
3.00 **Robson's Weekend Escapes**
4.00 **Motorhoming with Merton & Webster** From Yorkshire.
5.00 **The Americas with Simon Reeve** Simon visits Costa Rica.
6.00 **Border Force: America's Gatekeepers** Documentary.

9.40 Extras

7.05 **Ghosts** Christmas special of the comedy from 2020. A new arrival joins the haunted household. **7.45** A historical documentary team come to film at Button House. **8.25** A mysterious visitor has a revelation that leaves Alison reeling.
9.00 **The Office** David hires a new secretary.
9.40 **Extras** Andy offers Maggie his advice when they discover their current job involves working with Samuel L Jackson.
10.20 **The Cleaner** Wicky attends the scene of a fatal electrocution.
11.00 **Not Going Out** Double bill.
12.20 AM **Not Going Out Christmas Special** Festive episode from 2017. Lee faces a desperate search for a Christmas present.
1.15 **Have I Got a Bit More News for You** Double bill of editions.
3.15 **to 4.00** AM **QI**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A Place in the Sun**
12.00 NOON **Chateau DIY**
2.00 PM **A Place in the Sun**
4.50 **LIVE Football: UEFA European Under-21s Championship** Spain v Romania: The Group A game from Bratislava. Kick-off is at 5.00.
7.00 **A Place in the Sun** Searching for a second home in Valencia.
7.50 **LIVE Football: UEFA European Under-21s Championship** Portugal v Poland: The Group C fixture from Trencin. Kick-off is at 8.00.
10.00 **Open House: The Great Sex Experiment**
11.05 **Taskmaster**
12.05 AM **Celebrity Gogglebox**
1.10 **Gogglebox**
2.15 **FILM Not Okay** Comedy drama starring Zoey Deutch. (2022, 15, 100min) ★★★★
4.20 **to 4.50** AM **Travel Man: 48 Hours in Washington, DC**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4&5)
1.00 PM **NCIS: Hawaii** Nine episodes, including at: **7.00** *Breach:* 17/22. Whistler has a chance to apologise to Lucy and mend their relationship. **8.00** *T'NT:* 18/22. NCIS Agents Nick Torres and Jessica Knight travel to Hawai'i. **9.00** *Nurture:* 19/22. Alex sustains a career-ending injury. (S1)
10.00 **Law & Order: Special Victims Unit** *Gray:* 9/24. A woman claims to have been raped by a fellow student. **11.00** *Rescue:* 10/24. Cragen orders Benson off a case. (S12)
11.55 **Law & Order: Special Victims Unit** (S24)
1.50 AM **Criminal Minds**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
1.00 PM **When Holidays Go Horribly Wrong**
4.10 **Nightmare Tenants, Slum Landlords**
7.00 **Call the Bailiffs: Time to Pay Up** Sherry and Alex try to serve a High-Court writ to a delivery driver. **8.00** Mark and Virgil visit the address of a man who wrote off a hire car and ended up owing £17,000.
9.00 **FILM RoboCop** Sci-fi thriller remake starring Joel Kinnaman, Gary Oldman, Michael Keaton and Samuel L Jackson. (2014, 12, 113min) ★★★
11.25 **101 Near Misses**
12.25 AM **A&E: Crash Scene Emergency**
1.20 **Police 999: Clear & Present Danger**
2.20 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
2.00 PM **FILM Hellfighters** Action adventure starring John Wayne and Katharine Ross. (1969, PG, 120min) ★★
4.25 **FILM Destry** Western remake starring Audie Murphy, Lyle Bettger and Mari Blanchard. (1954, PG, 96min) ★★
6.25 **FILM McLintock!** Comedy Western based on *The Taming of the Shrew*, starring John Wayne, Maureen O'Hara and Yvonne De Carlo. (1963, U, 127min) ★★★
9.00 **FILM Big Jake** Western starring John Wayne as an elderly Texas cattleman who swings into action when his grandson is kidnapped. With Richard Boone and Maureen O'Hara. (1971, 15, 110min) ★★★
11.05 **Police Interceptors**
2.05 **to 4.00** AM **Fights, Camera, Action!**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** Six editions, including at: **6.00** A truck drives through the barrier of a busy motorway and hits a BMW head-on. **7.00** The team are called to a major fire in a chemicals factory. **8.00** Afghan asylum seekers are moved into a seaside hotel.
9.00 **Coupling** Patrick fails to rise to the occasion. **9.40** Patrick decides to dump Lynda by answering machine. **10.20** Steve is horrified to realise he has been with Susan for a year.
11.00 **One Born: Twins and Triplets** Documentary.
12.00 M'T **One Born: What Happened Next?**
1.00 **to 3.00** AM **Mysteries & Scandals** New editions

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
8.20 **Bergerac** Triple bill.
11.35 **Lovejoy** Double bill.
2.00 PM **Call the Midwife**
4.00 **Father Brown** *The Flying Stars:* Suspicion grows concerning a supposed accidental drowning.
5.00 **2point4 Children**
7.00 **The Brokenwood Mysteries** *Sour Grapes:* 2/4. Two murders are committed at the town's annual wine show. (S1)
9.00 **Judge John Deed** *Political Expediency:* The maverick judge finds his principles tested by the offer of a place on the Appellate Bench in return for hushing up a diplomatic incident.
11.00 **Rebellion** 5/5. (S1)
12.10 AM **The Heart Guy**
1.10 **PD James: The Murder Room** Stars Martin Shaw.
3.00 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
7.00 **Hotel Inspector: You're Fired** In a surprising first, Alex Polizzi tackles two hotels at the same time.
8.00 **Derelict Rescue** Chris and his father take on an abandoned Methodist chapel in Yorkshire, with Chris' interior designer wife, Marisa, on hand to add style to this conversion.
9.00 **The Repair Shop** Triple bill of editions.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Portsmouth.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan take part. **5.00** With Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold.
6.00 **The Chase** Triple bill of the quiz show.
9.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **FILM Prairie Fever** Western. (2008, PG, 81min) ★★★
9.50 **The West Wall**
11.15 **Wanted: Dead or Alive**
12.15 PM **FILM The Unforgiven** Western drama. (1960, PG, 125min) ★★★
2.50 **FILM Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★
5.20 **FILM Cripple Creek** Western. (1952, U) ★★
7.05 **FILM The Texican** Western adventure. (1966, PG, 91min) ★★
9.00 **FILM Saints and Soldiers** War adventure. (2003, 15, 87min) ★★★
11.00 **FILM Saints and Soldiers: Airborne Creed** Adventure sequel. (2012, 12, 93min) ★★
1.05 AM **FILM Super Eruption** Disaster movie. (2011, 15, 89min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.40 **FILM Lost Letter Mysteries: To the Altar** Drama. (2018, PG) ★★
12.40 PM **FILM Lost Letter Mysteries: The Vows We've Made** Drama. (2021, PG, 86min) ★★
2.40 **FILM Mary Higgins Clark: Before I Say Goodbye** (2003, 15) ★★
4.55 **FILM Mary Higgins Clark: All Around the Town** (2002, 15) ★★
7.05 **FILM Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
9.00 **FILM A Dangerous Man** Thriller. (2009, 18) ★★★
11.05 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
1.10 AM **Coast Guard Alaska**
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Nanny Surveillance** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Road to Christmas** (2018, U) ★★
10.00 **FILM Christmas à la Carte** (2021, PG) ★★
12.00 NOON **FILM The Sweetest Christmas** Drama. (2017, PG) ★★
2.00 PM **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
4.00 **FILM Baking All the Way** Drama. (2022, PG) ★★
6.00 **FILM A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
8.00 **FILM My Sweet Holiday** Festive romantic drama. (2020, PG, 84min) ★★
9.55 **FILM Christmas with a View** Romantic drama. (2018, PG, 91min) ★★
11.55 **FILM A Song for Christmas** Drama. (2017, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas Romance Al Dente** (2020, PG) ★★

+1 hour 320 317

Rewind TV

182 92 141

6.00 AM **Worzel Gummidge Down Under** (S2)
8.00 **Fantasy Island** (S1)
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S3)
2.00 PM **FILM Up in the World** As 2.00am.
3.50 **Rewind & Remember**
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **Fantasy Island** (S1)
7.00 **In Loving Memory** (S3)
9.30 **Please Sir!** 8/14. A private detective unearths a lot of secrets. **10.00** 9/14. Bernard and class 5C make some new friends. (S3)
10.30 **Please Sir!** (S3)
12.00 M'T **Police Woman** (S1)
1.00 AM **Blue Thunder** (S1)
2.00 **FILM Up in the World** Comedy starring Norman Wisdom. (1956, b/w, U, 91min) ★★★
3.50 **Rewind & Remember**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** The parents of a 16-year-old girl hope a visit from a reformed extreme hoarder will help her change her ways. **8.00** A woman who has collected hundreds of ventriloquist's dummies.
9.00 **The Bad Foot Clinic** A mother and son suffering with the same rare genetic condition. **10.00** Helping a man with twisted toes.
11.00 **Born with Four Legs: Body Bizarre**
12.00 M'T **Village of Dwarves: Body Bizarre**
1.00 AM **Goddess Face Tumour: Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's American Adventure**
3.00 PM **Tom Kerridge: Secrets of the Pub Kitchen** Ten editions of the series, including at: **7.00** Retro dishes. **7.30** Tom shares his love for the heat of the pub kitchen.
8.00 **Secrets of the Curry Kitchen** Chef Asma Khan celebrates herbs and marinades.
8.30 **Nadiya's Simple Spices** Nadiya Hussain demonstrates the power of her simple spices by serving up an aubergine pizza layered with cumin and chili, spicy egg fried rice and chicken jalfrezi.
9.00 **Diners, Drive-Ins and Dives** Six editions.
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Eye of the Beast** Horror thriller. (2007, 15, 90min) ★★
9.00 **Knight Rider**
2.00 PM **FILM The Brink's Job** Crime comedy. (1978, PG, 103min) ★★★
4.00 **FILM Airport** Thriller. (1969, PG, 137min) ★★★
6.35 **FILM House on Haunted Hill** Chiller with Vincent Price. (1958, b/w, 12, 75min) ★★★
8.00 **The Twilight Zone** (S3)
9.00 **FILM King Arthur** Action adventure starring Clive Owen and Keira Knightley. (2004, 12, 126min) ★★★
11.30 **FILM Armed Response** Thriller starring Wesley Snipes and Anne Heche. (2017, 15, 93min) ★
1.20 AM **FILM Boiling Point** Action thriller. (1992, 15, 89min) ★★★
3.10 **to 5.00** AM **FILM Iron Sky: The Coming Race** Fantasy. (2019, 15) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
8.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
10.00 **FILM Warlords of Atlantis** Adventure. (1978, PG, 96min) ★★
12.00 NOON **FILM Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
2.00 PM **FILM The Fabulous Journey to the Centre of the Earth** Fantasy starring Kenneth More. (1978, PG, 87min) ★★
4.00 **The Lost World** (S1&2)
9.00 **FILM The Sentinel** Thriller starring Michael Douglas and Kiefer Sutherland. (2006, 12, 108min) ★★★
11.10 **FILM The Wall** Thriller with John Cena. (2017, 15, 88min) ★★★★
1.00 **to 3.00** AM **FILM Beyond the Law** Thriller. (2019, 15, 89min) ★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Storm Stories**
12.00 NOON **The Proof Is Out There** Four editions.
2.00 PM **Egypt's Unexplained Files**
4.00 **Ancient Aliens**
8.00 **Alien Corridors** Unexplained sightings in the Pine Barrens.
9.00 **History's Greatest Mysteries** The only unsolved case of air piracy in commercial aviation history.
10.40 **Strange Evidence** A human-shaped object witnessed floating across a valley and out of sight. **11.40** A mysterious orb in the skies that appears to be firing a beam.
12.35 AM **The Proof Is Out There** Documentary.
1.00 **My Strange Arrest**
2.00 **Claw Hunters**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Hatfield House: A Royal Residence**
10.00 **Blenheim Palace: Behind the Grandeur**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Nazi Secrets Revealed: Drain the Oceans** German vessels from World War Two.
6.00 **Dinosaurs from the Deep: Drain the Oceans**
7.00 **The Curse of King Tut**
8.00 **Michael Palin: Into Iraq** 3/3. In Baghdad, Michael talks to schoolchildren about their lives and hopes for the future.
9.00 **Volcano with Dara O Briain** 1/2. Exploring the power of Italy's most active volcanoes. **10.00** 2/2. Dara travels to mainland Italy and meets a volcanologist.
11.00 **Tomb Hunters**
12.00 M'T **to 4.00** AM **Tony Robinson's History of Britain**

HGTV

158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** A multilingual couple search for a property in rural Herefordshire.
8.00 **Your Garden Made Perfect** A couple in Enfield whose home sits on a huge slope. **9.00** Transforming an awkwardly shaped garden in Benfleet.
10.00 **Escape to the Country** A couple of returning ex-pats hope to find a home in rural Somerset. **11.00** A couple with £875,000 to spend seek a home in Dorset. **12.00** M'T A couple search for a home in rural Worcestershire.
1.00 AM **Castle Impossible**
2.00 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** J-Fab's shoulder bump is seriously cramping her style. **9.00** Alonso's lipomas are holding him back. **10.00** Robert has a huge lump on his head. **11.00** Keven wants a lipoma removed.
12.00 M'T **Body Parts**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 6.15pm.
9.00 **Friends** 1-8/24. (S2)
1.00 PM **Friends** 9-16/24. (S2)
5.15 **Bradley & Barney Walsh: Breaking Dad**
6.15 **Michael McIntyre's Big Show** With Judge Rinder and Emma Bunton.
7.15 **FILM Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James and Raini Rodriguez. (2015, PG, 92min) ★★
9.00 **FILM Pixels** Comedy starring Adam Sandler. (2015, 12, 105min) ★★
11.05 **Whose Line Is It Anyway? USA**
12.05 AM **Russell Howard: Wonderbox** Stand-up.
2.00 **Reno 911!** 8/11. (S8)
2.30 **Key & Peele**
3.00 **South Park** 13/14. (S5)
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Becker** (S4)
1.00 PM **Most Ridiculous**
3.00 **Whose Line Is It Anyway? USA**
7.00 **Friends** 15/24. Monica falls for an old family friend. With Tom Selleck. **7.30** 16/24. An argument with Chandler prompts Joey to move out of the flat. **8.00** 17/24. Rachel feels smothered by Ross. **8.30** 18/24. Chandler's flatmate Eddie becomes increasingly annoying. **9.00** 19/24. Rachel's sister Amy joins the gang for Thanksgiving. (S2)
9.30 **Friends** (S2&3)
2.00 AM **Impractical Jokers**
3.00 **The Roast of Rob Lowe**
4.15 **Beavis and Butt-Head**
4.30 **Al Murray: The Only Way Is Epic** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Border Patrol**
11.00 **Nothing to Declare**
2.00 PM **The Cleaning Lady** Five episodes. (S2&3)
7.00 **The Real A&E** Four editions of the series.
9.00 **Chucky** *Hail, Mary!* 3/8. The discovery of multiple killer dolls causes Jake to propose the unthinkable. **10.00** *Death on Denial:* 4/8. Tiffany's secrets are threatened by a surprise intervention. **11.00** *Doll on Doll:* 5/8. Devon worries that Good Chucky cannot be trusted, while the surprise party causes Tiffany to spiral. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.50 **Teen Mom Young & Pregnant Catch Up**
7.35 **Teen Mom: From the Beginning** Reality series.
8.30 **Dallas Cowboys Cheerleaders**
1.05 PM **Catfish: Scammed**
2.00 **Catfish: The TV Show**
4.00 **Catfish: The Dramatic**
5.00 **Catfish: The TV Show** Four editions, including at: **8.00** Nev and Arlissa help Jeremy to find out who Alex really is.
9.00 **Teen Mom UK: Next Generation** Angel is left holding the baby.
10.00 **Ink Master Redemption** Double bill of editions.
11.00 **Jersey Shore Family Vacation** The gang head to Las Vegas.
12.00 M'T **Ink Master**
1.00 AM **Beavis and Butt-Head** 1&2/32. (S4)
1.30 **Jackass**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Border Control Poland**
10.00 **Salvage Hunters**
12.00 NOON **Gold Rush** Triple bill of the documentary, including at: **2.00** PM Rick digs his last gold of the season at Vegas Valley, and Parker opens a new cut.
4.00 **Gold Rush: White Water** Dustin Hurt and his crew set out on their most ambitious and dangerous season ever. **6.00** The crew discover a new site, igniting a frantic race for season-saving gold.

10.00 Salvage Hunters

7.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy uses new technology in order to uncover ancient gold.
8.00 **Blowing Up History** Nearly a decade after the ancient site of Nimrud was destroyed, experts return to salvage the wreckage.
9.00 **Naked and Afraid: Last One Standing** Shocking sabotage and a midnight medical emergency upend the competition, the elimination challenge requires a photo finish, and a legend is sent home.
11.00 **Expedition Files** Josh Gates investigates shocking conspiracy theories.
12.00 M'T **Deadliest Catch** Sig pushes Mandy to invade the *Cornelia Marie*'s ground.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **How Sharks Hunt**
3.00 **Sharktacular**
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** Derek Schlitter seeks justice for a deceased puppy.
6.00 **Tanked** The team work to complete a 20ft tank for a Las Vegas amusement park.

9.00 Saba and the Rhino's...

7.00 **How Do Animals Do That?** Why moths are attracted to flames. **7.30** Why spiders don't get stuck in their webs.
8.00 **Monster Croc Invasion** An investigation into the increasing numbers of human deaths from large crocodiles in Costa Rica.
9.00 **Saba and the Rhino's Secret** Wildlife expert Saba Douglas-Hamilton heads to Namibia, the home of the black rhino.
10.00 **Edge of Alaska** Neil Darish announces his plan to develop the motherlode into a mine tour to entice tourists.
11.00 **Legends of the Wild** Kangaroos are mysteriously being mauled in Victoria. **12.00** M'T Investigating a creature mutilating livestock.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Amsterdam Central 24/7**
12.00 NOON **Science of Stupid**
12.30 PM **Ocean with David Attenborough** Documentary.
2.15 **OceanXplorers**
3.00 **Drain the Oceans: Deep Dive** New edition Shipwrecks from World War Two.
4.00 **Car S.O.S** Fuzz and Tim restore a Caterham 7. **5.00** A 1963 Citroën HY Van.
6.00 **Liberation: D-Day to Berlin** The final days of World War Two in Western Europe.

10.00 The Inner Portrait

7.00 **Liberation: D-Day to Berlin** The true cost paid by the Allies and civilians to free Belgium and the Netherlands.
8.00 **Liberation: D-Day to Berlin** How Hitler forced the Americans into their biggest and bloodiest battle of the war in 1944.
9.00 **Liberation: D-Day to Berlin** Revealing the cost of liberating Western Europe during the last year of World War Two.
10.00 **NEW SERIES The Inner Portrait** Documentary.
10.30 **Russia's Toughest Prisons** Inside three high security Russian prisons.
11.30 **Destruction Decoded**
1.30 AM **To Catch a Smuggler: Tropical Takedown** Air and Marine Operations dismantle a smuggling ring on Saint John.
2.25 **Abandoned** A lace factory.
2.55 **Food Factory** Double bill.
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Rust Valley Restorers**
8.00 **Secrets Declassified with David Duchovny**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Six editions.
1.00 PM **Shipwrecks: When History Resurfaces** Four editions, including at: **4.00** Exploring a battleship in the Atlantic Ocean.
5.00 **Discovered by Disaster**
6.00 **Mysteries from Above** Animal spectacles witnessed from high above the Earth.

7.00 WW2 Air Crash Detectives

7.00 **WW2 Air Crash Detectives** Garth Barnard investigates the cause of an accident in Nebraska in 1944.
8.00 **WW2 Air Crash Detectives** Investigating the accident that killed Prince George the Duke of Kent in 1942.
9.00 **Prison Chronicles** A look into Dannemora prison in New York. **9.30** A look at the history of San Quentin prison.
10.00 **Prison Chronicles** The history of Attica prison in upstate New York. **10.30** The history of Leavenworth prison.
11.00 **History's Greatest Mysteries** The notorious St Valentine's Day Massacre of 1929, when seven members and associates of Chicago's North Side Gang were murdered.
12.00 M'T **Hunting History with Steven Rinella** The mystery of the Lost Colony of Roanoke.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
10.00 **Canal Boat Diaries**
1.00 PM **One Foot in the Grave**
2.00 **The Thin Blue Line**
3.20 **'Allo 'Allo!** Triple bill.
5.00 **Porridge** The inmates are horrified to discover there is a thief at large in the prison. **5.40** Fletch decides to sort out Godber's torrid love life. **6.20** Fletcher and the rest of inmates take advantage of the relaxed atmosphere – and of Barrowclough – with Mackay away on holiday.

5.00 Porridge

7.00 **Bangers & Cash: Restoring Classics** The team purchase a 1981 Rolls-Royce Silver Spirit.
8.00 **Bangers & Cash** Derek takes a shine to a rare 1958 Armstrong Siddeley Sapphire with a long family history.
9.00 **Bangers & Cash** An Aston Martin DB6 in need of total restoration looks set to break the auction record.
10.00 **Bangers & Cash** Derek picks up some 'emerging' sporting classics from the Far East – three Datsun Zs.
11.00 **Bangers & Cash** Derek auctions off some vehicles that were used in the TV show *Heartbeat*. **12.00** M'T Dave extricates a VW Golf from a garden that has grown up around it.
1.00 **to 3.00** AM **Canal Boat Diaries**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides: Down Under**
7.00 **Tony Robinson's Wild West** The story of the last days of the Sioux.
8.00 **Wheeler Dealers World Tour**
9.00 **Wheeler Dealers**
2.00 PM **LIVE 24 Hours of Le Mans** Coverage of the fourth and most prestigious race in the FIA World Endurance Championship, held at Circuit de la Sarthe in France.
5.00 **Shed and Buried**
7.00 **Find It, Fix It, Flog It**
9.00 **Massive Engineering Mistakes** New edition The devastating effects of engineering disasters.
10.00 PM **to 5.00** AM **LIVE 24 Hours of Le Mans** Further coverage of the prestigious race from Circuit de la Sarthe.

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Evil Lives Here: Shadows of Death** Six editions, including at: **8.00** In Dallas, surgical patients were falling victim to a monster with a medical degree.
9.00 **The Curious Case of...** New edition *Jackass* star Bam grapples with addiction, and entrepreneur Lima takes over his treatment.
10.30 **Signs of a Psychopath**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** George Jodoin.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** When Amber Owens disappears, police uncover a number of complicated relationships. **8.00** LaJoya McCoy's family request a welfare check after they don't hear from her for days.
9.00 **Millionaire Murders** The death of William Saunderson-Smith. **10.00** The case of Byrd and Melanie Billings.
11.00 **48 Hours** The disappearance of Jennifer Farber Dulos. **12.00** M'T When Madeline Kingsbury goes missing, her sister turns to TikTok for help. **1.00** AM The case of Jessy Kurczewski.
2.00 **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** An 18-year-old girl's abduction from home. **2.30** How the owner of a severed leg was identified using forensic science. **3.00** The murderers who burned their victim's body to cover their crime. **3.30** The investigation into sexual assaults on four Indiana women. **4.00** A couple who were murdered during a suspected drug deal. **4.30** A man suspected of poisoning his girlfriend.
5.00 **Evidence of Evil** The investigation into the brutal murder of Shelby Weatherly.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the...**
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **Britain's Most Evil Killers** Mark Bridger.
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Killer in My Village**
11.00 **Ireland's Most Evil Killers** Colin Whelan.
12.00 M'T **Forensics: Catching the Killer** True-crime.
1.00 AM **Killer Siblings**
2.00 **NEW SERIES Polk: The Trial of Philip Polkinghorne** 1/3.
3.00 **An Unexpected Killer**
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Underfire: The Untold Story of Tony Vaccaro** As 10.25pm.
9.30 **Living in the Shadow of World War Two**
1.00 PM **Underfire: The Untold Story of Tony Vaccaro** As 10.25pm.
2.30 **Impossible Peace**
6.55 **Living in the Shadow of World War Two** 1/3. Exploring everyday life during the conflict. **8.05** 2/3. Investigating the civilian casualties of World War Two. **9.15** 3/3. Maintaining the morale of the civilian population.
10.25 **Underfire: The Untold Story of Tony Vaccaro** The story of a World War Two US infantryman who photographed the war.
12.00 M'T **Rum & Revolution: History of Havana**
1.00 **to 2.00** AM **Legends and Luxury: History of Marrakesh**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Richard Harris**
7.00 **Discovering: James Coburn**
8.00 **The Directors**
9.00 **Shaq** 1–4/4. Documentary chronicling Shaquille O'Neal's ascent to superstardom.
1.00 PM **Jackie Stewart** Documentary about the life of Formula 1 great Jackie Stewart.
3.00 **Be Water** Bruce Lee's time in Hong Kong making four films.
5.00 **Terry Venables: A Man Can Dream** The life and times of the football player-turned-manager.
7.00 **I Am Luke Perry** Celebrating the life and career of the actor.
8.45 **My Icon: Thierry Henry**
9.00 **100 Foot Wave** New edition 3/5. The surfers set out to chase a rare swell at Cortes Bank.
10.00 **Kurt Cobain: Montage of Heck** Brett Morgen explores the Nirvana frontman's life.
12.30 AM **Val** Documentary focusing on the late actor Val Kilmer.
2.30 **GoldenEra** Documentary about video game *GoldenEye 007*.
4.30 **PL Legends: Ian Wright**
5.00 **to 6.00** AM **The Directors**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Four editions.
10.45 **Fugitives Caught on Tape**
11.45 **Hometown Tragedy**
1.05 PM **Exhumed: Killer Revealed**
3.00 **Spring Break Murders**
4.00 **Murder at the Motel**
5.00 **Accident, Suicide or Murder?** Triple bill, including at: **7.00** A young man reports that his fiancée has shot herself in their bed, but her family aren't convinced.
8.00 **Accused: Did I Do It?** A man who stabbed five people with a pocket knife argues that he thought his life was in danger.
9.00 **A Perfect Scam** Exploring the world of scams and how con artists manipulate their victims.
10.00 **Interview with a Killer**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Murder at the Motel**
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Pointless** Double bill.
11.00 **Celebrity Mastermind**
12.20 PM **Gardeners' World**
1.40 **Abandoned Engineering**
3.40 **Pointless** Quiz show.
4.40 **Celebrity Mastermind**
6.00 **Gardeners' World** Monty Don offers tips on improving a garden on a tight budget.
7.20 **Pointless** Double bill.
9.20 **Abandoned Engineering** Exploring a once lavish palace in Iraq and a former sports stadium in Georgia, USA.
10.20 **Celebrity Mastermind** Neil Pearson, Adam Buxton, Nelufar Hedayat and Chris Johnson take part in the famous quiz. **11.00** John Humphrys welcomes Sid Sloane, Ken Bruce, Paul Young and Holly Walsh.
11.40 **Gardeners' World** As 6.00pm.
1.00 AM **Pointless** Double bill.
3.00 **Abandoned Engineering**
3.45 **Celebrity Mastermind**
4.50 **to 6.00** AM **Abandoned Engineering**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
8.00 **Beasts of the Big Blue**
11.00 **Age of the Big Cats**
2.00 PM **Survival of the Beast**
3.00 **The Invisible River: Under Water Between the Black Forest and the Vosges**
4.00 **Micro Monsters with David Attenborough** Four editions.
6.00 **After the Wildfires**
7.00 **Africa's Wild Roommates: How Animals Share Bed and Board** How weaver birds, aardvarks and termites share homes with other creatures.
8.00 **Africa's Hunters**
9.00 **Battle of the Alphas** A leopard seal's stealth attack. **9.30** A look at the human-scale speech systems of orcas.
10.00 **Africa's Claws and Jaws**
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **NEW SERIES Bugs That Ruled the World** A global investigation into insect declines.
3.00 **Macaque Island**
5.00 **to 6.00** AM **Ireland's Wild Islands with Eoin Warner**

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Vietnam**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Queens** An orca family's success relies on the experience of their 60-year-old matriarch.
8.00 **Secrets of the Zoo** Keepers try to find out why a Muntjac deer is suffering from seizures. **9.00** Two Asian small clawed otters show off their x-ray training skills, and a bonobo recovering from a stroke gives the vet team a scare on the way to an annual exam.
10.00 **Wild Tasmania** Exploring the home of the Tasmanian Devil.
11.00 **Snakes in the City** Simon and Siouxsie search the city for an elusive snake.
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo: Tampa Wild Sides**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Betrayed** Double bill.
10.00 **Married to Evil**
11.00 **Love the Way You Lie**
12.00 NOON **Who the (Bleep) Did I Marry?** Four editions.
2.00 PM **Devil in Suburbia**
4.00 **Crimes Gone Viral** Four editions of the series, including at: **5.30** A man confronts two men burglarising his home.
6.00 **American Monster** The murder of Toni Henthorn. **7.00** Investigating the crimes of Cynthia Phillips.
8.00 **People Magazine Investigates** The mysterious disappearance of a five-year-old girl.
9.00 **Evil Lives Here** When a man tries to get out of a relationship, his partner destroys everything he loves.
10.00 **Faking It: Tears of a Crime** The case of John Sharpe.
11.00 **Body Cam** Documentary.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Caught in the Net**
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Combat Machines**
10.00 **Combat Trains**
11.00 **Hell on Earth: WWII**
1.00 PM **Battle 360**
3.00 **WWII's Most Daring Raids**
5.00 **Ghost Ships**
6.00 **Secret Wars Uncovered**
7.00 **Shipwrecks: When History Resurfaces** Kevin Sempé dives in search of wrecks harking back to the Roman Empire's greatness.
8.00 **Strangest Things** The shattered skull of a 19th-century American railway worker.
9.00 **Deep Water Salvage** A crew join treasure seeker Phil Risko to retrieve valuable 80-year-old hardwood logs from the bottom of the sea.
10.00 **U-Boat Wargamers** Efforts to defeat Admiral Karl Dönitz and his Wolf Pack fleets of U-boats.
11.05 **Britain in Colour**
12.05 AM **Ancient Aliens**
3.00 **Royal Autopsy**
4.00 **Ross Kemp: Mafia and Britain**
5.00 **to 6.00** AM **Strangest Things**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** A look at the mysterious 'ninth' planet reported to exist on the very edge of the Solar System. **7.00** Exploring the most violent and dangerous places in the universe, including exploding stars and nebula shockwaves. **8.00** The mysteries surrounding the formation of supermassive black holes.
9.00 **Planes That Changed the World** The SR-71 Blackbird, a plane capable of reaching an altitude of 80,000ft and speeds of more than Mach 3.
10.00 **Concorde: The Final Flight** The story of the supersonic plane's last flight from New York to London in October 2003.
11.00 **Concorde: The Comeback**
12.00 M'T **Storm Chasers**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **World's Greatest Motorcycle Rides**
5.00 PM **Kindig Customs** Triple bill of editions, including at: **7.00** A 1932 Roadster is shipped to the shop for a refit.
8.00 **HMS Ark Royal** The aircraft carrier takes part in a large-scale military exercise. **9.00** The ship is welcomed back into Portsmouth.
10.00 **Mega Shippers** The daily lives of cargo ship workers.
11.00 **Motor Pickers** A search for the perfect family hatchback. **11.30** A client has a monthly budget of £260 to spend on a small SUV. **12.00** M'T A woman seeks a spacious hatchback. **12.30** AM A client wants a saloon car with plenty of power.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.25 AM **Old Guy** (2024, 15) ★★★
9.05 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
11.10 **PREMIERE The Luckiest...**
12.50 PM **Venom: The Last Dance**
2.45 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.30 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
6.15 **PREMIERE The Luckiest Man in America** Fact-based drama. (2024, 12, 90min) ★★★★ *See review, page 23.*

6.15 The Luckiest Man in...

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eydelshteyn and Yura Borisov. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Front Room** Horror thriller. (2024, 15, 94min)
2.05 **A Different Man** Thriller. (2024, 15, 112min) ★★★★
4.05 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
5.40 **to 7.25** AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)

Sky Cinema Hits

303 303 403 503 517

6.50 AM **The Godfather** Gangster epic. (1971, 15) ★★★★★
9.45 **The Godfather Part II** Gangster epic sequel. (1974, 18, 200min) ★★★★★
1.05 PM **The Godfather Part III** Gangster epic sequel. (1990, 15, 162min) ★★★★
4.00 **Raiders of the Lost Ark** Adventure. (1981, PG) ★★★★★
6.00 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

4.00 Raiders of the Lost Ark

8.00 Indiana Jones and the Last Crusade Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. With Denholm Elliott. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Indiana Jones and the Kingdom of the Crystal Skull Steven Spielberg's adventure with Harrison Ford, Cate Blanchett and Shia LaBeouf. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Interstellar** Sci-fi drama with Matthew McConaughey. (2014, 12, 166min) ★★★★
3.05 **Videodrome** Surreal sci-fi thriller starring James Woods. (1982, 18, 88min) ★★★★
4.35 **to 6.15** AM **Look Who's Talking** Comedy with Kirstie Alley. (1989, 12, 96min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Cries and Whispers** (1972)
7.45 **Scent of a Woman** As 8.00pm.
10.35 **The Sugarland Express** Comedy drama. (1974, PG, 110min) ★★★
12.40 PM **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
2.25 **8 Mile** Drama starring Eminem. (2002, 15, 112min) ★★★
4.25 **Charlie Wilson's War** Political comedy starring Tom Hanks. (2007, 15, 97min) ★★★★

6.15 **The Great Escaper** Drama with Michael Caine. A war veteran sneaks out of his care home to attend a D-Day commemoration. (2023, 12, 96min) ★★★★
8.00 **Scent of a Woman** Drama with Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★
10.40 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
12.50 AM **Cries and Whispers** Swedish drama. Subtitled. (1972, 18, 106min) ★★★★★

2.30 **The Integrity of Joseph Chambers** Drama with Clayne Crawford and Jordana Brewster. (2022, 15, 96min) ★★★
4.10 **The Cinema List: Black British Actors**
4.40 **to 6.35** AM **No Escape** Action thriller. (2014, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **The Collector** As 2.05am.
9.05 **The Purge: Anarchy** Horror sequel. (2014, 15, 102min) ★★★
11.00 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
1.55 PM **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
3.55 **The Exorcist: Believer** Horror sequel starring Leslie Odom Jr. (2023, 15, 111 min) ★★★

5.55 **Back to the Future Part III** Time-travel comedy adventure sequel starring Michael J Fox. (1990, PG, 112min) ★★★★
8.00 **Passengers** Sci-fi drama starring Jennifer Lawrence and Chris Pratt. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
10.05 **Repo Men** Sci-fi action thriller starring Jude Law and Forest Whitaker. (2009, 18, 111 min) ★

12.15 AM **The Watched** Horror with Dakota Fanning and Olwen Fouere. (2024, 15, 102min) ★★★
2.05 **The Collector** Thriller starring Terence Stamp and Samantha Eggar. (1965, 15, 119min) ★★★
4.15 **to 6.05** AM **Night Swim** Horror. (2024, 15, 98min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

7.20 AM **The Lord of the Rings: The Return of the King** Epic fantasy. (2003, 12) ★★★★★
10.40 **Barbie** As shown at 6.30pm.
12.40 PM **How to Train Your Dragon** Animation. (2010, PG) ★★★★
2.20 **Soaring to Life: The Making of How to Train Your Dragon**
2.50 **Shrek** (2001, U) ★★★★★
4.30 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
6.30 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★

11.25 Shazam!

8.30 **Soaring to Life: The Making of How to Train Your Dragon** The creation of the fantasy remake.
9.00 **Ready Player One** Steven Spielberg's fantasy adventure starring Tye Sheridan and Olivia Cooke. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. With Simon Pegg and Mark Rylance. (2018, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Shazam!** Comedy adventure starring Zachary Levi. (2019, 12, 132min) ★★★★
1.40 AM **The Portable Door** Fantasy starring Sam Neill. (2023, PG, 130min) ★★★
3.45 **Extinct** Animated adventure. (2021, U, 84min) ★★★
5.10 **Soaring to Life: The Making of How to Train Your Dragon**
5.40 **to 7.30** AM **The Wizard of Oz** Classic musical fantasy. (1939, U, 98min) ★★★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **Young Guns II: Blaze of Glory** As shown at 12.10am.
8.05 **Once Upon a Time in China and America** As 3.50am.
9.55 **The Bricklayer** (2023, 15) ★★
11.50 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
1.40 PM **Twister** (1996, PG) ★★★
3.40 **Bad Boys: Ride or Die** Action adventure sequel. (2024, 15, 115min) ★★★
5.40 **American Sniper** Biopic. (2014, 15, 127min) ★★★★

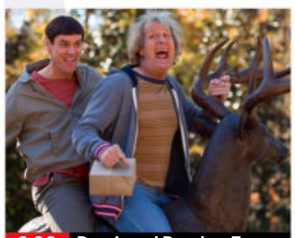
10.10 Baby Driver

8.00 **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. With Paola Nunez and Vanessa Hudgens. (2020, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.10 **Baby Driver** Thriller starring Ansel Elgort. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
2.10 **Yes, Madam!** Action comedy. (1985, 18, 93min) ★★★
3.50 **Once Upon a Time in China and America** Adventure. (1997, 15, 102min) ★★★
5.40 **to 7.35** AM **Project A** Thriller. (1985, 12, 72min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
8.40 **Girls Trip** (2017, 15) ★★
10.50 **Mean Girls** As 5.00am.
12.50 PM **Strays** Canine comedy. (2023, 15, 93min) ★★★★
2.30 **The Naked Gun 2½: The Smell of Fear** Spoof sequel. (1991, 15, 81min) ★★★
4.05 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
6.00 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★



6.00 Dumb and Dumber To

8.00 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to the community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.50 **The Naked Gun 33⅓: The Final Insult** Spoof sequel with Leslie Nielsen. Lt Frank Drebin tries to foil a terrorist attack on the Oscars ceremony. (1994, 12, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **The Pink Panther** Comedy. (1963, PG, 113min) ★★★★★
1.25 AM **Relax, I'm from the Future** Comedy starring Rhys Darby. (2023, 15, 94min) ★★★
3.00 **Revenge of the Pink Panther** Comedy sequel. (1978, PG, 98min) ★★★
4.40 **The Cinema List: Pride**
5.00 **to 7.05** AM **Mean Girls** Musical. (2023, 12, 112min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **We Own the Night** (2007)
8.05 **Unhinged** Action thriller. (2020, 15, 90min) ★★★
9.40 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
11.25 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
2.00 PM **Greedy People** (2024)
4.00 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
6.05 **Hanna** Action thriller starring Saoirse Ronan and Eric Bana. (2011, 12, 106min) ★★★★

8.00 Angels and Demons

8.00 **Angels & Demons** Mystery thriller starring Tom Hanks and Ewan McGregor. Professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. With Armin Mueller-Stahl. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.25 **Greedy People** Crime comedy starring Himesh Patel and Joseph Gordon-Levitt. A murder and the discovery of a million dollars turns an island town community upside down. (2024, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **We Own the Night** Crime drama. (2007, 15, 117min) ★★★
2.30 **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
4.30 **to 6.20** AM **The Lesson** Thriller. (2023, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG) ★★★
12.45 PM **The Mouse That Roared** Comedy. (1959, U) ★★★★
2.25 **Robin and Marian** Drama. (1976, PG, 106min) ★★★★★
4.35 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
6.50 **Flight of the Phoenix** Action adventure. (2004, 12) ★★★

9.00 The Last Stand

Flight of the Phoenix (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **The Last Stand** Action thriller starring Arnold Schwarzenegger. An Arizona sheriff and his deputies try to stop a Mexican drug kingpin escaping over the border. With Forest Whitaker and Johnny Knoxville. (2012, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **In Bruges** Dark comedy thriller starring Colin Farrell and Brendan Gleeson. A pair of Irish hitmen lie low in the medieval Belgian city of Bruges after a bungled job. (2007, 18, 107min) ★★★★
1.20 **to 3.35** AM **Overlord** Action thriller starring Jovan Adepo and Wyatt Russell. (2018, 18, 110min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.45 AM **Superman Returns** (2006)
9.20 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
11.25 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
1.35 PM **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
4.00 **Kick-Ass 2** Action thriller sequel. (2013, 15, 99min) ★★★
5.50 **Blue Beetle** Fantasy adventure. (2023, 12, 127min) ★★★★

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. With James Marsden. (2006, 12, 154min) ★★★
10.35 **Venom: The Last Dance** Fantasy adventure starring Tom Hardy and Chiwetel Ejiofor. (2024, 15, 110min) ★★★

12.35 AM **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
2.50 **Madame Web** Adventure. (2024, 12, 116min) ★★★
5.00 **to 6.20** AM **Batman Unlimited: Mechs vs Mutants** Animation. (2016, PG, 72min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★
9.20 **It Came from Outer Space**
10.45 **The Lawnmower Man** (1992)
1.10 PM **Johnny Mnemonic** (1995)
2.50 **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★
6.10 **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves. (1995, 15, 98min) ★★

8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★
10.00 **The Exorcist** Occult horror chiller starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121min) ★★★★★
12.05 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★

1.35 **It Came from Outer Space** Sci-fi thriller starring Richard Carlson and Barbara Rush. (1953, b/w, PG, 81min) ★★★
3.05 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
5.35 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Fox and Hare Save the...**
7.20 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
9.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
11.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
12.35 PM **The Angry Birds Movie** Animated family comedy. (2016, U, 97min) ★★★

2.20 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
4.00 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
5.40 **Sing** Animation. (2016, U) ★★★
7.30 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★
9.15 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
10.50 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** Animated adventure. (2022, PG, 79min) ★★★

12.15 AM **Lego DC Comics Super Heroes: The Flash** (2018) ★★★
1.40 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
3.00 **Mavka: The Forest Song** Animation. (2023, PG) ★★
4.45 **to 6.15** AM **Under the Boardwalk** (2023, PG) ★★★

Movies 24

312 313 419

7.00 AM **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
9.00 **Just in Time** Drama with Laura Osnes. (2024, PG, 90min) ★★
11.00 **Romantic Rewrite** Romantic comedy. (2022, PG, 82min) ★★
1.00 PM **Mystery Island: Winner Takes All** Crime drama. (2025, PG, 90min) ★★
3.00 **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★

5.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
7.00 **My Dreams of You** Romantic drama starring Cecilia Lee. (2024, PG, 90min) ★★
9.00 **An Easter Bloom** Drama with Aimee Teegarden and Benjamin Hollingsworth. A woman suffering a crisis of faith enters a flower arranging contest in the hope of saving her late father's farm. (2024, PG, 84min) ★★
11.00 **A Nashville Legacy** Romantic comedy. (2023, PG, 85min) ★★

1.00 AM **The Best Version of Love** Romantic comedy with Natasha Wilson. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **An Unexpected Valentine** Romantic comedy. (2025, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Second Woman** Thriller. (1951, b/w, PG, 91min) ★★
7.50 **A Lifetime Ago with the Baim Collection**
8.25 **Space Patrol** 10/39. (S1)
9.00 **Batman** 21/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 8/26. (S1)
10.30 **Mystery on Bird Island** Adventure. (1954, b/w, U) ★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **Teenage Zombies** Horror. (1959, b/w, PG, 73min) ★★
1.30 PM **Cinebox Memories**
1.35 **One Step Beyond** 16/22. (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Captain Scarlet and the Mysterons** 23/32. (S1)
3.00 **King Rat** (1965, PG) ★★★★
5.40 **The Silent Invasion** War drama. (1962, b/w, PG, 70min) ★★
7.00 **Z Cars** 13/13. (S13)
8.10 **A Family at War** 4/19. (S2)
9.15 **California Suite** Comedy. (1978, 12, 103min) ★★★

11.20 **Confessions from a Holiday Camp** Comedy. (1977, 18) ★
1.05 AM **The Falcon and the Snowman** (1984, 15) ★★★
3.45 **Avalanche** Family adventure. (1969, PG, 98min) ★★
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE Test Cricket Australia v South Africa.** The fourth day of the ICC World Test Championship final at Lord's, London. Australia won the previous final in June 2023, beating India by 209 runs.
12.00 NOON **LIVE World Cup of Darts** Coverage of the afternoon session on day three staged at Eissporthalle, Frankfurt, as the second round gets under way. The knockout phase sees the top four seeded teams of England, Wales, Scotland, and Northern Ireland enter the fray, as a total of 16 pairings compete in a series of best-of-15-leg matches over the course of two sessions.
4.00 PM **LIVE US Open Golf** Coverage of day three of the Major at Oakmont Country Club in Oakmont and Plum, Pennsylvania. Bryson DeChambeau held a three stroke lead over Patrick Cantlay, Rory McIlroy and Matthieu Pavon at the end of round three last year to lead after 54 holes in a Major for the first time in his career.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Leicester City v West Ham United from 2016.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
4.00 PM **Premier League Highlights** Newcastle United v Southampton.
4.30 Nottingham Forest v Bournemouth at the City Ground.
5.00 Nottingham Forest v Everton from the City Ground.
5.30 Highlights from Nottingham Forest v Fulham.
6.00 Nottingham Forest v Ipswich Town at the City Ground.
6.30 Action from Nottingham Forest v West Ham United.
7.00 **Paul McGrath: PFA Winner**
7.15 **Les Ferdinand: PFA Winner**
7.30 **My Origin Story** Matthijs De Ligt.
7.45 **My Origin Story** Unai Emery.
8.00 **Sticker Book** Players' memories.
8.30 **Transfer 360**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Cup Highlights**
8.30 **EFL Best Championship Goals 2017/18** Archive highlights.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Chelsea v Manchester City in the 2019 final.
11.00 **EFL** Reading v Swansea City in the 2010/11 Championship play-offs.
12.00 NOON **EFL** Play-offs.
2.00 PM **EFL Rivalries** A look at the heated rivalry between Norwich City and Ipswich Town.
2.30 **EFL Greatest Games**
4.00 **Championship Retro** West Ham United v Blackpool from 2011/12.
6.00 **Bundesliga Specials**
7.00 **WSL: End of Season Special**
7.30 **Best Moments from the League 1 & 2 Play-Off Final**
8.00 **Best Goals: EFL Cup 2022/23**
8.30 **EFL Trophy** Action from Bolton Wanderers v Plymouth Argyle.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **EFL Rivalries** Archive action.
12.00 M'T **EFL Highlights**
1.00 AM **EFL** Sunderland v Wycombe.
2.00 **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
6.30 **Talking Cricket** Windrush.
7.00 **Test Cricket** Australia v S Africa.
8.00 **Best of ICC WT20**
9.00 **Test Cricket** Australia v S Africa.
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the fourth day of the ICC World Test Championship final at Lord's in London. These two sides finished the latest cycle of the competition in the top two places to set up this meeting. Australia won the previous final in 2023, beating India by 209 runs at The Oval.
6.15 PM **LIVE Vitality T20 Blast Cricket Glamorgan v Sussex Sharks.** Coverage of the South Group match at Sophia Gardens in Cardiff. Glamorgan won by 25 runs with the help of an innings of 63 by Sam Northeast when the teams met here last year.
9.45 **Best of ICC WT20**
10.00 **Ashes Greats** Player profiles.
10.30 **Test Cricket** Australia v S Africa.
11.30 **One-Day International Cricket**
12.30 AM **The Boy from Baracara**
1.00 **Test Cricket** Australia v S Africa.
2.00 **Vitality T20 Blast Cricket**
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour Golf**
7.00 **US Open** The second day.
8.00 **LIVE Golf** Quarter-finals of the Women's Amateur Championship.
1.00 PM **PGA Tour Champions**
1.30 **LIVE Golf** The semi-finals of the Women's Amateur Championship.
4.00 **LIVE US Open** Coverage of the third day of the Major.
1.00 AM **HotelPlanner Tour Golf**
1.30 **PGA Tour Champions**
2.00 **Golf Academy** Expert tips.
3.00 **US Open** The third day.
4.00 **US Open Official Films**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Featuring the ATP Stuttgart Open.
3.00 PM **LIVE WTA Tennis** The semi-finals of the S-Hertogenbosch Open from Autotron Rosmalen.
6.00 **WTA All Access**
6.30 **WTA Tennis** Berlin Ladies Open.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis**
2.00 AM **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **WTA All Access**
4.30 **WTA Tennis** Berlin Ladies Open.
5.30 **to 6.00** AM **ATP Tour This Week**

TNT Sports 1

410 413 521 408 430

7.00 AM **LIVE AFL Essendon Bombers v Geelong Cats.** Coverage from Melbourne Cricket Ground. Bounce-up 7.15am.
10.00 **Premier League Stories**
10.30 **MLB: Off the Bat**
11.00 **T20 Cricket Highlights**
12.00 NOON **Tom Daley: 1.6 Seconds**
1.30 PM **LIVE Gallagher Premiership Rugby Union** The final from Allianz Stadium Twickenham. Kick-off 3.00pm.
6.00 **Reframe the Game**
6.15 **Kenny Allstar's Number 1's**
6.30 **LIVE FIM Speedway Grand Prix** Coverage of the fifth round of the season in Manchester.
10.00 **LIVE NWSL Chicago Red Stars v Seattle Reign.** Coverage of the match from SeatGeek Stadium. Kick-off 10.00pm.
12.15 AM **Superbike World Championship** From Italy.
12.45 **Kenny Allstar's Number 1's**
1.00 **LIVE UFC** Coverage of the preliminary bouts ahead of UFC Fight Night at State Farm Arena.
3.00 **to 6.30** AM **LIVE UFC Kamaru Usman v Joaquin Buckley.** Coverage of the welterweight bout from State Farm Arena in Atlanta.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
7.00 **Superbike World Championship**
8.00 **LIVE Superbike World Championship** Round six from Emilia-Romagna, Italy.
8.30 **FIM Speedway Grand Prix**
9.30 **LIVE Superbike World Championship** Further coverage from Emilia-Romagna.
10.30 **Superbike Rewind**
11.15 **LIVE Superbike World Championship** Continued coverage from Emilia-Romagna.
3.15 **LIVE T20 Cricket Ireland v West Indies.** The second T20.
6.45 **LIVE WNBA Minnesota Lynx v Los Angeles Sparks.** From Target Center. Tip-off 6.00pm.
8.00 **MLB Highlights**
9.00 **LIVE MLB Milwaukee Brewers v St Louis Cardinals.** Coverage from American Family Field. Start-time 9.10pm.
12.00 M'T **LIVE MLB Boston Red Sox v New York Yankees.** From Fenway Park. Start-time 12.15am.
3.15 AM **Men's Cycling**
4.15 **T20 Cricket Highlights**
5.15 **Superbike World Championship**
5.45 **to 6.00** AM **MotoGP Rewind**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **LIVE Super Rugby** Coverage of a semi-final, as the teams contest a place in the final.
8.00 **Fight Night** Three bout replays.
11.00 **Darts Gold** Archive action.
12.00 NOON **LIVE World Cup of Darts** Coverage of the afternoon session on day three staged at Eissporthalle, Frankfurt, as the second round gets under way.
4.00 PM **PDC Classics** Highlights.
5.00 **Darts Gold** Archive action.
6.00 **LIVE World Cup of Darts** Coverage of the evening session on day three at Eissporthalle, Frankfurt, as the second round comes to a conclusion. There were a number of upsets in the corresponding stage last year, with Croatia beating Wales despite recording a lower three-dart average, Italy defeating Australia in an 8-7 thriller, and Belgium recording a comfortable 8-2 victory over Netherlands.
10.00 **Darts Gold** Archive action.
11.00 **Super League** A replay of Leeds Rhinos v Warrington Wolves.
1.30 AM **Darts Gold** Archive action.
2.30 **Fight Night** A bout from 2022.
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
8.30 **LIVE NRL Newcastle Knights v Sydney Roosters.** Coverage of the match at McDonald Jones Stadium. Kick-off 8.30am.
10.30 **LIVE NRL North Queensland Cowboys v Dolphins.** Coverage from Queensland Country Bank Stadium. Kick-off 10.35am.
12.30 PM **LIVE WTA & ATP Tennis** Featuring the ATP Stuttgart Open.
3.00 **Sports Saturday**
3.55 **LIVE Netball Super League London Mavericks v Manchester Thunder.** Coverage of the match from OVO Arena Wembley. Centre-pass 4.00pm.
5.00 **LIVE Super League Leeds Rhinos v Warrington Wolves.** The match from the 14th round of fixtures at AMT Headingley Stadium. Kick-off 5.30pm.
7.45 **Sky Sports News**
8.00 **LIVE LPGA Tour Golf** Day three of the Meijer LPGA Classic from Blythefield Country Club.
11.00 **Sky Sports News**
12.00 M'T **EFL Cup Highlights**
3.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **US Open Golf**
8.00 **LIVE Golf** The quarter-finals of the R&A Women's Amateur Championship at Nairn Golf Club.
1.00 PM **PGA Tour Champions**
1.30 **LIVE Golf** The semi-finals of the R&A Women's Amateur Championship at Nairn Golf Club.
5.00 **LIVE Netball Super League London Mavericks v Manchester Thunder.** Coverage from OVO Arena Wembley.
5.45 **My Icon** Sporting influences.
6.30 **WTA All Access**
7.00 **Indycar** Recent highlights.
8.00 **LIVE Indycar** The Bommarito Automotive Group 500 qualifying.
9.00 **Fight Night** Simpson v Zucco.
10.00 **HotelPlanner Tour Golf**
10.30 **LIVE Indycar** The Bommarito Automotive Group 500 second practice session in Madison.
11.30 **PL Greatest Games**
1.00 AM **Fight Night** Jonas v Mayer.
2.00 **Test Cricket** Australia v S Africa.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **The Ultimate Cycling Show**
7.00 **Cycling** Criterium du Dauphine.
8.00 **SailGP Highlights**
9.00 **T20 Cricket Highlights**
10.00 **TNT Sports Cricket Reload**
10.30 **The Ultimate Cycling Show**
11.30 **Women's Cycling**
12.30 PM **Cycling** Recent action.
1.25 **LIVE Cycling: Criterium du Dauphine** Coverage from the seventh stage of the men's race, a 131.6km route from Grand-Aigueblanche to Valmeinier 1800.
3.30 **LIVE Cycling: Across the Hageland** Coverage from the one-day race in Belgium.
5.15 **LIVE T100 Triathlon World Tour** The first day of the fourth round of the season in Vancouver.
12.45 AM **NBA** Game four of the finals.
2.15 **Gallagher Premiership Rugby Union** Action from the final.
3.45 **TNT Sports Reload**
4.00 **Women's Cycling**
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **NBA Action** Highlights.
6.30 **French Open Tennis**
8.30 **Michelin Le Mans Cup**
9.00 **LIVE Michelin Le Mans Cup** Coverage of the fourth round of the season at Circuit de la Sarthe.
10.30 **Endurance Uncovered: Racing for Excellence**
10.45 **LIVE FIA World Endurance Championship** The 24 Hours of Le Mans warm-up session.
11.30 **V8 Supercars Highlights**
1.30 PM **Reframe the Game**
1.45 **Endurance Uncovered: Racing for Excellence**
2.00 **LIVE FIA World Endurance Championship** Coverage of the 24 Hours of Le Mans, the fourth round of the season.
10.00 PM **to 6.00** AM **LIVE FIA World Endurance Championship** Further coverage of the 24 Hours of Le Mans, the fourth round of the season in Le Mans, France.

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **DTM Highlights** In Zandvoort.
8.00 **Transworld Sport** Magazine.
9.00 **World Surf League**
10.00 **Africa Eco Race**
11.00 **LaLiga Specials**
12.00 NOON **NHL Tonight**
1.00 PM **URC in 60** The semi-finals.
2.00 **LIVE United Rugby Championship** The Grand Final.
5.00 **Top 14 Rugby Union Highlights**
5.30 **MotorSport** Le Tour Auto.
6.00 **United Rugby Championship**
8.00 **LIVE Top 14 Rugby Union** Coverage of a play-off match.
10.00 **Sporting Greats**
10.30 **Sporting Countdowns**
11.00 **Top 14 Rugby Union**
1.00 AM **Sporting Greats**
2.00 **Transworld Sport** Magazine.
3.00 **LaLiga Match Highlights**
3.10 **LIVE CONCACAF Gold Cup Mexico v Dominican Republic.**
5.15 **LaLiga Specials**
5.30 **to 6.00** AM **Africa Eco Race**

Premier Sports 2

420 552

6.00 AM **CONMEBOL World Cup Qualifiers** Ecuador v Brazil.
8.00 **NHL Ice Hockey** Stanley Cup.
10.00 **Top 14 Rugby Union**
12.00 NOON **FastZone** Highlights.
12.30 PM **Temples of Sport**
1.00 **CONMEBOL World Cup Qualifiers** Argentina v Colombia.
3.00 **Football's Greatest**
4.00 **CONMEBOL World Cup Qualifiers** Brazil v Paraguay.
6.00 **Coppa Italia** Bologna v AC Milan.
8.00 **LaLiga Specials**
8.30 **Champions Cup** The final.
10.50 **LaLiga Match Highlights**
11.00 **NHL Ice Hockey** Florida Panthers v Edmonton Oilers.
1.00 AM **LIVE NHL Ice Hockey Edmonton Oilers v Florida Panthers.** Coverage of game five of the Stanley Cup Finals at Rogers Place. Face-off 1.00am.
4.00 **NHL: This is Hockey**
4.30 **Bike World** Magazine.
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
8.00 **Ferrari Challenge Europe**
9.00 **F1 Academy** Race review.
9.30 **Formula 1** Canadian Grand Prix.
1.00 PM **Ferrari Challenge Europe**
2.00 **Alex Albon: Lie Detector**
2.10 **LIVE F1 Academy** The Canadian Grand Prix race one.
3.00 **F1 Features**
3.45 **Formula 1** Canadian Grand Prix.
5.00 **Ted Drives: F1 Car**
5.15 **LIVE Formula 1** The Canadian Grand Prix third practice session.
7.00 **Formula 1** Build-up.
7.30 **LIVE F1 Academy** The Canadian Grand Prix race two.
8.30 **LIVE Formula 1** The Canadian Grand Prix qualifying session.
11.00 **Ted's Notebook**
11.30 **LIVE Indycar** The Bommarito Automotive Group 500 final practice session in Madison.
12.30 AM **Formula 1** Canadian GP.
2.30 **F1 Features**
3.30 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

15 June

Evening Planner

Football

Soccer Aid for UNICEF

ITV1, 6pm (k-o 7.30pm)

World champion boxer Tyson Fury co-manages England with Wayne Rooney against a Rest of the World XI.

Documentary

Pile Up: World's Biggest Crash Test

C4, 9pm

A daring experiment to look into driver reactions in a high-speed road accident.

Documentary

Stanford Prison Experiment: Unlocking the Truth

National Geographic, 9pm

Participants of the infamous psychology experiment talk about their experiences.

Horror

28 Days Later

BBC1, 10.30pm

Cillian Murphy and Naomie Harris star in the 2002 post-apocalyptic horror, ahead of Friday's release of *28 Years Later.*

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Death Valley	9.00 The Gold		10.00 News	10.30 Film: 28 Days...
	102 BBC2	7.00 Race Across the World		8.00 Top Gear USA Special		9.00 Greece with Simeon Reeve		10.00 Later... with Jools Holland	
	103 ITV1	‹ 6.00 Soccer Aid for UNICEF						10.00 News	10.20 America's Veterans...
	104 CHANNEL 4		7.15 Grand Designs	8.00 Our Yorkshire Shop: A Victorian...		9.00 Pile Up: World's Biggest Crash Test			
	105 5	‹ 4.00 Football...	7.30 Motorway Cops: Catching Britain's Speeders			9.00 Fare Dodgers: At War with the Law		10.00 Police: Hour of Duty	
	106 SKY SHOWCASE	‹ 6.10 Film: Apollo 11		8.00 David Attenborough's Conquest of the...		9.00 Polk: The Trial of Philip Polkinghorne			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Dubai Hustle		9.00 I Kissed a Boy: The Reunion	9.45 Smoggie Queens		
	116 BBC4	7.00 Organ Stops: Saving the King of...		8.00 This is Your...	8.30 The Charlie...	9.00 Arena: Charlie Drake – Drake's Progress		10.15 The Lost Language of Cranes	
	118 ITV2	‹ 6.25 Film: Jurassic World				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Rick and Morty		10.00 Film: The Inbetweeners Movie	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.45 Game of Thrones				9.00 True Detective		10.05 The Wire	
	110 U&GOLD	‹ 6.40 Gavin & Stacey					9.10 Billy Connolly Does...	10.10 Dad's Army	
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Have I Got a Bit More News for You				10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné Highlights		8.05 Film: Tomorrow Never Dies					10.25 Film: The Blues...
	112 COMEDY CENTRAL	‹ 6.55 Film: Brewster's Millions				9.00 Film: Just Go With It			
	139 SKY SCI-FI	7.00 Stargate Atlantis							
	113 SKY MAX	7.00 Agatha Raisin				9.00 Film: Law Abiding Citizen			
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS		7.10 The Phantom of the Opera at the Royal Albert Hall					10.00 The Agatha Christie Hour	
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Alaska: Homestead Rescue				10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Do Animals Do That?		9.00 Crikey! It's the Irwins		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Pirates: Behind the Legends		8.00 Lost Treasures of Egypt: Life Unearthed		9.00 Stanford Prison Experiment: Unlocking the Truth			
	123 SKY HISTORY	‹ 6.25 The Lost...	7.30 Ivan the Terrible			8.45 Indistinguishable from Magic			10.30 Secrets...
	155 U&YESTERDAY	7.00 'Allo 'Allo!		8.05 Burma with Simon Reeve		9.05 Bangers & Cash			
	121 SKY DOCS	‹ 6.00 Film: Apollo 11		8.00 Flight 149: Hostage of War				9.50 Pantani: The Accidental Death of a Cyclist	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Home Delivery		8.00 Exhibiting Forgiveness				10.05 Anora	
	302 SUPERHEROES	‹ 5.50 Aquaman and the Lost Kingdom		8.00 Man of Steel					10.25 Wonder Woman
	303 HITS	‹ 5.55 Indiana Jones and the Kingdom of...		8.00 Interstellar					
	304 GREATS	‹ 5.55 Parenthood		8.00 Twins				9.50 HouseSitter	
	305 ANIMATION		7.05 Penguins of Madagascar			8.45 The Garfield Movie			10.35 Mavka...
	306 FANTASY	‹ 6.20 Ready Player One				8.45 The Wizard of Oz			
	307 ACTION	‹ 5.40 Fast & Furious 5		8.00 Twisters					10.10 Godzilla x Kong: The New...
	308 COMEDY	‹ 6.05 National Lampoon's Animal House		8.00 Singin' in the Rain				9.50 Relax, I'm from the Future	
	309 THRILLER	‹ 5.45 The Sum of All Fears		8.00 Inferno					10.10 Snatch
	310 DRAMA	‹ 6.30 Sundown		8.00 One Life				10.00 The Integrity of Joseph Chambers	
	311 SCI-FI	‹ 6.20 Ouija		8.00 Ready Player One					10.30 Night Swim
	313 FILM4	‹ 6.35 Bumblebee				9.00 Venom: Let There Be Carnage			
SPORT	401 MAIN EVENT	‹ 6.55 F1: Canadian Grand Prix – Live: Coverage from Montreal (Start-time 7.00)				9.00 US Open Golf – Live: The fourth and final day of the Major			
	402 PREMIER LEAGUE		7.15 Sticker Book	8.00 Gary Neville's Soccerbox				10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 There's Only...	7.30 SPFL Greatest Games				9.30 SPFL Highlights	10.00 SPFL Greatest Games	
	404 CRICKET	7.00 Ashes Greats	7.30 Best of...	8.00 One-Day International Cricket		9.00 The Boy From...	9.30 Test Cricket		10.30 Best of...
	410 TNT SPORTS 1	7.00 FIM Speedway Grand Prix		8.00 Superbike World Championship		9.00 NWSL – Live: Portland Thorns v Washington Spirit (Kick-off 9.00)			
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Boston Red Sox v New York Yankees (Start-time 6.35)						9.45 Gallagher Premiership Rugby Union	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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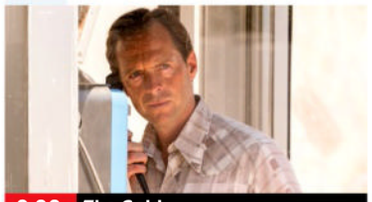
BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Homes Under the Hammer** (S)(R)
11.30 **Bargain Hunt** (S)(R)(AD)
12.10 PM **Songs of Praise** New edition
12.45 **Points of View** New edition (S)
1.00 **BBC News** (S)
1.15 **LIVE Tennis: Queen's** The HSBC Championships: Isa Guha presents coverage of the singles final on day seven of the women's grass-court tournament at Queen's Club. (S)
3.40 **Garden Rescue** (S)(R)
4.10 **Walking with Dinosaurs** (S)(R)(AD)
5.00 **BBC News** (S)
5.15 **Local News** (S)
5.25 **Countryfile** New edition Hamza Yassin goes in search of orcas along the Caithness Coast near John O'Groats. (S)


9.00 The Gold

6 PM

6.25 **Walking with Dinosaurs** New edition 4/6. As palaeontologists in western Canada unearth the remains of a young albertosaurus, CGI recreations reveal how she had to find her place within a pack or risk starvation. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 **Antiques Roadshow** Fiona Bruce hosts from Wollaton Hall in Nottingham, where items brought in include a portrait of a forgotten Romantic poet and some rare Elizabethan clothing. (S)(R)

8 PM

8.15 **Death Valley** New episode 4/6. John goes undercover in an am-dram group to investigate the murder of the theatre director. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **The Gold** New episode 3/6. The police carry out surveillance on their targets and pursue suspects around the world. (S2) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **FILM 28 Days Later...** Director Danny Boyle's horror thriller starring Cillian Murphy, Naomie Harris, Megan Burns, Brendan Gleeson and Christopher Eccleston. A small group of people struggle to survive when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. With Noah Huntley and Luke Mably. (S)(AD) (2002, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.25 AM **A to Z of TV Gardening** (S)(R)
7.10 **Life in a Cottage Garden with Carol Klein** (S)(R)(AD)
7.40 **Countryfile** (S)(R)
8.35 **Weatherman Walking: The Welsh Coast** (S)(R)
9.05 **Landward** New edition (S)
9.35 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.05 **Mary Berry: Cook & Share** (S)(R)
11.35 **This Farming Life** (S)(R)
12.35 PM **FILM Funny Face** Musical. (S) (1956, U, 100min) ★★★★
2.15 **LIVE Rugby League: Super League** Wakefield Trinity v Leigh Leopards: From the DIY Kitchens Stadium. Kick-off is at 2.30. (S)
4.30 **Flog It!** From Stockport. (S)(R)
5.00 **LIVE Athletics: Diamond League Stockholm** The BAUHAUS-galan at Stockholm Olympic Stadium. (S)

10.00 Later... with Jools Holland

6 PM

LIVE Athletics: Diamond League Stockholm (started at 5.00pm)

7 PM

7.00 **Race Across the World** 8/9. The teams embark on their final leg, a 1,200km journey through India's southern states in a bid to be first past the post and pick up the prize of £20,000. (S)(R)(AD)

8 PM

8.00 **Top Gear USA Special** Jeremy Clarkson, James May and Richard Hammond travel to America for an interstate road trip, completing various challenges along the way. (S)(R)

9 PM

9.00 **Greece with Simon Reeve** 1/2. Simon takes a tour of Greece, travelling from the islands of the Aegean to Athens, learning how the Greek people are coping with their country's crises. (S)(R)(AD)

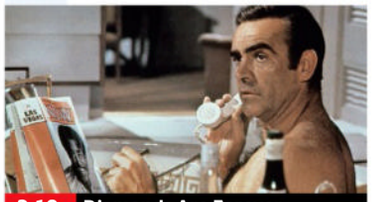
10 PM

10.00 **Later... with Jools Holland** New editions 5/6. With Wet Leg, Sparks, Ludovico Einaudi, Sasha Keable, Annahstasia and Brooke Coombe. (S)
10.45 4/6. With Peggy Seeger, Sugababes, Wolf Alice, Kae Tempest, Obongjayar and George Houston. *Previously scheduled for 8 June.* (S)
11.30 **FILM Respect** Biopic starring Jennifer Hudson, about the rise of Aretha Franklin's career from a child singing in her father's church's choir to international fame. (S)(AD) (2021, 12, 140min) ★★★
1.50 AM **Sign Zone: Question Time** (R)
2.50 **Sign Zone: Not Going Out** (S)(R)
3.20 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Riddiculous for Soccer Aid** (R)
6.50 **FILM How to Train Your Dragon 2** Animated adventure sequel. (S)(AD) (2014, PG, 95min) ★★★★
8.25 **Katie Piper's Weekend Escape** New edition Talk show. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Alex Jones. (S)(R)
11.25 **Alan Titchmarsh's Gardening Club**
12.25 PM **NEW The Royal Procession at Ascot: Celebrating 200 Years** (S)
1.00 **ITV News** (S)
1.10 **The Chase** Quiz show. (S)(R)
2.10 **FILM Diamonds Are Forever** James Bond adventure. (S)(AD) (1971, PG, 140min) ★★★
4.30 **ITV News** (S)
4.45 **Local News** (S)
4.55 **Deal or No Deal for Soccer Aid** With Alex Brooker. (S)(R)(AD)


2.10 Diamonds Are Forever

6 PM

6.00 **LIVE Soccer Aid for UNICEF** England v Soccer Aid World XI: Dermot O'Leary and Alex Scott host the pre-match build-up before presenting coverage of the charity fixture from Old Trafford, the home of Manchester United. This year's star-studded line-up includes Tyson Fury, Wayne Rooney, Gary Neville, Vicki McClure, Mo Farah, Harry Redknapp, Tom Grennan, Denise Lewis, Jill Scott, Nadia Nadim and many more famous faces playing in aid of UNICEF. Kick-off is at 7.30. *See feature, page 7.* (S)

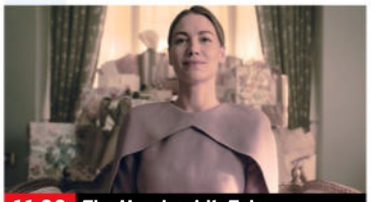
10.00 **ITV News** (S)
10.20 **NEW America's Veterans: The War Within** Deeyah Khan explores the psychological aftermath of serving in the military in wartime, speaking to veterans of America's War on Terror about their combat experiences. (S)
11.35 **The Jonathan Ross Show: Special Guests** Interviews with Madonna, Liam Gallagher, Lee Evans and Richard Gere. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **Cheers** 15&16/26. (S8) (S)(R)
7.10 **The Simpsons** (S)(R)(AD)
8.55 **Bake Off: The Professionals** (S)(R)
10.00 **Sunday Brunch** New edition With Josh Groban, Gabriel Howell, Tom Hughes and Yinka Bokinni. Plus, music from AJ Tracey. (S)
1.00 PM **F1: Canadian Grand Prix Qualifying Highlights** Ariana Bravo presents action from the battle for grid positions in the 10th round of the season. (S)(R)
2.00 **The Simpsons** (S)(R)(AD)
3.00 **The Dog House** (S)(R)(AD)
4.00 **News** (S)
4.30 **LIVE UEFA European Under-21s Championship Football** England v Slovenia: Jules Breach presents coverage of both teams' second match in Group B at Nitra Stadium in Slovakia. Kick-off is at 5.00. (S)


11.00 The Handmaid's Tale

6 PM

LIVE UEFA European Under-21s Championship Football (started at 4.30pm)

7 PM

7.15 **Grand Designs** New edition Holistic therapist Kara and electrician Jonny build a four-bedroom home made of stone and zinc in West Yorkshire, with accessibility being the priority. (S)(AD)

8 PM

8.00 **Our Yorkshire Shop: A Victorian Restoration** New edition The hunt for stock begins, with local produce including handmade candles from the Dales and flour from a medieval watermill. (S)(AD)

9 PM

9.00 **NEW Pile Up: World's Biggest Crash Test** In an audacious experiment, members of the public unwittingly take part in a test that sets drivers and vehicles on course for an inevitable pile-up at motorway speeds. Thanks to cutting-edge engineering, no one is ever in danger and no one gets hurt. Crash test investigators look at the way the crash unfolded, and what can be learned about car safety from the results. (S)(AD)

10 PM

11.00 **The Handmaid's Tale** New episode 7/10. Serena makes plans for a prestigious future. (S6) (S)(AD)
12.00 M'T **F1: Canadian Grand Prix Highlights** Action from the 10th round of the season at Circuit Gilles-Villeneuve in Montreal. (S)
1.30 AM **Ramsay's Hotel Hell** (S)(R)
2.15 **The Simpsons** (S)(R)(AD)
4.55 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **22 Kids & Counting** (S)(R)
12.05 PM **Million Pound Motorhomes** A couple take their daughter to Croatia. (S)(R)
1.05 Gok Wan decides to try out a luxury motorhome. (S)(R)
2.00 **Yorkshire: A Year in the Wild** Cameras follow wildlife in the Yorkshire Dales and on the North York Moors. (S)(R)(AD)
3.00 Cold weather causes difficulties. (S)(R)(AD)
4.00 LIVE **Football: FIFA Club World Cup** Bayern Munich v Auckland City: Coverage of both teams' opening Group C match, held at TQL Stadium in Cincinnati. Kick-off is at 5.00. (S)

7.30 Motorway Cops

LIVE **Football: FIFA Club World Cup** (started at 4.00pm)

7.30 **Motorway Cops: Catching Britain's Speeders** Nicky Campbell narrates a selection of highlights from the series that follows the work of Northumbria's Roads Policing Unit, patrolling 6,000 miles of road across the north-east of England, chasing criminals off the streets and locking up dangerous drivers. (S)(AD)

9.00 **Fare Dodgers: At War with the Law** New edition Six revenue protection officers from South Western Railway set a trap to block rush-hour fare dodgers at London's Vauxhall. (S)

10.00 **Police: Hour of Duty** Officers track down a man suspected of carrying out a series of armed robberies, but face a race against time to secure the evidence needed to charge him. (S)(R)

11.00 **Police: Night Shift 999** Officers are called to an incident where a member of the public has been assaulted. (S)(R)
12.00 M'T **Police Interceptors** (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **We LOVE Gavin & Stacey** (R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Soaring to Life: The Making of How to Train Your Dragon** (R)
7.35 **Monkey Life** (S)(R)
8.00 **F1: Canadian Grand Prix Qualifying Highlights** (R)
10.00 FILM **Dragon Rider** Animated family adventure featuring the voice of Felicity Jones. (S)(AD) (2020, PG, 91min) ★★★
12.00 NOON **Hawaii Five-0** (S)(R)
3.00 PM **The Simpsons** Seven episodes, including at:
5.20 *Moe Letter Blues:* Moe stirs up marital strife in Springfield. (S)(R)
5.45 *Stealing First Base:* Bart decides to steal a kiss from his crush at school. (S)(R)

9.00 Polk: The Trial of Philip...

6.10 FILM **Apollo 11** Documentary made to mark the 50th anniversary of the moon landings, presenting the story of the iconic space mission through archival footage and still photographs. (S)(AD) (2019, U, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 **David Attenborough's Conquest of the Skies** 2/3. David looks at creatures that glide, has a CGI-assisted encounter with a pterosaur and meets the planet's largest species of bat. (S)(R)(AD)

9.00 NEW SERIES **Polk: The Trial of Philip Polkinghorne** 1/3. Documentary exploring the case of a New Zealand eye surgeon accused of the murder of his wife. (S)(AD)

10.00 **Polk: The Trial of Philip Polkinghorne** New edition 2/3. New Zealand eye surgeon Philip Polkinghorne reveals his version of events for the first time. (S)(AD)

11.00 **F1: Canadian Grand Prix Highlights** Action from the 10th round of the season at Circuit Gilles Villeneuve, Montreal. (R)
12.00 M'T **And Just Like That...** 3/12. *Sex and the City* spin-off with Sarah Jessica Parker. (S3) (R)
1.00 AM **Brassic** 3/8. (S4) (S)(R)(AD)
2.00 **The Force: Manchester** (S)(R)
3.00 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **3.40-4.10pm** Best of Weatherman Walking (S)(R) **10.30** Mrs Brown's Boys New episode (S)(AD) **11.00** FILM 28 Days Later (S)(AD) (2002, 18, 105min) ★★★★ **12.45-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.30pm Sunday Politics Northern Ireland (S)(R)
12.00m't Mortimer & Whitehouse: Gone Fishing (S)(R) **12.30-1.50am** Surviving Syria's Prisons (S)(R)

WALES
Sky 968, Freesat 968
4.30-5.00pm SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y 'Sgubor Flodau **10.00** Y Ci Perffaith **11.00** Cynefin **12.00noon** Taith Bywyd (AD) **1.00pm** Y Fets **2.00** Y Sin (AD) **2.30** Am Dro! (AD) **3.30** Yr Ynys **4.35** Darn Bach o Hanes (AD) **5.05** Ralïo: Pencampwriaeth Rali'r Byd 2025 **5.35** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Hafiach (AD) **8.00** Tafwyl New editions **10.00** Dylan ar Daith **11.00-11.35pm** Bois y Rhondda

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Kat despairs when Alfie messes up. **7.30** Kat and Alfie have a big decision to make.
8.00 **Dubai Hustle** Jake's dream wedding gets real. **8.30** Kerris questions her future as a broker.
9.00 **I Kissed a Boy: The Reunion** Series finale 10/10. Dannii Minogue brings the boys back together to find out whose love has lasted the distance.
9.45 **Smoggie Queens** 1/6. Comedy written by and starring Phil Dunning. **10.15** 2/6. Dickie offers sage advice in the work place. **10.45** 3/6. Mam faces a blast from her past. (S1)
11.15 **Glow Up: Britain's Next Make-Up Star**
12.15 AM **I Kissed a Boy: The Reunion** As 9.00pm.
1.00 **What It Feels Like for a Girl** 3&4/8. Double bill. (S1)
2.35 **Smoggie Queens** (S1)
3.05 **Becoming... Wonka** With Timothée Chalamet.
3.30 **to 4.00** AM **Dubai Hustle**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** Five editions of the culinary contest from in and around Basingstoke.
6.15 **Four in a Bed** The first visit of the week is to Becketts in Southsea, Portsmouth. **6.50** The B&B battle continues at the Westby Guest House in Boscombe. **7.20** The third visit of the week is to the Newell Restaurant and Rooms in Sherborne, Dorset.
7.55 **Four in a Bed** The B&Bers final visit is to Lydcott Glamping in Cornwall. **8.25** Payment Day arrives.
9.00 **999: On the Front Line** New edition Paramedics help a man with a history of heart attacks experiencing severe chest pain. Treatment at the scene does little to improve his condition, so he is rushed to hospital.
10.00 **24 Hours in A&E** A man has difficulty breathing after breaking several ribs by tripping over a kerb, and doctors discover that a woman is in the latter stages of pancreatic cancer.
11.05 **Super Surgeons: A Chance at Life**
12.10 AM **999: On the Front Line** Medical documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Organ Stops: Saving the King of Instruments** The tireless efforts of enthusiasts to save, restore and re-home pipe organs.
8.00 **This Is Your Life: Charlie Drake** The life and career of the comedian and actor.
8.30 **The Charlie Drake Show** A 1961 edition of the comedy.
9.00 **Arena: Charlie Drake – Drake's Progress** The comedian and entertainer looks back on his career.
10.00 NEW **Brian Cox Remembers... The Lost Language of Cranes** The actor reflects on the filming of the 1991 drama.
10.15 **The Lost Language of Cranes** Drama starring Brian Cox, Eileen Atkins and Angus Macfadyen.
11.45 **Being Beethoven**
12.45 AM **Organ Stops: Saving the King of Instruments**
1.45 **This Is Your Life: Charlie Drake** As 8.00pm.
2.15 **The Charlie Drake Show**
2.45 **to 3.35** AM **Arena: Charlie Drake – Drake's Progress**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.20 FILM **Wonder Park** Animated family adventure. (2019, PG, 85min) ★★★★
9.00 **Ramsay's Kitchen Nightmares USA**
10.00 **Ramsay's Hotel Hell**
12.05 PM FILM **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. (1997, PG, 98min) ★★★★
2.00 FILM **My Spy** Action comedy with Dave Bautista. (2020, 12, 99min) ★★★
4.00 **The Big Bang Theory**
6.30 **The Simpsons** Five episodes, including at: **7.30** *Guess Who's Coming to Criticise Dinner:* Homer becomes a food critic. **8.00** *E-I-E-I-(Annoyed Grunt):* The family relocate to an abandoned farm. **8.30** *Homer's Phobia:* A gay man befriends the family.
9.00 **Rick and Morty** New episode 3/10. Morty loses his fidget spinner. **9.30** 2/10. Space Beth needs a hand at work. (S8)
10.00 FILM **The Inbetweeners Movie** Movie spin-off from the popular TV comedy series starring Simon Bird. (2011, 15, 97min) ★★★★
12.00 M'T **Gogglebox**
2.05 AM **Naked Attraction**
3.05 **First Dates at Christmas**
4.00 **Modern Family**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

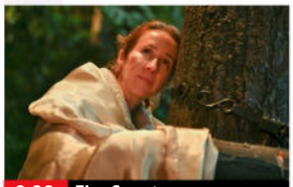
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
6.30 **Send in the Dogs**
7.30 **Caught Red Handed**
12.00 NOON **Caught on Dashcam**
1.00 PM **Border Patrol** Double bill of the documentary series.
2.00 **Nothing to Declare** Ten editions, including at: **6.00** A positive reading for drugs means trouble for an agitated passenger. **6.30** A patrol boat is deployed to rescue a sinking vessel crammed with people.



9.00 Fire Country

7 PM

7.00 Nothing to Declare A backpacker attracts the attention of sniffer dogs. **7.30** Two lovers are separated by officers.

8 PM

8.00 Caught on Dashcam Outrageous road disasters captured by drivers' dashboard cameras.

9 PM

9.00 Fire Country *You Know Your Dragon Best:* 13/22. The crew try to control a dangerous forest fire. (S1)

10 PM

10.00 The Rookie *The Watcher:* 2/18. The team are tasked with community policing while hunting for a local vigilante. (S7)
11.00 **FBI: International** 21/22. (S2)
12.00 M'T **Bull** 10/16. (S5)
1.00 AM **Chicago Fire** 10/13. (S12)
2.00 **Elsbeth** New episode 6/20. Elsbeth gets a surprise. (S2)
3.00 **The Good Doctor** 11/18. (S5)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.05 **The Newsroom** 4-6/6. (S3)
10.20 **Game of Thrones** Nine episodes, including at: **3.30** PM 6/10. Qhorin gives Jon a chance to prove himself. **4.35** 7/10. Theon embarks on a hunt as he tries to prove his Ironborn status. **5.40** 8/10. Robb Stark discovers he has been betrayed by one of his friends. **6.45** 9/10. Tyrion defends King's Landing against Stannis Baratheon's naval assault. (S2)

10.05 The Wire

7.50 Game of Thrones *Valar Morghulis:* 10/10. Theon Greyjoy stirs his men into action, Daenerys enters the mysterious House of the Undying, and Jon proves his worth. (S2)

8.00 Caught on Dashcam Outrageous road disasters captured by drivers' dashboard cameras.

9.00 True Detective *The Secret Fate of All Life:* 5/8. Hart and Cohle make a shocking discovery after tracking Dewall. (S1)

10.05 The Wire *Transitions:* 4/10. Marlo tries to win favour with Vondas and the Baltimore Sun loses a scoop. (S5)
11.10 **The Staircase** 4/8. In 2003, tensions rise and old wounds are reopened as the Petersons' eldest son Clayton returns home. (S1)
12.30 AM **Succession** 5&6/10. (S1)
2.45 **The Leftovers** 9/10. (S1)
3.50 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 17-20/22. (S1)
10.00 **S.W.A.T.** Five episodes of the crime drama, including at: **2.00** PM 17/21. A hotel is overrun by gang leaders. (S3)
3.00 **Grimm** 19/22. Nick and Hank discover a murder is linked to a Wesen rite of passage. **4.00** 20/22. A Jack the Ripper copycat is suspected of a series of murders. **5.00** 21/22. Wu's life is placed in jeopardy. **6.00** 22/22. A discovery leaves Nick stunned. (S4)

9.00 Law Abiding Citizen

7.00 Agatha Raisin *The Fairies of Fryfam – Part One:* 3/6. The sleuth is hired to prove that a woman's husband is having an affair.

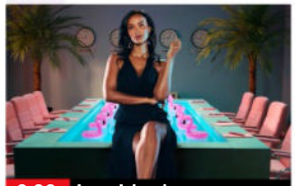
8.00 Agatha Raisin *The Fairies of Fryfam – Part Two:* 4/6. There is no rest for the sleuth as her investigation takes a dramatic turn. (S2)

9.00 FILM Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **The Force: Manchester**
1.00 AM **Brassic** 3/8. A camping trip turns into a nightmare when they end up lost, and then they see hooded figures with torches in the trees. (S4)
2.00 **The Force: Manchester**
3.00 **Road Wars** Vehicle crime.
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.15 **Gordon Ramsay's Food Stars USA** Double bill.
10.15 **Deal or No Deal**
12.15 PM **Deal or No Deal for Soccer Aid** Game show.
1.15 **Celebrity Catchphrase for Soccer Aid** Game show.
2.15 **FILM The Croods** Animation. (2013, U, 98min) ★★★★
4.20 **FILM Sing** Animated musical comedy featuring the voice of Matthew McConaughey. (2016, U, 108min) ★★★



9.00 Love Island

6.25 FILM Jurassic World Adventure sequel starring Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.00 NEW SERIES Love Island: Aftersun Companion programme to the dating show, featuring the latest gossip.
11.05 **Family Guy** 1/22. Lois is reunited with an old flame. (S11)
11.35 18/23. Peter stars in his own children's TV show. (S10)
12.05 AM **American Dad!** (S8)
1.05 **CelebAbility**
1.50 **Count Abdulla** (S1)
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** Double bill.
8.50 **FILM Carry On Again Doctor** Comedy starring Sid James. (1969, PG, 88min) ★★
10.50 **Downton Abbey** Five episodes, including at: **12.55** PM 8/9. Rosamund comes up with a plan to help Edith out of her predicament. **2.25** 9/9. The Crawleys are implicated in a scandal. (S4) **4.25** 1/9. Branson's relationship with a teacher causes Robert concern. (S5)

8.00 Doc Martin

6.00 Midsomer Murders *The Miniature Murders:* A murder occurs during the opening of a dolls house exhibit at a museum.

8.00 Doc Martin *Sickness and Health:* 1/8. Portwenn is buzzing with excitement as the Doc and Louisa's big day finally arrives.

9.00 Doc Martin *Guess Who's Coming to Dinner?* 2/8. The GP is left holding the baby after upsetting the new childminder. (S6)

10.00 Vera *Tender:* DCI Stanhope investigates an intriguing and puzzling case after the body of a sickly young girl is found.
11.50 **Agatha Christie's Poirot** *The King of Clubs:* An actor witnesses the murder of a shady producer, only to become the number one suspect. Stars David Suchet.
12.50 AM **The Tower** 3&4/4. (S2)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Artwork on the walls of the attic of Nairn Museum.
8.00 **Paramedics on Scene** Aberdeen paramedics Rachel and Scott attend an electric scooter crash.
9.00 **Rise of the Clans** 2/3. Neil Oliver follows the rise of Clan Stewart.
10.00 **Still Game** 1/9. Winston has big plans to improve the local park. (S2)
10.30 **Scot Squad** 6/6. McIntosh and Mackay arrest a malicious metal detectorist. (S2)
11.00 **The Sunday Show** The big issues from the world of politics.
11.30 PM **to 12.00** M'T **Growing Up Scottish** Comedians discuss their school days and teen fashions.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S2)
10.30 **Entourage** (S4)
1.50 PM **Barry** (S2&3)
4.30 **Divorce** 4-6/10. (S1)
6.30 **The Office (US)** 8/26. Michael is mocked for falling into a koi pond during a sales pitch. **7.00** 9/26. Jim and Pam go on a double date. **7.30** 10/26. Michael decides to set up a murder-mystery game. **8.00** 11/26. Michael takes Dwight, Andy and Oscar to New York. **8.30** 12/26. Jim hopes an Employee of the Month award will raise spirits in the office. (S6)
9.00 **Veep** 3&4/8. (S1)
10.10 **Intelligence** 1&2/6. (S1)
11.10 **Somebody Somewhere**
12.20 AM **And Just Like That...** 3/12. (S3)
12.40 **Somebody Somewhere**
1.20 **Sex and the City** (S6)
2.35 **Hello Ladies** (S1)
3.45 **to 5.00** AM **Ballers**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Len Phillips Swing Orchestra's 100 Years of Big Bands**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Portrait Artist of the Year: Celebrities v Kids Special**
2.00 **Painting Birds with Jim and Nancy Moir: Kids Special**
3.00 **Bill Bailey's Musical Master Crafters: Juniors**
4.00 **Opry Live**
5.00 **Tina Turner: Live in Barcelona** From 1990
7.10 **The Phantom of the Opera at the Royal Albert Hall** Musical.
10.00 **Agatha Christie Hour**
11.00 **Alfred Hitchcock Hour**
12.00 M'T **Isle of Wight Festival 2024**
2.00 AM **Classic Albums**
3.00 **The Ronnie Wood Show**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
10.00 **UK Border Force**
1.00 PM **Caught Red Handed** Triple bill.
3.00 **Nothing to Declare**
5.00 **Caught on Dashcam**
8.00 **NCIS: Los Angeles** *Games of Drones:* 1/21. Callen and Kilbride get troubling news about a body found in Syria. **9.00** *Of Value:* 2/21. Two architects are kidnapped. (S14)
10.00 **Britain's Most Evil Killers** The story of Adrian Prout.
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire? Celebrity Special** With Stephen Fry and Jeanette Kwakye. **2.00** Anton Du Beke and Fred Sirieix take part. **3.00** With Tony Bellew and Julie Hesmondhalgh. **4.00** With Dion Dublin and Steph McGovern. **5.00** Laura Kenny and Krishnan Guru-Murthy compete for charity.
6.00 **Who Wants to Be a Millionaire?** Quiz show.
7.00 **Lingo** Quiz show.
8.00 **Deal or No Deal**
9.00 **Who Wants to Be a Millionaire?** Quiz show.
10.00 **Tipping Point** Quiz.
11.55 **Celebrity Wheel of Fortune** With AJ Odudu, Gok Wan and Charlotte Church.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *Three Strikes, You're Out:* A TV sports personality is murdered. **8.00** *Mirror, Mirror, on the Wall – Part One:* Jessica receives a visit from a rival writer.
9.00 **Garage Sale Mystery: All That Glitters** Crime drama starring Lori Loughlin, Sarah Strange and Steve Bacic.
10.55 **Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Crime drama starring Candace Cameron Bure.
12.50 AM **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 20/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Motorsport Mundial**
6.50 **Auto Mundial**
7.20 **Motorsport UK**
8.20 **British Touring Car Championship Highlights**
9.50 **World Rally Championship Highlights** Recent action.
10.55 **Made in Britain**
11.20 **Hornblower**
1.35 PM FILM **Jurassic Park III** Adventure thriller sequel. (2001, PG, 92min) ★★★
3.30 LIVE **Racing: Sky Bet Sunday Series** From Hamilton Park.

1.35 Jurassic Park III

7.00 **Cycling: Critérium du Dauphiné Highlights** Gary Imlach presents action from the eight and final stage in France.

8.05 FILM **Tomorrow Never Dies** James Bond action thriller starring Pierce Brosnan, Jonathan Pryce and Michelle Yeoh. Agent 007 investigates a shadowy tycoon who is manipulating global events to boost his empire. (1997, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 FILM **The Blues Brothers** Cult comedy starring John Belushi and Dan Aykroyd as delinquent brothers who get their old band back together to save an orphanage. (1980, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM FILM **Death Wish V: The Face of Death** Thriller sequel. (1993, 15, 91min) ★
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **War of the Worlds: Extinction** Sci-fi adventure. (2024, PG, 84min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 13/26. The *Enterprise* crew investigate two deaths on a space station. (S6)
6.00 **Stargate Universe** 20/20. Drones are discovered at every star leading to the edge of the galaxy. (S2)

7.00 Stargate Atlantis

7.00 **Stargate Atlantis** *The Rising – Part One:* 1/20. First episode of the sci-fi drama spin-off starring Torri Higginson.

8.00 **Stargate Atlantis** *The Rising – Part Two:* 2/20. Weir and the team go in search of an alternative fuel source.

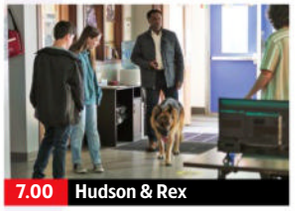
9.00 **Stargate Atlantis** *Hide and Seek:* 3/20. One of the Athosian children unleashes a seemingly harmless entity.

10.00 **Stargate Atlantis** *Thirty-Eight Minutes:* 4/20. The ship is damaged and gets stuck halfway through the Stargate. (S1)
11.00 **Grimm** 19/22. Adalind is faced with a difficult decision. **12.00** M'T 20/22. Nick worries he may lose everything as he continues to battle Black Claw. **1.00** AM 21/22. Part one of two. Black Claw tightens its grip on Portland. (S5)
2.00 Double bill. (S5&6)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Inspector George Gently** *Gently with the Women.*
12.00 NOON **Father Brown** Four episodes, including at: **3.00** PM *The Folly of Jephthah:* Flambeau seeks Father Brown's help to get rid of an unwanted rival.
4.00 **Sherlock** 2/4. A killer stalks John and Mary's wedding reception. (S3)
6.00 **Hudson & Rex** 3/16. Donovan tracks a marine smuggling operation. (S7)


7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *K9: The Rext Generation:* 4/16. A K9-in-training leads her partner to a crime scene. (S7)

8.00 **Death in Paradise** *Music of Murder:* 7/8. An outing to see Dwayne's favourite band is cut short by the murder of the lead singer.

9.00 **Death in Paradise** *Amongst Us:* 8/8. A murder uncovers a case of money-laundering and secret identity. (S1)

10.00 **Father Brown** *The Numbers of the Beast:* The priest walks in on a man standing over the body of his dead wife.
11.00 **Shakespeare & Hathaway: Private Investigators** (S2)
1.00 AM **Pretty Hard Cases** 6/12. Naz goes undercover as a shady smuggler. (S2)
2.00 **Death in Paradise**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **The Two Ronnies**
8.20 **Gavin & Stacey**
12.55 PM **Gavin & Stacey** A chance to see series two, including at: **5.25** The happy couple return from their honeymoon. **6.05** Smithy goes missing following Nessa's revelation, and the boys track him down in an attempt to help him accept his responsibilities. **6.40** Smithy accompanies Nessa to the hospital for her first ultrasound scan, while Stacey struggles to adjust to life as an 'Essex wife'.

5.25 Gavin & Stacey

7.20 **Gavin & Stacey** The newlyweds argue while on a night out at the bowling alley.

8.00 **Gavin & Stacey** Bryn tries to organise a surprise party for Gwen's birthday. **8.35** The newlyweds begin leading separate lives back in their home towns.
9.10 **Billy Connolly Does...** The comedian ponders the best approach to growing old, and talks about his health scares.

10.10 **Dad's Army** An enemy aircraft is forced to ditch in a reservoir.
10.50 **The Cockfields** Ray, Sue, Simon and Esther all go for a day out in Ventnor.
11.30 **The Cockfields** Simon and Ray head to the nursing home to visit Rose.
12.10 AM **The Cockfields** Triple bill.
2.20 **The Rebel**
2.50 **to 4.00** AM **Billy Connolly Does...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
8.00 **Our Guy in China**
9.00 **Guy Martin's Great British Power Trip** Double bill.
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Our Guy in China** Guy Martin explores Beijing.
6.00 **Simon Reeve's South America** Simon travels through the Andes from Peru to Bolivia, beginning at the famous ruins of Machu Pichu.

7.00 Border Force: America's...

7.00 **Border Force: America's Gatekeepers** New edition Officers in Progreso detain a man who makes a dash back towards Mexico.

8.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Sayeeda Warsi and Richard Osman.

9.00 **Have I Got a Bit More News for You** David Mitchell hosts the satirical quiz, with the Rev Richard Coles and Janey Godley.

10.00 **QI** Christmas edition, with Sarah Millican, Phill Jupitus and Danny Baker.
10.40 **Mock the Week** With Sarah Keyworth, Glenn Moore and Ahir Shah.
11.20 **Mock the Week** With Maisie Adam, Angela Barnes, Jen Brister and Rhys James.
12.00 M'T **Live at the Apollo**
1.00 AM **Schitt's Creek**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun**
4.50 LIVE **Football: UEFA European Under-21s Championship** Finland v Ukraine: The Group D game. Kick-off is at 5.00.
7.00 **The Dog House** A three-legged labrador seeks a new best friend.
7.50 LIVE **Football: UEFA European Under-21s Championship** Netherlands v Denmark: The Group D match. Kick-off is at 8.00.
10.00 **Celebrity Gogglebox** Famous faces appraise the week's television.
11.05 **Gogglebox**
12.10 AM FILM **Monster Hunter** Adventure starring Milla Jovovich. (2020, 12, 103min) ★★★
2.05 **Pile Up: World's Biggest Crash Test**
4.05 **to 4.35** AM **Travel Man: 48 Hours in Málaga**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods** (S5)
4.00 PM **NCIS: Hawaii** (S1)
7.00 **NCIS** *Yankee White:* 1/23. A senior US Navy officer dies on the president's plane. **8.00** *Hung Out to Dry:* 2/23. A US Marine dies during a parachute training exercise. **9.00** *Seadog:* 3/23. A naval commander's body is washed up on shore. Guest stars Emilie de Ravin. (S1)
10.00 **Law & Order: Special Victims Unit** *Pop:* 11/24. A teenager is found beaten to death on an amusement park ride. **11.00** *Possessed:* 12/24. The team uncover evidence of a paedophile ring. (S12)
12.00 M'T **Law & Order: Special Victims Unit**
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Nightmare Tenants, Slum Landlords**
1.00 PM **Traffic Cops**
2.00 **Traffic Cops: Under Attack** Documentary.
3.00 **Traffic Cops**
5.00 **Police Interceptors**
9.00 **999: Killer on the Line** The case of a murdered wife at a post office.
10.00 **My Lover, My Killer** New edition How Jennifer Poole became the target of Gavin Murphy's deadly control.
11.00 **Killer at the Crime Scene** Karla Godoy.
12.00 M'T **GPs: Behind Closed Doors**
1.00 AM **Police Interceptors**
2.00 **VC Andrews' Landry Family** New episode 2/4. Ruby and her twin Giselle are sent to a girls' boarding school. (S1)
3.30 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.30 **Trucking Heavy**
1.30 PM FILM **The Proud Rebel** Western. (1958, b/w, U, 108min) ★★★
3.45 FILM **Ride a Crooked Trail** Western starring Audie Murphy, Gia Scala and Walter Matthau. (1959, U, 87min) ★★
5.30 FILM **The Fighting Kentuckian** Western with John Wayne and Vera Hruba Ralston. (1949, b/w, U, 99min) ★★★
7.35 FILM **Rio Lobo** Howard Hawks' Civil War Western with John Wayne and Jorge Rivero. (1970, PG, 110min) ★★★
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.30 **Air Crash: Disaster Revealed** Double bill.
1.30 AM **Fights, Camera, Action!** Documentary.
3.30 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.15 **My Family**
3.10 PM **Outnumbered**
7.00 **Inside the Ambulance** Emergency workers rush to the aid of a man who is struggling to breathe after injecting himself. **8.00** West Midlands paramedics come to the aid of a student with a dislocated knee, and a child who has ingested a dangerous liquid.
9.00 **Inside the Operating Theatre** Mother-of-four Laura decides to have a sterilisation after suffering from post-natal depression. **10.00** The team tackle a dramatic operation where a patient's heart is stopped and restarted.
11.00 **The Shift: Women on the Force** Double bill.
1.00 **to 3.00** AM **Mysteries & Scandals** New editions

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.40 **The Bill**
12.50 PM **Lark Rise to Candleford** Double bill.
3.25 **Catherine Cookson's The Tide of Life** Drama starring Gillian Kearney.
6.40 **Upstairs Downstairs**
8.00 **Sister Boniface Mysteries** *Toast to the Newly Dead:* 8/10. Sister Boniface must unveil a killer in the wedding party before Felix's big day. (S3)
9.00 **Silent Witness** *Star:* The team are thrown into the dark side of social media where the perfect profiles of the influencers they are investigating raise disturbing questions.
11.15 **The Chelsea Detective**
1.20 AM **Hamish Macbeth**
2.20 **The Chelsea Detective**
3.10 **to 4.00** AM **Birds of a Feather**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Norfolk.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family Australia** A woman is looking for her half-sister.
3.00 **A Place in the Sun**
7.00 **Long Lost Family Australia** Tragedy drives two men to search for their missing loved ones.
8.00 A terminally ill woman is desperate to find her mother, who thought adoption was her daughter's only chance at a decent life.
9.00 **Dr Pimple Popper**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Richard Osman's House of Games** Triple bill of editions, with Ellie Taylor, Fern Britton, Steve Pemberton and Josh Widdicombe.
3.00 **Through the Keyhole**
4.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
6.00 **The Chase Celebrity Special** As 9.00pm.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** With Shane Williams, Sair Khan, Milton Jones and Tanni Grey-Thompson.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **FILM Seminole Uprising** Western. (1955, PG, 74min) ★★★
9.50 **The War in Europe**
11.10 **Wanted: Dead or Alive**
12.10 PM **FILM Jesse James** Western drama. (1939, U, 106min) ★★★
2.30 **FILM The Secret of Convict Lake** Western. (1951, PG, 83min) ★★
4.20 **FILM Texas** Western with Glenn Ford. (1941, b/w, PG, 93min) ★★★
6.25 **FILM They Came to Cordura** Western. (1959, PG, 123min) ★★★
9.00 **FILM Breakout** Thriller. (2013, 15, 85min) ★
11.00 **FILM End of a Gun** Thriller starring Steven Seagal and Florin Piersic Jr. (2016, 15, 87min) ★★
12.55 AM **FILM Fire Twister** Disaster movie. (2015, 12, 90min) ★
2.40 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.10 **FILM Web of Lies** Mystery thriller. (2009, 12, 90min) ★★
12.10 PM **FILM Stonados** Sci-fi disaster movie. (2013, PG, 90min) ★
2.10 **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
4.10 **FILM Hanover Street** Romantic wartime drama. (1979, PG, 108min) ★★
6.30 **FILM Von Ryan's Express** War drama with Frank Sinatra. (1965, PG, 117min) ★★★★
9.00 **FILM Den of Thieves** Crime thriller. (2018, 15, 137min) ★★★
11.55 **FILM Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
2.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Woman on the Edge** Thriller. (2018, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Christmas in Evergreen** (2017, U) ★★
10.05 **FILM Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
12.00 NOON **FILM Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
2.00 PM **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
4.10 **FILM The Perfect Christmas Village** Fantasy. (2018, PG) ★★
6.05 **FILM Her Magical Christmas** (2017) ★★
8.00 **FILM The Magical Christmas Shoe** Comedy. (2019, PG, 87min) ★★
10.00 **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
11.55 **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Date by Christmas Eve**

+1 hour 320 317

Rewind TV

182 92 141

6.00 AM **Worzel Gummidge Down Under** (S2)
6.30 **Watching** 1–5/11. (S5)
9.00 **Lucky Feller**
11.30 **Doctor in the House**
2.00 PM **FILM Follow a Star** Comedy starring Norman Wisdom and June Laverick. (1959, b/w, U, 103min) ★★★
4.00 **Secrets of the Coast**
4.30 **Tracing the Rails**
5.00 **FILM Drake's Venture** Period drama starring John Thaw. (1980, PG, 101min) ★★★
7.00 **Police Woman** (S1)
8.00 **Blue Thunder** *Skydiver:* 6/11. Frank Chaney's loyalties are divided. (S1)
9.00 **The Fantastic Journey** *Beyond the Mountain:* 3/10. Liana meets the mysterious Willoway. (S1)
10.00 **Watching** 1–5/11. (S5)
12.30 AM **FILM Follow a Star**
2.30 **The Fantastic Journey**
3.30 **to 6.00** AM **Doctor in the House**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Bad Chad Customs**
7.00 **In Search of Monsters** How a Vietnam War pilot may have returned home with a secret cargo.
8.00 **Man-Eating Super Croc** A crocodile terrorises a village in the Philippines.
9.00 **Mystery at Blind Frog Ranch** Duane and his team discover evidence of Aztec artefacts.
10.00 Chad and James research a bar of gold found at the Bead Site.
11.00 **Expedition X** Phil and Jess search whitewater rapids and an Alaskan lake for a legendary beast that is now the target of scientific inquiry.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food**
11.00 **James Martin's American Adventure**
3.00 PM **The Great British Bake Off** Four editions.
9.00 **Tom Kerridge: Secrets of the Pub Kitchen** Tom reveals the secrets of the Coach Burger.
9.30 The chef puts the spotlight on some fresh ingredients.
10.00 Tom creates classic 'double acts'.
10.30 Tom prepares duck liver parfait.
11.00 How, in Tom's kitchen, teamwork is the key to success.
11.30 The chef shares the secrets of one of the pub's favourite desserts – treacle tart.
12.00 M'T **Tom Kerridge: Secrets of the Pub Kitchen** Double bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
9.00 **The Fall Guy** (S1)
2.00 PM **FILM The Outlaw** Howard Hughes' Western. (1943, b/w, U, 126min) ★★★
3.55 **FILM The Ride to Hangman's Tree** Western starring Jack Lord. (1966, U, 88min) ★★
5.45 **FILM Arizona Bushwhackers** Western. (1968, PG, 87min) ★★★
7.30 **The Twilight Zone**
9.00 **FILM Out of Sight** Steven Soderbergh's romantic thriller. (1998, 15, 122min) ★★★★
11.25 **FILM Buried** Thriller with Ryan Reynolds. (2010, 15, 94min) ★★★★
1.20 AM **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
3.15 **to 5.00** AM **FILM Standoff** Action thriller. (2015, 15, 92min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
8.00 **FILM Bigfoot** Adventure. (2012, 12, 89min) ★★
10.00 **FILM Asteroid v Earth** Sci-fi disaster drama starring Tia Carrere. (2014, 15, 91min) ★★
12.00 NOON **Category 7: The End of the World**
4.00 PM **The A-Team** (S2)
9.00 **FILM The Man Who Haunted Himself** Chiller starring Roger Moore. (1970, PG, 90min) ★★★★
10.55 **FILM Lust for a Vampire** Horror starring Ralph Bates, Yutte Stensgaard and Barbara Jefford. (1970, 18, 95min) ★★★
1.00 **to 3.00** AM **FILM The Inglorious Bastards** World War Two thriller starring Bo Svenson. (1978, 15, 99min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Junk and Disorderly**
1.00 PM **Junk and Disorderly**
6.00 **Moon Landing: The Lost Tapes** An in-depth look into the minds of the astronauts before and after the mission.
7.00 **Cities of the Underworld** Europe's underworld after the fall of the Roman Empire.
8.00 **Curse of Skinwalker Ranch** The team use a swarm of drones to see the ranch from above.
9.00 **Sex: A Bonkers History** How sexual behaviours through the ages have shaped civilisations.
10.00 **Royal Autopsy**
11.00 **Royal Murder Mysteries**
12.00 M'T **Alien Corridors**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare**
4.00 **to 6.00** AM **Amazon Gold Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **The Wonderful World of Chocolate**
9.30 **The Truth About Your Ready Meals**
11.30 **Columbo** Five episodes of the drama, including at:
5.35 PM *Requiem for a Falling Star:* An actor resorts to murder to take revenge on a vicious gossip columnist.
7.00 **The Greatest TV of the '60s** A look at the best programmes of the decade.
9.00 **Morecambe and Wise: The Unseen Tapes**
10.30 **The Cancellation of Benny Hill** The rise and fall of the comedian.
12.00 M'T **World War I in Colour** Documentary.
1.00 AM **Nazi Megastructures**
2.00 **Nazi Secrets Revealed: Drain the Oceans**
3.00 **Dinosaurs from the Deep: Drain the Oceans**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** A couple look for a property in Cornwall.
2.00 Searching for a home in Cambridgeshire.
3.00 A multilingual couple search for a property in Herefordshire.
4.00 A pair of returning ex-pats hope to find a home in rural Somerset.
5.00 A couple with £875,000 to spend seek a home in Dorset.
6.00 **Castle Impossible** Daphne Reckert and Ian Figueira create a renovated bedroom in the Bell Tower.
7.00 **A Place in the Sun** Six editions featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **Me or the Menu** Jeanette leaves Randi to manage a hectic brunch shift on his own.
9.00 **Polyfamily** Sean and Tyler face off over their son's paternity.
10.00 **Love & Translation**
11.00 **Body Parts**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Love & Translation**
3.00 **Body Parts**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends**
1.00 PM **Friends**
6.00 **Bradley & Barney Walsh: Breaking Dad** The duo arrive in Texas.
6.30 The duo embark on the final leg of their journey in New Orleans.
6.55 **FILM Brewster's Millions** Comedy with Richard Pryor and John Candy. A struggling baseball pitcher must spend $30million in 30 days to inherit an even bigger fortune. (1985, PG, 97min) ★★★
9.00 **FILM Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 117min) ★
11.20 **Lee Evans: Big – Live at the O2** Stand-up.
12.20 AM **Whose Line Is It Anyway? USA**
3.15 **Beavis and Butt-Head**
3.25 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 5/25. Actor Isabella Rossellini makes Ross's day.
7.30 6/25. The pals reveal their deepest, darkest secrets.
8.00 7/25. Monica buys a bed from Janice's husband.
8.30 8/25. Phoebe convinces herself she is a walking jinx. (S3)
9.00 8/18. Monica cooks Thanksgiving dinner.
9.30 9/18. Monica and Chandler meet the mother of the baby they plan to adopt. (S10)
10.00 **Friends** (S10&1)
2.00 **Impractical Jokers**
3.00 **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Celebrity Four Weddings** Reality series.
8.00 **Four Weddings**
10.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **The Cleaning Lady**
7.00 **The Real A&E**
9.00 **Chucky** *He Is Risen Indeed:* 6/8. Incarnate Lord goes on lockdown with the Chucky dolls inside, as Nica moves forward with her plan.
10.00 *Goin' to the Chapel:* 7/8. The survivors band together with Father Bryce to perform an exorcism.
11.00 *Chucky-Actually:* 8/8. The Three Amigos receive a special gift. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning**
8.00 **Fresh Out Live**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Scammed**
7.00 **Catfish: The TV Show**
9.00 **Ghosted: Love Gone Missing** Rachel and Travis learn about Reese's complex history with his friend Brendan.
10.00 **FILM Hitman: Agent 47** Action thriller starring Rupert Friend, Zachary Quinto and Hannah Ware. (2015, 15, 92min) ★★
12.00 M'T **Caught in the Act: Unfaithful** Sasha and Citi plan their future.
1.00 AM **Plastic Surgery Knifemares**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Kindig Customs**
12.00 NOON **Alaska: The Last Frontier** Six editions of the series, including at: **2.00** PM Eivin takes novice Levi out on a hunt. **3.00** Eve and Jane head out hunting together. **4.00** Eivin and Eve use explosives to clear land for a new root cellar. **5.00** Atz Lee, Otto and August search for signs of bears.
6.00 **Filthy Fortunes** Matt Paxton tackles a dangerous hoard in the Pennsylvania woods.

7.00 Moonshiners

7.00 **Moonshiners** New edition Mike and Jerry's new submarine still gets washed away by hurricane flooding.
8.00 **Alaska: Homestead Rescue** A Florida homestead is devastated by flooding and alligators. The Raneys find inventive ways to protect the homestead and bring in new food sources.
10.00 **Kindig Customs** Dave and his team design custom gauges, wheels and lights for the 1933 Roadster.
11.00 **Wheeler Dealers World Tour** Mike and Elvis find a 1970s classic VW camper.
12.00 M'T **Alaskan Bush People** The ranch faces another crisis when the water supply freezes.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Meet the Orangutans**
3.00 **Meet the Penguins**
4.00 **My Cat from Hell** Room-mates whose cats will not stop attacking each other.
5.00 **Animal Cops Philadelphia** An illegal cock-fighting ring.
6.00 **Tanked** Brett and Wayde build a tank for rapper Ludacris.

10.00 Edge of Alaska

7.00 **Pit Bulls & Parolees** Tia hires three new parolees to help out, only for things to take a turn for the worse.
8.00 **How Do Animals Do That?** How humpback whales can sing. **8.30** A look into how ostriches can run so fast.
9.00 **Crikey! It's the Irwins** Bindi and the family plan an emotional surprise for Terri in the Crocoseum.
10.00 **Edge of Alaska** The spring break-up is starting to occur, and Neil aims to start construction on the renovation of the mine.
11.00 **Monster Croc Invasion** Investigation into human deaths caused by crocodiles.
12.00 M'T **Saba and the Rhino's Secret** Documentary.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Double bill.
10.00 **Northwoods Survival**
11.00 **Air Crash Investigation**
2.00 PM **Europe from Above** Mountains and summits.
3.00 **World War II: Secrets from Above** The Battle of Britain from an aerial perspective. **4.00** The story of the Battle of the Atlantic.
5.00 **Inside the SS** Documentary about Hitler's private army. **6.00** A look at the role of the SS in the Holocaust.

9.00 Stanford Prison...

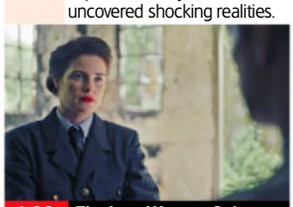
7.00 **Pirates: Behind the Legends** The events that led to the imprisonment of Henry Morgan in the Tower of London.
8.00 **Lost Treasures of Egypt: Life Unearthed** New edition A look back at highlights from the documentary series.
9.00 **NEW SERIES Stanford Prison Experiment: Unlocking the Truth** The story of the infamous psychological experiment.
10.00 **Stanford Prison Experiment: Unlocking the Truth** New edition The participants refute Dr Zimbardo's claims.
11.00 **To Catch a Smuggler** CBP agents hunt for drug runners off the coast and in the jungles of Puerto Rico.
11.30 **To Catch a Smuggler**
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Trials of the Wild**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Discovered by Disaster**
7.00 **Pawn Stars**
10.00 **Storage Wars**
1.00 PM **The Lost Women Spies** Six editions, including at: **3.10** Disloyalty within the Special Operations Executive. **4.15** Vera Atkins investigates her imprisoned agents at Ravensbrück and Karlsruhe. **5.20** Suspicions of double agents lead Vera to hunt down a Nazi mastermind. **6.25** A look into how the capture of a key Nazi uncovered shocking realities.



1.00 The Lost Women Spies

7.30 **Ivan the Terrible** The real story of Russia's first tsar, who has become synonymous with tyranny and despotism despite being remembered in his own land as a statesman who held the country together.
8.45 **Indistinguishable from Magic** Nick Pope, who ran the UFO program at the UK Ministry of Defence, reveals how the world will change forever the day the aliens arrive.
10.30 **Secrets Declassified with David Duchovny** The actor investigates evidence from recently declassified files.
11.30 **The UnBelievable with Dan Aykroyd** Stories of survival against all odds, such as a man who survived the apocalypse and a woman involved in three maritime disasters.
12.30 AM **Storage Wars** Six editions of the series, including at: **2.50** Kenny is feeling nostalgic in Koreatown.
3.15 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Caribbean with Simon Reeve** From Puerto Rico.
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries**
5.55 **'Allo 'Allo!** German generals plan to meet at the cafe disguised as onion sellers – but so do a new group of shot-down British airmen. **6.30** Rene must recover the paintings from the Communist Resistance headquarters.

9.05 Bangers & Cash

7.00 **'Allo 'Allo!** Rene and Leclerc escape from the Communist Resistance. **7.35** The Resistance plan to hide stolen money down Rene's trousers.
8.05 **Burma with Simon Reeve** Part two of two. Simon ventures into Burma's highlands.
9.05 **Bangers & Cash** Derek takes delivery of a green Renault van that was previously used as a bread van in Paris.
10.05 **Bangers & Cash** A 1970 Excalibur Roadstar arrives in Thornton-le-Dale, and Derek collects a 1935 Austin 7 Ulster.
11.05 **Bangers & Cash** Dave lands an Austin A30 and a Morris 8E. **12.05** AM Derek finds the vehicle he took his driving test in – a 1957 Ford 100E Estate. **1.05** Derek lands himself a 1947 Lea Francis that is half made of wood.
2.05 **to 3.00** AM **Repair Lot**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Massive Engineering Mistakes**
8.00 **Find It, Fix It, Flog It**
1.00 PM **LIVE 24 Hours of Le Mans** Coverage of the conclusion of the race from Circuit de la Sarthe in France.
4.00 **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House**
8.00 **The Repair Shop** A fire-damaged vanity set is restored. **9.00** The experts restore a dance mat.
10.00 **The Repair Shop**
12.00 M'T **Massive Engineering Mistakes**
1.00 AM **Incredible Engineering Blunders: Fixed** Documentary.
2.00 **Curse of the Bermuda Triangle** Double bill.
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Hometown Homicide** Four editions.
7.00 **Hometown Homicide** The death of 17-year-old athlete Alexis Murphy. **8.00** The case of Doe Roberts in August 1992.
9.00 **A Killer's Mistake** How Arizona serial killer William Inmon was brought to justice. **10.00** A sexual predator who found his victims through an online dating app.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad** An IT Support Worker steals hospital computers, and a gang illegally fly-tip on a huge scale.
7.00 **Fatal Attraction** When a single mother goes missing, police focus on the men in her life. **8.00** Missing Trina Winston's family fear she has fallen back into old drug habits. But, as police start looking for her, they learn there are more sinister secrets.
9.00 **Millionaire Murders** The case of Mike Williams, who was rumoured to have drowned in a lake. **10.00** In 2015, the bodies of the wealthy Smith family are found.
11.00 **48 Hours** Triple bill.
2.00 AM **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** The story of a Sunday school teacher who doubled as a serial killer. **2.30** A case involving an abandoned car in Philadelphia. **3.00** A look into the death of the wife of a US Presbyterian minister. **3.30** The disappearance of a teenage girl. **4.00** The disappearance of a young dancer. **4.30** The poisoning of Phillip Rouss Jr.
5.00 **Evidence of Evil** The tragic story of a double-homicide.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
3.00 **Donal MacIntyre's Murder Files**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the Killer** Kaitlin Armstrong.
2.00 **World's Most Evil Killers**
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **Britain's Most Evil Killers** Roy Whiting.
6.00 **Killer in My Village**
7.00 **The Suzy Lamplugh Mystery** Double bill.
9.00 **NEW SERIES Polk: The Trial of Philip Polkinghorne** 1&2/3.
11.00 **The Murder of Grace Millane** Documentary.
1.00 AM **An Unexpected Killer** True-crime.
2.00 **Murders That Shocked the Nation** Mary Bell.
3.00 **The Force: North East**
4.00 **to 6.00** AM **Highlights**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **10 Mistakes That Sank the Titanic**
9.40 **The Stuarts** Triple bill.
1.00 PM **Impossible Peace**
5.30 **The Crusades**
6.35 **The Stuarts** 1/3. Clare Jackson examines the history of the 17th-century Royal Family. **7.45** 2/3. A look at the impact of the Wars of the Three Kingdoms. **8.55** 3/3. How Scotland lost its sovereignty and became part of Great Britain in 1707.
10.05 **Greek Myths: True Stories** Robin Lane Fox uncovers the truth behind Greek myths and gods.
12.00 M'T **10 Mistakes That Sank the Titanic** The chain of events that led to the sinking of the ship.
1.10 **to 2.00** AM **America the Bountiful**

SUNDAY

Sunday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Dean Martin**
7.00 **Discovering: Peter Sellers**
8.00 **The Directors**
10.00 **Janet Jackson**
2.00 PM **I Am Jackie O** A profile of Jackie Kennedy Onassis.
3.45 **Going Clear: Scientology and the Prison of Belief** Documentary exploring the history of the controversial Church of Scientology, profiling eight former members.
6.00 **FILM Apollo 11** Documentary about the moon landings. (2019, U, 93min) ★★★★★
7.50 **My Icon: Linford Christie**
8.00 **Flight 149: Hostage of War** A British Airways flight held hostage in Kuwait City in 1990.
9.50 **Pantani: The Accidental Death of a Cyclist** Documentary about the rise and fall of Marco Pantani.
11.50 **Searching for Sugar Man** Two fans search for their music idol, singer Sixto Rodriguez.
1.40 AM **Dave Not Coming Back**
3.40 **Stirling** Profile of Stirling Moss.
5.00 **to 6.00** AM **The Directors**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Naomi Smith.
11.00 **Nightmare in Suburbia**
1.00 PM **Cops Who Kill with Will Mellor** Wayne Couzens.
2.00 **Cops Gone Bad with Will Mellor** Michael Coulton.
3.00 **Spring Break Murders**
7.00 **When Missing Turns to Murder** Natalie Hemming.
8.00 **Killer Britain with Dermot Murnaghan** Ben Lacomba.
9.00 **Cold Case Files: Dead West** New edition Documentary.
10.00 **Cold Case Files: DNA Speaks**
11.00 **Cold Case Files: Murder in the Bayou** Krystal Jean Baker.
12.00 M'T **The First 48 Presents: Critical Minutes** True-crime.
1.00 AM **Cold Case Files: Dead West**
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **Interview with a Killer** New edition With Sarah White.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
11.00 **Pointless** Double bill.
1.00 PM **Abandoned Engineering**
3.00 **Pointless** Quiz show.
4.00 **Gardeners' World**
6.00 **Pointless** Double bill of the general knowledge quiz show.
8.00 **Abandoned Engineering** The remains of a correctional facility in Atlanta, forgotten remnants of fraud and fusion in Argentina, and an ancient complex in Cambodia.
9.00 **Gardeners' World** Monty Don commences a new project at Berryfields, and Carol Klein works in the Alpine Garden. **10.25** The team take a tour of the 21st annual Malvern Spring Show and look back at the preparations for the event.
11.00 **Abandoned Engineering**
12.00 M'T **Pointless** Double bill.
2.00 AM **Abandoned Engineering**
3.00 **Gardeners' World** As 9.00pm.
4.05 **Abandoned Engineering**
4.55 **to 6.00** AM **Pointless**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Animal Senses**
9.00 **Baboons: Rules of the Troop**
10.00 **Africa's Wild Roommates: How Animals Share Bed and Board** Documentary.
11.00 **Guardians of the Wild**
1.00 PM **America's Wild Seasons**
5.00 **NEW SERIES Bugs That Ruled the World** A global investigation into insect declines.
6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. Exploring the evolution of vertebrates. **7.00** 2/2. How mammals came to dominate the natural world.
8.00 **David Attenborough's Conquest of the Skies** Creatures that glide, including the harlequin tree frog.
9.00 **After the Wildfires** Investigating the toll of the Australian wildfires on animals.
10.00 **Africa's Claws and Jaws**
12.00 M'T **Bugs That Ruled the World** As shown at 5.00pm.
1.00 AM **Age of the Big Cats**
4.00 **to 6.00** AM **Ireland's Wild Islands with Eoin Warner**

WILD

165 145/133 182

8.00 AM **Wild Florida**
10.00 **Wild Hawaii**
11.00 **Ice Road Rescue**
1.00 PM **Equator's Wild Secrets**
2.00 **Hidden Wonders of Europe**
4.00 **Secrets of the Zoo: Tampa**
6.00 **NEW SERIES Heartland Docs** The Schroeders castrate an aggressive alpaca, and save a horse from bleeding out after sustaining a grisly gash.
7.00 **Killer Whale Chronicles** Series finale 2/2. A look at how orcas pass down knowledge through generations.
8.00 **Pristine Seas: The Power of Protection** Explorer Enric Sala travels the globe in an attempt to save the oceans.
9.00 **Hostile Planet** Animals that live at the north and south poles, including polar bears.
10.00 **Alaska Animal Rescue** Alaska is devastated by raging wildfires during the summer.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
10.00 **Bride Killa**
11.00 **Til Death Do Us Part**
12.00 NOON **Death by Fame**
2.00 PM **Dead Reckoning**
4.00 **The Big Swindle**
6.00 **Grave Secrets** Double bill.
8.00 **The Perfect Murder** The murder of Atlanta pre-school teacher Julie Love.
9.00 **Signs of a Psychopath** When a priest from Florida vanishes, police focus on a troubled ex-convict he was helping. **9.30** A mother is killed after reporting her son to the police.
10.00 **Murder Under the Friday Night Lights** In Texas, a popular high-school athlete is found dead in her bedroom.
11.00 **Undercover Underage** A new predator wastes no time contacting Roo's latest persona.
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **The Murder Tapes**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Weeks of War**
11.00 **The Abyss: Rise & Fall of the Nazis** Double bill of editions.
1.00 PM **Apocalypse D-Day**
3.10 **Hitler's British Island**
5.10 **Britain in Colour**
6.10 **Shipwrecks: When History Resurfaces** Documentary.
7.10 **HMS Invincible: Digging Up Britain's Past** The history of the Royal Navy ship HMS *Invincible*.
8.10 **Conspiracy Files: Unsealed**
9.10 **Britain's Most Historic Towns** Exploring the history of Oxford during the Civil War.
10.10 **UFOs Declassified** Unsolved sightings of dark flying objects.
11.10 **Close Encounters** A saucer-shaped object seen in a field. **11.40** A teenager claims to have seen a mushroom-shaped object in a field.
12.10 AM **Ancient Aliens**
3.00 **Shipwrecks: When History Resurfaces** Documentary.
4.00 **Haunted Hospitals**
5.00 **to 6.00** AM **Craig Charles: UFO Conspiracies**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
11.00 **The Antiques Brothers**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** A look into how engineers could have built the Tower of Babel. **7.00** Experts use cutting-edge technology to explore the myths surrounding the legendary lost city of Troy. **8.00** Experts use cutting-edge technology to reveal what lies beneath Mount Rushmore.
9.00 **Salvage Hunters: The Restorers** Cabinet maker Alex repairs a battered chest that once belonged to a secretive Masonic lodge. **10.00** A drill is used to restore a 19th-century urn. **11.00** Leather expert Martin works on a piece of luggage once owned by Russian royalty.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Holden Bros. Restos**
5.00 PM **Lucky!** Formula 1 goes global as drivers Alain Prost and Niki Lauda, as well as newcomers Ayrton Senna and Nigel Mansell, enthral the growing TV audience worldwide. **6.00** Bernie creates a perfect storm as cutthroat drivers in fast cars result in excitement and tragedy for Formula 1, jeopardising the sport's future.
7.00 **Wheeler Dealers** Mike and Elvis take on a Porsche 911. **8.00** Mike nabs a Porsche 997 at a bargain price of £15,000. **9.00** Restoring a 2006 Porsche Cayenne Turbo S. **10.00** Mike buys a G Wagen, a popular German 4x4. **11.00** Mike and Edd work on an Aston Martin DB7. **12.00** M'T Mike buys a Range Rover Mk3 for a bargain price.
1.00 **to 5.00** AM **American Chopper**

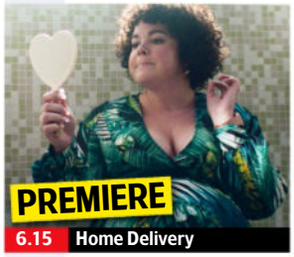
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.25 AM **The Wild Robot** Animation. (2024, U, 102min) ★★★★
9.15 **Venom: The Last Dance**
11.10 **PREMIERE Home Delivery**
12.55 PM **Old Guy** Action comedy. (2024, 15, 94min) ★★★
2.30 **The Luckiest Man in America**
4.15 **Venom: The Last Dance** Fantasy adventure with Tom Hardy. (2024, 15, 110min) ★★★
6.15 **PREMIERE Home Delivery** Comedy starring Melanie Field. (2023, 15, 86min)



6.15 Home Delivery

8.00 Exhibiting Forgiveness Titus Kaphar's drama starring André Holland and John Earl Jelks. An artist's rise to success is scuppered by a visit from his estranged addict father. (2024, 15, 117min)

10.05 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eydelshteyn and Yura Borisov. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
2.20 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
4.15 **to 6.00** AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)

Sky Cinema Hits

303 303 403 503 517

6.15 AM **The SpongeBob...**
7.45 **Barbie** (2023, 12) ★★★★
9.45 **Kong: Skull Island** (2017)
11.45 **Raiders of the Lost Ark** Adventure with Harrison Ford. (1981, PG, 115min) ★★★★★
1.45 PM **Indiana Jones and the Temple of Doom** (1984) ★★★
3.45 **Indiana Jones and the Last Crusade** (1989, PG) ★★★★★
5.55 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★

10.50 Kong: Skull Island

8.00 Interstellar Sci-fi drama starring Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. With Michael Caine and Jessica Chastain. (2014, 12, 166min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Kong: Skull Island Action adventure starring Tom Hiddleston. A secret mission to an island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Abigail** Horror thriller. (2024, 18, 105min) ★★★★
2.45 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
4.25 **to 5.55** AM **The SpongeBob SquarePants Movie** Animated family adventure. (2004, U, 87min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Ray** As shown at 11.50pm.
9.15 **Charlie Wilson's War** Comedy. (2007, 15, 97min) ★★★★
11.05 **Champion** Boxing drama. (1949, b/w, PG, 99min) ★★★★
12.55 PM **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
2.35 **Dear John** Romantic drama. (2010, 12, 108min) ★★
4.25 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
6.30 **Sundown** Drama with Tim Roth and Albertine Kotting McMillan. (2021, 15, 82min) ★★★★
8.00 **One Life** Fact-based drama starring Anthony Hopkins. Months before World War Two, a London stockbroker tries to rescue hundreds children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
10.00 **The Integrity of Joseph Chambers** Drama with Clayne Crawford and Jordana Brewster. (2022, 15, 96min) ★★★
11.50 **Ray** Biopic starring Jamie Foxx as soul music legend Ray Charles. (2004, 15, 152min) ★★★★
2.35 AM **One Life** As 8.00pm.
4.25 **The Cinema List: Pride**
4.45 **to 6.35** AM **Wildhood** Drama starring Steve Lund. (2021, 15, 108min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **Slingshot** As 12.20am.
8.00 **Doom** As shown at 3.50am.
9.55 **The Exorcist: Believer** Horror sequel. (2023, 15, 111min) ★★★
11.55 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★
2.05 PM **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
4.10 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
6.20 **Ouija** Horror chiller starring Olivia Cooke and Ana Coto. (2014, 15, 87min) ★★
8.00 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. (2018, 12, 140min) ★★★★
10.30 **Night Swim** Horror with Wyatt Russell and Kerry Condon. A woman swimming in her pool at night is terrorised by an evil spirit. (2024, 15, 98min) ★
12.20 AM **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
2.15 **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★
3.50 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
5.45 **to 7.25** AM **Zombie Town** Horror comedy. (2023, 12, 92min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

7.30 AM **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
9.10 **Soaring to Life: The Making of How to Train Your Dragon**
9.45 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
11.30 **Charlie and the Chocolate...**
1.30 PM **Ghostbusters: Frozen Empire** (2023, 12) ★★★
3.30 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
6.20 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★

8.45 The Wizard of Oz

8.45 The Wizard of Oz Classic musical fantasy starring Judy Garland as the young Kansas girl who must find her way home after being swept by a twister to the magical land of Oz. (1939, U, 98min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 The Wiz Motown musical updating of *The Wizard of Oz* based on the Broadway show, starring Diana Ross. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Charlie and the Chocolate Factory** Fantasy. (2005, PG, 115min) ★★★★
3.15 **Robin and the Hoods** Comedy. (2024, PG, 101 min) ★★
5.00 **Sky Cinema Preview**
5.55 **to 7.35** AM **Look Who's Talking Now** Comedy sequel. (1993, 12, 95min) ★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Police Story 3: Supercop**
9.20 **American Sniper** Biopic. (2014, 15, 127min) ★★★★
11.40 **Cleaner** Action thriller. (2025, 15, 97min) ★★★
1.30 PM **Bad Boys for Life** Action comedy adventure sequel. (2020, 15, 124min) ★★★
3.40 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
5.40 **Fast & Furious 5** Thriller sequel starring Vin Diesel. (2011, 12, 130min) ★★★

5.40 Fast & Furious 5

8.00 Twisters Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos and Brandon Perea. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Godzilla x Kong: The New Empire Fantasy sequel with Rebecca Hall. Two ancient monsters clash in a battle against an undiscovered threat hidden within the Earth. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Yes, Madam!** Action comedy. (1985, 18) ★★★
1.50 **Project A** Martial arts thriller. (1985, 12, 72min) ★★★
3.40 **Police Story 3: Supercop** Thriller sequel. (1992, 15) ★★
5.25 **to 7.35** AM **Gods of Egypt** Fantasy. (2016, 12) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Strays** (2023, 15) ★★★★
8.45 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
10.40 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
12.35 PM **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★
2.25 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
3.55 **Trainwreck** (2015, 15) ★★★
6.05 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★★★★

6.05 Animal House

8.00 Singin' in the Rain Musical about the transition from silents to talkies in 1920s Hollywood, starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Relax, I'm from the Future Comedy starring Rhys Darby. A man from the future trapped in the past tries to make a life for himself, oblivious to the consequences he has set in motion. (2023, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 A Shot in the Dark Crime caper starring Peter Sellers. (1964, PG, 98min) ★★★★
1.25 AM **Earth Girls Are Easy** Musical starring Geena Davis. (1988, PG, 100min) ★★★
3.20 **Warm Bodies** Horror comedy. (2013, 12, 94min) ★★★★
5.10 **to 6.50** AM **The Estate** Comedy. (2022, 15, 96min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Jericho Ridge** As 1.50am.
7.55 **False Positive** As 4.05pm.
9.35 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
11.40 **Hanna** Action adventure. (2011, 12, 106min) ★★★★
1.40 PM **Angels & Demons** Thriller. (2009, 12, 138min) ★★
4.05 **False Positive** Horror thriller. (2021, 15, 92min) ★★
5.45 **The Sum of All Fears** Action thriller starring Ben Affleck. (2002, 12, 119min) ★★★★

4.05 False Positive

8.00 Inferno Director Ron Howard's adaptation of Dan Brown's thriller, starring Tom Hanks, Felicity Jones and Irrfan Khan. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Snatch Guy Ritchie's crime comedy drama starring Jason Statham. A group of British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Lesson** Thriller. (2023, 15, 103min) ★★★
1.50 AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★
3.25 **Taxi Driver** Disturbing drama. (1976, 18, 110min) ★★★★★
5.25 **to 7.10** AM **The Wasp** Thriller. (2024, 15, 96min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Hue and Cry** Classic Ealing comedy adventure. (1946, b/w, U, 82min) ★★★
12.50 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
2.35 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
4.25 **Fatherhood** Comedy drama. (2021, 12, 109min) ★★★
6.35 **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★

9.00 Venom: Let There Be...

Bumblebee (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Venom: Let There Be Carnage Fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Sicario 2: Soldado Action thriller sequel starring Josh Brolin and Benicio Del Toro. (2018, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 **to 3.10** AM **The Grudge** Mystery horror starring Andrea Riseborough, Demian Bichir and Tara Westwood. (2019, 15, 94min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.20 AM **The Cinema List: Pride**
6.40 **King Arthur: Legend of the Sword** As shown at 2.50am.
8.50 **Wonder Woman** As 10.25pm.
11.15 **Man of Steel** As 8.00pm.
1.40 PM **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
3.40 **Blue Beetle** Fantasy adventure starring Xolo Maridueña. (2023, 12, 127min) ★★★★
5.50 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
8.00 **Man of Steel** Fantasy adventure starring Henry Cavill, Amy Adams and Michael Shannon. (2013, 12, 143min) ★★★
10.25 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. (2017, 12, 121 min) ★★★★
12.50 AM **Madame Web** Fantasy adventure with Dakota Johnson. (2024, 12, 116min) ★★★
2.50 **King Arthur: Legend of the Sword** Fantasy starring Charlie Hunnam. (2017, 12, 126min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.25 AM **Stand by Me** As 1.35am.
7.55 **The Breakfast Club** (1984)
9.35 **Weird Science** As 2.30pm.
11.10 **Friendship's Death** Sci-fi thriller. (1987, 15, 78min) ★★★
12.30 PM **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
2.30 **Weird Science** Fantasy comedy. (1985, 12, 94min) ★★★
4.05 **48 Hrs** As shown at 11.45pm.
5.55 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
8.00 **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as twins conceived as part of an experiment in genetic engineering. (1988, PG, 107min) ★★★
9.50 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. A kooky waitress moves into an architect's dream house and pretends to be his wife. (1992, PG, 102min) ★★★
11.45 **48 Hrs** Thriller with Nick Nolte. (1982, 15, 97min) ★★★★★
1.35 AM **Stand by Me** Drama. (1986, 15, 89min) ★★★★★
3.20 **The Breakfast Club** Comedy. (1984, 15, 97min) ★★★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.15 AM **The Swan Princess: The Secret of the Castle** As 1.55am.
7.35 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
9.20 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
11.00 **Madagascar 3: Europe's Most Wanted** (2012, PG) ★★★★
12.40 PM **Sing** (2016, U) ★★★
2.35 **Rugrats Go Wild** Animated comedy. (2003, U, 81 min) ★★★
4.00 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
5.35 **Antz** Animated comedy. (1998, PG, 83min) ★★★
7.05 **Penguins of Madagascar** Animated comedy adventure. (2014, U, 88min) ★★★★
8.45 **The Garfield Movie** Animation. (2023, U, 101 min) ★★★
10.35 **Mavka: The Forest Song** Animated family fantasy. (2023, PG, 99min) ★★
12.20 AM **Under the Boardwalk** Animation. (2023, PG) ★★★
1.55 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
3.15 **The Road to El Dorado** Animation. (2000, U) ★★★
4.55 **to 6.30** AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★★★

Movies 24

312 313 419

7.00 AM **Stepping into Love** Drama. (2023, PG, 82min) ★★
9.00 **Love's Playlist** (2023, PG) ★★
11.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **The Professional Bridesmaid** Romantic drama. (2023, PG, 90min) ★★
3.00 **PREMIERE** **Falling in Love in Niagara** Romantic drama. (2024, PG, 84min) ★★
5.00 **Sparks Over Brooklyn** Drama. (2023, PG, 89min) ★★
7.00 **Styled with Love** Romantic comedy starring Rachel Bles. A personal stylist develops a relationship with a professional photographer who takes glamorous shots of her clients. (2022, PG, 89min) ★★
9.00 **Love on Retreat** Drama with Ansley Gordon. A beauty brand employee falls for her boss's brother during a company retreat. (2023, PG, 85min) ★★
11.00 **The Royal Nanny** Comedy. (2022, PG, 84min) ★★
1.00 AM **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Fashionably in Love** Comedy. (2023, PG, 87min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Strange Invaders** Sci-fi comedy. (1983, 12, 89min) ★★
7.50 **A Lifetime Ago with the Baim Collection**
8.20 **The Gallant Hours** Biopic. (1960, b/w, U, 115min) ★★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Restless Breed** Western. (1957, PG, 86min) ★★
12.50 PM **Worzel Gummidge** (S1)
1.25 **Batman** 21/60. (S2)
2.00 **What's On TPTV with Noel**
2.10 **Adam Had Four Sons** Drama. (1941, b/w, U, 81 min) ★★
3.50 **Look at Life** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town** Documentary.
5.00 **The Footage Detectives**
6.00 **Assignment K** (1967, U) ★★
7.55 **Cinebox Memories**
8.00 **Gideon's Way** 24/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club** 6/7. (S4)
9.55 **Night of the Demon** Horror. (1957, b/w, PG, 91 min) ★★★★
11.55 **Budgie** 5/13. (S2)
12.55 AM **The Heritage Chart Show**
1.55 **The Beverly Hillbillies** Comedy starring Jim Varney and Erika Eleniak. (1993, PG, 93min) ★★
3.45 **The Rogues** 7/30. (S1)
4.45 **The Texan** 33/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Super League Gold**
7.05 **LIVE NRL South Sydney Rabbitohs v Canterbury Bulldogs.** Coverage of the match from the 15th round of fixtures at Accor Stadium. Kick-off **7.05am**.
9.00 **Good Morning Sports Fans**
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the fifth and final day of the ICC World Test Championship final at Lord's.
12.00 NOON **LIVE World Cup of Darts** Coverage of the quarter-finals on the afternoon session of the fourth day staged at Eissporthalle, Frankfurt.
4.00 PM **LIVE US Open Golf** Coverage of the fourth and final day of the Major at Oakmont Country Club in Pennsylvania.
6.30 **LIVE Formula 1** The Canadian Grand Prix, the 10th round of the season at Circuit Gilles-Villeneuve in Montreal. Start-time **7.00pm**.
9.00 **LIVE US Open Golf** Further coverage of the fourth and final day of the Major in Pennsylvania.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Bolton Wanderers v Chelsea in the 2004/05 season.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Southampton v Fulham.
3.30 Southampton v Ipswich.
4.00 Southampton v Leicester.
4.30 Highlights from Southampton v Newcastle United.
5.00 **Premier League Highlights** Action from Southampton v Nottingham Forest at St Mary's.
5.30 Southampton v Wolves.
6.00 Tottenham v Brentford.
6.30 Tottenham v Everton.
7.00 **My Origin Story: Mateo Kovacic** The midfielder's career.
7.15 **Sticker Book** Players' memories.
7.45 **My Origin Story: Moises Caicedo**
8.00 **Gary Neville's Soccerbox**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Cup Highlights**
8.30 **EFL Trophy** Action from Portsmouth v Salford City.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
11.00 **EFL** Play-off finals.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
6.00 **Dundee United: Champions 83**
6.30 **Craig Brown: My Scotland** The former Scotland manager reflects on his time with the national side.
7.00 **There's Only One Sauzee** An interview with Franck Sauzée.
7.30 **SPFL Greatest Games**
9.30 **SPFL Highlights** Action from Rangers v Celtic in May 2019.
10.00 **SPFL Greatest Games** Rangers v Celtic from 2019/20.
10.30 Highlights of Celtic v Rangers from December 2019.
11.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
12.00 M'T **EFL** The 2022/23 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
6.30 **The Boy from Baracara**
7.00 **Test Cricket** Australia v S Africa.
8.00 **Best of ICC WT20**
9.00 **Test Cricket** Australia v S Africa.
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the fifth and final day of the ICC World Test Championship final at Lord's in London. The last time these two sides met in a Test match was at the end of a three-match series in January 2023, as Australia completed a 2-0 victory at home.
6.30 PM **Best of ICC WT20**
7.00 **Ashes Greats** Player profiles.
7.30 **Best of England v Windies**
8.00 **One-Day International Cricket** Action from England v West Indies.
9.00 **The Boy from Baracara**
9.30 **Test Cricket** Australia v South Africa from Lord's in London.
10.30 **Best of England v Windies**
11.00 **Test Cricket** Australia v S Africa.
12.00 M'T **Best of England v Windies**
1.00 AM **Test Cricket** Highlights.
2.00 **The Boy from Baracara**
2.30 **Best of England v Windies**
3.00 **Test Cricket** Australia v S Africa.
4.00 **Best of England v Windies**
5.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour**
7.00 **US Open** The third day.
8.00 **HotelPlanner Tour Golf**
8.30 **LIVE Golf** Coverage of the first session of the final of the R&A Women's Amateur Championship.
12.30 PM **US Open** Day three.
1.30 **LIVE Golf** The second session of the final of the R&A Women's Amateur Championship in Scotland.
4.00 **LIVE US Open** Coverage of the fourth day of the Major.
12.00 M'T **PGA Tour Champions**
1.00 AM **Fitzpatrick: The Boss of Brookline** Matt Fitzpatrick.
2.00 **Golf Academy** Expert tips.
3.00 **US Open** The fourth day.
4.00 **US Open Official Films**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA All Access**
7.00 **WTA & ATP Tennis**
11.00 **LIVE WTA Tennis** Coverage of the S-Hertogenbosch Open final.
1.00 PM **LIVE ATP Tennis** Coverage of the S-Hertogenbosch Open and Stuttgart Open finals.
3.30 **ATP Tour This Week**
4.00 **WTA Tennis** A recent final.
6.00 **ATP Tennis** Recent highlights.
10.00 **WTA All Access**
10.30 **ATP Tour This Week**
11.00 **WTA Tennis** A recent final.
1.00 AM **ATP Tennis** Halle Open final.
2.00 **Bitesize Tennis** Highlights.
3.00 **to 6.00** AM **ATP & WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.30 AM **FIM Speedway Grand Prix**
7.30 **Gallagher Premiership Rugby Union** A replay of the final.
9.00 **LIVE AFL West Coast Eagles v Carlton Blues.** Coverage of the match staged at Optus Stadium in Perth. Bounce-up **9.10am**.
12.00 NOON **MLB: Off the Bat**
12.30 PM **MLB Highlights**
1.30 **TNT Sports Cricket Reload**
1.45 **T20 Cricket Highlights**
2.45 **LIVE T20 Cricket Ireland v West Indies.** Coverage of the third and final T20 in the series from Bready Cricket Ground in Magheramason, County Tyrone.
6.45 **TNT Sports Cricket Reload**
7.00 **FIM Speedway Grand Prix**
8.00 **Superbike World Championship** From Italy.
9.00 **LIVE NWSL Portland Thorns v Washington Spirit.** Coverage of the match staged at Providence Park. Kick-off **9.00pm**.
11.15 **UEFA Women's Champions League** Arsenal v Barcelona.
11.45 **UEFA Champions League**
12.00 M'T **LIVE MLB** Coverage from the latest match.
3.15 AM **MLB Classic** Archive action.
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE AFL Port Adelaide Power v Melbourne Demons.** Coverage of the game at Adelaide Oval. Bounce-up **6.20am**.
9.00 **Superbike World Championship** From Italy.
9.30 **LIVE Superbike World Championship** Coverage from the sixth round of the season at Misano World Circuit in Italy.
10.45 **Superbike Rewind**
11.15 **LIVE Superbike World Championship** Further coverage from the sixth round of the season at Misano World Circuit in Emilia-Romagna, Italy.
3.15 PM **Sign Up – Into Football**
4.00 **LIVE IFSC Climbing World Cup** Coverage of the men's bouldering final in Switzerland.
6.30 **LIVE MLB Boston Red Sox v New York Yankees.** The American League East match at Fenway Park. Start-time **6.35pm**.
9.45 **Premiership Rugby Union**
11.15 **FIM Speedway Grand Prix**
1.15 AM **Superbike World Championship** From Italy.
2.15 **AFL** Two match replays.
5.15 **NBA on Fire** The latest news.
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Jonas v Dicaire.
7.00 **Super League Gold**
7.05 **LIVE NRL South Sydney Rabbitohs v Canterbury Bulldogs.** Coverage of the match from the 15th round of fixtures at Accor Stadium. Kick-off **7.05am**.
9.05 **The Rugby Championship**
11.00 **Darts Gold** Archive action.
12.00 NOON **LIVE World Cup of Darts** Coverage of the quarter-finals on the afternoon session of the fourth day staged at Eissporthalle, Frankfurt.
4.00 PM **PDC Classics** Highlights.
5.00 **Darts Gold** Archive action.
6.00 **LIVE World Cup of Darts** Coverage of the semi-finals and final on the evening session of day four of the tournament at Eissporthalle, Frankfurt. After claiming an 8-4 win over Scotland in the semi-finals at last year's event, the top-seeded pairing of Luke Humphries and Michael Smith carried England to a 10-6 triumph over Austria in the final.
10.00 **Darts Gold** Archive action.
11.00 **World Cup of Darts**
3.00 AM **Darts Gold** Highlights.
4.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Sports Sunday**
1.00 PM **LIVE ATP Tennis** Coverage from the ATP S-Hertogenbosch Open final staged at Autotron Rosmalen in the Netherlands, and the ATP Stuttgart Open final at Tennis Club Weissenhof in Stuttgart, Germany.
3.30 **Best of England v Windies** A look back at West Indies' chase of 322 in August 2017.
3.55 **LIVE Vitality T20 Blast Cricket Somerset v Kent Spitfires.** Coverage of the South Group match staged at Cooper Associates County Ground.
7.15 **LIVE LPGA Tour Golf** Coverage of the fourth day's play of the Meijer LPGA Classic staged at Blythefield Country Club in Belmont, Michigan.
9.00 **Sky Sports News** With live analysis, comment and interviews.
12.00 M'T **EFL Highlights** Leyton Orient v Stockport County.
12.30 AM Highlights of Notts County v AFC Wimbledon.
1.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Test Cricket** Highlights.
7.00 **Golf** Recent action.
8.30 **LIVE Golf** Coverage of the first session of the final of the R&A Women's Amateur Championship.
12.30 PM **US Open Golf** Day three.
1.30 **LIVE Golf** The second session of the final of the R&A Women's Amateur Championship in Scotland.
5.30 **WTA All Access**
6.00 **Fight Night** Simpson v Zucco.
7.00 **Women's State of Origin**
8.00 **Abbie Ward: A Bump in the Road** Rugby union documentary.
9.15 **My Icon** Maggie Alphonsi.
9.30 **LIVE Indy NXT** The Outfront Showdown in Madison, Illinois.
10.30 **Golf** Highlights and features.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Azim v Lipinets.
2.00 **Test Cricket** Australia v S Africa.
3.00 **EFL Greatest Games**
4.00 **US Open Official Films**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **T20 Cricket Highlights**
7.00 **Men's Cycling Pro Series**
8.00 **Women's Cycling**
9.00 **Cycling** Criterium du Dauphine.
10.00 **LIVE Cycling: Tour of Switzerland** Coverage of the fourth stage of the women's race, a 129.4km route in Kussnacht.
1.00 PM **Playing for Our Future**
1.15 **Cycling** Criterium du Dauphine.
2.10 **LIVE Cycling: Criterium du Dauphine** The eighth stage of the men's race, a route of 133.3km from Val-d'Arc to Val-Cenis – Plateau du Mont-Cenis.
4.30 **MLB: Off the Bat**
5.00 **MLB Highlights**
6.00 **AFL** Two match replays.
9.00 **Cycling** Tour of Switzerland.
10.00 **Men's Cycling Pro Series**
11.00 **Men's Cycling** Recent action.
1.00 AM **T20 Cricket Highlights**
2.00 **Women's Cycling**
3.00 **Men's Cycling Pro Series**
4.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE FIA World Endurance Championship** Coverage of the 24 Hours of Le Mans, the fourth round of the season in Le Mans, France. The Ferrari AF Corse team of Antonio Fuoco, Miguel Molina and Nicklas Nielsen were the victorious drivers last year, beating Toyota Gazoo Racing's Kamui Kobayashi, José María López and Nyck de Vries into second place.
4.00 PM **French Open Tennis**
6.00 **WNBA** Highlights of Minnesota Lynx v Los Angeles Sparks.
7.00 **NBA** A chance to see Indiana Pacers v Oklahoma City Thunder in game four of the NBA Finals.
8.30 **NBA on Fire** The latest news.
9.00 **UFC** Usman v Buckley.
12.00 M'T **UFC Connected**
12.30 AM **SailGP Highlights**
1.30 **Motocross World Championship**
4.30 **MotoGP Highlights**
5.30 **to 6.00** AM **Formula E**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **PSA Squash Highlights**
8.00 **World Surf League**
9.00 **Transworld Sport** Magazine.
10.00 **Ultimate Karting Championship** Recent action.
1.00 PM **NHL Tonight** Highlights from the previous evening's NHL action.
2.00 **PSA Squash Highlights**
3.00 **DTM Highlights** The latest round of the season in Zandvoort.
4.00 **World Surf League** Action from the Bonsoy Gold Coast Pro.
5.00 **Transworld Sport** Magazine.
6.00 **NASCAR Highlights**
7.00 **LIVE NASCAR** Coverage of the Viva México 250, the 16th round of the season at Autódromo Hermanos Rodríguez, Mexico City.
12.00 M'T **Michelin Le Mans Cup**
12.30 AM **MotorSport** Le Tour Auto.
1.00 **British Minibikes**
3.00 **LaLiga Specials**
4.00 **Transworld Sport** Magazine.
5.00 **to 6.00** AM **Africa Eco Race**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **FastZone** Motorsports highlights.
9.30 **MotorSport** Le Tour Auto.
10.00 **CONCACAF Gold Cup**
12.00 NOON **Temples of Sport**
12.30 PM **United Rugby Championship**
2.30 **GP Confidential** F1 news.
3.00 **Top 14 Rugby Union**
5.00 **LaLiga Specials**
5.30 **LIVE LaLiga 2** Coverage of the promotion play-off final first-leg.
8.30 **NHL Ice Hockey** Stanley Cup.
10.30 **LaLiga Specials**
11.00 **LIVE CONCACAF Gold Cup USA v Trinidad and Tobago.** Coverage of the Group D match at PayPal Park. Kick-off **11.00pm**.
1.00 AM **LaLiga Match Highlights**
1.15 **LIVE CONCACAF Gold Cup Haiti v Saudi Arabia.** The Group D match. Kick-off **1.15am**.
3.15 **LaLiga Specials**
4.00 **to 6.00** AM **LIVE CONCACAF Gold Cup Costa Rica v Suriname.** Kick-off **4.00am**.

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Canadian GP.
8.00 **Ted's Notebook**
8.30 **Indycar** Recent action.
9.30 **F1 Academy Highlights**
10.20 **F1 Features**
10.45 **F1 Academy Highlights**
11.45 **Formula 1** Canadian Grand Prix.
1.00 PM **Jenson & the FW22**
1.15 **Formula 1** Canadian Grand Prix.
3.15 **F1 Features**
3.50 **LIVE F1 Academy** The Canadian Grand Prix race three.
4.40 **F1 Features**
5.30 **LIVE Formula 1** The Canadian Grand Prix. Start-time **7.00pm**.
10.00 **Ted's Notebook**
10.30 **Formula 1** Canadian Grand Prix.
11.30 **Ted's Notebook**
12.00 M'T **F1 Academy Highlights**
1.00 AM **LIVE Indycar** Bommarito Automotive Group 500 in Illinois.
3.30 **F1 Features**
4.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

16 June

Evening Planner

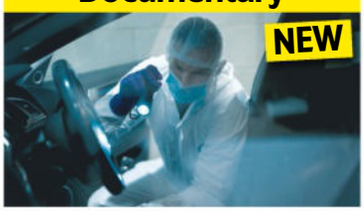
Football

Club World Cup

5 & DAZN, kick-off 8pm

Chelsea face Los Angeles FC in their first group match, a squad that includes former Spurs goalkeeper Hugo Lloris.

Documentary



Murder 24/7

BBC2, 9pm (box set, BBC iPlayer)

As the documentary returns, cameras follow detectives in real time as they look into the murder of a delivery driver.

Documentary

Killer Kings

Sky History, 9pm

Six-parter looking at ruthless rulers through history, starting with Henry VIII, dubbed 'Britain's serial killer monarch'.

OnDemand

Disney+

Underdogs

Available today

Ryan Reynolds narrates this documentary that gets down and dirty with the natural world's benchwarmers

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †	8.30 Scam... †	9.00 The Gold		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Mississippi: Earth's Great Rivers		8.00 Your Garden Made Perfect		9.00 Murder 24/7		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Shardlake		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 Night Coppers		10.00 Celebrity Gogglebox	
	105 5	7.00 Football: FIFA Club World Cup – Live: Chelsea v Los Angeles FC (Kick-off 8.00)							
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 Film: Beverly Hills Cop 3			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 The Traitors NZ		9.00 Body on the Beach: What Happened...		10.00 Film: 28 Days Later...	
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 Code-Breakers: Bletchley Park's Lost...		9.00 The Nazis: A Warning from...		9.50 Rise of the Nazis: Dictators at War	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 G'wed	10.40 Family...
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Top Guns: Inside the RAF		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Mary & George			
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You? At...	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	‹ 6.55 River...	7.20 The Royal...	7.55 Beat the Chasers		9.00 Film: The Client			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard: Wonderbox		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.05 Rob Beckett's Smart TV		9.00 Poker Face		10.00 Warrior	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu Royale: Coronation Concert Live in Amsterdam				10.10 Classic FM Live: Hall of Fame...	
	132 U&W	7.00 Missing Persons Investigation		8.00 Pete Wicks: For Dogs' Sake		9.00 Deadly Waters with Captain Lee		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue							
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Fish or Die				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Stanford Prison Experiment...		10.00 Colossal Machines Compilations...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 Killer Kings		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Canal Boat Diaries		9.00 Australia with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Escobar by Escobar		9.00 Spitfire			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Venom: The Last Dance		8.00 The Luckiest Man in America			9.45 Anora		
	302 5 STAR MOVIES	‹ 5.55 Frost/Nixon		8.00 One Life				10.00 The Holdovers	
	303 ORIGINALS	‹ 6.20 Hounds of War		8.00 The Beekeeper				10.00 Ferrari	
	304 GREATS	‹ 6.10 Wayne's World		8.00 Wayne's World 2			9.50 Dumb and Dumber		
	305 ANIMATION	7.10 Surf's Up			8.40 Rugrats in Paris			10.05 The Road to El Dorado	
	306 FAMILY	7.15 Stuart Little			8.50 Stuart Little 2			10.20 Look Who's Talking Too	
	307 ACTION	‹ 5.50 The Mummy		8.00 Godzilla				10.10 Justice League	
	308 COMEDY	‹ 6.05 O Brother, Where Art Thou?		8.00 Superbad			9.55 Howard the Duck		
	309 THRILLER	‹ 6.15 A Sacrifice		8.00 Now You See Me				10.05 Lawless	
	310 DRAMA	‹ 6.05 Jackie		8.00 Chicago				10.00 Wildhood	
	311 SCI-FI	‹ 5.55 Terminator Salvation		8.00 The Nun			9.45 Annabelle: Creation		
	313 FILM4	‹ 6.45 Instant Family				9.00 Déjà Vu			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's...	8.30 MNF Special: Pep Guardiola			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 Bundesliga: Ruhr Valley				9.00 Bundesliga Specials		10.00 Bundesliga	
	404 CRICKET	7.00 One-Day International Cricket				9.00 Women's International One-Day Cricket		10.00 Test Cricket	
	410 TNT SPORTS 1	‹ 6.00 Ultimate Pool – Live: Coverage from Group 3 of the Pairs Cup					9.30 PL Stories	10.00 Men's Cycling World Tour	
	411 TNT SPORTS 2	‹ 6.30 MotoGP...	7.30 Michelin Le...	8.00 Superbike World Championship...		9.00 FIM Speedway Grand Prix Highlights		10.00 Longines Global Champions Tour	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **NEW SERIES The Moment of Proof** A jacket left in a stolen car carries DNA evidence. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Charlie Dimmock and Florence Headlam create an Islamic-themed garden in Egham, Surrey. (S)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 Bridge of Lies

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Jean takes action to right a wrong, Alfie is hiding something, and George receives some much-needed advice. (S)(AD)

8 PM

8.00 **Panorama: Funfairs – How Safe Are They?** New edition Investigating the safety of funfair rides. (S)
8.30 **Scam Interceptors** Scammers hurling a barrage of abuse at their victims. (S)(R)

9 PM

9.00 **The Gold** New episode 4/6. The British police join forces with the DEA to take down the operation. In Tenerife, John Palmer has an unwelcome visitor as the pressure builds. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got a Bit More News for You** Kirsty Young hosts the satirical quiz show, with Phil Wang and Armando Iannucci. (S)(R)
11.10 **NEW TO BBC1 Ragdoll** 1/6. Crime thriller starring Lucy Hale. A gruesome discovery at a block of flats sets DI Baxter, DS Rose and DC Edmunds on the trail of a killer. *Previously on U&Alibi.* (S)(AD)
11.55 New episode 2/6. The team desperately hunt down the second victim. (S1) (S)(AD)
■ Entire series on BBC iPlayer
12.40 AM **Pointless Celebrities** (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Saturday Kitchen Best Bites**
8.00 **Sign Zone: Springwatch** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Clare Balding presents coverage of day one of the men's grass-court tournament at Queen's Club, featuring matches from the first round of the singles competition. (S)
6.00 **Richard Osman's House of Games** With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S)(R)
6.30 **Robson Green's Weekend Escapes** Robson explores Northumberland with actor Kevin Whately, with the duo having a go at sand art and heading out to sea in a rowing boat. (S)(R)(AD)

1.00 Tennis: Queen's

7.00 **Mississippi: Earth's Great Rivers** 3/3. A journey along the American river, whose fingers stretch into nearly half of the USA, following it through varied landscapes from its source to its mouth. (S)(R)(AD)

8.00 **Your Garden Made Perfect** 1/6. Garden makeover show presented by Angela Scanlon, beginning with Steph, who lives in St Annes near Blackpool and needs help with her dilapidated space. (S)(R)

9.00 **NEW SERIES Murder 24/7** 1/6. Return of the documentary following murder investigations, beginning with detectives launching a manhunt when a delivery driver is beaten to death in broad daylight. (S)(AD)
■ Continues tomorrow

10.00 **Upstart Crow** *Sweet Sorrow*: 6/6. Will finally manages to finish *Romeo and Juliet*, but it leaves him with the problem of who to cast in the main roles. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)

11.00 **FILM The Piano** Oscar-winning drama starring Holly Hunter as a mute Scottish woman caught in a bizarre romantic triangle in 19th-century New Zealand. (S)(AD) (1993, 15, 115min) ★★★★
12.55 AM **Sign Zone: Countryfile** (S)(R)
1.50 **Sign Zone: Race Across the World** 8/9. The final leg. (S)(R)(AD)
2.50 **Sign Zone: Antiques Roadshow** Fiona Bruce hosts from Pitzhanger Manor and Gallery in Ealing. (S)(R)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Jason Williams heads to the Malvern Spring Festival for a look at this year's stand-out gardens, and Alan shares the latest seasonal highlights from his own plot. (S)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Shardlake

7.30 **Emmerdale** Victoria is disappointed, Bear has some good news, and Aaron might change his mind. (S)(AD)

8.00 **Coronation Street** Brody gets on the wrong side of Lisa, Sally wants to share her concerns with social services, Lou denies reporting Maria to the police, and Sean shows Todd a picture of Theo on a dating app. (S)(AD)

9.00 **Shardlake** New episode 2/4. The lawyer's investigation intensifies, and Barak grows frustrated while following the trail of the monastery's accounts as he believes that there may be a cover-up. (S1) (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Litvinenko: The Mayfair Poisoning** Documentary following the investigation into Alexander Litvinenko's murder. (S)(R)(AD)

11.40 **The Royal Procession at Ascot: Celebrating 200 Years** Alice Loxton celebrates the history and heritage of the opening to the Royal Ascot meeting, exploring why it remains so popular and important to this day. (S)(R)
12.05 AM **Teleshopping**
3.00 **Fake** 7/8. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dermot O'Leary's Taste of Ireland** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 17-19/26. (S8) (S)(R)
7.45 **The King of Queens** (S)(R)(AD)
8.40 **Frasier** 16&17/24. (S1) (S)(R)(AD)
9.40 **F1: Canadian Grand Prix Highlights** Action from the 10th round of the season. (S)(R)
11.10 **Ramsay's 24 Hours to Hell and Back** From Kansas. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** (S)(R)(AD)
5.00 **Chateau DIY** Trish makes a rotten discovery underneath her pool decking. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Rob and Steve launch new events at their French vineyard in Gironde. (S)(R)

8.00 Dover 24/7

7.00 **News** (S)

8.00 **Dover 24/7: Britain's Busiest Port** New edition At the start of the school holidays, an IT outage threatens the port's entire operation, while the team race to bring in the largest cruise ship of the season. (S)(AD)

9.00 **Night Coppers** New edition Robbie takes on the response to a large fire that has engulfed a seafront hotel, while Zoe and Jodie respond to a domestic violence call and are determined to capture the suspect. (S)(AD)

10.00 **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, sharing their views on what they have been watching on TV. (S)(R)(AD)

11.00 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **NEW Walter Presents: Pale Mountains** 1/8. Italian crime thriller. Subtitled. (S1)
■ Entire series on C4 Streaming
2.00 **Our Guy in Vietnam** (S)(SL)(R)
2.55 **Levison Wood: Walking with Lions** Documentary. (S)(SL)(R)(AD)
3.50 **George Clarke's Amazing Spaces**
4.25 **Jamie's Comfort Food** (S)(R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **The Hidden Stranger: A Teagarden Mystery** Crime drama starring Candace Cameron Bure. (S)(R)
4.00 **Bargain-Loving Brits in the Sun** New edition Transgender singer Rocking Stephanie impersonates Elvis Presley. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall encounters a rescue dog from Romania that is afraid of men. (S)(R)
6.55 **News** (S)

7.00 Football: FIFA Club World Cup

7.00 **LIVE Football: FIFA Club World Cup** Chelsea v Los Angeles FC: Coverage of the Group D match at Mercedes-Benz Stadium in Atlanta. Chelsea were one of the first teams to secure their place in this competition when they won the 2020/21 UEFA Champions League and they recently tasted more continental glory when they won the UEFA Conference League. In contrast, Los Angeles were the last team to qualify, beating Club América in a play-in match after Club León were removed from the competition. Commentary and reports from Rich Wolfenden, Michael Brown and Anita Jones. Kick-off is at 8.00. *See feature, page 28.* (S)

10.45 **LIVE Football: FIFA Club World Cup** Boca Juniors v Benfica: All the action from both teams' opening Group C match, held at Hard Rock Stadium in Miami. With commentary and reports from Conor McNamara, Andros Townsend and Alex Aljoe. Kick-off is at 11.00. (S)
1.30 AM **PlayOJO Live Casino Show** Interactive gambling. (S)
3.30 **Friends** (S6) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** The history of rivalry between different brands of chocolate biscuits. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 18/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *The Bob Next Door:* A new neighbour moves in next door and proves popular with everyone. (S)(R)
5.30 *To Surveil with Love:* Surveillance cameras are installed in Springfield. (S)(R)
6.00 **The Office (US)** 14/26. A prospective buyer of Dunder Mifflin visits the office. (S)(R)
6.30 15/26. Michael has trouble adjusting to Dunder Mifflin's acquisition. (S6) (S)(R)

9.00 Beverly Hills Cops 3

7.00 **The Simpsons** *Judge Me Tender:* Moe is asked to join the *American Idol* judging panel. (S)(R)
7.30 *Elementary School Musical:* Lisa embraces her creative side at a performing arts camp. (S)(R)

8.00 **Predators** *Cheetah:* 1/5. A notorious brotherhood of cheetahs rule the southern plains of the Serengeti, until a raging bushfire turns their world upside down. (S)(R)(AD)

9.00 **FILM Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart Detroit cop Axel Foley traces a cop killer to his old Beverly Hills stomping ground, where he discovers that LA's Wonder World theme park is being used as a front for criminal activities. (S) (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** Satirical chat show. (R)
11.45 **Curb Your Enthusiasm** 1/10. Larry shocks his friends by taking a job as a car salesman. (S)(R)
12.25 AM 2/10. Jeff helps Larry exact revenge. (S2) (S)(R)
1.05 **The Force: Manchester** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
8.00pm Scam Interceptors (S)(R) **8.30-9.00** Disclosure: Where Will All My Rubbish Go? New edition (S) **11.10** Panorama: Funfairs: How Safe Are They? New edition (S) **11.40** Scotcast (S)(R) **12.10am** NEW TO BBC1 Ragdoll (S)(AD) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
8.30-9.00pm True North: Summer in the Fountain (S)(R)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Bog Amach Series finale (S)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Hewlfa Drysor (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Dylan ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ci Perffaith **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** NEW SERIES Y Byd ar Bedwar **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.28** Y Tywydd **9.30** Cefn Gwlad (AD) **10.30-11.35pm** Yr Ynys

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Actor Michael Sheen is the Star in a Reasonably Priced Car.
7.55 **The Catch Up**
8.00 NEW SERIES **The Traitors NZ** 1/12. Everyday New Zealanders join Paul Henry at Claremont Manor.
9.00 **Body on the Beach: What Happened to Annie?** 1/4. Journalist Hazel Martin investigates the death of Annie Börjesson. **9.30** 2/4. Hazel pieces together Annie's final hours.
10.00 FILM **28 Days Later** Horror thriller starring Cillian Murphy. Survivors band together when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. (2002, 18, 113min) ★★★★
11.45 **Cuckoo** 3&4/6. (S4)
12.40 AM **Body on the Beach: What Happened to Annie?**
1.40 **Paranormal: The Village That Saw Aliens**
2.40 **My Mate's a Bad Date**
3.00 **to 3.45** AM **I Kissed a Boy: The Reunion**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** How skeletons have evolved to help animals sense the world around them.
7.30 **War Walks** The German invasion of France in 1940.
8.00 **Code-Breakers: Bletchley Park's Lost Heroes** A wartime project to unravel the secrets of Hitler's personal code machine.
9.00 **The Nazis: A Warning from History** The decisions that led to the Holocaust.
9.50 **Rise of the Nazis: Dictators at War** A look at how Hitler and Stalin took charge of their armies.
10.50 **Omnibus: Sebastião Salgado – Looking Back at You** A 1993 profile of the Brazillian photojournalist, who died last month.
11.45 **Arena: Salgado – The Spectre of Hope**
12.35 AM **Secrets of Bones**
1.05 **War Walks** As 7.30pm.
1.35 **The Nazis: A Warning from History** As 9.00pm.
2.25 **to 3.25** AM **Rise of the Nazis: Dictators at War**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions from Cheltenham and Gloucester.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw head to County Down in Northern Ireland to restore a 1987 MG Metro 6R4 rally car. **6.55** Tim and Fuzz take on a 1980 Jaguar XJ-S V12.
7.55 **Kirstie and Phil's Love It or List It** A Surrey couple are undecided about their riverside cottage.
9.00 **Top Guns: Inside the RAF** A junior pilot has a close encounter over Syria, and engineers work round the clock to keep the Typhoons battle-ready in Cyprus. Two pilots in Lincolnshire prepare for deployment.
10.00 **24 Hours in A&E** A man is admitted with acute abdominal pain and has to undergo emergency surgery, and a 10-year-old boy is brought in after falling out of a tree on a family picnic.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Holidays of Future Passed:* Animation.
7.00 **Hollyoaks** Grace plans a surprise for her sister.
7.30 **The Simpsons** *See Homer Run:* Lisa goes on a rampage through school.
8.00 **Below Deck Down Under** New edition The guests get upset with Aesha when their Great Barrier Reef diving excursion gets denied.
9.00 **Gogglebox** Opinions on shows including *Tiger King 2, I'm a Celebrity...Get Me Out of Here!* and *Close to Me.*
10.00 **First Dates**
11.05 **Naked Attraction**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI: Most Wanted** 5/14. A military veteran snaps. (S1)
2.00 **Customs UK** Double bill.
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 Elsbeth

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** (S3)
10.10 **Billions** 3&4/12. (S7)
12.20 PM **Game of Thrones** (S5)
1.25 **The King** 7&8/8. (S1)
3.30 **The Sopranos** 7/13. Junior undergoes surgery for stomach cancer.
4.40 8/13. Tony's generosity in giving up his time with Dr Melfi pays off. (S3)
5.45 **Billions** 3/12. Prince tries to profit from an employee's work.
6.50 4/12. Chuck embarks on a case with ties to Prince. (S7)

7.55 Game of Thrones

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 7/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 15/22. (S4)
12.00 NOON **The Flash** 8/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **SEAL Team** 22/22. (S1)
4.00 **S.W.A.T.** 18/21. (S3)
5.00 **Supergirl** 14/22. Ben Lockwood and the Elite stir up trouble during a rally. (S4)
6.00 **Stargate SG-1** 9/20. The team stumble upon a Goa'uld-human hybrid and take it to Earth. (S9)

8.05 Rob Beckett's Smart TV

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.40 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Dinner Date**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 G'wed

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** *Keep on Running.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 2/9. Lord Merton continues his hot pursuit of Isobel. (S5)
6.00 **Heartbeat** *Ties That Bind:* Armed robbers target post offices around Aidensfield.

10.00 Grantchester

7 PM

7.00 Nothing to Declare A drug-runner conceals his stash in an unlikely place. **7.30** Officers make a disturbing discovery.

7.55 Game of Thrones *The Gift:* 7/10. Jon prepares for conflict, Sansa tries to talk to Theon, Brienne waits for a sign, and Jaime attempts to reconnect with his family. (S5)

7.00 Stargate SG-1 *The Fourth Horseman – Part One:* 10/20. An SGC officer unwittingly spreads a virus on Earth. (S9)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Deadlier Than the Male:* A newcomer steals David's heart and threatens to undermine Peggy's hold over him.

8 PM

8.00 FBI: Most Wanted *Radio Silence:* 11/13. Two NYPD officers are killed by an unknown shooter. (S5)

8.05 Rob Beckett's Smart TV Featuring Cush Jumbo, Anna Maxwell-Martin and Romesh Ranganathan.

8.00 Million Dollar Listing: LA A three-way negotiation between Flagg, Tracy and Altman leaves Flagg without a house.

8.00 Midsomer Murders *The Sting of Death:* Barnaby and Winter investigate when a beekeeper and aristocrat, who has produced a honey said to have extraordinary healing power, is attacked. Guest stars Griff Rhys Jones.

9 PM

9.00 Elsbeth New episode *Gold, Frankincense and Murder:* 6/20. A celebrity Christmas curator is killed in a freak accident. (S2)

9.00 Mary & George *The Golden City:* 5/7. Mary puts pressure on George to marry the wealthy Katherine Manners.

9.00 Poker Face *The Sleazy Georgian:* 8/12. Charlie encounters a group of con artists. Guest stars Melanie Lynskey. (S2)

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM

10.00 Blue Bloods *Ghosted:* 3/21. Danny and Baez investigate after their friend is hospitalised. (S13)
11.00 **Law & Order: Organized Crime** 11/13. (S4)
12.00 M'T **FBI** 14/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Rookie** New episode (S7)
3.00 **The Good Doctor** 12/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.00 Mary & George *The Queen Is Dead:* 6/7. George tries to persuade the king to open Parliament to request funds. (S1)
11.00 **Homicide: Life on the Street** 10/23. A man is lynched. (S6)
11.55 **The Gilded Age** 8/8. (S2)
1.00 AM **The White Lotus** (S1)
2.05 **Big Little Lies** 6/7. (S1)
3.05 **The Leftovers** 10/10. (S1)
4.00 **Game of Thrones** As 7.55pm.
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

10.00 Warrior *There's No China in the Bible:* 2/10. Big Bill and Lee investigate a grisly murder in an alley next to an Irish bar. (S1)
11.00 **Brit Cops: Rapid Response**
12.00 M'T **The Force: Manchester**
1.00 AM **Road Wars** Double bill.
3.00 **SEAL Team** 22/22. The team go on a mission to bring down the Halani network. (S1)
4.00 **S.W.A.T.** 18/21. Hondo and the team try to save their former unit leader. (S3)
5.00 **to 6.00** AM **Highway Patrol**

10.05 G'wed 3/6. Ted starts dating a sixth-former. (S1)
10.40 Family Guy 2/22. The family have their TV habits monitored. (S11)
11.10 **Family Guy** 19/23. Stewie meets a kindred spirit. (S10)
11.35 **American Dad!** 14&8/19. (S8)
12.35 AM **Bob's Burgers** 9/22. (S13)
1.05 **Plebs** 3/6. (S1)
1.35 **G'wed** As 10.05pm.
2.05 **Count Abdulla** (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 3/6. Geordie suspects foul play when a computer laboratory head dies from mercury poisoning. (S4)
11.00 **Grantchester** 4/6. Will and Geordie try to determine the cause of a woman's ultimate fatal injuries in a fall. (S4)
11.55 **Cracker** 4/9. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Keep on Running.*
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **Pilgrimage: The Road to the Scottish Isles** 2/3. Table tennis star Will Bayley joins the team.
9.00 **Icons of Style** 2/2. People from the 1990s onwards who have shaped Scottish fashion.
10.00 **River City** New episode An emotional Lydia struggles to move forward with normality.
10.30 **Sacked in the Morning** With Alex Horne.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Only Child** 2/6. (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.10 **The Conners** (S2)
10.10 **Entourage** (S5)
11.25 **Barry** 2&3/8. (S3)
12.35 PM **Eastbound & Down**
1.55 **Entourage** (S5)
3.05 **Bored to Death** (S1)
4.25 **Barry** 2&3/8. (S3)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S2)
7.45 **Divorce** 7/10. Robert gets back on the horse and decides to re-enter the dating game.
8.20 8/10. Frances considers leaving her job to find something more fulfilling. (S1)
9.00 **Last Week Tonight with John Oliver** New edition Satirical chat show.
9.45 **Real Time with Bill Maher** New edition
10.55 **Last Week Tonight with John Oliver** As 9.00pm.
11.40 **Curb Your Enthusiasm**
1.00 AM **Los Espookys**
3.00 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Australian Ballet: The Merry Widow**
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **Laurie Lee: The Lost Interview**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu Royale: Coronation Concert Live in Amsterdam**
10.10 **Classic FM Live: Hall of Fame 2023**
12.05 AM **Isle of Wight Festival 2024**
2.05 **The Moody Blues Live at the Isle of Wight**
3.35 **Miyazaki: Spirit of Nature** Documentary.
5.10 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** *The Homecoming:* 1/26. Part one of three. Kira risks her life to save a Bajoran hero. (S2)
9.00 **FBI** *American Idol:* 3/19. A female presidential candidate is targeted with a car bomb.
10.00 *Imperfect Science:* 4/19. A shooting takes place at a nightclub. (S2)
11.00 **Grimm** 17/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Celebrity Wheel of Fortune** With guests Tom Allen, Michelle Visage and Eddie Kadi.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Stephen Mulhern hosts.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Who Wants to Be a Millionaire?** Host Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Celebrity Wheel of Fortune** As 2.00pm.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 4/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 7/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 9/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3-6/25. (S4)
9.00 **Randall and Hopkirk (Deceased)** *Vendetta for a Dead Man:* 24/26. Jeannie is in danger. (S1)
10.00 **The Avengers** *The Hidden Tiger:* 8/24. A man-eating tiger is on the loose. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Highlights**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Adventures of Sherlock Holmes**
1.25 **Dempsey and Makepeace**
2.30 **Magnum, PI**
3.25 **Kojak**
4.35 **Minder**
5.45 **The Professionals**
6.55 **River Monsters**

9.00 The Client

7.20 The Royal Procession at Ascot: Celebrating 200 Years The history of the opening to the meeting.

7.55 Beat the Chasers Bradley Walsh hosts the quiz show as contestants from across the UK take on a team of five Chasers.

9.00 FILM The Client John Grisham thriller starring Susan Sarandon, Tommy Lee Jones and Brad Renfro. An 11-year-old boy hires a lawyer when his life is put in danger after he witnesses the suicide of a Mafia lawyer. (1994, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 FILM Police Academy Comedy starring Steve Guttenberg, Kim Cattrall, GW Bailey and Bubba Smith. (1984, 15, 95min) ★★★

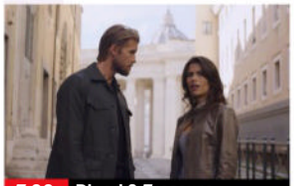
1.20 AM **Motorsport UK**
2.15 **Two and a Half Men**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 14/26. (S6)
2.00 **Blood & Treasure** 7/13. (S2)
3.00 **Stargate Atlantis** 5/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 14/26. (S6)
6.00 **Star Trek: Enterprise** 25/26. Archer is captured by a bounty hunter who intends to hand him over to the Klingons. (S2)



7.00 Blood & Treasure

7.00 Blood & Treasure *The Ravens of Shangri-La:* 7/13. Danny's father joins the team on their search for the Spirit Banner. (S2)

8.00 Stargate Atlantis *Suspicion:* 5/20. Dr Weir concludes that the team have a traitor in their midst. (S1)

9.00 Grimm *Trust Me Knot:* 2/13. Hank and Wu discover a way to stop Renard, but Nick remains on the run. (S6)

10.00 The Walking Dead *Do Not Send Us Astray:* 13/16. Trouble arises when unexpected visitors arrive at the Hilltop. (S8)

11.00 **Wynonna Earp** 12/12. Wyonna scrabbles to beat the resilient Widows. (S2)
12.00 M'T 1/12. Wynonna must face the entity who cursed Wyatt and his line. (S3)
1.00 AM **True Blood** 9&10/12. Double bill of the drama. (S4)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 1/10. (S2)
11.00 **Hudson & Rex** 13/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 10/10. (S2)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S6)
4.00 **The Coroner** 1/10. (S2)
5.00 **Hudson & Rex** 13/16. (S2)
6.00 **Father Brown** *The Dance of Death:* A contestant is murdered at a ballroom dancing competition.

10.00 Shakespeare & Hathaway

7.00 Shakespeare & Hathaway: Private Investigators 10/10. Frank and Lu encounter a pair of gangsters. (S2)

8.00 Death in Paradise *Phone-In-Murder:* 6/9. A woman is suspected of reporting her own murder. (S11)

9.00 Shakespeare & Hathaway: Private Investigators 5/10. The duo must track down a key witness in a trial.

10.00 Shakespeare & Hathaway: Private Investigators 6/10. Frank and Lu are framed for various crimes. (S2)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 1/21. Holmes is knocked sideways by a medical diagnosis. (S6)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **My Hero**
9.35 **Are You Being Served?**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **My Hero**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Are You Being Served?**
3.35 **Last of the Summer Wine**
4.55 **The Green Green Grass**
5.35 **Are You Being Served?**
6.15 **Only Fools and Horses**

9.40 Harry Enfield and Chums

7.00 Dad's Army The men use up all their ammunition shooting at an aircraft.

7.40 Gavin & Stacey The newlyweds argue while on a night out at the bowling alley.
8.20 Bryn tries to organise a surprise party for Gwen's birthday.

9.00 Still Open All Hours Granville tries to sell a huge wheel of cheese.

9.40 Harry Enfield and Chums Kevin and Perry attempt to befriend some girls at a party.

10.20 Absolutely Fabulous Guest stars Elton John and Robert Lindsay.

11.00 **Not Going Out**
11.40 **Harry Enfield and Chums**
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.35 **Not Going Out**
2.25 **Avoidance**
3.00 **My Hero**
3.30 **to 4.00** AM **Still Open All...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy's Garage**
11.00 **Rick Stein's Far Eastern Odyssey** From Bangladesh.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy's Garage**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore Mediterranean cuisine.
6.00 **Rick Stein's Far Eastern Odyssey** From Bangladesh.

7.00 Would I Lie to You?

7.00 Would I Lie to You? At Christmas Guests include Josh Widdicombe and Ricky Tomlinson.

7.40 Richard Osman's House of Games With Sian Gibson and Rav Wilding.
8.20 Andrea McLean, Adil Ray, Rita Simons and Phil Wang take part.

9.00 Have I Got a Bit More News for You Aisling Bea hosts the satirical current affairs quiz, with Roisin Conaty and Clive Myrie.

10.00 QI XL Gyles Brandreth, Kiri Pritchard-McLean and Judi Love join regular panellist Alan Davies and host Sandi Toksvig.

11.00 **8 Out of 10 Cats**
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.15 **Would I Lie to You? At Christmas** As 7.00pm.
1.55 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From the Algarve.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** From Almeria, Spain.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** From London.
7.00 **Britain's Most Expensive Houses**
8.00 **Jamie's Dyslexia Revolution** Documentary.
9.00 **24 Hours in A&E**
10.00 **The Body Detectives**
11.05 **Night Coppers**
12.05 AM **Taskmaster**
1.10 **Celebrity Gogglebox**
2.10 **Gogglebox**
3.15 **Sky Coppers**
4.10 **to 4.40** AM **Four in a Bed**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Immortals:* 4/23. A role-playing game is believed to have caused the death of a sailor.
7.00 *The Curse:* 5/23. A hunter finds the mummified body of a US Navy lieutenant.
8.00 *High Seas:* 6/23. Two sailors are found dead of an apparent overdose. (S1)
9.00 **NCIS: Hawaii** New episode *Shields Up:* 12/22. When an elite special forces Marine captain is murdered, the NCIS team find a suspect in a really unusual place. (S2)
10.00 **Law & Order: Special Victims Unit** (S12)
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Paramedics rush to a 14-year-old girl who is suffering a prolonged epileptic seizure.
9.00 **Ambulance: Code Red** A hay bale lands on a farmer's head in a remote location.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Cause of Death**
1.00 AM **Absentia** New episodes (S2)
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM The Great Missouri Raid** Western starring Wendell Corey and Macdonald Carey. (1950, PG, 84min) ★★
1.50 PM **FILM Arrowhead** Western starring Charlton Heston, Katy Jurado and Jack Palance. (1953, U, 105min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors** Lisa and Lewis assist Lenny with the arrest of a trio who are suspected of stealing a fine.
9.00 **Police: Night Shift 999**
11.00 **Quantum Leap** 1/18. (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Warship: Life at Sea**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Property Brothers at Home** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Missing Persons Investigation**
8.00 **Pete Wicks: For Dogs' Sake** A puppy needs urgent treatment for a badly broken leg.
9.00 **Deadly Waters with Captain Lee** New edition The body of a young woman is found.
10.00 **Killer Women with Piers Morgan**
11.00 **Nurses on the Ward**
1.00 AM **Stacey Dooley: Inside Spain's Narco Wars** Documentary.
1.50 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.20 **Classic Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.05 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *A Cry for Justice:* Havers goes undercover to solve a murder at an exclusive club. With Jenny Agutter.
10.00 **New Tricks** *Couldn't Organise One:* A case involving Sandra's father is reopened.
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.25 **Rebus**
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Snowdonia.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition A retired couple hope to fund a new life in Greece. **10.00** A portrait painting could be worth a fortune.
11.00 **The Yorkshire Auction House** A van full of mysterious boxes.
12.00 M'T **Celebrity Help! My House Is Haunted**
1.00 AM **Help! My House Is Haunted** Lucy inherited her father's property – but can't step foot inside.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** Stephen Mulhern and Kirsty Gallacher compete.
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **The Lightning War**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Texas Rangers** Western. (1951, U, 75min) ★★★
2.45 **FILM Seminole Uprising** Western. (1955, PG, 74min) ★★
4.25 **FILM The Warrant** Western. (2020, 12) ★★
6.20 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Attack Force** Thriller starring Steven Seagal and Lisa Lovbrand. (2006, 15, 90min) ★
11.05 **FILM Trigger Point** Thriller. (2021, 12) ★★
12.55 AM **FILM Earthtastrophe** Thriller. (2016, PG, 82min) ★★
2.40 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM The Ex Next Door** Thriller. (2019, PG) ★★
12.00 NOON **Inside Paddington Station**
1.00 PM **FILM Next Stop Murder** Crime thriller. (2010, PG, 90min) ★★
3.00 **FILM Vows of Deceit** Thriller. (2018, 12) ★
5.00 **FILM Lost Letter Mysteries: The Vows We've Made** Drama. (2021, PG, 86min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
11.05 **FILM American Heist** Crime drama starring Adrien Brody. (2014, 15, 94min) ★★
1.10 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM A Wicked Vendetta** Thriller. (2018, 12) ★★

+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM A Christmas Village** (2018, U) ★★
10.00 **FILM A Christmas Wedding Date** Comedy. (2012, PG, 90min) ★★
12.05 PM **FILM Christmas Wedding Planner** Drama. (2017, PG) ★★
2.00 **FILM Christmas Confessions** Drama. (2015, PG, 98min) ★★
4.05 **FILM A Joyous Christmas** Drama. (2017, U, 90min) ★★
6.00 **FILM Reunited at Christmas** Drama. (2018, PG, 84min) ★★
8.00 **FILM Christmas in the Air** Drama. (2017, U) ★★
9.55 **FILM Charming Christmas** Drama. (2015, PG, 85min) ★★
11.50 **FILM A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
1.55 **Highway to Heaven**
3.05 **to 5.00** AM **FILM Christmas Confessions**

+1 hour 320 317

Rewind TV
182 92 141

6.00 AM **Highlights**
10.30 **Watching** 6/11. (S5)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 13/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 4/13. (S2)
2.30 **Haggard** 2/7. (S2)
3.00 **Bramwell** 4/10. (S3)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 6/11. (S5)
6.30 **Thick as Thieves**
7.00 **Brass** 4/13. (S2)
7.30 **Haggard** 2/7. (S2)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 14/25. (S1)
10.00 **Thick as Thieves**
10.30 **Married... with Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S3)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A government shutdown shortens the season.
9.00 **My Feet Are Killing Me** Dr Schaeffer performs surgery on a woman with dislocated toes. **10.00** Dr Brad and Dr Sarah treat twins who have identical toe issues.
11.00 **Aussie Gold Hunters**
12.00 M'T **Speedway Grand Prix** Rounds four and five.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid XL**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **City Bakes**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food...**
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **City Bakes**
2.00 **James Martin's Brittany**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Food Heroes: Another Helping**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 NEW SERIES **Tom Kerridge: Secrets of the Pub Kitchen** Double bill.
10.00 **Secrets of the Curry Kitchen** With Asma Khan.
10.30 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 6/22. (S6)
9.00 **The Fall Guy** 5/23. (S1)
10.00 **Knight Rider** 18/24. (S2)
11.00 **FILM Monster Island** Thriller. (2019, PG) ★★
1.00 PM **FILM Apache Uprising** Western. (1966, PG, 90min) ★★
3.00 **FILM The Legend of the Lone Ranger** Western adventure. (1981, PG, 98min) ★★
5.00 **Star Trek** 30/30. (S1)
6.00 **Knight Rider** 19/24. (S2)
7.00 **The Fall Guy** 6/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Escape Plan** Action thriller starring Sylvester Stallone. (2013, 15, 113min) ★★★
11.15 **FILM Red Rock West** Comedy thriller. (1992, 15, 98min) ★★★★
1.10 AM **FILM Fortress** Thriller. (2021, 15) ★★
3.05 **to 5.00** AM **FILM Mercenaries** Thriller. (2011, 15, 97min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM The Land That Time Forgot**
8.00 **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
10.00 **The Lost World** (S2)
11.00 **Category 7: The End of the World**
1.00 PM **FILM Super Cyclone** Disaster movie. (2012, 12, 90min) ★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 23/23. (S2)
5.00 **FILM The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 1/25. (S3)
9.00 **FILM Convoy** Action comedy starring Kris Kristofferson. (1978, 12, 110min) ★★★
11.10 **FILM Stagecoach** Western. (2016, 15) ★★
1.00 **to 3.00** AM **FILM Maniac** Horror thriller. (2012, 18, 87min) ★★★

+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Sex: A Bonkers History**
12.00 M'T **Strangest Things**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** The Tyne.
11.00 **Ben Fogle: New Lives in the Wild** Iceland.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo: Swan Song**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The comedian explores Devon.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a scientist in Siberia.
9.00 **Cruising with Susan Calman** The comedian visits French Polynesia.
10.00 **The Canary Islands with Jane McDonald** The presenter explores Fuerteventura.
11.00 **Prisoner: Cell Block H**
1.00 AM **Private Eyes**
3.40 **to 4.00** AM **Britain's Greatest Bridges**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Majorca.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden** The team transform the garden of a 93-year-old World War Two veteran.
9.00 **Castle Impossible** New edition Daphne Reckert and Ian Figueira plan to build on her grandfather's business.
10.00 **Celebrity IOU**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **1000-lb Sisters**
9.00 **Polyfamily** New edition Alysia and Sean take an intimacy workshop.
10.00 **Sister Wives** The Browns spend Christmas apart.
11.00 **Body Parts**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Sister Wives**
3.00 **Body Parts**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** From the Andes.
12.00 NOON **The Ren & Stimpy Show** (S1)
1.00 PM **Friends** (S3)
8.00 **Friends** 23/25. Ross discovers a strange growth on his buttocks. **8.30** 24/25. Guest stars Robin Williams and Billy Crystal. (S3)
9.00 **Russell Howard: Wonderbox** Stand-up.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S6)
1.30 AM **Beavis and Butt-Head** (S5)
2.30 **Whose Line Is It Anyway? USA**
2.55 **Al Murray: One Man, One Guvnor Uncut**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 5&6/6. (S1)
10.00 **Becker** 15&16/24. (S3)
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 5/6. (S1)
3.00 **Daria** 10&11/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 15&16/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Friends** 9/25. The gang hold an American football match on Thanksgiving. **9.30** 10/25. Rachel hands in her notice at Central Perk. (S3)
10.00 **Friends**
2.00 AM **The Ren & Stimpy Show** 9&10/14. (S4)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 15&16/24. (S3)
4.30 **Frank Skinner Live from the Birmingham NIA**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with...**
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *Hail, Mary!* 3/8. The discovery of multiple killer dolls causes Jake to propose the unthinkable. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.00 **Duck Quacks Don't Echo** With Ruth Jones.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom UK: Mums Move In**
9.00 **Ex on the Beach: Body SOS** Reality series.
10.00 **Skin A&E** Documentary.
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Nina Agdal fly high with 'tube launched'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Alaskan Bush People**
11.00 **The Last Alaskans** Four editions, including at: **2.00** PM Winter finally begins to ease in the frozen north.
3.00 **Alaska: Homestead Rescue** The Raneys return to Alaska, but they find their homestead in complete disrepair. **4.00** The Raneys must move an entire cabin into the flood zone as Marty's dam is tested. **5.00** Misty and Matt find themselves alone on a critical rescue of homesteaders stuck in a crumbling cabin.

11.00 Border Control: Spain

7.00 **Alaska: Homestead Rescue** The Raneys enter the shadow of Mount Denali, where Marty, Misty and Matt address food, water and shelter concerns so that both homesteads are able to survive winter.

9.00 **Alaska: Homestead Rescue** Marty responds to a desperate plea from the Bower family in eastern Vermont after a 100-year flood wipes out their property access route.

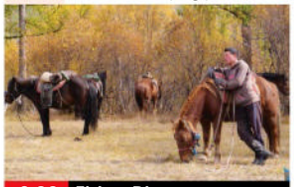
11.00 **Border Control: Spain** Double bill of the series.
12.00 M'T **Alaska: The Last Frontier** Otto, Charlotte and August build a shelter for their calves, while Eve and Eivin discover a boat that has capsized.
1.00 **to 5.00** AM **Alaska: The Last Frontier**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Ludacris.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Legends of the Wild**
4.00 **My Cat from Hell** Jackson helps an over-aggressive cat living in a shelter.
5.00 **Animal Cops Philadelphia** Rookies learn the ropes.
6.00 **Tanked** Wayde and Brett build a 24ft-long tank with individual sleeping pods.



9.00 Fish or Die

7.00 **Pit Bulls & Parolees** The rescue team get a call to assist a stray dog trying to deliver puppies.

8.00 **Fish or Die** The anglers decide to follow a lead to a remote river in Greenland, believed to hold huge Arctic char.

9.00 **Fish or Die** The guys are in Mongolia in search of taimen, the largest, most ferocious member of the salmon family.

10.00 **Edge of Alaska** As the battle wages on, a team of experts work to locate the only known entrance to the Mother Lode mine.

11.00 **How Do Animals Do That?** What lions say when they roar. **11.30** Why cats have trouble getting down from trees.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Lost Cities Revealed with Albert Lin**
1.00 PM **Back to the Titanic**
2.00 **Hitler: The Lost Tapes of the Third Reich**
3.00 **Nazi Megastructures: Battle Ready** Documentary.
4.00 **Drain the Oceans: Lost Giants**
5.00 **Car S.O.S** Fuzz and Tim restore a 1971 sports car.
6.00 **Nazi Megastructures: America's War** A look at key events in the Battle of Saipan.

8.00 Amsterdam Central 24/7

7.00 **Air Crash Investigation** The errors that caused the deaths of 118 people in the 2001 Linate airport disaster in Milan.

8.00 **Amsterdam Central 24/7** New edition Travellers are reunited with their property in the lost and found department.

9.00 **Stanford Prison Experiment: Unlocking the Truth** Series finale Dr Zimbardo defends his famed experiment.

10.00 **Colossal Machines Compilations: Industrial Innovations** New edition A look back at highlights from the documentary.

11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster** Japanese Airlines Flight 123.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A valuable toy.
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Deep Water Salvage**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Storage Wars**
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Digging for Britain**
4.00 **Pawn Stars**
5.00 **History's Greatest Mysteries** The death of Tutankhamun.
6.00 **American Pickers** The Wolfe brothers comb through a 27,000-square-foot hangar.

9.00 Killer Kings

7.00 **Forged in Fire** After forging a signature blade from the steel rings of a whiskey barrel, the finalists create the Qinglong Ji.

8.00 **Ancient Impossible** Exploring the ancient technology that allowed the Egyptians to move a 1,000 ton obelisk.

9.00 **NEW SERIES Killer Kings** Uncovering the truth about six formidable kings throughout history, beginning with Henry VIII.

10.00 **Discovered by Disaster** New edition Unexpected things revealed by catastrophic disasters.

11.00 **What on Earth?** Exploring an electric blue mountain, the gateway to Hell and the town-swallowing Texan abyss.
12.00 M'T **Evidence of the Unexplained** Investigating accounts of UFO sightings.
1.00 AM **Ultimate Mysteries**
2.00 **Killer Kings** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **War Factories** How car designer Ferdinand Porsche became an influential engineer.
6.00 **Antiques Roadshow** From Somerleyton Hall, Suffolk.

4.00 Auschwitz: The Nazis...

7.00 **Great American Railroad Journeys** Michael Portillo reaches Colorado, where he visits Bent's Old Fort.

8.00 **Canal Boat Diaries** New edition Robbie mends a leaky pump on the *Naughty Lass* on the Grand Union Canal.

9.00 **Australia with Simon Reeve** Simon embarks on a journey across the country, meeting a diverse array of people.

10.00 **Bangers & Cash** A couple of very different Ford Capris with long histories go head to head at the auction.

11.00 **Bangers & Cash** Derek auctions off a two-seater plane.
12.00 M'T **Abandoned Engineering** Abandoned projects of the space age, including the mountainside Barcroft Observatory in California.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **Wheeler Dealers World Tour** In southern France, Mike and Elvis find a charming Citroën 2CV Fourgonnette.
10.00 **Find It, Fix It, Drive It** Henry Cole and Sam Lovegrove fix up a tractor and plough.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress: UK** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **Murder Chose Me**
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Melisa Augustson.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A woman in an Amish community is found dead at home.
8.00 **Murder She Solved** Investigating the murder of a wealthy man.
9.00 **Britain's Most Evil Killers** A profile of Stephen Griffiths, who killed three sex workers.
10.00 **NEW SERIES The Killer You Know** The case of Sarah Ludemann, who was stabbed to death in the street.
11.00 **Murder by the Sea** Margaret McOnie is found dead on a cliff top. **12.00** M'T The murder of Danny Dyke.
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions of the series, including at: **3.00** A 15-year-old girl plunges 200 ft. **3.30** An author is nearly trampled by cows.
4.00 **Medical Detectives** The disappearance of a six-year-old girl. **4.30** How investigators used a handprint to identify a killer. **5.00** The disappearance of a mail-order bride. **5.30** The brutal murder of an elderly couple. **6.00** The abduction and murder of a young girl. **6.30** The disappearance of a young woman.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
6.30 **Highway Patrol**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** Douglas Ward.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Killer in My Village**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation** The crimes of murderer Peter Manuel.
3.00 **Snapped** Angel Sawyer.
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Pandemic: The Flu...**
9.55 **Edwardian Britain in...**
10.55 **The Bush Years: Family, Duty, Power**
11.50 **The Hidden Side of...**
1.00 PM **Pandemic: The Flu...**
2.20 **Edwardian Britain in...**
3.20 **The Bush Years: Family, Duty, Power**
4.15 **The Hidden Side of...**
5.25 **The Crusades**
6.35 **Pandemic: The Flu That Killed 50 Million**
7.50 **Edwardian Britain in Colour** Documentary.
8.50 **NEW SERIES The Bush Years: Family, Duty, Power** Exploring the US presidential family's internal dynamics.
9.50 **The Hidden Side of World War II**
11.00 **Edwardian Britain in...**
12.00 M'T **The Bush Years: Family, Duty, Power**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.00 **Discovering: Robert Shaw**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **JFK: Destiny Betrayed**
11.05 **Escobar by Escobar**
12.00 NOON **Queen of Speed**
2.00 PM **FILM Busby** A profile of legendary Manchester United manager Matt Busby. (2019, PG, 102min) ★★★
4.00 **The Directors**
5.00 **Discovering: Robert Shaw**
6.00 **100 Foot Wave**
7.00 **JFK: Destiny Betrayed** 1/4. Oliver Stone's documentary series exploring the Kennedy assassination.
8.05 **Escobar by Escobar** 1/4. The story behind the cursed Escobar empire.
9.00 **Spitfire** Documentary.
11.00 **Costa Concordia: Chronicle of a Disaster** Documentary.
1.00 AM **King of the Apocalypse**
2.45 **Rock and a Hard Place**
4.30 **PL Legends: Alan Shearer**
5.05 **to 6.00** AM **Discovering: Robert Shaw**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Wild Castles**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Rockies**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Wild Castles**
5.00 **The Hungry Games: Alaska Big Bear Challenge**
6.00 **Wild Rockies**
7.00 **Monkey Life** Double bill.
8.00 **Predators**
9.00 **Attack and Defend**
10.00 **Wild Rockies**
11.00 **The Hungry Games: Alaska Big Bear Challenge**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Dogs with Extraordinary Jobs** Documentary.
2.00 **Predators**
3.00 **Attack and Defend**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies** A perplexing UFO encounter in west Ireland.
8.00 **Auction Hunters** Ton Jones and Allen Haff run into an old rival. **8.30** The traders acquire a set of vintage Masonic swords.
9.00 **Ross Kemp: Deep Sea Treasure Hunter** Wrecks that tell the story of D-Day.
10.00 **Secrets of the Lost Ark**
11.00 **MonsterQuest**
12.00 M'T **Ancient Aliens**
2.00 AM **Apocalypse D-Day**
3.05 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot...**
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Interview with a Killer** New edition With Sarah White.
11.00 **Cops Gone Bad with Will Mellor** The case of Cliff Mitchell.
12.00 M'T **Murder By Medic**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Killer Whale Chronicles**
3.00 **Heartland Docs**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Dr Hodges and Dr Ferguson help a fainting goat.
8.00 **Predator Bloodlines** A leopard learns to survive in the wild with no family. **9.00** A pride of lions are forced to switch their choice of prey.
10.00 **Alaska: The Next Generation** The Browns test out new fishing grounds.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Life After: Chernobyl**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Life After: Chernobyl** Scientists with unlimited access to the Chernobyl danger zone explore how the environment and wildlife are affected after 30 years in the most contaminated area on earth.
9.00 **Paranormal Declassified** A 60-year-old string of unsolved cattle mutilations across the US.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
12.55 PM **Gardeners' World**
8.35 **Gardeners' World** Monty Don plants exotic plants in the jungle garden, Joe Swift adds a seasonal touch to his family garden, and Carol Klein busies herself with unusual climbers. **9.15** Monty Don adds Mediterranean shrubs to the gardens at Berryfields in anticipation of an impending drought, and Joe Swift finds out why wildlife is abundant in the wildflower meadow. **9.55** Carol Klein shows how to keep flowers fresh over the coming months, Monty Don harvests strawberries, and Joe Swift adds a breath of fresh air to the modern family garden. **10.30** The team reveal how their self-imposed hosepipe ban has affected the Berryfields garden, and reveal their tips for reviving parched plants.
11.10 PM **to 6.00** AM **Gardeners' World**

+1hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
11.00 **The Big Swindle**
1.00 PM **Evil Online**
3.00 **Crimes Gone Viral**
5.00 **Betrayed** Double bill.
7.00 **Caught in the Net** When 21-year-old Julie Ann Gonzalez goes missing, detectives look into her puzzling digital trail. **8.00** When single father David Heisler goes missing, clues lead detectives into the desert, but the trail stops cold. Digital forensics experts to help unravel this mystery.
9.00 **Faking It: Tears of a Crime** The case of Emile Cilliers, who attempted to murder his wife, Victoria, by sabotaging her parachute on a 4,000ft skydive.
10.00 **American Monster**
11.00 **Before They Kill Again**
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Caught in the Net**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** Richard decides to take the Cogs go karting.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry is 3,000km into his ride from Perth to Darwin.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

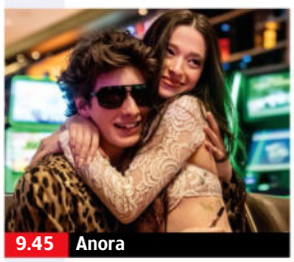
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.50 **The Front Room** (2024, 15)
8.35 **Escape from the 21st Century** Fantasy. (2024, 15, 94min)
10.35 **Home Delivery** As 12.15am.
12.20 PM **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
2.30 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.20 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
6.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★



9.45 Anora

8.00 The Luckiest Man in America Fact-based drama starring Paul Walter Hauser. An ice-cream truck driver finds a secret way to win on the game show *Press Your Luck*. (2024, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eyldelshteyn and Yura Borisov. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Home Delivery** Comedy starring Melanie Field, Joe Pantoliano and Lesley Ann Warren. (2023, 15, 86min)
2.00 **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★
3.50 **to 6.00** AM **A Different Man** Thriller with Sebastian Stan. (2024, 15, 112min) ★★★★

Sky Cinema Originals

303 303 403 503 517

5.55 AM **Blithe Spirit** As 4.35pm.
7.40 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.15 **The Hurricane Heist** (2018)
11.00 **Antebellum** As 12.15am.
12.50 PM **Ferrari** As 10.00pm.
3.05 **Extinct** Animated adventure. (2021, U, 84min) ★★★
4.35 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
6.20 **Hounds of War** Action thriller starring Frank Grillo. (2024, 15, 95min) ★★★

6.20 Hounds of War

8.00 The Beekeeper Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Ferrari Drama starring Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. With Penélope Cruz. (2023, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Antebellum** Horror mystery with Janelle Monae. (2019, 15, 105min) ★★
2.10 **The Hurricane Heist** Action thriller starring Toby Kebbell. (2018, 12, 103min) ★
3.55 **Hounds of War** As 6.20pm.
5.40 **to 6.00** AM **The Cinema List: Westerns**

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Stand by Me** As 11.55pm.
8.15 **Champion** Boxing drama. (1949, b/w, PG, 99min) ★★★★
10.10 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
12.20 PM **Dear John** Romantic drama. (2010, 12, 108min) ★★
2.20 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
3.55 **Oslo** Drama starring Ruth Wilson. (2021, 15, 118min) ★★★

6.05 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
8.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row – with help from a slick lawyer. (2002, 12, 112min) ★★★★
10.00 **Wildhood** Drama starring Steve Lund and Michael Greyeyes. (2021, 15, 108min) ★★★

11.55 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
1.30 AM **Footloose** Dance drama remake. (2011, 12, 113min) ★★★
3.30 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
5.20 **to 7.05** AM **Calvary** Darkly comic drama. (2014, 15, 99min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Chappie** As 3.05am.
9.40 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
11.45 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
1.25 PM **Ready Player One** Sci-fi adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★
3.50 **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★★

5.55 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
8.00 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
9.45 **Annabelle: Creation** Horror thriller starring Anthony LaPaglia and Samara Lee. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
11.40 **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★

1.15 AM **MaXXXine** Horror thriller starring Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
3.05 **Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
5.15 **to 6.50** AM **Lovely, Dark, and Deep** Horror chiller. (2023, 15, 87min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.35 AM **Paul Blart: Mall Cop**
9.10 **Beethoven** As 11.50pm.
10.40 **Harriet the Spy** As 1.25am.
12.25 PM **Look Who's Talking Too**
1.50 **Look Who's Talking Now** Comedy sequel. (1993, 12) ★
3.30 **Soaring to Life: The Making of How to Train Your Dragon**
4.00 **Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★
5.40 **Cats & Dogs** (2001, PG) ★★★
7.15 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★

4.00 Paul Blart: Mall Cop

8.50 Stuart Little 2 Fantasy sequel with the voice of Michael J Fox. Romance enters the life of talking mouse Stuart Little when he rescues an injured bird from a predatory falcon. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Look Who's Talking Too Comedy sequel starring Kirstie Alley and John Travolta. Baby Mikey finds himself with a new sister. (1990, 12, 77min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Beethoven** Family comedy. (1992, U, 87min) ★★★
1.25 AM **Harriet the Spy** Comedy. (1996, PG, 97min) ★★★★
3.15 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.30 **to 7.25** AM **Batteries Not Included** Sci-fi fantasy. (1987, PG, 105min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Cleaner** Action thriller. (2025, 15, 97min) ★★★
9.25 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
11.40 **SAS: Red Notice** Thriller. (2021, 15, 90min) ★★★
1.45 PM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
3.50 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★
5.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★★

10.10 Justice League

8.00 Godzilla Thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. With Elizabeth Olsen and Ken Watanabe. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Justice League Sci-fi adventure starring Ben Affleck, Gal Gadot, Henry Cavill and Amy Adams. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★
2.25 **Yes, Madam!** Hong Kong action comedy. Subtitled. (1985, 18, 93min) ★★★
4.05 **Crank** Action thriller. (2006, 18, 88min) ★★★★
5.40 **to 7.40** AM **Shaolin Soccer** Hong Kong martial arts sports comedy. Subtitled. (2001, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Earth Girls Are Easy** Musical. (1988, PG) ★★★
8.45 **Trainwreck** (2015, 15) ★★★
10.55 **The Buddy Games** (2019)
12.35 PM **Warm Bodies** Zombie rom-com. (2013, 12) ★★★★
2.20 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★★★★
4.15 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
6.05 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★

8.00 Superbad

8.00 Superbad Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on an epic quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (2007, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Howard the Duck Sci-fi comedy starring Lea Thompson. An alien duck is accidentally transported to Earth, and befriends a wannabe rock singer. (1986, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Pink Panther Strikes Again** Crime caper sequel. (1976, PG, 103min) ★★
1.35 AM **The Buddy Games** Comedy. (2019, 15, 90min) ★
3.15 **Fords on Water** Comedy. (1983, 15, 83min) ★★★
4.40 **to 6.45** AM **The Taming of the Shrew** Franco Zeffirelli's adaptation of Shakespeare's play. (1967, U, 126min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Barbarians** As 4.35pm.
8.50 **A Sacrifice** As 6.15pm.
10.35 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★
12.45 PM **Inferno** Thriller with Tom Hanks. (2016, 12, 121min) ★★★
2.50 **The Wasp** Suspense thriller. (2024, 15, 96min) ★★★★
4.35 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
6.15 **A Sacrifice** Psychological drama starring Eric Bana. (2024, 15, 94min) ★★★

8.00 Now You See Me

8.00 Now You See Me Heist thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Michael Caine. (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

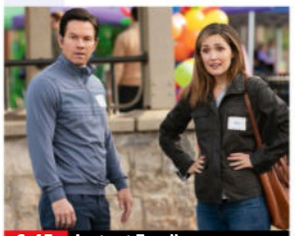
10.05 Lawless Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Blackhat** Crime drama. (2015, 15, 128min) ★★★★
2.25 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
4.30 **to 6.35** AM **A Place Called Silence** Chinese thriller. Subtitled (2024, 15) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Sheriff of Fractured Jaw** Comedy Western. (1958, U, 103min) ★★★
1.05 PM **The Desert Fox** Biopic. (1951, b/w, PG, 88min) ★★★
2.50 **How Green Was My Valley** John Ford's classic drama. (1941, b/w, U, 118min) ★★★★
5.10 **A Lawless Street** Western. (1955, U, 78min) ★★
6.45 **Instant Family** Comedy. (2018, 12, 118min) ★★★★



6.45 Instant Family

Instant Family (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Déjà Vu Sci-fi action thriller starring Denzel Washington. A federal agent investigating the bombing of a New Orleans ferry encounters a hi-tech window into the past. With Val Kilmer and Paula Patton. (2006, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Seven Psychopaths** Comedy thriller starring Colin Farrell. A Hollywood screenwriter gets caught up in murderous mayhem after his actor friend kidnaps a mobster's dog. (2012, 15, 106min) ★★★★
1.35 **to 3.45** AM **Moffie** Romantic drama starring Kai Luke Brummer. Partly subtitled. (2019, 18, 104min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
7.45 **Promising Young Woman**
9.45 **Thelma** Action comedy. (2024, 12, 98min) ★★★★
11.30 **The Holdovers** As 10.00pm.
1.45 PM **Knocked Up** As 12.15am.
3.55 **BlackBerry** Comedy drama. (2023, 15, 120min) ★★★★
5.55 **Frost/Nixon** Fact-based drama. (2008, 15, 122min) ★★★★

8.00 One Life Fact-based drama starring Anthony Hopkins and Johnny Flynn. Months before World War Two, a London stockbroker attempts to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
10.00 The Holdovers Comedy drama starring Paul Giamatti. A cranky teacher at a remote prep school is forced to remain on campus over the holidays with a student. (2023, 15, 133min) ★★★★★

12.15 AM **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
2.30 **Promising Young Woman** Thriller starring Carey Mulligan. (2020, 15, 113min) ★★★★
4.30 **to 6.40** AM **Touch** Icelandic romantic drama. Subtitled. (2024, 15, 121min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.10 AM **Ferris Bueller's Day Off**
8.10 **The Big Chill** As 1.35am.
10.10 **Drop Dead Fred** As 11.40pm.
12.05 PM **Twins** Action comedy. (1988, PG, 107min) ★★★
2.05 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
4.20 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
6.10 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★

8.00 Wayne's World 2 Comedy sequel starring Mike Myers and Dana Carvey. Cable TV show hosts Wayne and Garth discover their destiny is to stage a huge rock concert – Waynestock. (1993, PG, 95min) ★★★
9.50 Dumb and Dumber Comedy starring Jim Carrey, Jeff Daniels and Lauren Holly. Two nerdy friends embark on a frantic cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★★

11.40 **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
1.35 AM **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★
3.35 **Ferris Bueller's Day Off** Comedy. (1986, 12, 103min) ★★★★
5.35 **to 6.35** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Scooby-Doo! The Sword...**
7.55 **Antz** Animated family comedy. (1998, PG, 83min) ★★★
9.25 **Wallace & Gromit: The Curse of the Were-Rabbit** (2005)
11.00 **Rugrats Go Wild** Animation. (2003, U, 81min) ★★★
12.30 PM **Penguins of Madagascar** Animation. (2014, U) ★★★★
2.10 **The Garfield Movie** Animation. (2023, U, 101min) ★★★

4.00 **Home** Animated adventure. (2014, U, 94min) ★★★
5.40 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.10 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
8.40 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
10.05 **The Road to El Dorado** Animation. (2000, U) ★★★
11.40 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★

1.10 AM **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
2.35 **The Canterville Ghost** Animation. (2023, PG) ★★
4.10 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
5.35 **to 7.10** AM **The Swan Princess** Animation. (1994, U) ★★★

Movies 24

312 313 419

7.00 AM **Romantic Rewrite** Comedy. (2022, PG, 82min) ★★
9.00 **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
11.00 **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
1.00 PM **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
3.00 **An Easter Bloom** Drama starring Aimee Teegarden. (2024, PG, 84min) ★★

5.00 **A Nashville Legacy** Romantic comedy. (2023, PG, 85min) ★★
7.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
9.00 **The Proposal Spot** Romantic drama with Debs Howard and Blake Jenner. The owner of a cafe with a romantic reputation races to save her business when a celebrity is rejected there. (2023, PG, 90min) ★★
11.00 **When Love Springs** Romantic comedy. (2023, PG, 84min) ★★

1.00 AM **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
3.00 **to 5.00** AM **Two Tickets to Paradise** Romantic drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Gorbals Story** Drama. (1949, b/w, PG, 75min) ★★★
7.30 **Inquest** Courtroom drama. (1939, b/w, PG, 60min) ★★★
8.45 **Hammer the Toff** Drama. (1952, b/w, U, 71min) ★★★
10.15 **Impulse** Thriller set in Sussex. (1954, b/w, PG, 90min) ★★
11.55 **Dick Barton at Bay** Spy adventure with Don Stannard. (1950, b/w, U, 68min) ★★★

1.15 PM **An Honourable Murder** Drama. (1960, b/w, U) ★★★
2.35 **Sleeping Car to Trieste** Thriller. (1948, b/w, PG, 91min) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 18/39. (S1)
5.30 **Bonanza** 19/32. (S1)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 12/13. (S6)
9.05 **A Dandy in Aspic** Spy thriller. (1968, PG, 107min) ★★★
11.15 **Let's Spend the Night Together** The Rolling Stones in concert.

1.00 AM **Full Moon in Blue Water** Comedy drama. (1988, 15) ★★
2.55 **My Man Godfrey** Comedy. (1936, b/w, U, 90min) ★★★
4.45 **Stage 7**
5.15 **Look at Life**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 16 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open in Germany. The Halle Open was first held in 1993, with French player Henri Leconte being the eventual winner. Italy's Jannik Sinner claimed the trophy for the first time last year, but he has a way to go to beat Roger Federer's record 10 wins in the tournament. The Berlin Open was previously a clay-court tournament that was active from 1979 until 2008 when it was dropped from the calendar, and has been played on grass since its return in 2021. America's Jessica Pegula won the tournament last year, and will be aiming to be the first repeat winner of the event since Justine Henin claimed consecutive victories back in 2002 and 2003.
7.00 PM **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** A replay of Arsenal v Manchester United from 2005.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** West Ham United v Ipswich Town. **5.30** West Ham United v Southampton at London Stadium. **6.00** Action from Wolverhampton Wanderers v Arsenal at Molineux. **6.30** Action from Wolverhampton Wanderers v Bournemouth. **7.00** Highlights of Wolverhampton Wanderers v Ipswich Town. **7.30** Wolverhampton Wanderers v Leicester City at Molineux.
8.00 **Gary Neville's Soccerbox**
8.30 **MNF Special: Pep Guardiola**
9.45 **Paul McGrath: PFA Winner**
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **Best Goals of the EFL Cup**
8.30 **EFL Trophy Football**
9.00 **EFL Greatest Games**
10.00 **EFL Cup** The 2021 final.
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **EFL** Derby County v QPR in a Championship play-off final. **1.00** PM Rotherham United v Leyton Orient from 2013/14. **2.00** Burton Albion v Fleetwood Town from 2013/14.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights** Chelsea v Liverpool in the 2024 final.
5.00 **Best Goals: EFL Cup 24/25**
5.30 **EFL Trophy** This year's final.
6.00 **WSL: End of Season Special**
6.30 **Women's Championship Show**
7.00 **Bundesliga: Ruhr Valley** Documentary looking at how the area influences German football.
9.00 **Bundesliga Specials**
10.00 **Bundesliga** Season review.
11.00 **Bundesliga Special: Analysis II**
11.30 **Celtic: Another Season in Paradise** The 2024/25 season.
12.00 M'T **EFL Highlights**
3.00 **to 6.00** AM **Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **One-Day International Cricket** England v West Indies.
7.00 **Test Cricket** Highlights from Australia v South Africa at Lord's.
8.00 **Women's One-Day International Cricket** England v West Indies in the third ODI.
9.00 **Test Cricket** Highlights from Australia v South Africa at Lord's.
10.00 **One-Day International Cricket** Action from England v West Indies.
11.00 **Test Cricket** Highlights from Australia v South Africa at Lord's.
12.00 NOON **Women's One-Day International Cricket** England v West Indies in the third ODI.
1.00 PM **Test Cricket** Australia v South Africa: Highlights from all five days of the ICC World Test Championship final at Lord's.
6.00 **One-Day International Cricket** England v West Indies: Highlights of all three games in the ODI series.
9.00 **Women's One-Day International Cricket** Action from England v West Indies in the final ODI in the three-match series.
10.00 **Test Cricket** All five days of the ICC World Test Championship final.
3.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Open Official Films**
7.00 **US Open** The fourth day.
8.00 **US Open Official Films**
9.00 **US Open** A replay of the fourth and final day of the Major.
5.00 PM **Golf Academy**
6.00 **US Open Official Films**
7.00 **US Open** Day four.
8.00 **LPGA Tour** LPGA Classic.
10.00 **US Open** The fourth day.
11.00 **LPGA Tour** LPGA Classic.
1.00 AM **US Open** Day four.
2.00 **Golf Academy** Expert tips.
3.00 **US Open** The fourth day.
4.00 **Fitzpatrick: Boss of Brookline**
5.00 **to 6.00** AM **US Open Films**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA All Access**
6.30 **ATP Tennis** A replay of the S-Hertogenbosch Open final. **8.30** The 2024 Halle Open final.
9.30 **WTA Tennis** 2024 Berlin Open.
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
7.00 PM **ATP Tour This Week**
7.30 **WTA Tennis** Action from the S-Hertogenbosch Open final.
8.30 **ATP Tennis** Highlights from the S-Hertogenbosch Open final. **9.30** The Stuttgart Open final.
10.30 **WTA All Access**
11.00 **WTA Tennis** A recent final.
12.00 M'T **ATP Tennis** Highlights.
2.00 AM **Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Superbike World Championship** From Italy.
7.30 **FIM Speedway Grand Prix**
9.30 **Playing for Our Future: Cycling**
9.45 **Women's Cycling** The fourth stage of the Tour of Switzerland.
10.45 **Men's Cycling Pro Series** Action from the Elfstedenronde Brugge.
11.45 **Men's Cycling** The eighth stage of the Criterium du Dauphine. **12.45** PM Action from the first stage of the Tour of Switzerland.
1.45 **LIVE Cycling: Tour of Switzerland** Coverage of stage two of the men's race, a 177km route from Aarau to Schwarzsee.
4.45 **Men's Cycling Pro Series**
5.45 **No Filter Cycling**
6.00 **LIVE Ultimate Pool** Coverage of Group Three of the Pairs Cup.
9.30 **Premier League Stories**
10.00 **Cycling** Tour of Switzerland.
11.00 **NBA on Fire** The latest news.
11.30 **NBA Action** Highlights.
12.00 M'T **NBA** NBA Finals game four.
1.30 AM **LIVE NBA Oklahoma City Thunder v Indiana Pacers.** Game five of the finals staged at Paycom Center. Tip-off **1.00am**.
4.00 **Playing for Our Future: Cricket**
4.15 **to 5.15** AM **T20 Cricket**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premiership Rugby Union**
7.30 **MLB: Off the Bat**
8.00 **V8 Supercars Highlights**
10.00 **T20 Cricket Highlights**
1.00 PM **MLB Highlights**
2.00 **Premiership Rugby Union**
3.30 **Reframe the Game**
3.45 **Sign Up – Into Football**
4.30 **NWSL** Recent highlights.
6.30 **MotoGP Highlights**
7.30 **Michelin Le Mans Cup Highlights** At Circuit de la Sarthe.
8.00 **Superbike World Championship Highlights** The sixth round of the season in Italy.
9.00 **FIM Speedway Grand Prix Highlights** The fourth round of the season in Manchester.
10.00 **Longines Global Champions Tour** Round six in St Tropez.
11.00 **IFSC Climbing World Cup Highlights** From Switzerland.
12.00 M'T **MLB: Off the Bat**
12.30 AM **LIVE MLB Tampa Bay Rays v Baltimore Orioles.** Coverage of the American League East match at George M. Steinbrenner Field. Start-time **12.35am**.
3.45 **MLB Classic** Archive action.
4.00 **Premiership Rugby Union**
5.30 **to 6.00** AM **Crouchy and Cole**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** A chance to see Callum Simpson v Ivan Zucco.
7.00 **Women's State of Origin** Highlights of New South Wales Sky Blues v Queensland Maroons.
7.15 **My Icon** Leon Pryce.
7.30 **Super League** Hull Kingston Rovers v Catalans Dragons replay.
10.15 **Super League** A replay of Leeds Rhinos v Warrington Wolves.
1.00 PM **Good Morning Football**
3.00 **My Icon** Leon Pryce.
3.15 **Super League** Another chance to see Hull Kingston Rovers v Catalans Dragons at Craven Park.
6.00 **NBC's Pro-Football Talk** The latest news from the NFL.
8.00 **Super League** Another chance to see Leeds Rhinos v Warrington Wolves at Headingley Stadium.
10.45 **Fight Night International** Caroline Dubois v Magali Rodriguez from September 2023.
11.45 **NFL Bitesize Highlights** Minnesota Vikings v San Francisco 49ers at U.S. Bank Stadium.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Fight Night** A chance to see Callum Simpson v Ivan Zucco.
2.00 **NFL Bitesize Highlights**
3.00 **My Icon** Martin Offiah.
3.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open. Italy's Jannik Sinner claimed the Halle Open trophy for the first time last year, but he has a way to go to beat Roger Federer's record 10 victories. Meanwhile, America's Jessica Pegula won the Berlin Open last year, and will be aiming to be the first repeat winner of the event since Justine Henin claimed consecutive victories back in 2002 and 2003.
7.00 PM **Sky Sports News** With live analysis, comment and interviews.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Another chance to see Hull Kingston Rovers v Catalans Dragons staged at Craven Park.
2.45 AM **Super League** A replay of Leeds Rhinos v Warrington Wolves staged at Headingley Stadium.
5.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Open Golf** The fourth day.
8.00 **Test Cricket** Australia v South Africa from Lord's in London.
9.00 **Formula 1** Canadian Grand Prix.
10.00 **Super League** Hull Kingston Rovers v Catalans Dragons.
12.45 PM **EFL Greatest Games**
1.00 **Super League** A replay of Leeds Rhinos v Warrington Wolves.
3.45 **Formula 1** Canadian Grand Prix.
4.45 **PL Greatest Games**
5.15 **Super League** A replay of Leeds Rhinos v Warrington Wolves.
8.00 **Super League** Hull Kingston Rovers v Catalans Dragons replay.
10.45 **My Icon** Nigel Owens.
11.00 **US Open Golf** The fourth day.
12.00 M'T **Test Cricket** Highlights.
1.00 AM **PL Greatest Games**
2.00 **Formula 1** Canadian Grand Prix.
3.00 **EFL Greatest Games**
4.00 **Fitzpatrick: Boss of Brookline**
5.00 **to 6.00** AM **US Open Films**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Another chance to see St Kilda Saints v Western Bulldogs. **7.30** Another chance to see Hawthorn Hawks v Adelaide Crows. **9.00** Brisbane Lions v GWS Giants. **10.30** A replay of Essendon Bombers v Geelong Cats.
12.00 NOON **Superbike World Championship** Action from Italy.
1.30 PM **FIM Speedway Grand Prix**
3.30 **Superbike World Championship**
5.00 **MLB Highlights** Baseball action.
6.00 **T20 Cricket Highlights** Ireland v West Indies: Action from all three games in the T20 series.
9.00 **MLB: Off the Bat**
9.30 **Rise of the UFC** How the UFC became a leader in combat sports.
11.00 **UFC** Another chance to see Kamaru Usman v Joaquin Buckley.
2.00 AM **NWSL** Match highlights.
4.00 **Women's Champions League**
4.30 **UEFA Champions League**
5.00 **UEFA Europa League** The final.
5.30 **to 6.00** AM **Conference League**

TNT Sports 4

414 416 524 411 434

6.00 AM **French Open Tennis**
8.00 **WNBA** Action from Minnesota Lynx v Los Angeles Sparks.
9.00 **NBA Action** Highlights.
9.30 **NBA on Fire** The latest news.
10.00 **NBA** Oklahoma City Thunder v Indiana Pacers: Another chance to see games one, two, three and four of the NBA finals.
4.00 PM **AFL** Another chance to see St Kilda Saints v Western Bulldogs. **5.30** Another chance to see Hawthorn Hawks v Adelaide Crows. **7.00** Brisbane Lions v GWS Giants. **8.30** A replay of Essendon Bombers v Geelong Cats.
10.00 **Premiership Rugby Union** Another chance to see the final.
11.30 **TNT Sports Cricket Reload**
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **Men's Cycling**
2.00 **French Open Tennis**
4.00 **FIM Speedway Grand Prix**
5.00 **to 6.00** AM **Superbike World Championship Highlights**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Highlights.
9.00 **PSA Squash Highlights**
10.00 **World Surf League**
11.00 **Asian Le Mans Series**
12.00 NOON **MotorSport**
1.00 PM **NHL Tonight**
2.00 **DTM Highlights** In Zandvoort.
3.00 **PSA Squash Highlights**
4.00 **World Surf League**
5.00 **Motorsport** Drew Gibson.
6.00 **LaLiga Highlights**
7.00 **Indy Autonomous Challenge**
8.30 **FIA World Endurance Championship** Highlights.
9.30 **Africa Eco Race**
10.00 **Transworld Sport** Magazine.
11.00 **Ultimate Karting Championship**
12.00 M'T **DTM Highlights**
1.00 AM **PSA Squash Highlights**
2.00 **British Minibikes**
4.00 **World Surf League**
5.00 **Trail Menorca** Recent action.
5.30 **to 6.00** AM **Le Marathon des Sables**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **NASCAR** Viva México 250.
11.00 **FastZone** Motorsports highlights.
11.30 **Football's Greatest**
12.00 NOON **CONCACAF Gold Cup**
2.00 PM **Bike World** Magazine.
2.30 **Temples of Sport**
3.00 **Top 14 Rugby Union**
5.00 **Temples of Sport**
5.30 **FastZone** Motorsports highlights.
6.00 **Top 14 Rugby Union**
8.00 **United Rugby Championship**
10.00 **GP Confidential**
10.30 **LaLiga Specials**
11.30 **Football's Greatest**
12.00 M'T **LIVE CONCACAF Gold Cup Panama v Guadeloupe.** The Group C match in Carson, California. Kick-off **12.00m't**.
2.00 AM **GP Confidential**
2.30 **Bike World** Magazine.
3.00 **LIVE CONCACAF Gold Cup Jamaica v Guatemala.** The Group C match. Kick-off **3.00am**.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Another chance to see the Canadian Grand Prix.
10.30 **Ted's Notebook**
11.00 **F1 Features**
11.30 **Formula 1** The Canadian Grand Prix first practice session.
12.45 PM **The F1 Show**
1.45 **Formula 1** Canadian Grand Prix second and third practice sessions.
4.15 **Jenson & the FW22: Extended**
4.30 **Formula 1** The Canadian Grand Prix qualifying session.
6.30 **Ted's Notebook**
7.00 **Formula 1** Another chance to see the Canadian Grand Prix.
9.15 **Ted's Notebook**
9.45 **Craig Slater Behind the Scenes**
10.00 **Formula 1** Canadian Grand Prix.
11.00 **Indycar** The Bommarito Automotive Group 500.
1.30 AM **F1 Features**
2.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

17 June

Evening Planner

Racing

Royal Ascot

ITV1, 1.30pm & ITV4, 5.50pm

The first day of the race meeting, where the card includes the King Charles III Stakes, won by Asfoora (above) last year.

Crime Drama

My Life Is Murder

U&Alibi, 9pm

Lucy Lawless returns as baker-turned-PI Alexa Crowe. Guest stars to watch out for this season include comedian Bill Bailey.

Documentary

In the Footsteps of Killers

C4, 10pm

Emilia Fox and Professor David Wilson investigate more cold cases, starting with the 1998 murder of Bulic Forsythe.

Documentary

Storyville: The Contestant

BBC4, 10pm

The extraordinary story of a Japanese comedian who took part in a televised challenge which lasted for 15 months.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 What...
	102 BBC2	7.00 Villages by the...	7.30 Nigella's Cook...	8.00 Celebrity Antiques Road Trip		9.00 Murder 24/7		10.00 QI	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Midsomer Murders				10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 In the Footsteps of Killers	
	105 5	‹ 4.00 Football...	7.30 News	8.00 Reuben Owen: Life in The Dales		9.00 The Yorkshire Vet: At Home with the...		10.00 Ben Fogle: New Lives in the Wild	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: 28 Days Later...			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 The Traitors NZ		9.00 What It Feels Like for a Girl			10.35 Him & Her
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville: The Contestant	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 G'wed	10.40 Family...
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Matt Baker's British Isles		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Rookie		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.50 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Agatha Christie's Poirot				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 World Superbike Highlights		9.05 Film: Jurassic Park			10.10 Film: Jurassic Park
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Pixels			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Never Mind the Buzzcocks	9.45 Freddie Fries Again		
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 My Life Is Murder		10.00 Father Brown	
	130 SKY ARTS	7.00 Opry Live		8.00 Discovering: Julia Roberts		9.00 Pauline Black: A 2-Tone Story			
	132 U&W	7.00 Missing Persons Investigation		8.00 DIY SOS: The Big Build		9.00 First Responders		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: White Water		8.00 Gold Rush	8.30 Discovery...	9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Zoo				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Eyewitness WWII: Invasion Italy		9.00 Nazi Megastructures		10.00 Hitler the Junkie	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 Secrets Declassified with David...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Canal Boat Diaries		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Escobar by Escobar		9.00 An American Bombing: The Road to April 19th			
FILMS – Sky Cinema	301 PREMIERE	7.00 Venom: The Last Dance				9.00 Anora			
	302 5 STAR MOVIES	‹ 5.45 Vertigo		8.00 A Different Man				10.00 In the Line of Fire	
	303 ORIGINALS	‹ 6.10 The Beekeeper		8.00 Promising Young Woman				10.00 Daddio	
	304 GREATS	‹ 6.00 See No Evil, Hear No Evil		8.00 National Lampoon's Animal House			9.50 Fletch		
	305 ANIMATION	7.05 Transformers One				8.55 The Wild Thornberrys Movie			10.30 Canterville...
	306 FAMILY	7.10 Johnny English Reborn				8.55 Ride On			
	307 ACTION	‹ 5.45 The Mummy Returns		8.00 300				10.05 Charlie's Angels	
	308 COMEDY	‹ 6.10 Tropic Thunder		8.00 Barbie				10.00 Fords on Water	
	309 THRILLER	‹ 6.35 Head Count		8.00 Jason Bourne				10.10 Oldboy	
	310 DRAMA	‹ 6.20 The Hanging Sun		8.00 Valentine's Day				10.10 Funny Girl	
	311 SCI-FI	‹ 6.20 Gravity		8.00 The Nun II			9.55 Edge of Tomorrow		
	313 FILM4	7.00 The Greatest Showman				9.00 The Banshees of Inisherin			
SPORT	401 MAIN EVENT	7.00 Vitality T20 Blast Cricket – Live: Hampshire Hawks v Surrey							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 MNF Hlts		8.00 Gary Neville's Soccerbox		9.00 Newcastle...	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL		8.00 Best Goals...	8.30 EFL Trophy...	9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	‹ 6.55 Vitality T20 Blast Cricket – Live: Hampshire Hawks v Surrey							10.30 Best of...
	410 TNT SPORTS 1	7.00 Test Cricket Highlights		8.15 TNT Sports Cricket Reload		9.00 T100 Triathlon World Tour Highlights		10.00 Men's Cycling World Tour	
	411 TNT SPORTS 2	7.00 TCR World...	7.30 Michelin Le...	8.00 V8 Supercars Highlights				10.00 NBA	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition The murder of a reclusive millionaire. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Devon, Yorkshire and London. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Sarah Moore saves some chests from the tip to be upcycled. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Kat goes looking for answers, Phil worries about Linda, while Vicki intervenes in a troubling situation. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** Stacey and the team help the Morrell family declutter and organise their home, carpenter Rob creates a wooden feature wall while Dilly reorganises all of the wardrobes. (S)(R)(AD)

9 PM

9.00 **Who Do You Think You Are?** *The Crown* star Claire Foy traces her ancestry, heading to Carlisle to where her great-great-grandparents on her mother's side lived. She also examines her adopted father's ancestors. (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **What It Feels Like for a Girl** 5/8. The walls close in on Byron, sparking a drug-fuelled psychosis. But their grip on reality fractures, leaving them with nowhere left to run. Guest stars Fay Ripley. (S1) (S)(R)(AD)
11.30 **What It Feels Like for a Girl** 6/8. With Byron's court sentencing looming, Lisa makes a surprising decision to take them on an impromptu trip to northern France in an effort to repair their fractured relationship. (S1) (S)(R)(AD)
12.15 AM **I Kissed a Boy: The Reunion** 10/10. Dannii Minogue brings the boys back together. (S)(R)(AD)
1.05 **Weather for the Week Ahead** (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Extraordinary Portraits with Bill Bailey** (S)(R)
8.30 **Sign Zone: Alison Hammond's Big Weekend** With Lenny Henry. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Clare Balding presents coverage of day two of the men's grass-court tournament at Queen's Club, featuring first-round singles matches. (S)
6.00 **Richard Osman's House of Games** With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S)(R)
6.30 **Robson Green's Weekend Escapes** Robson is reunited with actor Angela Lonsdale. (S)(R)(AD)

9.00 Murder 24/7

7.00 **Villages by the Sea** Archaeologist Ben Robinson visits St Bees on the edge of Cumbria's Lake District. (S)(R)
7.30 **Nigella's Cook, Eat, Repeat** Nigella prepares chicken with orzo that owes a lot to one of her mother's recipes. (S)(R)(AD)

8.00 **Celebrity Antiques Road Trip** CBBC presenters Dick and Dom compete to find the most valuable antiques in Hampshire, and are joined experts by Irita Marriott and David Harper to help them along the way. (S)(R)

9.00 **Murder 24/7** New edition 2/6. With four men arrested for Aurman Singh's murder, detectives attempt to identify an inside man they believe helped to plan the ambush. (S)(AD)
■ Continues tomorrow

10.00 **QI** *QI VG:* More of the best moments from the 'U' series hosted by Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)

11.00 **Small Town, Big Riot** 1/2. Journalist Mobeen Azhar investigates the riot in Kirkby, Merseyside, in 2023. (S)(R)(AD)
12.00 M'T **Sign Zone: The Rise and Fall of Michelle Mone** 1/2. How Baroness Mone of Mayfair became embroiled in a PPE scandal. (S)(R)
1.00 AM 2/2. The story of the entrepreneur's elevation to the House of Lords. (S)(R)
2.00 **Sign Zone: The Gold** (S)(R)(AD)
2.55 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of the opening day of the festival, including the 2.30 Queen Anne Stakes and 4.20 St James' Palace Stakes. Analysis comes from Jason Weaver and Adele Mulrennan, with reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, commentary by Richard Hoiles and Mark Johnson. *Continues on ITV4.* (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Robert is devastated, John is furious, while Aaron is feeling determined. (S)(AD)

8.00 **Midsomer Murders** *The Miniature Murders:* A real-estate mogul is murdered in front of a crowd during the opening of a dolls house exhibit at the Midsomer Museum of the Family. Guest stars Joanna Page, Katy Brand and Eleanor Bron. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **DNA Journey** *Cold Feet* stars Fay Ripley and Hermione Norris trace their ancestry. Fay finds out just how deeply showbusiness runs in her blood, and Hermione learns about her family's dressmaking business. (S)(R)(AD)
11.45 **British Touring Car Championship Highlights** Steve Rider presents action from the fourth meeting of the season, held at Thruxton. (S)(R)
1.15 AM **Teleshopping**
3.00 **Fake** 8/8. (S1) (S)(SL)(R)(AD)
3.45 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 20-23/26. (S8) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 18-21/24. (S1) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From California. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A search for a holiday home in France. (S)(R)
4.00 **Narrow Escapes** Yoga instructor May attempts to finish her rooftop decking. (S)(R)(AD)
5.00 **Chateau DIY** Stephanie is running out of time to build her gazebo at Château de Lalande. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Nadine and Simon brainstorm ideas to expand their glamping business in France. (S)(R)

8.00 Bake Off: The Professionals

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 4/10. The teams recreate Benoit Blin's Le Café Crème dessert – without a recipe – and make a gardening-themed showpiece that hides a vegetable cake-inspired dessert to serve 24. (S)(AD)

9.00 **24 Hours in A&E** New edition Andy, 36, is brought in after a motorcycle accident with a fractured femur that needs realignment. Staff fear 27-year-old Connor, who has fallen off a roof, may have bleeding on his brain. (S)(AD)

10.00 **NEW SERIES In the Footsteps of Killers** Emilia Fox and Professor David Wilson investigate the 1993 murder of 42-year-old Bulic Forsythe, who was savagely beaten in his own home in Clapham, London. (S)(AD)

11.05 **Celebrity Gogglebox** (S)(SL)(R)
12.05 AM **Taskmaster** 7/10. Stevie Martin pitches for a role in *Downton Abbey*. (S)(SL)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(SL)(R)
1.50 **FILM The Blue Caftan** Moroccan romantic drama starring Lubna Azabal and Saleh Bakri. Subtitled. (S) (2022, 12, 125min) ★★★
3.55 **Devon and Cornwall** (S)(SL)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

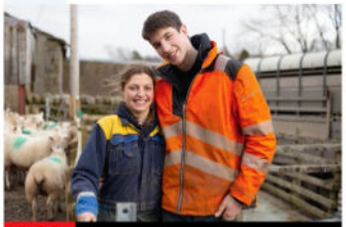
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **Murder for Sale: A Gabbi Luck Mystery** Thriller starring Jackée Harry and Helene Udy. Gabbi Luck's friend Kimberly turns to her for help when her broker is found dead. (S)(R)
4.00 **LIVE Football: FIFA Club World Cup** Fluminense v Borussia Dortmund: Coverage of both teams' opening Group F match, held at MetLife Stadium, East Rutherford. Commentary from Pete Odgers and Jonas Olsson. Kick-off is at 5.00. (S)



8.00 Reuben Owen: Life in the...

7.30 **News** (S)

8.00 **Reuben Owen: Life in the Dales**
New edition Reuben starts renovating a 200-year-old tumble-down cottage to sell on. With a gap in digging work, he and Sonny begin clearing out the property. (S)

9.00 **The Yorkshire Vet: At Home with the Greens**
New edition Jean decides to get her first tattoo, while Rob and Dave Nicholson head over from Barnsley to help out when temperatures drop below freezing. (S)(AD)

10.00 **Ben Fogle: New Lives in the Wild**
Ben spends time with Rob, a man he previously met living in California's Slab City, and his 18-year-old son Damien, to experience what it is like to be homeless in the wild. (S)(R)

11.05 **Inside the Force** Officers attend a domestic incident. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show**
3.05 **Friends** (S6) (S)(R)(AD)
3.50 **A Country Life for Half the Price with Kate Humble** (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 19/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Loan-a-Lisa:* Grampa gives each member of the family $50. (S)(R)
5.30 *The Bob Next Door:* A new neighbour moves in next door to the family. (S)(R)
6.00 **The Office (US)** 16/26. Sabre's CEO visits and reveals that either Michael or Jim must demoted back to sales. (S)(R)
6.30 17/26. Part one of two. Pam goes into labour but refuses to go to the hospital. (S6) (S)(R)

9.00 28 Days Later

7.00 **The Simpsons**
MoneyBart: Lisa signs up to coach Bart's Little League baseball team. (S)(R)
7.30 *Lisa Simpson, This Isn't Your Life:* Lisa is shocked to discover that her mother was an A-grade student. (S)(R)

8.00 **A League of Their Own**
Romesh Ranganathan hosts the comedy quiz as guests Luke Littler, Tom Davis and Alex Brooker join regulars Jamie Redknapp, Micah Richards and Jill Scott. (S)(R)

9.00 **FILM 28 Days Later**
Director Danny Boyle's horror thriller starring Cillian Murphy, Naomie Harris, Megan Burns, Brendan Gleeson and Christopher Eccleston. A small group of people struggle to survive when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. (2002, 18, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Brassic** 4/8. Davey MacDonagh invites Vinnie, Dylan and Tommo to a party at the home of his distributor. (S4) (S)(R)(AD)
12.00 M'T **The Force: Manchester** (R)
1.00 AM **Brit Cops: Rapid Response** Crime documentary. (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 19/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.15am** Scotcast (S)(R) **12.45** Weather for the Week Ahead (S) **12.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Spotlight (S) **11.10** What It Feels Like for a Girl (S)(R)(AD) **12.50am** I Kissed a Boy: The Reunion (S)(R)(AD) **1.35-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm NEW Boom Town: How Merthyr Made the World (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
10.00-10.30pm Legends of Welsh Sport: Johnny Owen – The Matchstick Man (S)(R) **11.00pm-12.00m't** First Minister's Questions (S)

ITV1

As main ITV1 except:

WALES
8.00pm Coast & Country (S)(R) **8.30** Bradley & Barney Walsh: Breaking Dad (S)(R)(AD) **9.00-10.00** NEW Proud (S) **10.45-11.45pm** Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwyliau Gartref (AD) **12.30** Heno **1.00** Arfordir Cymru: Sir Benfro (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Busnes Bwyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cefn Gwlad (AD) **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las Series finale (AD) **10.00** Y Byd ar Bedwar **10.30-11.35pm** Hewlfa Drysor (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Broadcaster Chris Evans is the Star in a Reasonably Priced Car.
7.55 **The Catch Up**
8.00 **The Traitors NZ**
New edition 2/12. After an unforeseen twist, the Traitors band together to make a tough choice.
8.55 **Laugh Lessons**
9.00 **What It Feels Like for a Girl** New episodes 5/8. The walls close in on Byron, sparking a drug-fuelled psychosis. With Fay Ripley.
9.50 6/8. Lisa takes Byron on holiday in an effort to repair their relationship. (S1)
■ Entire series on BBC iPlayer
10.35 **Him & Her** 5/7. The couple invite their friends round to watch the National Lottery.
11.05 6/7. Becky and Steve are late for the cinema. (S2)
11.35 **Glow Up: Britain's Next Make-Up Star**
12.35 AM **Dubai Hustle**
1.05 **Him & Her** 5&6/7. (S2)
2.00 **My Mate's a Bad Date**
2.20 **to 4.00** AM **What It Feels Like for a Girl**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** How vertebrates capture and devour their food.
7.30 **War Walks** The British attack on Normandy in 1944.
8.00 **The Good Life** A journalist writes a story about Tom and Barbara's way of life.
8.30 **Yes, Minister** Sir Humphrey is being evasive.
9.00 **Simon Schama's Power of Art** Vincent van Gogh's *Wheat Field with Crows.*
10.00 NEW **Storyville: The Contestant** The true story of Tomoaki Hamatsu, who spent 15 months in a small room, naked, starving and alone, unaware he was being broadcast to millions of people on TV.
11.30 **Storyville: The Mole – Infiltrating North Korea** 1/2. A 10-year mission to infiltrate North Korea.
12.35 AM **Secrets of Bones**
1.05 **War Walks** As 7.30pm.
1.35 **Code-Breakers: Bletchley Park's Lost Heroes**
2.35 **to 3.35** AM **Simon Schama's Power of Art**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Oxford.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Fiat X1/9 for owner Steve, who has terminal cancer.
6.55 Tim and Fuzz come to the rescue of their first-ever custom car – a VW Wizard.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet the Charles family in Birmingham, who are split as to whether they should sell their house, which has a loft that does not meet building regulations.
9.00 **Matt Baker's British Isles** New edition 3/4. Matt meets a family whose generations have been drawn back to Northern Ireland's most northerly tip to spend their days sharing a love of native breed horses.
10.00 **24 Hours in A&E** A 22-month-old girl is rushed to A&E after being kicked in the head by a horse.
11.05 **999: On the Front Line**
12.10 AM **Matt Baker's British Isles** As shown at 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Politically Inept, with Homer Simpson.*
7.00 **Hollyoaks** Sienna confesses her love for Cleo.
7.30 **The Simpsons** *You Only Move Twice:* The family move to another town.
8.00 **Below Deck Down Under**
New edition A date goes awry when chef Tzarina reveals her true feelings.
9.00 **Gogglebox** Opinions on *The Pet Show* and *Selling Sunset.*
10.00 *Pam & Tommy* and *Dragons' Den* are appraised.
11.05 **First Dates: Valentine's Special**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **The Goldbergs**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

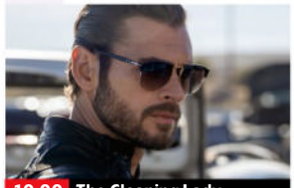
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 15/19. A truck filled with rifles is hijacked. (S2)
2.00 **FBI: Most Wanted** 6/14. A cult leader orders the murder of his own family. (S1)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

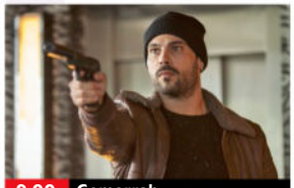


10.00 The Cleaning Lady

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** 9&10/13. (S3)
10.10 **Billions** 5&6/12. (S7)
12.20 PM **Game of Thrones** (S5)
1.30 **The King** 1&2/8. (S2)
3.35 **The Sopranos** 9/13. Tony checks out a new car.
4.40 10/13. Tony visits Dr Melfi with haunting memories of Christmas 1995. (S3)
5.40 **Billions** 5/12. Prince clashes with his employees.
6.45 6/12. Axe turns to Chuck for a favour involving a common adversary. (S7)

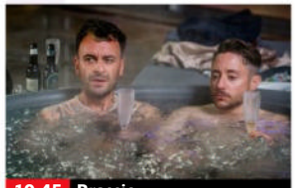


9.00 Gomorrah

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 8/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 16/22. (S4)
12.00 NOON **The Flash** 9/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** 1/16. (S7)
4.00 **S.W.A.T.** 19/21. (S3)
5.00 **Supergirl** 15/22. Lex Luthor visits Lena to seek her help in finding a cure. (S4)
6.00 **Stargate SG-1** 11/20. Part two of two. Carter and Orlin search for a vaccine for the insidious plague. (S9)



10.45 Brassic

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Dinner Date**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 3/9. Violet tries to stop Mary's secret assignation being exposed. (S5)
6.00 **Heartbeat** *Jobs for the Boys:* A latter-day Robin Hood baffles the police.

8.00 Agatha Christie's Poirot

7 PM

7.00 Nothing to Declare A man tries to smuggle wildlife in his underpants. **7.30** A man is suspected of holding a false passport.

7.50 Game of Thrones *Hardhome:* 8/10. Arya makes progress in her training, Sansa confronts a friend, Cersei faces a struggle and Jon embarks on a journey. (S5)

7.00 Stargate SG-1 *Collateral Damage:* 12/20. Colonel Mitchell is accused of murder – and he is not sure he is innocent. (S9)

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *My One and Only:* A disgruntled client falls under suspicion when an insurance salesman is found killed.

8 PM

8.00 FBI: Most Wanted *Derby Day:* 12/13. The Task Force investigate when a police informant is found dead. (S5)

8.00 A League of Their Own Luke Littler, Tom Davis and Alex Brooker join the regulars on the sport-based comedy quiz.

8.00 Million Dollar Listing: LA Tracy agrees to a co-list with Flagg, and Altman looks to break records with a property in Encino.

8.00 Agatha Christie's Poirot *Mrs McGinty's Dead:* A cleaner is found dead in her home and suspicion immediately falls upon her lodger, but Superintendent Spence begins to question the man's guilt.

9 PM

9.00 The Rookie New episode *Out of Pocket:* 3/18. John looks for clues to locate Jason Wyler ahead of Bailey's return home. (S7)

9.00 Gomorrah *Imma Against All:* 7/12. Ciro realises that he has no choice but to fall in line with Imma's new regime.

9.00 Never Mind the Buzzcocks Guests include James Acaster and Kerry Godliman.
9.45 Freddie Fries Again 1/6. Andrew Flintoff and Rob Penn set off on another set of adventures in their eco-friendly chip van.
10.45 Brassic 4/8. Davey MacDonagh invites Vinnie, Dylan and Tommo to a lavish party at the home of his distributor. (S4)
11.50 **The Force: Manchester**
12.55 AM **Brit Cops: Rapid Response**
2.00 **Road Wars** Vehicle crime.
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 19/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10 PM

10.00 The Cleaning Lady *At Long Last:* 12/12. Thony takes things into her own hands to take Kamdar down. (S2)
11.00 **Bull** 7/16. Benny and Bull defend a young mother. (S5)
12.00 M'T **FBI** 15/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Good Doctor** (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.00 Gomorrah *White Card:* 8/12. Genny turns his back on his family as he campaigns to replace the mayor. Subtitled. (S1)
11.00 **Homicide: Life on the Street** 11/23. Georgia Rae Mahoney makes more enemies. (S6)
12.00 M'T **The Undoing** 6/6. (S1)
1.20 AM **The Wire** 4/10. (S5)
2.30 **Mare of Easttown** 2/7. (S1)
3.40 **Mildred Pierce** 1/5. (S1)
4.50 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

10.05 G'wed 4/6. Christopher and Reece square off. (S1)
10.40 Family Guy 3/22. Brian discovers that the cure for cancer is being kept. (S11)
11.10 **Family Guy** 20/23. Brian and Stewie try to rescue Meg. (S10)
11.35 **American Dad!** 15&9/19. (S8)
12.35 AM **Bob's Burgers** 10/22. (S13)
1.05 **Plebs** 4/6. (S1)
1.35 **G'wed** As 10.05pm.
2.10 **Count Abdulla** 6/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 5/6. Will receives a phone call revealing his father has got himself into some trouble. (S4)
11.00 **Grantchester** 6/6. A curious murder case unfolds. (S4)
11.55 **Cracker** 5/9. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *From This Day Forward:* A wedding reception ends in tragedy.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Roaming in the Wild** Andrew O'Donnell and Mark Taylor go on an off-the-grid adventure across Rannoch Moor.
8.00 **Island Crossings** Bad weather puts Kerrera island's annual triathlon at risk of being cancelled.
9.00 NEW SERIES **The Firm** 1/3. Aamer Anwar fights for a public inquiry into the Emma Caldwell murder case.
9.45 **Sacked in the Morning** With Jason McAteer.
10.00 **In Search of Sir Walter Scott** The legacy of the novelist and poet.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Norwegian Fling**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S2&3)
10.15 **Entourage** (S5)
11.20 **Barry** 4&5/8. (S3)
12.35 PM **Eastbound & Down**
1.55 **Entourage** (S5)
3.05 **Bored to Death** (S1)
4.25 **Barry** 4&5/8. (S3)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S2&3)
7.45 **Divorce** 9/10. Robert's lawyer makes an insinuation that Frances is an unfit mother.
8.20 10/10. Tensions begin to ease between Frances and Robert. (S1)
9.00 **And Just Like That...** 3/12. Comedy starring Sarah Jessica Parker. (S3)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **Veep** 3&4/8. (S1)
12.10 AM **Barry** (S4)
1.30 **Intelligence** (S1)
2.30 **Somebody Somewhere**
3.45 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Classical Anthems**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **The Fantastic Mr Murray**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Opry Live**
8.00 **Discovering**
9.00 **Pauline Black: A 2-Tone Story**
10.50 **Poly Styrene: I Am a Cliche** A profile of the X-Ray Spex frontwoman.
12.50 AM **Borromini: The Dark Side of Baroque**
3.00 **The Sky Arts Book Club Summer Reads**
4.00 **I Hate Jane Austen By Giles Coren**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** 2/26. (S2)
9.00 **FBI: Most Wanted** *Karma:* 7/22. The team investigate a shooting at a Buddhist temple. (S4)
10.00 **FBI: International** *Imminent Threat – Part One:* 16/22. The abduction of an architect is linked to a brewing terror threat. (S2)
11.00 **Grimm** 18/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the quiz.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Double bill of the quiz hosted by Ben Shephard.
11.55 **Wheel of Fortune** Graham Norton hosts the game show.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 5/8. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 8/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 10/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/25. (S4)
9.00 **Randall and Hopkirk (Deceased)** *You Can Always Find a Fall Guy:* 25/26. Jeff is framed. (S1)
10.00 **The Avengers** *The Correct Way to Kill:* 9/24. Steed joins forces with a Russian spy. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Royal Procession at Ascot: Celebrating 200 Years**
11.00 **Nine Dart Finishes**
11.05 **Made in Britain**
11.40 **Giant Lobster Hunters**
12.35 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.40 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.50 **LIVE Racing: Royal Ascot**
6.30 **River Monsters**

6.30 River Monsters

7.00 Junk and Disorderly Henry Cole works against the clock to restore a so-called belly pump from the 1920s.

8.00 World Superbike Highlights Action from the sixth round of the season at Misano World Circuit Marco Simoncelli.

9.05 FILM Jurassic Park Steven Spielberg's thriller starring Sam Neill, Laura Dern and Jeff Goldblum. A billionaire showman creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 Wrestling: AEW Collision Featuring FTR, Thunder Rosa, Jon Moxley and Jay White.
1.30 AM **Champions: Full Gallop** Following the drama on and off the racetrack.
2.20 **Motorsport Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 15/26. (S6)
2.00 **Blood & Treasure** 8/13. (S2)
3.00 **Stargate Atlantis** 6/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 15/26. Picard passes into the afterlife. (S6)
6.00 **Star Trek: Enterprise** 26/26. The crew venture into an unknown zone. (S2)

11.00 Wynonna Earp

7.00 Blood & Treasure *The Lost City of Sana:* 8/13. Lexi is injured when the team crash land in the jungle. (S2)

8.00 Stargate Atlantis *Childhood's End:* 6/20. Sheppard encounters a youthful race. (S1)

9.00 Grimm *Oh Captain, My Captain:* 3/13. Nick devises a plan to take Renard out of his element. (S6)

10.00 The Walking Dead *Still Gotta Mean Something:* 14/16. Carol searches for someone in the nearby forest. (S8)

11.00 Wynonna Earp 2/12. Bulshar Clootie's arrival gives the team a significant cause for pause.
12.00 M'T 3/12. Curse originator Bulshar comes out from the shadows. (S3)
1.00 AM **Lovecraft Country** 3&4/10. Double bill. (S1)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 2/10. (S2)
11.00 **Hudson & Rex** 14/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 1/10. (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S6)
4.00 **The Coroner** 2/10. (S2)
5.00 **Hudson & Rex** 14/16. (S2)
6.00 **Father Brown** *The Cat of Mastigatus:* An investigation gets under way when a girl is left for dead at a school fête.

9.00 My Life Is Murder

7.00 Shakespeare & Hathaway: Private Investigators 1/10. Frank encounters an old enemy. Guest stars Jim Moir. (S3)

8.00 Death in Paradise *Murdering Lyrical:* 7/9. A reggae rap artist is shot dead at a soundcheck for a concert. (S11)

9.00 NEW SERIES My Life Is Murder *To Dye For:* 1/8. The return of the crime comedy drama. A socialite is found dead. (S4)

10.00 Father Brown *The River Corrupted:* Sid returns to Kembleford to ask his old family to help save his new one.

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 2/21. Watson's biological father dies. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.00 **My Hero**
9.40 **Are You Being Served?**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.35 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Only Fools and Horses**

9.00 Still Open All Hours

7.00 Dad's Army Mainwaring and Wilson are trapped in the bank vault with an unexploded bomb.

7.40 Gavin & Stacey The newlyweds begin leading separate lives back in their home towns.
8.20 Nessa goes into labour a month early.

9.00 Still Open All Hours A mysterious woman comes looking for Eric.

9.40 Harry Enfield and Chums With Harry as Il Postino Pat, and Dawn French as Signora Goggins.

10.20 Absolutely Fabulous Patsy and Eddie babysit for the day.

11.00 **Live at the Apollo**
12.00 M'T **Harry Enfield and Chums**
12.35 AM **Still Open All Hours**
1.15 **Absolutely Fabulous**
1.55 **Live at the Apollo**
2.55 **My Hero**
3.30 **to 4.00** AM **Still Open All Hours**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy's Garage**
11.00 **Rick Stein's Far Eastern Odyssey: Xmas Special**
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy's Garage**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Far Eastern Odyssey: Xmas Special** Rick demonstrates culinary ideas brought back from his travels around the Far East.

9.00 QI XL

7.00 Would I Lie to You? With guests Aisling Bea, June Brown, Adrian Chiles and Seann Walsh.

7.40 Richard Osman's House of Games With Iain Stirling and Jean Johansson.
8.20 Andrea McLean, Adil Ray, Rita Simons and Phil Wang take part.

9.00 QI XL The UK-US Special Relationship is put under the microscope, with Alex Edelman, Kemah Bob and David Mitchell.

10.00 Have I Got a Bit More News for You Clive Myrie guest hosts the satirical quiz, with guests Helen Lewis and Andy Hamilton.

11.00 **8 Out of 10 Cats** With Jamie Laing, Jessica Knappett, Rose Matafeo and Geoff Norcott.
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **The Weakest Link**
2.55 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** In northern Italy.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** In Toulouse.
12.00 NOON **A Place in the Sun** From Torrevieja.
1.00 PM **Love It or List It**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.35 **Escape to the Chateau**
3.45 **Location, Location, Location** From Sheffield.
4.50 **LIVE Football: European U21s Championship** France v Poland.
7.00 **Grand Designs**
7.50 **LIVE Football: European U21s Championship** Spain v Italy.
10.00 **FILM Deep Impact** Thriller. (1998) ★★★★
12.20 AM **Night Coppers**
1.20 **Gogglebox**
2.25 **Celebrity Gogglebox**
3.25 **Millionaire Hoarders**
4.30 **to 5.00** AM **Four in a Bed**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Sub Rosa:* 7/23. A partially dissolved body is found in a bath of acid.
7.00 *Minimum Security:* 8/23. A translator dies in strange circumstances.
8.00 *Marine Down:* 9/23. The team exhume the body of a Marine. (S1)
9.00 **Law & Order: Special Victims Unit** *Children of Wolves:* 9/13. Noah comes to terms with the past. (S25)
10.00 *Flight:* 15/24. A young French model claims she was raped.
11.00 *Spectacle:* 16/24. Benson and Stabler investigate a rape at a university. (S12)
11.55 **Law & Order: Special Victims Unit** (S12)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Emergency Call Out** The Kent Joint Response Unit arrive at the scene of a rollover.
10.00 **A&E After Dark** The night-time challenges facing NHS staff.
11.00 **Skin A&E** Documentary.
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Traffic Cops**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Traffic Cops**
10.10 **Police Interceptors**
11.10 **FILM Hellfighters** Action adventure. (1969, PG, 120min) ★★
1.45 PM **FILM The Proud Rebel** Western. (1958, b/w, U, 108min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at:
8.00 Armed police respond to reports of a fight involving machetes.
9.00 **The Motorway** A four-vehicle pile-up causes chaos on the Spaghetti Junction.
10.00 **Police Raid: Minute by Minute** An elite task force track down a crime gang suspected of supplying drugs.
11.00 **Quantum Leap** (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Property Brothers at Home** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Missing Persons Investigation**
8.00 **DIY SOS: The Big Build**
9.00 **First Responders** New edition A husband performs life-saving CPR, and a motorcyclist suffers a horrible injury.
10.00 **Killer Women with Piers Morgan** The presenter meets two very different female murderers.
11.00 **Nurses on the Ward**
1.00 AM **Joe Wicks: Facing My Childhood**
2.00 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.20 **Classic Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.05 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet and the Duke** 1/6. The sister of a missing woman hires Eliza to find her.
9.00 2/6. A valuable sketch by Charles Darwin is stolen. (S2)
10.00 **New Tricks** *Magic Majestic:* Brian clashes with a magician.
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.30 **Rebus**
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit the stories of people who were desperate to find their birth parents.
10.00 **The Hotel Inspector** Alex Polizzi heads to the LG Thai Derm Spa and Guest House in Loughborough.
11.00 **Long Lost Family**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** Jenni Falconer and Ben Richards compete for charity.
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The Blitz on Cologne**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Ambush at Tomahawk Gap** Western. (1953, PG, 73min) ★★★
2.45 **FILM The Quick Gun** Western adventure. (1964, PG, 87min) ★★
4.45 **FILM 7th Cavalry** Western drama. (1956, U, 77min) ★★★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Killing Salazar** Action adventure. (2016, 15, 95min) ★★
11.15 **FILM The Duel** Western. (2016, 15, 110min) ★★
1.35 AM **FILM Global Meltdown** Thriller. (2017, PG, 105min) ★
3.20 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Fatal Memories** Thriller with Italia Ricci. (2014, 12, 90min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM A Sister's Obsession** Thriller. (2019, 15, 89min) ★★
2.55 **FILM Stealing Paradise** Crime thriller. (2011, PG, 83min) ★★★
5.05 **FILM Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama with Sarah Lind. (2020, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Cell** Sci-fi thriller starring John Cusack. (2014, 15, 95min) ★★★
11.05 **FILM The Recall** Thriller. (2017, 15, 90min) ★★
1.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Text to Kill** Drama. (2015, 12, 83min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM The Mistletoe Promise** (2016, U) ★★
10.05 **FILM Spotlight on Christmas** Drama. (2020, PG, 84min) ★★
12.00 NOON **FILM My Christmas Fiancé** Drama. (2022, PG, 90min) ★★
2.00 PM **FILM Runaway Christmas Bride** Drama. (2017, PG, 90min) ★★
4.00 **FILM The Christmas Pageant** (2011, U) ★★★
6.05 **FILM A Rose for Christmas** Drama. (2017, U, 90min) ★★
8.00 **FILM A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
9.55 **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
11.55 **FILM A Merry Christmas Match** (2019, U) ★
2.00 **Highway to Heaven**
3.05 **to 5.00** AM **FILM Runaway Christmas Bride** As 2.00pm.

+1 hour 320 317

Rewind TV

182 92 141

6.00 AM **Highlights**
10.30 **Watching** 7/11. (S5)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 14/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 5/13. (S2)
2.30 **Haggard** 3/7. (S2)
3.00 **Bramwell** 5/7. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 7/11. (S5)
6.30 **Thick as Thieves**
7.00 **Brass** 5/13. (S2)
7.30 **Haggard** 3/7. (S2)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 14/14. (S3)
9.30 **Soap** 15/25. (S1)
10.00 **Thick as Thieves** (S1)
10.30 **Married... with Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S1)
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A huge storm causes the fleet to fall behind schedule. **8.00** Bill struggles to keep his crew in check.
9.00 **Gold Divers** Vernon runs out of patience. **10.00** Vernon capitalises on a patch of clear weather by sending out two talented divers.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** The survivalists must complete a brutal extraction.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Tom Kerridge...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food...**
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **Tom Kerridge: Secrets of the Pub Kitchen** Double bill.
2.00 **James Martin's Brittany**
2.30 **James Martin's Champagne**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Food Heroes: Another Helping**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 **Jamie's Comfort Food**
10.00 **Money Saving Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 7/22. (S6)
9.00 **The Fall Guy** 6/23. (S1)
10.00 **Knight Rider** 19/24. (S2)
11.00 **FILM The Abominable Snowman** Chiller. (1957, b/w, 12, 91min) ★★
12.55 PM **FILM Airport 1975** Disaster movie. (1974, PG, 106min) ★★★
3.00 **FILM Duel** Thriller. (1971, PG, 91min) ★★★★
5.00 **Star Trek** 1/26. (S2)
6.00 **Knight Rider** (S2)
7.00 **The Fall Guy** 7/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Devil's Own** Thriller starring Harrison Ford and Brad Pitt. (1997, 15, 111min) ★★
11.10 **FILM Vendetta** Action thriller with Danny Dyer and Roxanne McKee. (2013, 18, 106min) ★★
1.15 AM **FILM The Family** Thriller. (1970, 18) ★★
3.10 **to 5.00** AM **FILM Mojave** Offbeat thriller. (2015, 15, 91min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Shark Season**
8.00 **FILM Super Cyclone** Sci-fi disaster movie. (2012, 12, 90min) ★
10.00 **The Lost World** (S2)
11.00 **FILM The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
1.00 PM **FILM Ape vs Monster** Adventure. (2021, 12, 88min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 1/25. (S3)
5.00 **FILM Shark Season** Disaster thriller. (2020, PG, 87min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 2/25. (S3)
9.00 **FILM Bushwick** Action drama with Dave Bautista and Brittany Snow. (2017, 15, 94min) ★★
10.55 **FILM Universal Soldier: Regeneration** Sci-fi action thriller sequel. (2009, 18, 97min) ★★★
1.00 **to 3.00** AM **FILM Bushwick** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **My Strange Arrest**
12.00 M'T **Alien Disclosure Files** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Scotland: A Year in the Wild** Springtime.
11.00 **Ben Fogle: New Lives in the Wild** Siberia.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The comedian visits the Lake District.
8.00 **Ben Fogle: New Lives in the Wild** New Zealand.
9.00 **World War I in Colour** British troops boast a succession of victories in the Middle East.
10.00 **Nazi Megastructures** The creation of the most advanced submarine of World War Two.
11.00 **Prisoner: Cell Block H**
1.00 AM **Private Eyes**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Sicily.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden** Alan Titchmarsh and his team transform a garden in Southampton.
9.00 **Married to Real Estate** New edition Egypt Sherrod and Mike Jackson are asked to renovate a President's Box at a football stadium.
10.00 **Bargain Block**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Addicted to Marriage**
8.00 **Jay & Pamela** New edition Pamela bonds with Jay's father over a cooking lesson.
9.00 **Unbelievable Me**
10.00 **Awake Surgery**
11.00 **Body Parts**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Awake Surgery**
3.00 **Body Parts**
4.00 **Jay & Pamela**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** From Japan.
12.00 NOON **The Ren & Stimpy Show** (S1&2)
1.00 PM **Friends** (S3&4)
8.00 **Friends** 6/24. Chandler gets to know Joey's new girlfriend Kathy. **8.30** 7/24. Chandler tries to prevent Joey from finding out the truth. (S4)
9.00 **FILM Pixels** Comedy starring Adam Sandler and Peter Dinklage. (2015, 12, 105min) ★★
11.05 **Whose Line Is It Anyway? USA**
12.05 AM **South Park**
1.35 **Beavis and Butt-Head**
2.50 **Whose Line Is It Anyway? USA**
3.15 **Reno 911!** 8/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 17&18/24. (S3)
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 4/12. (S2)
3.00 **Daria** 12&13/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 17&18/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Friends** 15/25. Rachel and Ross take a break from each other. **9.30** 16/25. Rachel finds out about Ross's infidelity. (S3)
10.00 **Friends** (S3&5)
2.00 AM **The Ren & Stimpy Show** 11&12/14. (S4)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 17&18/24. (S3)
4.30 **Al Murray: The Only Way Is Epic** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *Death on Denial:* 4/8. Tiffany's secrets are threatened. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Olivia Colman.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Models**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Firsts**
7.00 **Teen Mom UK**
8.00 **MTV Cribs UK**
9.00 **Queerpiphany** New editions Double bill.
10.00 **Plastic Surgery Knifemares**
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina have terrible aim in 'way off target.'
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Gold Divers**
9.00 **Gold Rush** Triple bill.
1.00 PM **Gold Rush: Parker's Trail** Triple bill, including at: **3.00** Gold mining prodigy Parker Schnabel chases mining leads in Peru and Bolivia.
4.00 **Gold Rush: Mine Rescue with Freddy & Juan** Fred Dickinson enlists the help of Freddy Dodge and Juan Ibarra. **5.00** The duo come to the aid of struggling mine owners.
6.00 **Gold Rush: White Water** A crew member is burned.

7.00 Gold Rush: White Water

7.00 Gold Rush: White Water Dakota Fred and his son Dustin risk their lives in an attempt to find a fortune in gold nuggets.
8.00 Gold Rush The cast and crew review series eight.
8.30 NEW Discovery Changed My Life How TV shows transformed people's lives.
9.00 Gold Rush: White Water New edition Dustin risks the lives of his entire crew at a deadly waterfall.
10.00 Gold Rush: Mine Rescue with Freddy & Juan New edition The expert gold miners help struggling mine owners.
11.00 **Border Control: Spain** Double bill of the series.
12.00 M'T **Gold Rush: Dave Turin's Lost Mine** Dave gets a lead on a remote claim in north-eastern Alaska, said to produce major nuggets.
1.00 **to 5.00** AM **Gold Rush: Dave Turin's Lost Mine**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A 24ft-long tank.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Monster Croc Invasion**
3.00 **Saba and the Rhino's Secret**
4.00 **My Cat from Hell** A cat so afraid of its tormentor that it lives inside a kitchen cabinet.
5.00 **Lone Star Law** The work of the Texas Game Wardens.
6.00 **Tanked** A saltwater aquarium.

8.00 The Zoo

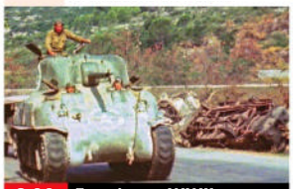
7.00 Pit Bulls & Parolees Tia and the crew race against the clock to save a group of dogs before animal control take over.
8.00 The Zoo Ivy the babirusa is expecting for the first time, and a feisty camel develops a tooth issue.
9.00 The Zoo A young silvery langur falls ill, giraffes Jigsaw and Zizi are paired for breeding, and a mini donkey gets a new toy.
10.00 Edge of Alaska Neil breaks through to the Mother Lode mine, and Jenny goes on a solo bear-hunt of her own.
11.00 **Fish or Die** The anglers follow a lead to a river in Greenland.
12.00 M'T The guys head to Mongolia in search of a ferocious salmon.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Rise and Fall of the Mayas** Double bill.
2.00 PM **Hitler's Death Army: Das Reich** Double bill of editions.
4.00 **Drain the Oceans: Pacific Shockwave** How the Japanese Empire became the dominant Naval power in the Pacific.
5.00 **Car S.O.S** Tim and Fuzz collect a 1968 Citroën DS.
6.00 **Nazi Megastructures: America's War** The defensive fortifications on Peleliu.



8.00 Eyewitness WWII

7.00 Air Crash Investigation The crash of United Airlines Flight 232 in Sioux City, Iowa, in 1989.
8.00 Eyewitness WWII: Invasion Italy World War Two's Italian campaign told through the accounts of those who fought in it.
9.00 Nazi Megastructures Hitler forms a strategy to destroy Britain's air power and land troops in southern England.
10.00 Hitler the Junkie An exposé of the medications Adolf Hitler was taking, how much he took and how often.
11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster** A 2005 train crash in Japan.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Digging for Britain**
4.00 **Pawn Stars**
5.00 **History's Greatest Mysteries** The *Hindenburg* airship disaster.
6.00 **American Pickers** A quest to track down a recording trailer absent for decades.

10.00 History's Greatest...

7.00 Forged in Fire 1/2. Seven losing competitors return to the forge for a shot at redemption and a second chance at glory.
8.00 Ancient Impossible Investigating whether the secret to Stonehenge's construction will ever be revealed.
9.00 Secrets Declassified with David Duchovny New edition Hidden government facilities and their secret operations.
10.00 History's Greatest Mysteries New edition Laurence Fishburne considers sightings of the Yeti, a creature of myth.
11.00 **What on Earth?** Exploring a prehistoric ghost in Ireland.
12.00 M'T **Strange Evidence** Footage that seems to defy explanation.
1.00 AM **Ultimate Mysteries** The disappearance of aviator Charles Lindbergh's son.
2.00 **Secrets Declassified with David Duchovny** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **War Factories** A look into the story of the GM Opel Blitz.
6.00 **Antiques Roadshow** The team head to Stanway House in the Cotswolds.

8.00 Canal Boat Diaries

7.00 Great American Railroad Journeys Michael Portillo travels from Santa Fe to the Grand Canyon.
8.00 Canal Boat Diaries Series finale Robbie navigates the wintery Grand Union Canal while preparing for Christmas.
9.00 Bangers & Cash: Restoring Classics The team buy a Mazda MX-5.
10.00 Bangers & Cash The Mathewsons meet a collector who may be willing to finally part with his 220-car collection.
11.00 **Bangers & Cash** One hundred motorbikes come in for auction from every era of the 20th century.
12.00 M'T **Abandoned Engineering** The world's most impressive disused railway bridges.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Wheeler Dealers World Tour** Mike and Elvis find a iconic Citroën 2CV Fourgonnette.
9.00 **Shed and Buried** New editions Unearthing vintage vehicles lying abandoned in sheds.
10.00 **Shed and Buried** A garage packed with hundreds of trinkets.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Reality series.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress: UK** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** True-crime.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A beloved Oklahoma father is killed inside his home.
8.00 **Murder She Solved** A criminal profiler helps police find the killer of a couple murdered as they prepared to celebrate their 25th wedding anniversary.
9.00 **Britain's Most Evil Killers** The case of London-based serial killer Dennis Nilsen.
10.00 **The Killer You Know** New edition Jennifer Pan's account of her parents' death doesn't seem to add up.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** The sudden death of a rich woman, which baffled investigators until the widower's ex-wife came forward to tell her story. **4.30** The hunt for an elderly woman's killer. **5.00** How authorities traced a gun without a serial number. **5.30** Investigating how the FBI identified a St Louis serial killer using only a computer. **6.00** The hunt for a Philadelphia rapist. **6.30** A family contract deadly illnesses.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Megan Newton.
1.00 PM **Britain's Most Evil Killers** Tracie Andrews.
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **Most Evil Killers**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Willa Blanc.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Normans**
9.55 **Edwardian Britain in...**
10.55 **The Bush Years: Family, Duty, Power**
11.55 **The Hidden Side of...**
1.00 PM **The Normans**
2.15 **Edwardian Britain in...**
3.20 **The Bush Years: Family, Duty, Power**
4.15 **The Hidden Side of...**
5.25 **The Crusades**
6.35 **The Normans**
7.50 **Edwardian Britain in Colour** Documentary.
8.50 **The Bush Years: Family, Duty, Power** New edition How George HW Bush was betrayed by Richard Nixon.
9.50 **The Hidden Side of World War II**
11.00 **Edwardian Britain in Colour** Documentary.
12.00 M'T **The Bush Years: Family, Duty, Power**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.00 **Discovering: Rex Harrison**
8.00 **The Directors**
9.00 **Breath of Fire**
10.00 **JFK: Destiny Betrayed**
11.05 **Escobar by Escobar**
12.00 NOON **Everton: Howard's Way**
2.10 PM **Flight 149: Hostage of War**
4.00 **The Directors**
5.00 **Discovering: Rex Harrison**
6.00 **Breath of Fire** A look at the rise of Kunalini yoga.
7.00 **JFK: Destiny Betrayed** 2/4. An exploration of strange anomalies in the medical evidence.
8.05 **Escobar by Escobar** 2/4. The story behind the cursed Escobar empire.
9.00 **An American Bombing: The Road to April 19th** Documentary looking at the surge in homegrown political violence.
11.00 **I Am Luke Perry** Celebrating the life and career of the actor.
12.45 AM **Searching for Sugar Man**
2.30 **Stirling**
3.50 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Rex Harrison**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Wild Castles**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Rockies**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Wild Castles**
5.00 **The Hungry Games: Alaska Big Bear Challenge**
6.00 **Wild Rockies**
7.00 **Monkey Life** Double bill.
8.00 **The Wild Wild East**
9.00 **Bugs That Ruled The World**
10.00 **Wild Rockies**
11.00 **The Hungry Games: Alaska Big Bear Challenge**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Dogs with Extraordinary Jobs** Documentary.
2.00 **The Wild Wild East**
3.00 **Bugs That Ruled The World**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies** UFO encounters 'covered up' by the Pentagon.
8.00 **Roswell 75: The Final Evidence** The alleged crash of an extra terrestrial craft in 1947.
9.00 **Footprints of Civilisation** The great philosophers who have radically changed the way ordinary people have lived.
10.00 **Evidence of the Unexplained**
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **Apocalypse D-Day**
3.05 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Glyn Dix.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **A Perfect Scam** New edition How a grieving Canadian was lured into drug smuggling.
10.00 **Mastermind of Murder**
11.00 **Accused: Did I Do It?**
12.00 M'T **Murder By Medic**
1.00 AM **A Perfect Scam**
2.00 **Mastermind of Murder**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Lost Sharks of Easter Island**
3.00 **Maui Shark Mystery**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Dr Hodges and Dr Ferguson attempt to save a new-born calf during a tropical storm.
8.00 **Fish Tank Kings** Mat builds a terrarium for a rare frog.
9.00 **India's Elephant Mountain** The lives of elephants in Anaimalai – the 'Elephant Mountain' – in southern India.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Did the Mob Kill JFK?**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Did the Mob Kill JFK?** Evidence that suggests the Mafia ordered the assassination of John F Kennedy in 1963.
9.00 **Paranormal Declassified** Paul Beban searches for evidence of extra-terrestrials. He unearths long-buried files that could lead to an alien cover-up all the way to the White House.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
12.55 PM **Gardeners' World**
7.20 **Gardeners' World** Carol Klein reveals how to propagate lily bulbs, and Monty Don takes leaf cuttings from the Dry Garden.
8.00 Monty Don plants for spring colour in his shade garden, and Carol Klein adds tulips and winter bedding.
8.35 Monty Don wraps up the tree ferns to protect them from the cold weather, while Carol Klein clears out plants that are past their best.
9.15 Monty Don digs, harvests and stores vegetables in preparation for winter.
9.55 Joe Swift recounts viewers' stories of growing chillies.
10.30 Monty Don harvests fruit and vegetables from the garden as summer draws to an end.
11.10 Major changes are made to the planting in the long borders at Berryfields.
11.50 PM **to 6.00** AM **Gardeners' World**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed**
9.00 **Evil Online**
11.00 **Crimes Gone Viral**
1.00 PM **Extreme Measures**
3.00 **Grave Secrets**
5.00 **Who the (Bleep) Did I Marry?**
7.00 **Still a Mystery** A case in which a newly engaged woman was found dead on New Year's Day.
8.00 Police were stumped when two young adults were found dead weeks apart. Disturbing text messages and contradictory statements suggested they were murdered.
9.00 **Evil Lives Here** When Roger's best friend, Bob Duke, asks for a 'favour', he thinks Bob is venting. When he asks again, Roger worries for Bob's wife and son.
10.00 **Signs of a Psychopath** Double bill of the documentary.
11.00 **A Crime to Remember** The shooting of Patricia Jones.
12.00 M'T **Deadly Sins** Double bill.
2.00 AM **Who the (Bleep) Did I Marry?** Four editions.
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** A client is keen for work to start on his Bentley.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry arrives at the Kakadu National Park.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Home Delivery** (2023)
7.45 **Escape from the 21st Century**
9.45 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
11.40 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
1.40 PM **Home Delivery** Comedy. (2023, 15, 86min)
3.25 **The Luckiest Man in America**
5.15 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
7.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★

5.15 A Nice Indian Boy

Venom: The Last Dance (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eydelshteyn, Yura Borisov and Karren Karagulian. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Luckiest Man in America** Fact-based drama starring Paul Walter Hauser, Walton Goggins and David Strathairn. (2024, 15, 90min) ★★★★
1.15 AM **Old Guy** Action comedy starring Christoph Waltz. (2024, 15, 94min) ★★★
2.55 **Escape from the 21st Century** Chinese fantasy adventure with Ruoyun Zhang. Subtitled. (2024, 15, 94min)
5.05 **to 6.50** AM **Old Guy** (2024)

Sky Cinema Originals

303 303 403 503 517

6.00 AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
7.35 **Monster Family 2** As 5.10am.
9.20 **Extinct** Animated adventure. (2021, U, 84min) ★★★
10.50 **Blacklight** (2022, 15) ★
12.40 PM **Dead Shot** As 1.35am.
2.15 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
3.55 **Ferrari** Biographical drama. (2023, 15, 130min) ★★★
6.10 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★

8.00 Promising Young Woman

8.00 Promising Young Woman Crime thriller starring Carey Mulligan. A medical-school dropout traumatised by a tragic event in her past seeks vengeance against those who crossed her path. With Bo Burnham. (2020, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Daddio Drama starring Dakota Johnson and Sean Penn. A woman taking a taxi ride engages in a conversation with the driver about important relationships. (2023, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
1.35 AM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
3.20 **Final Score** Action drama. (2018, 15, 104min) ★★★
5.10 **to 6.55** AM **Monster Family 2** Animated comedy sequel. (2021, U, 90min) ★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Funny Girl** As 10.10pm.
9.45 **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★
11.45 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★
1.35 PM **Chicago** Musical. (2002, 12, 112min) ★★★★
3.35 **Out of Africa** Oscar-winning romantic epic starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★
6.20 **The Hanging Sun** Drama starring Alessandro Borghi. (2022, 15, 93min) ★★
8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February, featuring an all-star cast including Ashton Kutcher, Jennifer Garner, Anne Hathaway and Julia Roberts. (2010, 12, 125min) ★★★
10.10 **Funny Girl** Musical biopic starring Barbra Streisand. (1968, U, 169min) ★★★★
12.45 AM **Calvary** Darkly comic drama with Brendan Gleeson. (2014, 15, 99min) ★★★★
2.30 **The Convert** Action drama. (2024, 15, 119min) ★★★★
4.35 **to 6.30** AM **Sabrina** Comedy starring Humphrey Bogart. (1954, b/w, U, 113min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **I.S.S** As shown at 1.25am.
8.35 **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★★
10.40 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
12.40 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.35 **The Nun** Horror thriller. (2018, 15, 96min) ★★★★
4.20 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
8.00 **The Nun II** Horror sequel starring Taissa Farmiga. (2023, 15, 110min) ★★
9.55 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
11.50 **Lovely, Dark, and Deep** Horror chiller. (2023, 15, 87min) ★★★
1.25 AM **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★
3.05 **The Man Who Fell to Earth** Sci-fi fantasy with David Bowie. (1976, 18, 140min) ★★★★
5.25 **to 7.00** AM **Out of Darkness** Prehistoric horror. Subtitled. (2022, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.25 AM **Patch Adams** As 3.10am.
9.25 **Spy Kids** (2001, U) ★★★★
10.55 **Pups United** As 5.10am.
12.30 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★
2.00 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
3.30 **Soaring to Life: The Making of How to Train Your Dragon**
4.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
5.25 **Johnny English** Comedy. (2002, PG, 88min) ★★★

8.55 Ride On

7.10 **Johnny English Reborn** Espionage comedy sequel. (2011, PG, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.55 **Ride On** Chinese action drama starring Jackie Chan. A washed-up stuntman becomes an overnight sensation when his fight with debt collectors goes viral. With Liu Haocun and Kevin Guo. Subtitled. (2023, PG, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Wiz** Musical updating of *The Wizard of Oz*, starring Diana Ross and Michael Jackson. (1978, U, 133min) ★★
1.20 AM **Batteries Not Included** Fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
3.10 **Patch Adams** Comedy drama starring Robin Williams. (1998, 12, 115min) ★★
5.10 **to 6.45** AM **Pups United** Family canine adventure. (2015, U, 89min) ★★★

Sky Cinema Action

307 307 407 507 521

7.40 AM **Hudson Hawk** As 2.10am.
9.25 **Project A, Part II** As 3.55am.
11.20 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
1.30 PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
3.40 **Justice League** Sci-fi adventure starring Ben Affleck. (2017, 12, 120min) ★★
5.45 **The Mummy Returns** Adventure sequel with Brendan Fraser and Rachel Weisz. (2001, 12, 129min) ★★★★

5.45 The Mummy Returns

8.00 **300** Epic adventure starring Gerard Butler and Lena Headey. In 480 BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Charlie's Angels** Comedy thriller based on the 1970s TV series, starring Drew Barrymore, Lucy Liu and Cameron Diaz. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★
1.50 AM **The Cinema List: Westerns**
2.10 **Hudson Hawk** Action comedy. (1991, 15, 97min) ★★★
3.55 **Project A, Part II** Hong Kong comedy adventure. Subtitled. (1987, 15, 94min) ★★★
5.50 **to 8.00** AM **The Killer** Thriller. (2024, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **The Pink Panther** Crime caper. (1963, PG) ★★★★★
8.45 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★
10.40 **The Taming of the Shrew** Comedy. (1967, U) ★★★★
12.45 PM **Superbad** (2007) ★★★★
2.40 **Howard the Duck** Comedy. (1986, PG, 104min) ★★★
4.35 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
6.10 **Tropic Thunder** War spoof. (2008, 15, 107min) ★★★★

6.10 Tropic Thunder

8.00 **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fords on Water** Comedy starring Elvis Payne and Mark Wingett. Two young men find freedom from a hopeless future by fleeing London in a stolen car. (1983, 15, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Revenge of the Pink Panther** Crime caper sequel. (1978, PG, 98min) ★★★
1.15 AM **The Back-Up Plan** Comedy. (2010, 12) ★★
3.00 **Jules** Comedy drama. (2023, 12, 87min) ★★★
4.35 **The Cinema List: Pride**
4.50 **to 6.20** AM **National Security** Comedy. (2003, 12, 88min) ★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **The Cinema List: Thrillers**
6.50 **Melancholia** As 2.20am.
8.20 **Blackhat** Crime drama. (2015, 15, 128min) ★★★★
10.35 **Force of Nature: The Dry 2** Thriller sequel. (2024, 15) ★★★
12.30 PM **Now You See Me** Thriller. (2013, 12, 115min) ★★★
2.30 **A Place Called Silence**
4.30 **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★
6.35 **Head Count** Crime thriller. (2023, 15, 77min) ★★★

10.10 Oldboy

8.00 **Jason Bourne** Action thriller starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Alicia Vikander and Julia Stiles. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Oldboy** South Korean revenge thriller starring Choi Min-sik. A man is released after being held captive in a private prison for 15 years. Subtitled. (2003, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
2.20 **Melancholia** Thriller. (1989, 15, 85min) ★★★
3.55 **Head Count** As 6.35pm.
5.25 **to 7.25** AM **Force of Nature: The Dry 2** Thriller sequel. (2024, 15, 120min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Nicholas Nickleby** Charles Dickens adaptation. (1947, b/w, U, 103min) ★★★★
1.10 PM **Man in the Saddle** Western. (1951, PG) ★★★
2.55 **The Last Hurrah** Drama. (1958, b/w, U, 121min) ★★★
5.20 **Hangman's Knot** Western. (1953, PG, 81min) ★★
7.00 **The Greatest Showman** Musical with Hugh Jackman. (2017, PG, 102min) ★★★★

7.00 The Greatest Showman

The Greatest Showman (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Banshees of Inisherin** Black comedy starring Colin Farrell and Brendan Gleeson. A fiddler abruptly severs ties with his lifelong friend, who goes to desperate lengths to rebuild their relationship. (2022, 15, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **The Guard** Comedy thriller starring Brendan Gleeson and Don Cheadle. An outspoken Irish police officer must join forces with an uptight FBI agent to intercept a shipment of narcotics in County Galway. (2011, 15, 96min) ★★★★
1.15 **to 3.05** AM **Walking and Talking** Comedy drama. (1996, 15, 85min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.40 AM **Sky Cinema Preview**
7.35 **BlackBerry** Comedy drama. (2023, 15, 120min) ★★★★
9.35 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
11.30 **Frost/Nixon** Ron Howard's drama based on Peter Morgan's play. (2008, 15, 122min) ★★★★
1.35 PM **The Apartment** As 3.15am.
3.45 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★

5.45 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
8.00 **A Different Man** Thriller starring Sebastian Stan. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min) ★★★★
10.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a psycho killer assassinating the US President. (1993, 15, 127min) ★★★★

12.15 AM **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
2.55 **The Cinema List: Pride**
3.15 **The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.35 AM **Fletch** As 9.50pm.
8.30 **Fletch Lives** As 3.05am.
10.20 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
12.10 PM **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
2.00 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
4.00 **Junior** Comedy starring Arnold Schwarzenegger and Danny DeVito. (1994, PG, 110min) ★★★

6.00 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
8.00 **National Lampoon's Animal House** Campus comedy starring John Belushi and Donald Sutherland. A group of rabble-rousing students declare war on their snobbish rivals. (1978, 15, 109min) ★★★★★
9.50 **Fletch** Comedy thriller starring Chevy Chase and Joe Don Baker. (1985, PG, 96min) ★★★

11.30 **Bad Boys** Action comedy. (1995, 15, 118min) ★★★
1.30 AM **The Little Rascals** Family comedy. (1994, U, 83min) ★★
3.05 **Fletch Lives** Comedy thriller. (1989, PG, 95min) ★
4.40 **to 6.25** AM **See No Evil, Hear No Evil** As shown at 6.00pm.

Sky Cinema Animation

305 305 412 500 514

7.10 AM **Home** Animated adventure. (2014, U, 94min) ★★★
8.50 **Over the Hedge** As 5.35pm.
10.20 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
11.55 **Rugrats in Paris** Animated family adventure spin-off. (2000, U, 79min) ★★★
1.20 PM **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★

3.00 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animated adventure. (2015, U, 49min) ★★★
4.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
5.35 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
7.05 **Transformers One** Animation. (2024, PG, 104min) ★★★★
8.55 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
10.30 **The Canterville Ghost** Animation. (2023, PG) ★★

12.05 AM **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
1.25 **The Swan Princess** Animated musical. (1994, U, 89min) ★★★
3.00 **Deep Sea** (2023, PG) ★★★
5.00 **to 6.25** AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★

Movies 24

312 313 419

7.00 AM **Moriah's Lighthouse** Comedy. (2022, PG, 84min) ★★
9.00 **The Professional Bridesmaid** Drama. (2023, PG, 90min) ★★
11.00 **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
3.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. (2024, PG, 84min) ★★

5.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
7.00 **Game, Set, Love** Romantic comedy with Davida Williams. (2022, PG, 84min) ★★
9.00 **Fashionably in Love** Romantic comedy starring Celeste Desjardins and Andrew Bushell. An aspiring fashion designer enters into a fake relationship to get the chance to meet her hero. (2023, PG, 87min) ★★
11.00 **A Costa Rican Wedding** Comedy. (2024, PG, 84min) ★★

1.00 AM **Love on Retreat** Romantic drama starring Ansley Gordon. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **Hidden Gems** Romantic comedy drama. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Strictly for the Birds** Comedy. (1964, b/w, PG) ★★
7.15 **The Girl on the Pier** Drama. (1953, b/w, PG, 65min) ★★★
8.30 **Vengeance Is Mine** Drama. (1949, b/w, PG, 63min) ★★★
9.45 **The Silent Invasion** War drama. (1962, b/w, PG, 70min) ★★★
11.05 **The Return of October** Comedy starring Glenn Ford. (1948, U, 98min) ★★★

12.50 PM **King Rat** War drama. (1965, b/w, PG, 134min) ★★★★
3.35 **Genevieve** Classic comedy. (1953, U, 83min) ★★★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 29/39. (S1)
7.05 **Batman** 13/60. (S2)
7.35 **Dial 999** 9/39. (S1)
8.10 **California Suite** Neil Simon comedy starring Maggie Smith. (1978, 12, 103min) ★★★
10.20 **Dark Prince: The True Story of Dracula** Historical thriller. (2000, 18, 91min) ★★★

12.15 AM **The Beach Girls and the Monster** Horror with Jon Hall. (1965, b/w, 15, 70min) ★★★
1.40 **Hammer House of Mystery and Suspense** 9/13. (S1)
3.10 **A Rage to Live** (1964, 15) ★★★
5.15 **Look at Life**
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a sporting weather forecast.
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and/or ATP Tours, including the ATP Halle Open at Gerry Weber Stadion and the WTA Berlin Open staged at Rot-Weiss Tennis Club.
7.00 PM **LIVE Vitality T20 Blast Cricket Hampshire Hawks v Surrey.** Coverage of the South Group match staged at Utilita Bowl in Southampton. A fine display from all-rounder Tom Curran helped Surrey to a five-wicket victory when the teams met here last season and the victors went on to top the group and reach the semi-finals.
10.15 **Sky Sports News** Round-up of the day's sports news, featuring highlights and interviews with the people making the headlines.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** A chance to see Arsenal v Leeds United in 2003.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Bournemouth v Fulham.
5.30 Highlights from Bournemouth v Southampton.
6.00 Bournemouth v West Ham United staged at Vitality Stadium.
6.30 Chelsea v West Ham United.
7.00 Chelsea v Wolves.
7.30 Highlights from Crystal Palace v Nottingham Forest.
8.00 **Gary Neville's Soccerbox**
9.00 **Newcastle – The Entertainers**
9.30 **Transfer 360** The inside story of Jay-Jay Okocha's move to Bolton.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **Best Goals: EFL Cup 2021/22**
8.30 **EFL Trophy** The 2021/22 final.
9.00 **EFL Greatest Games**
10.00 **EFL Cup** Highlights of Chelsea v Liverpool in the 2021/22 final.
11.00 **EFL Rivalries** Second City Derby.
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **SPFL Greatest Games**
2.00 PM **SPFL Highlights**
6.00 **EFL** Bristol City v Hull City in the 2007/08 Championship play-offs.
7.00 Action from Burnley v Sheffield United in the 2008/09 Championship play-off final.
8.00 **Best Goals: EFL Cup 24/25**
8.30 **EFL Trophy** Action from Birmingham City v Peterborough United in the final at Wembley.
9.00 **EFL Greatest Games** Norwich City v Ipswich Town from 2015.
9.15 Wolves v Leeds United.
9.30 Swindon v Sheffield United.
9.45 Norwich City v Ipswich Town.
10.00 **EFL Cup Retro** Aston Villa v Manchester United from 2010.
12.00 M'T **EFL Cup Highlights** Chelsea v Tottenham Hotspur from 2008.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **Test Cricket** Australia v S Africa.
12.00 NOON **One-Day International Cricket** England v West Indies.
2.55 PM **LIVE Women's Vitality T20 Blast Hampshire Hawks v Surrey.** Coverage of the South Group match at Utilita Stadium in Southampton, as the competition's inaugural season continues.
6.15 **Best of ICC WT20**
6.45 **Ashes Greats** Glenn McGrath.
6.55 **LIVE Vitality T20 Blast Cricket Hampshire Hawks v Surrey.** Coverage of the South Group match at Utilita Bowl. A fine display from all-rounder Tom Curran helped Surrey to a five-wicket victory when the teams met here last season.
10.15 **Best of ICC WT20**
10.30 **Best of England v Windies**
11.00 **Women's One-Day International Cricket**
12.00 M'T **Vitality T20 Blast Cricket**
3.20 AM **Ashes Greats**
3.30 **Women's One-Day International Cricket**
4.30 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **ODI Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Best of the Open Zone 2024**
7.00 **Turkish Airlines Masterclass**
7.30 **Golf Academy** Thomas Bjorn.
8.00 **Playing Lessons** Expert tips.
9.00 **US Open** The fourth day.
10.00 **LPGA Tour**
12.00 NOON **Nick Dougherty's Tee Time Tips** Expert advice.
1.00 PM **Best of the Open Zone 2024**
2.00 **Turkish Airlines Masterclass**
2.30 **Golf Academy** Expert tips.
3.00 **US Open** The fourth day.
4.00 **LPGA Tour** Highlights.
6.00 **Ladies European Tour**
7.00 **How the 2004 Ryder Cup Was Won** A look back.
9.00 **US Open** Highlights of the final day of the Major at Oakmont Country Club in Pennsylvania.
10.00 **Turkish Airlines Masterclass**
10.30 **Ladies European Tour**
11.30 **Best of the Open Zone 2024**
12.30 AM **Ladies European Tour**
1.30 **Nick Dougherty's Tee Time Tips**
2.30 **Golf Academy** Nick Faldo.
3.00 **Playing Lessons** Expert tips.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of the opening day of the first Test in the two-match series at Galle International Cricket Stadium.
1.30 PM **TNT Sports Cricket Reload**
1.45 **LIVE Cycling: Tour of Switzerland** Coverage of the third stage of the men's race, a route from Aarau to Heiden.
4.45 **TNT Sports Cricket Reload**
5.00 **MLB: Off the Bat**
5.30 **MLB Highlights**
6.30 **Premier League Stories**
7.00 **Test Cricket Highlights** Sri Lanka v Bangladesh at Galle International Cricket Stadium.
8.00 **Superbike Rewind**
8.15 **TNT Sports Cricket Reload**
9.00 **T100 Triathlon World Tour Highlights** Action from the latest event in Vancouver, Canada.
10.00 **Cycling** Action from stage three of the men's Tour of Switzerland.
11.00 **Test Cricket Highlights**
12.00 M'T **SailGP Highlights**
1.00 AM **Men's Cycling**
2.00 **Gallagher Premiership Rugby Union** A replay of the final.
3.30 **TNT Sports Cricket Reload**
4.15 **to 5.15** AM **Test Cricket**

TNT Sports 2

411 414 522 409 431

6.00 AM **NWSL** Recent highlights.
8.00 **Superbike World Championship**
9.00 **FIM Speedway Grand Prix Highlights** From Manchester.
10.00 **Men's Cycling Pro Series**
11.00 **Cycling** Tour of Switzerland.
12.00 NOON **Gallagher Premiership Rugby Union** The final.
1.30 PM **MLB Highlights**
2.30 **MotoGP Highlights**
3.30 **FIM Speedway Grand Prix Highlights** From Manchester.
4.30 **Superbike World Championship Highlights**
5.30 **FIA World Endurance Championship Highlights**
6.30 **European Rally Championship**
7.00 **TCR World Tour Review**
7.30 **Michelin Le Mans Cup**
8.00 **V8 Supercars Highlights**
10.00 **NBA** Thunder v Pacers.
11.30 **European Rally Championship**
12.00 M'T **Fishing: On the Bank**
1.00 AM **Muddy Roots of Football**
1.30 **MLB Highlights** Highlights.
2.30 **MLB Lead Off** A look ahead.
3.00 **to 6.15** AM **LIVE MLB Los Angeles Dodgers v San Diego Padres.** Coverage of the National League West match from Dodger Stadium. Start-time 3.10am.

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Australia v South Africa in 2024.
8.00 New Zealand v Argentina at Sky Stadium from 2024.
10.00 **The Rugby Championship** Australia v South Africa at Optus Stadium in Perth from 2024.
12.00 NOON **Women's State of Origin** Recent highlights.
12.45 PM **My Icon** Leon Pryce.
1.00 **Good Morning Football**
3.00 **Fight Night** Mikaela Mayer v Alycia Baumgardner from 2022.
4.00 **The Rugby Championship** Another chance to see South Africa v New Zealand staged at Emirates Airline Park in 2024.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show, as they discuss the league's biggest stories.
8.00 **The Rugby Championship** South Africa v New Zealand at DHL Stadium, Cape Town in 2024.
10.00 A replay of Argentina v South Africa at Estadio Unico Madre de Ciudades from 2024.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Bitesize Highlights**
2.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Action from Charlton Athletic v Leyton Orient in the League One play-off final.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and/or ATP Tours, including the ATP Halle Open at Gerry Weber Stadion and the WTA Berlin Open staged at Rot-Weiss Tennis Club.
7.00 PM **Sky Sports News** A round-up of the day's sports news, featuring highlights and interviews with the players and managers making the headlines.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News** With live analysis, comment and interviews with the headline-makers.
12.00 M'T **World Cup of Darts** Another chance to see the semi-finals and final on the evening session of day four of the tournament from Eissporthalle.
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and/or ATP Tours, including the ATP Halle Open at Gerry Weber Stadion and the WTA Berlin Open staged at Rot-Weiss Tennis Club.
7.00 PM **ATP Tennis** Stuttgart Open.
8.00 **WTA Tennis** Action from the S-Hertogenbosch Open final.
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Highlights.
2.45 **Frances Tiafoe Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Test Cricket** Australia v S Africa.
12.00 NOON **WTA & ATP Tennis**
2.00 PM **ATP Tennis** Stuttgart Open.
3.00 **PL Greatest Games**
4.00 **LPGA Tour Golf** Highlights.
6.00 **US Open Golf** Highlights of day four of the Major in Pennsylvania.
7.00 **WTA & ATP Tennis** Action from the S-Hertogenbosch Open finals.
9.00 **ATP Tennis** Stuttgart Open final.
10.00 **US Open Golf** Highlights of the fourth and final day of the Major from Oakmont Country Club.
11.00 **Test Cricket** Australia v South Africa at Lord's in London.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Jonas v Price.
3.00 **EFL Greatest Games**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Three match replays.
10.30 **V8 Supercars Highlights** Action from the Perth Super 440.
12.30 PM **NBA** A replay of Oklahoma City Thunder v Indiana Pacers in game five of the NBA Finals.
2.00 **WNBA** Action from Minnesota Lynx v Los Angeles Sparks.
3.00 **NWSL** Recent highlights.
5.00 **UEFA Europa League & Conference League Magazine**
6.00 **Rocky & Wrighty: From Brockley to the Big Time**
7.30 **Sign Up – Into Football**
8.15 **Gallagher Premiership Rugby Union** A replay of the final.
9.45 **Lomu: The Lost Tapes**
11.00 **UFC** A chance to see Kamaru Usman v Joaquin Buckley.
2.00 AM **NWSL** Action from Chicago Red Stars v Seattle Reign.
3.00 Highlights from Portland Thorns v Washington Spirit.
4.00 **Cycling** Tour of Switzerland.
5.00 **to 6.00** AM **T100 Triathlon World Tour Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Champions League**
12.00 NOON **UEFA Champions League** Highlights from Feyenoord v Sparta Prague.
12.30 PM Highlights of Atletico Madrid v Bayer Leverkusen.
1.00 **UEFA Europa League & Conference League Magazine**
2.00 **Longines Global Champions Tour** Action from the sixth round of the season in St Tropez.
3.00 **IFSC Climbing World Cup Highlights** The men's and women's bouldering finals in Bern.
4.00 **AFL** A replay of North Melbourne Kangaroos v Fremantle Dockers.
5.30 A replay of Port Adelaide Power v Melbourne Demons.
7.00 A chance to see West Coast Eagles v Carlton Blues.
8.30 **French Open Tennis** A review of the best action from Paris.
10.30 **French Open Tennis** The mixed doubles and men's doubles finals.
12.30 **to 6.00** AM **French Open**

Premier Sports 1

419 551

6.00 AM **LaLiga Highlights**
7.00 **Asian Le Mans Series**
8.00 **PSA Squash Highlights**
9.00 **UK Independent Kart Racing**
10.30 **Transvulcania** Ultramarathon.
11.00 **Motorsport Highlights**
1.00 PM **NHL Tonight** Highlights.
2.00 **World Surf League**
3.00 **Motorsport** Drew Gibson.
4.00 **LaLiga Highlights**
4.55 **NASCAR Highlights**
5.55 **LIVE Swedish Speedway Rospiggarna v Vasternik.**
8.00 **Bike World** Magazine.
8.30 **Transvulcania** Ultramarathon.
9.00 **UK Independent Kart Racing**
10.30 **Transworld Sport** Magazine.
11.30 **LaLiga Specials**
12.30 AM **NHL: This is Hockey**
1.00 **LIVE NHL Ice Hockey Florida Panthers v Edmonton Oilers.**
4.00 **NHL: This is Hockey**
4.30 **Bike World** Magazine.
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **GP Confidential** F1 news.
9.30 **Football's Greatest**
10.00 **CONCACAF Gold Cup**
12.00 NOON **Temples of Sport**
1.00 PM **Top 14 Rugby Union**
5.00 **Bike World** Magazine.
5.30 **Football's Greatest**
6.00 **United Rugby Championship**
8.00 **GP Confidential** F1 news.
8.30 **Temples of Sport**
9.00 **NHL Ice Hockey** Edmonton Oilers v Florida Panthers.
11.00 **CONCACAF Gold Cup**
1.00 AM **LaLiga Match Highlights**
1.15 **LIVE CONCACAF Gold Cup Curacao v El Salvador.** Coverage of the Group B match at PayPal Park. Kick-off 1.15am.
3.15 **LaLiga Specials**
3.30 **LIVE CONCACAF Gold Cup Canada v Honduras.** Coverage of the Group B match at BC Place in Vancouver. Kick-off 3.30am.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Indycar** Recent action.
8.30 **F1 Academy Highlights**
11.30 **Formula 1** Canadian Grand Prix.
6.00 PM **Ted's Notebook**
6.30 **Oscar Piastri and Tom Stallard IV** With Rachel Brookes.
6.40 **F1 Explained: Driver Extraction**
6.45 **Formula 1** Canadian Grand Prix.
7.45 **Indy NXT** Outfront Showdown.
9.00 **Indycar** The Bommarito Automotive Group 500 in Illinois.
10.00 **Formula 1** The Canadian Grand Prix, the 10th round of the season from Circuit Gilles Villeneuve.
11.00 **Indycar** Recent action.
12.00 M'T **Formula 1** From Canada.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 18 June Evening Planner

Wednesday

Factual

Amol Rajan Interviews: Martina Navratilova

BBC2, 7pm

The journalist talks to the tennis legend about her life and impressive career.

Football

European Under-21s Championship

C4, kick-off 8pm

England's youngsters face football foes Germany in their closing group match.

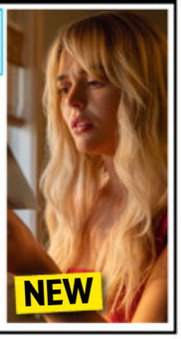
OnDemand

prime

We Were Liars

Available today

Thriller based on the YA bestseller, about the events that happen to a group of friends one summer.



OnDemand

tv+

The Buccaneers

Available today

The drama about five American debutantes finding their place in 1870s London society returns.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop on the Road		9.00 Race Across the World		10.00 News; Local News	10.40 Glow...
	102 BBC2	7.00 Amol Rajan Interviews		8.00 Saving Lives at Sea		9.00 Murder 24/7		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
	104 CHANNEL 4	7.00 News	7.30 Football: European Under-21s Championship – Live: England v Germany (Kick-off 8.00)						10.15 Celebrity I Literally Just...
	105 5	‹ 4.00 Football: FIFA Club World Cup – Live: Manchester City v Wydad AC (Kick-off 5.00); Real Madrid v Al Hilal (Kick-off 8.00)							
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Conquest of...		9.00 Fatboy Slim: Right Here, Right Now			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 The Traitors NZ		9.00 Glow Up: Britain's Next Make-Up Star		10.00 Stacey Dooley: The Cannabis...	
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 A Very British Romance with Lucy...		9.00 Jane Austen: The Unseen Portrait?		10.15 Emma	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Extraordinary	10.40 Family...
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Travels with Agatha Christie & Sir...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Fire Country			
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 The White Lotus		10.05 True Detective	
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 The Motorbike Show		8.00 Film: The World Is Not Enough					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 Russell Howard: Right Here Right Now	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Resident Alien	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Wonderland: From JM Barrie to JRR...		9.00 The V&A Presents Alice: Curiouser and Curiouser			
	132 U&W	7.00 Missing Persons Investigation		8.00 Ambulance Australia				10.00 Women Behind Bars with Trevor...	
DOCUMENTARY	125 DISCOVERY	7.00 Kindig Customs						10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Sharkwrecked: Crash Landing		9.00 Sharktacular 2016		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Tucci in Italy		9.00 Car S.O.S.			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Great British Railway Journeys		9.00 Sacred Rivers with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Escobar by Escobar		9.00 The Loneliest Whale: The Search for 52			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Venom: The Last Dance		8.00 The Luckiest Man in America			9.45 Exhibiting Forgiveness		
	302 5 STAR MOVIES	‹ 6.10 Eternal Sunshine of the Spotless Mind		8.00 There Will Be Blood					10.40 Zero...
	303 ORIGINALS	‹ 6.10 Dance First		8.00 Hotel Mumbai				10.05 Get Away	
	304 GREATS	‹ 6.05 The Sugarland Express		8.00 The Shawshank Redemption					10.25 Bad Boys
	305 ANIMATION	‹ 5.45 Monsters...	7.25 The Nut Job			8.55 Deep Sea			
	306 FAMILY	‹ 6.00 Yogi Bear	7.25 Mr Bean's Holiday			9.00 Spy Kids 2: Island of Lost Dreams			
	307 ACTION	‹ 6.15 The Scorpion King		8.00 Charlie's Angels: Full Throttle				10.10 The Killer	
	308 COMEDY	‹ 5.55 Talladega Nights: The Ballad of...		8.00 Shakespeare in Love				10.10 The Back-Up Plan	
	309 THRILLER	‹ 5.35 Vanilla Sky		8.00 Captain Phillips					10.20 Extremely Wicked...
	310 DRAMA	‹ 6.05 Footloose		8.00 The Convert				10.10 Oslo	
	311 SCI-FI	‹ 6.15 The Crazies		8.00 A Quiet Place			9.40 Trap		
	313 FILM4	‹ 6.50 Flight of the Phoenix				9.00 Our Friend			
SPORT	401 MAIN EVENT	‹ 6.30 Vitality T20 Blast Cricket – Live: Kent Spitfires v Gloucestershire						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 SNF	8.00 Gary Neville's...	8.30 PL Stories	9.00 City: PL Champions Again		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 EFL	7.30 EFL	8.00 EFL Rivalries	8.30 EFL Greatest Games			10.00 EFL Cup Retro	
	404 CRICKET	‹ 6.25 Vitality T20 Blast Cricket – Live: Kent Spitfires v Gloucestershire						10.00 Best of England v Windies	
	410 TNT SPORTS 1	7.00 Discovery Golf	7.30 MLB Plays of...	8.00 MLB Highlights		9.00 MLB – Live: Seattle Mariners v Boston Red Sox (Start-time 9.10)			
	411 TNT SPORTS 2	‹ 6.45 Sign Up...	7.30 TCR World...	8.00 Men's Cycling Pro Series				10.00 Men's Cycling World Tour	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition The case of a suspicious fatal house fire. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** Denise Nurse goes house-hunting with a couple in Norfolk. (S)(R)
3.45 **Garden Rescue** New edition Chris Hull and Lee Burkhill create a 'healing garden' in Bristol. (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Race Across the World

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 **EastEnders** Priya receives an unexpected gift, Ross and Vicki are united, while the situation at the Vic continues to get worse. (S)(AD)

8 PM

8.00 **The Repair Shop on the Road** The experts help clean and re-gild Glasgow Cathedral's weathervane, bring a Hakka Chinese festival mask back to life, make shinty sticks and meet a thatcher at work. (S)(R)(AD)

9 PM

9.00 **Race Across the World** Series finale 9/9. Six months after finishing their race, the five teams reunite to reflect on their 14,000km adventure, the amazing sights they witnessed and the impact of such an experience. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Glow Up: Britain's Next Make-Up Star** 8/8. The finalists present their own masterclass to heavyweights of the make-up industry, including brand founders and award-winning make-up artists. (S)(R)(AD)
11.40 **Ambulance** 6/6. A tourist collapses outside Buckingham Palace, and a passing member of the public reacts immediately to provide life support to the patient. (S)(R)
12.40 AM **Blankety Blank** With panellists Steph McGovern, Jack Dee, Rob Beckett, Lucy Beaumont, Kelly Holmes and Omid Djalili. (S)(R)
1.15 **Weather for the Week Ahead** (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** Joanna Page and Wynne Evans take part. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day three of the men's grass-court tournament at Queen's Club, featuring singles matches from the second round. (S)
6.00 **Richard Osman's House of Games** With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S)(R)
6.30 **Robson Green's Weekend Escapes** Robson meets actor Mark Benton for a weekend in horse-drawn caravans. (S)(R)(AD)

7.00 Amol Rajan Interviews

7 PM

7.00 **NEW Amol Rajan Interviews** An interview with Czech-American former tennis player Martina Navratilova. (S)
7.45 **Grand Tours of Scotland's Lochs** Paul Murton sails from the Kyles of Bute to Loch Long. (S)(R)

8 PM

8.00 **Saving Lives at Sea** 2/10. In Whitby, North Yorkshire, the RNLI crew race to the rescue of two fossil hunters who are cut off by the tide – and soon find that they too are in grave danger. (S)(R)(AD)

9 PM

9.00 **Murder 24/7** New edition 3/6. With the suspected inside man arrested, detectives must prove he knew he was setting up a murder. Meanwhile, a man tries to kill himself and his son. (S)(AD)
■ Episodes 1-3 on BBC iPlayer

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** 3/8. Bob and Paul fish for wild brown trout in Driffield Beck, East Yorkshire. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **FILM The Road Dance** Period drama starring Hermione Corfield. (S)(AD) (2021, 15, 115min) ★★★
1.25 AM **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
2.25 **Sign Zone: Walking with Dinosaurs** 3/6. (S)(R)(AD)
3.15 **Sign Zone: Jane Austen – Rise of a Genius** 3/3. (S)(R)(AD)
4.15 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of the second day of the festival, including the 4.20 Prince of Wales's Stakes. Analysis comes from Jason Weaver, Ruby Walsh and Adele Mulrennan, with reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, and commentary by Richard Hoiles and Mark Johnson. *Continues on ITV4.* (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7 PM

7.30 **Emmerdale** Bear snaps, Kammy is left frustrated, and Vanessa tries to get through to Tracy. (S)(AD)

8 PM

8.00 **Coronation Street** Glenda pulls out all the stops for drag night at the Rovers, Theo catches Todd tampering with his phone, Debbie loses her cool with Brody, and Dee-Dee takes Laila for her jabs. (S)(AD)

9 PM

9.00 **NEW SERIES Long Lost Family: Born Without Trace** Two adults abandoned as babies are desperate to find out who left them and why. Hosted by Davina McCall and Nicky Campbell. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Sorry, I Didn't Know** Ola Labib, Nadia Jae, Marcus Brigstocke and Richie Anderson join team leaders Chizzy Akudolu and Eddie Kadi, and host Jimmy Akingbola. (S)(R)
12.15 AM **Teleshopping**
3.00 **Shardlake** 2/4. Barak believes there may be a cover-up at the monastery. (S1) (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S8&9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S1&2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Gordon visits a restaurant in Sacramento, California. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** In the Peak District, Jo trials some new recipes for her cookbook. (S)(R)(AD)
5.00 **Chateau DIY** Anna and Edward face tight deadlines in preparation for their next wedding. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** In France, vineyard owners Diana and Steve adopt new farming techniques. (S)(R)

7.30 Football: European Under-21s

7 PM

7.00 **News** (S)
7.30 **LIVE Football: European Under-21s Championship** England v Germany: Jules Breach is joined by Joe Cole and Theo Walcott to present coverage of both teams' third and final match in Group B, held at Nitra Stadium in Slovakia. The teams also concluded their group stage campaigns with a contest against each other in the 2023 tournament. England won that match 2-0 thanks to goals by Cameron Archer and Harvey Elliott and went on to win the tournament. In contrast, 2021 champions Germany were eliminated without winning a match, but will be expecting a much stronger campaign this time around. Kick-off is at 8.00. (S)

10 PM

10.15 **Celebrity I Literally Just Told You: Football Special** Jimmy Carr hosts a special edition of the game show, with John Barnes, Gabby Logan, Harry Redknapp and Sue Smith facing questions written during the show. (S)(R)
11.20 **Johnny Vegas: Carry on Glamping** 5/6. Johnny and Bev race against time to prepare for their launch party. (S)(R)(AD)
12.20 AM **The Body Detectives** (S)(R)
1.15 **Ramsay's Hotel Hell** (S)(SL)(R)
2.05 **FILM Land** Drama. (S)(SL) (2021, 12, 90min) ★★★★
3.35 **NEW Iris Prize Best British Shorts**
3.55 **Grand Designs** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion show presented by Vanessa Feltz. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **Deadly Girls Trip** Thriller starring Kristi Murdock, Lesa Wilson and Alex Trumble. While on holiday with friends, a woman is found dead. (S) (2025, 12, 105min) ★★
4.00 LIVE **Football: FIFA Club World Cup** Manchester City v Wydad AC: All the action from the first Group G match for both teams, held at Lincoln Financial Field in Philadelphia. Kick-off is at 5.00. (S)

7.30 Football: FIFA Club World Cup

7.30 LIVE **Football: FIFA Club World Cup** Real Madrid v Al Hilal: Coverage of both teams' first match in Group H, held at Hard Rock Stadium in Miami. Real earned their place in this tournament when they won the 2021/22 UEFA Champions League and they lifted the trophy again two seasons later. They have lifted this trophy on five occasions and will expect to be among the leading contenders once again. However, they cannot take the Saudi Arabian outfit lightly as they have the likes of João Cancelo, Rúben Neves and Aleksandar Mitrovic among their ranks after heavy investment in recent years. Commentary from Rich Wolfenden, Michael Brown and Anita Jones. Kick-off is at 8.00. (S)
10.45 **Fare Dodgers: At War with the Law** Six revenue protection officers from South Western Railway set a trap to block rush-hour fare dodgers at London's Vauxhall. (S)(R)
11.45 **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.15 AM **Entertainment News** (S)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Friends** 16&17/25. Double bill of the sitcom. (S6) (S)(R)(AD)
4.05 **A Country Life for Half the Price with Kate Humble** (S)(R)
4.50 **The Wonderful World of Chocolate** (S)(SL)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 20/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *The Fool Monty:* Mr Burns decides to take his own life and jumps off a cliff, but fate intervenes and he suffers from a bout of amnesia. (S)(R)
5.30 *Judge Me Tender:* Moe is approached to join the *American Idol* judging panel. (S)(R)
6.00 **The Office (US)** 18/26. Part two of two. Pam has trouble getting her baby to breastfeed. (S)(R)
6.30 19/26. Jim returns from paternity leave. (S6) (S)(R)

9.00 Fatboy Slim: Right Here...

7.00 **The Simpsons** *How Munched Is That Birdie in the Window?* The family are advised to rehome Santa's Little Helper. (S)(R)
7.30 *Donnie Fatso:* Homer takes part in an FBI operation against Fat Tony. (S)(R)
8.00 **David Attenborough's Conquest of the Skies** 3/3. David turns his attention to creatures that dominate today's skies, from scavenging vultures and predatory falcons, to bats and hummingbirds. (S)(R)(AD)
9.00 **Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event in 2002, when an estimated quarter of a million people turned up to the concert on Brighton beach. (S)(R)
10.45 **A League of Their Own** Comedy quiz hosted Romesh Ranganathan, with team captains Jill Scott and Jamie Redknapp joined by series regular Micah Richards and guests Jorginho and Danny Dyer. (S)(R)(AD)
11.45 **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
12.40 AM **Brit Cops: Law & Disorder** Following the City of London Police as they tackle crime on the streets of the capital. (S)(R)
1.35 **Road Wars** Double bill of the documentary series. (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00pm Lost and Found in the Lakes (S)(R) **2.30** Politics Scotland (S) **3.15-3.45** Bargain Hunt (S)(R) **11.40** Scotcast (S)(R) **12.10am** Ambulance (S)(R) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm NEW Live from Merthyr Tydfil (S) **11.10** NEW Eddie Thomas: The Champ from Colliers' Row (S) **11.50** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **12.50am** Blankety Blank (S)(R) **1.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Spotlight: Political issues. (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Hafiach New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Busnes Bwyd New edition **10.00** Trysorau'r Teulu **11.00-11.40pm** Mwy Na Daffs a Taffs

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** With film director Guy Ritchie.
7.55 **The Catch Up**
8.00 **The Traitors NZ** New edition 3/12. The players have the chance to mourn a murdered Faithful.
8.50 **Press X on the BBC**
9.00 **Glow Up: Britain's Next Make-Up Star** Series finale 8/8. The finalists present a masterclass to an audience of industry heavyweights.
10.00 **Stacey Dooley: The Cannabis Smugglers** 3/3. Exploring how a powerful strain of cannabis is being smuggled into Britain.
11.00 **Suits** 9/16. Harvey considers putting Frank Gallo back on the streets. **11.40** 10/16. Jessica and Rachel fight to stop Leonard Bailey's execution. (S6)
12.25 AM **What It Feels Like for a Girl** 5&6/8. (S1)
2.00 **Dubai Hustle**
2.30 **My Mate's a Bad Date**
2.55 **to 3.55** AM **Paranormal: The Village That Saw Aliens**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun: Where Are They Now?**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Stroud.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Southampton to take on a 1969 Jensen Interceptor. **6.55** Restoring a 1929 Rolls-Royce Doctors Coupe.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet James and Graham, who are unable to agree about their 17th-century cottage in Cranleigh, Surrey.
9.00 **Travels with Agatha Christie & Sir David Suchet** Series finale 5/5. The actor recreates Agatha Christie's 1922 trip to Canada, where he goes stargazing and ranching, and hitches a train across the Rockies.
10.00 **24 Hours in A&E** A 91-year-old is airlifted to hospital after a car crash.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **Travels with Agatha Christie & Sir David Suchet** As 9.00pm.
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** The role skeletons play in aiding reproduction.
7.30 **War Walks** Professor Richard Holmes walks across the Hastings battlefield.
8.00 **A Very British Romance with Lucy Worsley** Investigating romance in the Victorian age.
9.00 **Jane Austen: The Unseen Portrait?** The discovery of a possible picture of the author.
10.00 NEW **Romola Garai Remembers... Emma** The actor discusses the 2009 adaptation of *Emma*.
10.15 **Emma** 1/4. Dramatisation of Jane Austen's famous novel, starring Romola Garai. **11.15** 2/4. Gossip is rife in the village with the arrival of Jane Fairfax. (S1)
12.15 AM **Jane Austen Lived Here: Writers' Houses**
12.30 **Secrets of Bones**
1.00 **War Walks** As 7.30pm.
1.30 **Jane Austen: The Unseen Portrait?** As 9.00pm.
2.30 **to 3.30** AM **A Very British Romance with...**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The D'oh-cial Network.*
7.00 **Hollyoaks** Clare makes a confession to Dodger.
7.30 **The Simpsons** *Guess Who's Coming to Criticise Dinner:* Homer becomes a food critic.
8.00 **Below Deck Down Under** Series finale The final night of the charter season leads to relationships in shambles.
9.00 **Gogglebox** Opinions on *Love Is Blind, Starstruck, Cheaters* and *Celebrity Help! My House Is Haunted.* **10.00** *Peaky Blinders, Love Is Blind* and *Coronation Street* are appraised.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
3.00 **Modern Family**
3.25 **Below Deck Down Under**
4.20 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 16/19. (S2)
2.00 **FBI: Most Wanted** 7/14. A man decides to handle the matter himself when his daughter disappears. (S1)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

11.00 **Bull**

7 PM
7.00 Nothing to Declare An elderly man's suitcase is concealing a secret. **7.30** A baby-faced tourist may be an imposter.

8 PM
8.00 FBI: Most Wanted *Powderfinger:* 13/13. The Task Force search for the culprit threatening New York with a bomb. (S5)

9 PM
9.00 Fire Country *A Fair to Remember:* 14/22. A ride malfunctioning at the Edgewater fair leads to mass chaos and injuries.

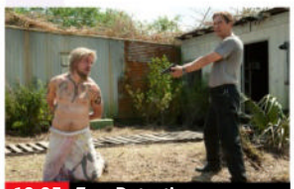
10 PM
10.00 Fire Country *False Promises:* 15/22. A tree falls during a reforestation assignment. (S1)
11.00 **Bull** 8/16. (S5)
12.00 M'T **FBI** 1/22. (S4)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **Law & Order: Special Victims Unit** New episode 12/20. (S26)
3.00 **The Good Doctor** 15/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **The Sopranos** (S3)
10.20 **Billions** 7&8/12. (S7)
12.30 PM **Game of Thrones** (S5)
1.35 **The King** 3&4/8. (S2)
3.25 **The Sopranos** 11/13. Christopher and Paulie endure a hellish journey.
4.35 12/13. Tony's affair with Gloria turns violent. (S3)
5.45 **Billions** 7/12. Chuck and Wendy face a family crisis.
6.50 8/12. Chuck and Prince venture upstate to rub elbows with a new political force. (S7)



10.05 **True Detective**

7.55 Game of Thrones *The Dance of Dragons:* 9/10. Arya runs into a familiar face, Mace Tyrell visits the Iron Bank, and Daenerys hosts a celebration of athleticism. (S5)

9.00 The White Lotus *Mysterious Monkeys:* 3/6. Armond has a surprise in store for Shane, and Paula has a secret. (S1)

10.05 True Detective *The Secret Fate of All Life:* 5/8. Hart and Cohle make a shocking discovery after tracking Dewall. (S1)
11.10 **Homicide: Life on the Street** 12/23. A priest is stabbed. (S6)
12.10 AM **Succession** 7/10. The Roys gather for a therapy session.
1.20 8/10. Tom has a bachelor party to remember. (S1)
2.30 **Game of Thrones** (S5)
4.50 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 9/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 17/22. (S4)
12.00 NOON **The Flash** 10/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 20/21. (S3)
5.00 **Supergirl** 16/22. Lex Luthor's secret machinations and plans from the past two years are revealed. (S4)
6.00 **Stargate SG-1** 13/20. The team experience the merging of alternative realities. (S9)

8.00 **Agatha Raisin**

7.00 Stargate SG-1 *Stronghold:* 14/20. Baal rises up against the Jaffa High Council's democratic ideology. (S9)

8.00 Agatha Raisin *The Fairies of Fryfam – Part One:* 3/6. The sleuth is hired to prove that a woman's husband is having an affair.

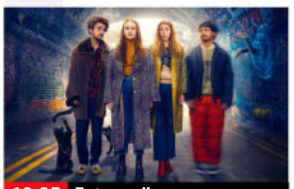
9.00 Agatha Raisin *The Fairies of Fryfam – Part Two:* 4/6. There is no rest for the sleuth as her investigation takes a dramatic turn. (S2)

10.00 Resident Alien *Lone Wolf:* 1/8. In an attempt to gather information on the grey aliens, Harry puts Asta in harm's way. (S3)
11.00 **Resident Alien** 2/8. Kate grows more uncomfortable in her house, and D'arcy gets involved in Harry's mission. (S3)
12.00 M'T **A League of Their Own**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 20/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Dinner Date**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**



10.05 **Extraordinary**

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA The Altmans struggle while juggling LA properties and building out their Newport office.

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 Extraordinary New episode 2/8. Jen is keen to speed up her relationship with Jizz. (S2)
10.40 Family Guy 4/22. (S11)
11.10 **Family Guy** 21/23. (S10)
11.35 **American Dad!** 16&10/19. (S8)
12.35 AM **Bob's Burgers** 11/22. (S13)
1.05 **Olivia Attwood: The Price of Perfection**
2.05 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 4/9. Sarah continues her one-woman war against the Crawleys. (S5)
6.00 **Heartbeat** *The Open Door:* A stolen load of condemned meat causes a health hazard.

8.00 **Vera**

7.00 Heartbeat *Pass the Parcel:* Mason thwarts a gang of safe-robbers, but a bag of explosives ends up in the wrong hands.

8.00 Vera *Salt and Vinegar:* DCI Stanhope investigates when the body of the co-owner of a chip shop is found in his own freezer, uncovering secrets, lies and unforgivable behaviour.

10.00 Grantchester 1/6. Will and Geordie infiltrate the world of campus politics and university societies to find a murderer. (S5)
11.00 **Grantchester** 2/6. (S5)
11.55 **Cracker** 6/9. Fitz vows to nail the Trant family. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Absent Friends:* Jill offers to cut her maternity leave short and return to work.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** The judges visit three properties in the west of Scotland.
8.00 **This Farming Life** Nikki and Ollie find out if their favourite buffalo is pregnant.
9.00 **The Ice Cream Wars** 1/2. The story of the criminal war in Glasgow.
10.00 **River City** New episode A wary Caitlin is forced to face Sam.
10.30 **Martin Compston's Norwegian Fling** 3/6. Martin and Phil get a crash course in offshore oil-rig safety training.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Cold Cases** Exploring mysterious deaths.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S5)
11.25 **Barry** 6&7/8. (S3)
12.40 PM **Eastbound & Down**
1.55 **Entourage** (S5)
3.05 **Bored to Death** (S1)
4.25 **Barry** 6&7/8. (S3)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S3)
7.45 **Divorce** 1/8. Frances and Robert begin their new, single lives.
8.20 2/8. Frances has to deal with Lila's bad attitude. (S2)
9.00 **Intelligence** 1&2/6. Comedy starring Nick Mohammed and David Schwimmer. (S1)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **Stewart Lee, Basic Lee: Live at the Lowry**
1.00 AM **Sex and the City**
2.10 **Girls** 9&10/12. (S3)
3.15 **Hello Ladies** (S1)
4.25 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Sherlock Holmes vs Arthur Conan Doyle**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Wonderland: From JM Barrie to JRR Tolkien**
9.00 **The V&A Presents Alice: Curiouser and Curiouser**
10.55 **David Baddiel: The Not the Trilogy – Trolls: Not the Dolls**
12.10 AM **On Screen**
2.15 **Wuthering Heights: Love, Hate and Vengeance**
3.30 **David Harewood's F Word** Documentary.
4.30 **Auction**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** *The Siege:* 3/26. Kira and Dax embark on a desperate mission. (S2)
9.00 **The Rookie** *End Game:* 11/22. A criminal helps the team take down an even bigger threat.
10.00 *The Knock:* 12/22. A severed hand is found washed up on the beach. (S4)
11.00 **Grimm** 19/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the quiz.
2.00 **Wheel of Fortune** Game show hosted by Graham Norton.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the big-money quiz show.
10.00 **Tipping Point** Double bill of the game show.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 6/8. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 9/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 11/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11–14/25. (S4)
9.00 **Randall and Hopkirk (Deceased)** *The Smile Behind the Veil:* 26/26. A smiling mourner at a funeral arouses Marty's suspicions. (S1)
10.00 **The Avengers** *Never, Never Say Die:* 10/24. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

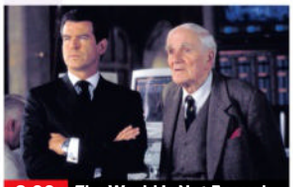
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Minder**
7.20 **The Professionals**
8.25 **Dempsey and Makepeace**
9.30 **Racing: The Opening Show**
10.30 **Kojak**
11.30 **Giant Lobster Hunters**
12.25 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.50 **LIVE Racing: Royal Ascot**
6.30 **River Monsters**



8.00 **The World Is Not Enough**

7.00 The Motorbike Show Henry Cole joins Sam Lovegrove on the epic Pioneer Run, racing from London to Brighton.

8.00 FILM The World Is Not Enough James Bond action thriller starring Pierce Brosnan and Sophie Marceau. Agent 007 attempts to protect the daughter of an assassinated oil magnate from a psychotic terrorist. (1999, 12, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 FILM The Lost World: Jurassic Park Steven Spielberg's adventure sequel starring Jeff Goldblum, Julianne Moore and Pete Postlethwaite. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

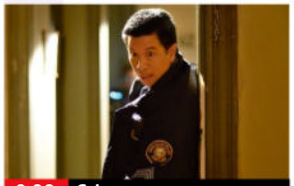
1.00 AM **T100 Highlights**
1.55 **Champions: Full Gallop**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 16/26. (S6)
2.00 **Blood & Treasure** 9/13. (S2)
3.00 **Stargate Atlantis** 7/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 16/26. (S6)
6.00 **Star Trek: Enterprise** 1/24. Captain Archer and his crew investigate the mysterious and hostile Xindi race. (S3)



9.00 **Grimm**

7.00 Blood & Treasure *The Throne of the Khan:* 9/13. Simon is forced to complete another task by Khan. (S2)

8.00 Stargate Atlantis *Poisoning the Well:* 7/20. Sheppard and the team investigate a strange drug. (S1)

9.00 Grimm *El Cuegle:* 4/13. Nick, Hank and Wu investigate a terrifying new Wesen that is terrorising a young family. (S6)

10.00 The Walking Dead *Worth:* 15/16. With the threat of the Saviors still looming, Aaron continues searching for allies. (S8)

11.00 FILM War of the Worlds: Extinction Sci-fi drama starring William Baldwin and Jessy Holtermann. A team of archaeologists must track down an ancient artefact. (2024, 12, 84min) ★★

1.00 AM **Monstrous** 3&4/6. (S1)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 3/10. (S2)
11.00 **Hudson & Rex** 15/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 2/10. (S3)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S6)
4.00 **The Coroner** 3/10. (S2)
5.00 **Hudson & Rex** 15/16. Sarah's old professor is framed. (S2)
6.00 **Father Brown** *The Flower and the Fairway:* A body is discovered on a golf course.

10.00 **Catch Me a Killer**

7.00 Shakespeare & Hathaway: Private Investigators 2/10. A rock star believes that the Devil is trying to kill him. (S3)

8.00 Death in Paradise *Death of a Pawn:* 8/9. A prestigious chess match ends in murder. (S11)

8.00 Death in Paradise *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances. (S9)

10.00 Catch Me a Killer *The Phoenix Strangler – Part One:* 8/11. A series of bodies are found in sugarcane fields. (S1)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 3/21. A murder takes place during a war re-enactment. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.55 **My Hero**
9.35 **Are You Being Served?**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **My Hero**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Only Fools and Horses**

10.20 **Absolutely Fabulous**

7.00 Dad's Army Mainwaring discovers he is not a commissioned officer.

7.40 Gavin & Stacey Neil's christening offers an opportunity for everyone to reunite.
8.20 Dave is unhappy about Nessa's plans to let Smithy see the baby.

9.00 Still Open All Hours Granville opens a delivery point for online shopping.

9.40 Harry Enfield and Chums Comedy sketches, featuring Kevin and Perry, and Tim Nice-But-Dim.

10.20 Absolutely Fabulous Patsy is rushed to hospital at Christmas.

11.00 **Not Going Out** Lee pretends to be Lucy's husband.
11.40 **Harry Enfield and Chums**
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.45 **Not Going Out**
2.20 **Avoidance**
2.50 **to 4.00** AM **My Hero**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy's Garage**
11.00 **Rick Stein's Taste of Shanghai** As 6.00pm.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy's Garage**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave forage for food.
6.00 **Rick Stein's Taste of Shanghai** The chef finds out whether Shanghai has hung on to its culinary roots.

7.40 **House of Games**

7.00 Would I Lie to You? The Unseen Bits Extra material from the comedy panel show.

7.40 Richard Osman's House of Games With Sian Gibson and Iain Stirling.
8.20 Andrea McLean, Adil Ray, Rita Simons and Phil Wang take part.

9.00 QI XL Guests Jordan Gray, Jason Manford and Sara Pascoe join regular panellist Alan Davies and host Sandi Toksvig.

10.00 Have I Got a Bit More News for You Victoria Coren Mitchell hosts the satirical quiz, with Ria Lina and Tim Shipman.

11.00 **8 Out of 10 Cats**
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.15 **Would I Lie to You? The Unseen Bits** As 7.00pm.
1.55 **The Weakest Link**
2.55 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun** From Almería.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **A Place in the Sun** From central France.
1.00 PM **Kirstie and Phil's Love It or List It**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.35 **Escape to the Chateau**
3.45 **Location, Location, Location** From London.
4.50 **LIVE Football: European U21s Championship** Netherlands v Ukraine.
7.00 **Amazing Spaces**
7.50 **LIVE Football: European U21s Championship** Slovenia v Czechia.
10.00 **In the Footsteps of Killers** Crime series.
11.00 **Sky Coppers**
12.00 M'T **FILM Ghost Rider** Fantasy. (2006, 12) ★★★
2.10 AM **NASA, Nazis & The Space Race**
3.10 **to 4.45** AM **Highlights**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Left for Dead:* 10/23. A woman is buried alive, but manages to escape.
7.00 *Eye Spy:* 11/23. A spy satellite technician's voyeuristic activities lead to him witnessing murder.
8.00 *My Other Left Foot:* 12/23. The severed leg of a missing Marine is discovered in a rubbish bin. (S1)
9.00 **Criminal Minds** *Surface Tension:* 11/22. The BAU is called in to investigate a mysterious hieroglyph.
10.00 *A Good Husband:* 12/22. Male victims are being found with all identifying body parts removed. (S12)
11.00 **Law & Order: Special Victims Unit** (S12)
2.45 AM **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** An 86-year-old man has complications from flu.
9.00 **999: Critical Condition** A woman is rushed in when her heart stops.
10.00 **Trauma Room One**
11.00 **Skin A&E** Documentary.
12.00 M'T **999: Killer on the Line** Examining the case of Robin Garbutt.
1.00 AM **My Lover, My Killer**
1.55 **GPs: Behind Closed Doors** Medical series.
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.30 **Traffic Cops**
10.30 **Police Interceptors**
11.35 **FILM Ride a Crooked Trail** Western starring Audie Murphy, Gia Scala and Walter Matthau. (1959, U, 87min) ★★
1.25 PM **FILM McLintock!** Comedy Western, an updated version of *The Taming of the Shrew* starring John Wayne. (1963, U, 127min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** A routine stop on a car attracts a nearby man, who pulls out a gun.
10.00 **Police: Suspect No 1** An innocent bystander is critically injured during a street brawl in Grimsby.
11.00 **Quantum Leap** (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **Property Brothers at Home: Drew's Honeymoon House**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Missing Persons Investigation**
8.00 **Ambulance Australia**
10.00 **Women Behind Bars with Trevor McDonald**
11.00 **Nurses on the Ward** Caroline treats a father-of-four with severe pancreatitis.
11.55 Renee, Caitlin and James struggle to find a work-life balance.
12.55 AM **The School That Tried to End Racism Australia** Documentary.
1.55 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.25 **Classic Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Sins of the Father:* The son of a local aeronautics magnate is killed.
9.00 **Sister Boniface Mysteries** *Scoop:* 5/10. A high-level government official's secretary is found dead. (S1)
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.30 **The South Westerlies**
2.30 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Conwy.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Stephanie Connell and Charlie Ross look for items of interest. **8.00** Natasha Raskin Sharp and Philip Serrell compete.
9.00 **1000-lb Sisters** New edition The family head to Pittsburgh for Tammy's surgery.
10.00 **NEW SERIES Quarter Ton Teen** A mother and daughters quest for weight-loss with surgery.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Game show with guests Claire King and Edith Bowman.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **The Blitz on Hamburg** Documentary.
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM They Came to Cordura** Western. (1959, PG, 123min) ★★★
3.35 **FILM The Ox-Bow Incident** Western with Henry Fonda. (1943, b/w, PG, 75min) ★★★★★
5.20 **FILM Fury At Gunsight Pass** Western. (1955, b/w, 15, 67min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Papillon** Drama. (2017, 15, 133min) ★★★
11.50 **FILM Driven** Thriller. (2018, 15, 113min) ★★★
2.10 AM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
4.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Wish You Were Dead** (2017, PG) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM The Wrong Patient** Thriller. (2018, PG, 90min) ★★
3.00 **FILM Obsessed with the Babysitter** Thriller. (2021, PG, 93min) ★★
5.05 **FILM Martha's Vineyard Mysteries: Riddled With Deceit** Drama. (2020, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Von Ryan's Express** Drama. (1965, PG, 117min) ★★★★
11.30 **FILM Biggles: Adventure in Time** Drama. (1986, PG) ★★
1.30 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM A Night to Regret** Drama. (2018, 12, 89min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM A Very Country Christmas** (2017) ★★
10.05 **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
12.05 PM **FILM A Bride for Christmas** (2012) ★★
2.00 **FILM It's Beginning to Look a Lot Like Christmas** (2019) ★★
3.55 **FILM Christmas Joy** Comedy. (2018, U) ★★
5.55 **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
8.00 **FILM Deck the Heart** Festive romantic drama. (2023, PG, 104min) ★★
10.00 **FILM Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
11.55 **FILM Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM It's Beginning to Look a Lot Like Christmas**
+1 hour 320 317

Rewind TV
182 92 141

6.00 AM **Highlights**
10.30 **Watching** 8/11. (S5)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 6/13. (S2)
2.30 **Haggard** 4/7. (S2)
3.00 **Bramwell** 6/7. (S1)
4.00 **Stereo Underground**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 8/11. (S5)
6.30 **Thick as Thieves**
7.00 **Brass** 6/13. (S2)
7.30 **Haggard** 4/7. (S2)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S4)
9.30 **Soap** 16/25. (S1)
10.00 **Thick as Thieves**
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S1)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The King fleet hurtle toward the finishing line. **8.00** Crews head to the Bairdi grounds.
9.00 **NEW SERIES Barnwood Builders** The team save a fort dating back to 1775 in North Carolina. **10.00** New edition A double-pen barn in Alderson, West Virginia.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Jamie's Comfort Food** Double bill.
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food Heroes** Double bill.
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Jamie's Comfort...**
2.00 **James Martin's Champagne**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Food...**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 8/22. (S6)
9.00 **The Fall Guy** 7/23. (S1)
10.00 **Knight Rider** (S2)
11.00 **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
1.00 PM **FILM Frankenstein Created Woman** Horror. (1966, 15, 95min) ★★★
3.00 **FILM The Vengeance of She** Fantasy adventure with John Richardson. (1967, PG, 101min) ★
5.00 **Star Trek** 2/26. (S2)
6.00 **Knight Rider** (S2)
7.00 **The Fall Guy** 8/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Drop Zone** Thriller starring Wesley Snipes. (1994, 15, 102min) ★★
11.00 **FILM Drive Hard** Thriller starring John Cusack. (2014, 15, 92min) ★
12.55 AM **FILM The Fan** Thriller. (1996, 15, 114min) ★★
3.10 **to 5.00** AM **FILM Circus of Horrors** Drama. (1960, 15, 91min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Sherlock Holmes** As 5.00pm.
8.00 **FILM Ape vs Monster** Sci-fi fantasy adventure. (2021, 12, 88min) ★★
10.00 **The Lost World** (S2)
11.00 **FILM Shark Season** Action thriller. (2020, PG, 87min) ★★
1.00 PM **FILM Island of Terror** Horror. (1966, PG, 90min) ★★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 2/25. (S3)
5.00 **FILM Sherlock Holmes** Drama with Ben Syder. (2010, 12, 89min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 3/25. (S3)
9.00 **FILM Iron Eagle II** Action adventure sequel starring Louis Gossett Jr. (1988, PG, 101min) ★
11.00 **FILM Brake** Thriller starring Stephen Dorff. (2012, 15, 87min) ★★★
1.00 **to 3.00** AM **FILM Iron Eagle II** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Scotland: A Year in the Wild** Summer arrives.
11.00 **Ben Fogle: New Lives in the Wild** New Zealand.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **Walking Victorian Britain** Liverpool.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** Exploring the South Scottish Glens.
8.00 **Ben Fogle: New Lives in the Wild** Croatia.
9.00 **Michael Palin in Nigeria** The actor visit Makoko, Lekki and Badagry.
10.00 **Arabia with Levison Wood** Levison Wood explores Syria and Iraq.
11.10 **Prisoner: Cell Block H**
1.05 **Private Eyes**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Cumbria.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Rich House, Poor House** The Foxes from Bradford swap with the James family from the Home Counties.
10.00 **Home Town** New edition A single mother and her two daughters need more space in their small rustic cabin.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Me or the Menu** New edition
9.00 **Love & Translation** New edition Tripp has a shocking question.
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** From Argentina.
12.00 NOON **The Ren & Stimpy Show** (S2)
1.00 PM **Friends** (S3&4)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **Russell Howard: Right Here Right Now**
11.15 **Reno 911!** New episode 9/11. After kids steal Reno's mannequin mascot, the hunt for the dummy is afoot. (S8)
11.45 **Whose Line Is It Anyway? USA**
12.45 AM **Key & Peele**
1.15 **South Park** (S7)
2.15 **Beavis and Butt-Head**
3.00 **Modern Horror Stories**
3.05 **Chris Ramsey: Approval Needed**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 21&23/24. (S3)
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 2&3/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 21&23/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing** 8/18. Kristin discovers Ryan has treated himself to a new motorcycle. **8.30** 9/18. Vanessa questions a recent job promotion. (S2)
9.00 **South Park** (S11&3)
12.00 M'T **Friends** (S3&10)
2.00 AM **The Ren & Stimpy Show** Double bill. (S4)
2.55 **The Ricky Gervais Show** Double bill.
3.45 **Becker** 21&23/24. (S3)
4.30 **Ahir Shah: Dots**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *Doll on Doll:* 5/8. Devon worries that Good Chucky cannot be trusted. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning**
8.00 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Scammed**
3.00 **Catfish: The TV Show**
5.00 **Catfish: Scammed**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom UK: Next Generation**
9.00 **Catfish: The TV Show**
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Spray Tan Mums: Single and Proud**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

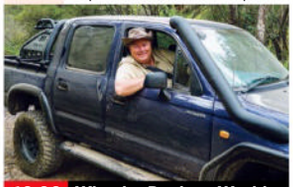
★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

Discovery

125/126 138 177 320 325

6.00 AM **Diesel Brothers**
7.00 **Bad Chad Customs**
8.00 **Kindig Customs** Triple bill.
11.00 **Wheeler Dealers: Top 5**
12.00 NOON **Wheeler Dealers** Five editions, including at: **4.00** PM Mike is seduced by a Land Rover Discovery Mk1 with low mileage.
5.00 **Wheeler Dealers World Tour** In northern Italy, Mike and Elvis tackle a Ferrari 348. **6.00** Mike and Elvis aim to build a tribute to Paddy Hopkirk's 1964 Mini Cooper.



10.00 Wheeler Dealers: World...

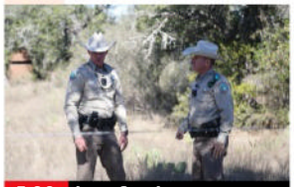
7.00 **Kindig Customs** Dave and Kevin make their return to the SEMA show with a plan of bringing 10 new builds to Las Vegas.
8.00 **Kindig Customs** Kevin Hart's latest project is in the shop to get a futuristic front and rear end redesign.
9.00 **Kindig Customs** Dave's latest client challenges him to build a CF1 with all of the trimmings of a 1960s British race car.
10.00 **Wheeler Dealers World Tour** Mike and Elvis hunt for the Hilux and try to create the ultimate off-roading beast.
11.00 **Border Control: Spain** Double bill of the series following the work of the Security and Customs Services at Spain's borders.
12.00 M'T **American Chopper**
2.00 AM **Fast N' Loud**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Overhaulin'**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Keyshia Cole.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked** With Ludacris.
1.00 PM **Pit Bulls & Parolees**
2.00 **How Do Animals Do That?**
3.00 **Crikey! It's the Irwins**
4.00 **My Cat from Hell**
5.00 **Lone Star Law** Wardens respond to a call about an illegal deer hunting case.
6.00 **Tanked** A California restaurant is looking for a tank for their new location in Santa Monica.



5.00 Lone Star Law

7.00 **Pit Bulls & Parolees** Tia rescues a neglected puppy, and two owners want a companion for their four-year-old dog.
8.00 **Sharkwrecked: Crash Landing** A unique exploration of the world's most remote and shark-infested waters.
9.00 **Sharktacular** Featuring Shark Week sneak peeks, viral videos and the greatest sharks in the show's history.
10.00 **Edge of Alaska** Neil develops his mine tour, and tragedy leaves one McCarthy resident fighting for their life.
11.00 **The Zoo** A feisty camel develops a tooth issue. **12.00** M'T A young silvery langur falls ill and must be nursed back to health.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales from History** Double bill.
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Amsterdam Central 24/7** Security staff accompany two undocumented migrants.
5.00 **Car S.O.S** Fuzz and Tim restore a Japanese off-roader.
6.00 **Nazi Megastructures: America's War** The final defence of Japan in the last months of World War Two.

8.00 Tucci in Italy

7.00 **Air Crash Investigation** An investigation into the 1958 accident involving Matt Busby's Manchester United team.
8.00 **Tucci in Italy** Series finale Stanley examines city-countryside connections in Lazio through authentic dishes.
9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore Adam's Datsun 240k Skyline, a rare Japanese classic from the 1970s.
10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Bond Bug, a wedge-shaped three-wheel car from the early 1970s.
11.00 **Air Crash Investigation**
12.00 M'T **Stanford Prison Experiment: Unlocking the Truth** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A machine gun.
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Digging for Britain**
4.00 **Pawn Stars** Chum chases a lead on a 1963 Fiat Microcar.
5.00 **History's Greatest Mysteries**
6.00 **American Pickers** The Wolfe brothers sift through a rockstar picker's collection.

10.00 Hunting History

7.00 **Forged in Fire** The four remaining former smiths each compete for a second chance to be the champion of the contest.
8.00 **Ancient Impossible** Documentary exploring how ancient civilisations created weapons of mass destruction.
9.00 **The Curse of Oak Island** New edition The team race to prepare the Money Pit for the final dig of the season.
10.00 **Hunting History with Steven Rinella** New edition The disappearance of 17th-century ship *Le Griffon*.
11.00 **What on Earth?** An exploration of Nazis and cannibals in the Black Forest.
12.00 M'T **Strange Evidence** Surveillance footage from China records a man surviving a lightning strike twice.
1.00 AM **Ultimate Mysteries**
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **War Factories**
6.00 **Antiques Roadshow** Fiona Bruce looks at items not initially shown in programmes from Abbotsford and Burghley.

9.00 Sacred Rivers

7.00 **Great American Railroad Journeys** Michael Portillo visits St Paul and explores the birthplace of novelist F Scott Fitzgerald.
8.00 **Great British Railway Journeys** Michael Portillo visits the Forest of Dean. **8.30** Michael heads to Greater Manchester.
9.00 **Sacred Rivers with Simon Reeve** How iconic waterways have shaped the lives of the people who live along them.
10.00 **Bangers & Cash** A MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.
11.00 **Bangers & Cash** A 1970 Fiat 500 goes under the hammer.
12.00 M'T **Abandoned Engineering** Exploring ship graveyards, including Scapa Flow in Orkney, and Mallows Bay, home to 200 wrecks colonised by wildlife.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** Restoring a walking stick with a moving monkey's head and a defunct telescope.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **Celebrity Yorkshire Auction House** In Dom Littlewood's stylish seaside pad, Angus finds a rare guitar.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **American Monster: Abuse of Power** New edition True-crime.
10.00 **NEW SERIES Toxic**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** Police uncover a web of deception, greed and a blood-soaked betrayal.
8.00 **Murder She Solved** Investigating the murder of two taxi drivers in Austin, Texas.
9.00 **Britain's Most Evil Killers** The murder of 12-year-old Tia Sharp at the hands of her grandmother's boyfriend.
10.00 **The Killer You Know** New edition A mass shooting on the University of Alabama campus leaves the country in shock.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A renowned surgeon is found murdered. **4.30** Police suspect a woman of murdering her husband after they find his body on the roadside. **5.00** A woman appeals against a conviction for killing her mother. **5.30** A murderer sends his victim's family her last will and testament. **6.00** Toxicologists try to determine whether a man was poisoned. **6.30** A trail of stolen goods help solve the murder of a young girl.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Nadine Aubras.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Polk: The Trial of Philip Polkinghorne**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Normans**
9.55 **Thirties in Colour: Countdown to War**
10.55 **The Bush Years: Family, Duty, Power**
11.50 **The Hidden Side of World War II**
1.00 PM **The Normans**
2.15 **Thirties in Colour...**
3.15 **The Bush Years: Family, Duty, Power**
4.15 **The Hidden Side of...**
5.20 **The Boleyns: A Scandalous Family**
6.35 **The Normans**
7.55 **Thirties in Colour: Countdown to War**
8.50 **The Bush Years: Family, Duty, Power** New edition
9.50 **The Hidden Side of World War II**
11.00 **Thirties in Colour...**
12.00 M'T **The Bush Years: Family, Duty, Power**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.00 **Discovering: Yul Brynner**
8.00 **The Directors**
9.00 **Breath of Fire**
10.00 **JFK: Destiny Betrayed**
11.05 **Escobar by Escobar**
12.00 NOON **After the Bite**
1.45 PM **My Icon: Duke McKenzie**
2.00 **Football Bomber: The Dortmund Bus Attack**
4.00 **The Directors**
5.00 **Discovering: Yul Brynner**
6.00 **Breath of Fire**
7.00 **JFK: Destiny Betrayed** 3/4. An exploration of the post-mortem of John F Kennedy.
8.05 **Escobar by Escobar** 3/4. The story of the Escobar empire.
9.00 **The Loneliest Whale: The Search for 52** A rare whale that calls out at a frequency unrecognised by other whales.
11.00 **Val** Documentary focusing on the late actor Val Kilmer.
1.00 AM **The Directors**
2.00 NEW SERIES **The Mortician**
3.10 **Life According to Sam**
5.00 **to 6.00** AM **Discovering: Yul Brynner**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Wild Castles**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Rockies**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Wild Castles**
5.00 **The Hungry Games: Alaska Big Bear Challenge**
6.00 **Wild Rockies**
7.00 **Monkey Life** Double bill.
8.00 **Conquest of the Skies**
9.00 **A Wild Year on Earth**
10.00 **Wild Rockies**
11.00 **The Hungry Games: Alaska Big Bear Challenge**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Dogs with Extraordinary Jobs** Documentary.
2.00 **Conquest of the Skies**
3.00 **A Wild Year on Earth**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **Secret Societies: In the Shadows**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Great Escapes with Morgan Freeman** How the story of the Holocaust reached the world.
9.00 **World's Greatest Treasure Mysteries** A hunt for emeralds from the *Atocha* shipwreck.
10.00 **Royal Autopsy**
11.00 **Alien Files: Unsealed**
12.00 M'T **Ancient Aliens**
2.00 AM **Roswell 75: The Final Evidence**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** James Fairweather.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Accused: Did I Do It?** New edition Documentary.
10.00 **Vanished: The Jennifer Dulos Story** Documentary.
11.00 **Secrets of Polygamy**
12.00 M'T **Murder By Medic**
1.00 AM **Accused: Did I Do It?**
2.00 **Vanished: The Jennifer Dulos...**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Ocean Fight Club**
3.00 **Orca vs Great White**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets**
8.00 **Ocean's Weirdest**
9.00 NEW SERIES **Underdogs** Ryan Reynolds narrates a look at animals at the bottom of the food chain. **9.45** New edition The animal kingdom's worst parents.
10.30 **Secrets of the Zoo: Keeper Tales** Out in the wilds, vets tag newborn Pere David deer.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Salvaging the Kursk**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Salvaging the Kursk** The efforts to recover the Russian nuclear submarine from the seabed following the tragedy in 2000 that claimed the lives of all 118 crew members.
9.00 **Paranormal Declassified** Journalist Paul Beban treks deep into the woods of the Midwest in search of Bigfoot.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Great British Railway Journeys** Eight editions.
1.00 PM **Great British Railway Journeys** Twelve editions.
7.00 **Great British Railway Journeys** Michael Portillo visits a Cambridgeshire brick factory. **7.30** Michael visits Lincoln's impressive cathedral. **8.00** Michael learns how an impressive piece of Victorian engineering ended in tragedy. **8.30** Michael travels from Dundee to Aberdeen. **9.00** How Victorian whisky trains were raided by robbers. **9.30** Michael visits Scotland's smallest railway station. **10.00** Michael travels from Birmingham to Stafford. **10.30** The dark side of the Industrial Revolution. **11.00** Michael rides on one of Britain's most modern trains. **11.30** Michael travels from Welshpool to Aberystwyth.
12.00 M'T **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who the (Bleep) Did I Marry?** Double bill of editions.
9.00 **Extreme Measures**
11.00 **Grave Secrets**
1.00 PM **American Monster**
3.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
5.00 **Love the Way You Lie**
7.00 **On the Case with Paula Zahn** The body of a young woman is discovered in the woods. **8.00** An active-duty soldier dies in a brutal attack during a night out with her unit.
9.00 **Hostage 911** Negotiators plead with a man who takes his wife hostage after she demands a divorce. But he has a plan that could have fatal consequences.
10.00 **Before They Kill Again** A detective discovers that he knows a kidnapper personally.
11.00 **American Monster**
12.00 M'T **Pandora's Box: Unleashing Evil** Double bill.
2.00 AM **Love the Way You Lie**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New edition **9.30** Series finale
10.00 **World's Greatest Motorcycle Rides** Henry embarks on a 1,500-mile ride from Ljubljana in Slovenia to Sofia in Bulgaria.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

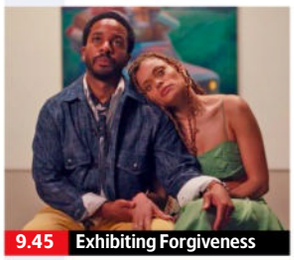
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Exhibiting Forgiveness**
9.05 **The Luckiest Man in America**
10.50 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
12.35 PM **Home Delivery** Comedy. (2023, 15, 86min)
2.20 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
4.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
6.00 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★



9.45 Exhibiting Forgiveness

8.00 The Luckiest Man in America Fact-based drama starring Paul Walter Hauser. An ice-cream truck driver finds a secret way to win on the game show *Press Your Luck*. (2024, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Exhibiting Forgiveness Drama starring André Holland and John Earl Jelks. An artist's rise to success is scuppered by a visit from his estranged father. (2024, 15, 117min)

11.50 **Anora** Comedy drama starring Mikey Madison and Mark Eydelshteyn. A sex worker marries the son of an oligarch. (2024, 18, 139min) ★★★★★
2.20 AM **A Different Man** Psychological thriller starring Sebastian Stan, Adam Pearson and Renate Reinsve. (2024, 15, 112min) ★★★★
4.20 **to 6.05** AM **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

6.55 AM **Sneaks** Animated comedy. (2025, PG, 92min) ★★
8.35 **Anon** As shown at 1.40am.
10.20 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
12.05 PM **Final Score** Action drama. (2018, 15, 104min) ★★★
2.05 **Maggie Moore(s)** As 3.25am.
3.55 **A Good Person** Drama. (2022, 15, 129min) ★★★★
6.10 **Dance First** Biopic with Gabriel Byrne and Aidan Gillen. (2023, 12, 100min) ★★★

6.10 Dance First

8.00 Hotel Mumbai Fact-based thriller starring Dev Patel, Armie Hammer and Jason Isaacs. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Get Away Horror comedy starring Nick Frost. A family's holiday takes a lethal turn when they discover the island they're on is inhabited by a serial killer. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **God Is a Bullet** Thriller with Nikolaj Coster-Waldau. (2023, 18, 156min) ★★★
1.40 AM **Anon** Sci-fi thriller. (2018, 15, 100min) ★★★
3.25 **Maggie Moore(s)** Comedy thriller starring Jon Hamm. (2023, 15, 99min) ★★★
5.10 **to 7.15** AM **Hotel Mumbai**

Sky Cinema Drama

310 310 410 510 524

6.30 AM **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★
9.20 **The Hanging Sun** Drama. (2022, 15, 93min) ★★
11.00 **The Convert** As 8.00pm.
1.05 PM **Valentine's Day** Ensemble romantic comedy. (2010, 12, 125min) ★★★
3.20 **Scent of a Woman** Drama with Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★
6.05 **Footloose** Teen dance drama starring Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★
8.00 **The Convert** Action drama starring Guy Pearce and Tioreore Ngatai-Melbourne. (2024, 15, 119min) ★★★★
10.10 **Oslo** Drama based on the true story of a group of Israelis, Palestinians and one Norwegian couple who helped to bring about the 1993 Oslo Peace Accords. Stars Ruth Wilson. (2021, 15, 118min) ★★★
12.20 AM **Sabrina** Billy Wilder comedy starring Humphrey Bogart and Audrey Hepburn. (1954, b/w, U, 113min) ★★★★
2.25 **Scent of a Woman** As 3.20pm.
5.10 **to 7.20** AM **Touch** Icelandic romantic drama. Subtitled. (2024, 15, 121min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **The Purge: Election Year**
8.55 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
10.50 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
12.50 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
2.30 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
4.25 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
6.15 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
8.00 **A Quiet Place** Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
9.40 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
11.35 **The Purge: Election Year** Horror. (2016, 15, 108min) ★★★
1.30 AM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
3.05 **Haunting of the Queen Mary** Horror. (2023, 18, 125min) ★★
5.15 **to 7.05** AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **The Wiz** As 10.45pm.
9.00 **Spy Kids** (2001, U) ★★★★
10.30 **Spy Kids 2: Island of Lost...**
12.15 PM **Johnny English** Comedy. (2002, PG, 88min) ★★★
1.45 **Soaring to Life: The Making of How to Train Your Dragon**
2.15 **Johnny English Reborn** Comedy. (2011, PG) ★★★
4.00 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
6.00 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★

4.00 Ghostbusters: Frozen...

7.25 Mr Bean's Holiday Slapstick comedy starring Rowan Atkinson. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Spy Kids 2: Island of Lost Dreams Action comedy sequel with Alexa Vega. The junior spies try to locate a mysterious island populated by a menagerie of monsters. (2002, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 The Wiz Motown musical updating of *The Wizard of Oz* based on the Broadway show, starring Diana Ross. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Problem Child** Comedy. (1990, PG, 81min) ★
2.30 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
4.10 **The Muppets Take Manhattan** Comedy. (1984, U) ★★★★
5.50 **to 7.10** AM **Friend or Foe** Drama. (1981, U, 70min) ★★★

Sky Cinema Action

307 307 407 507 521

8.00 AM **Jackie Chan's Police Story 2** As 12.20am.
10.10 **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
12.25 PM **Blacklight** Action thriller. (2022, 15, 104min) ★
2.15 **300** Historical adventure. (2006, 15, 116min) ★★★★
4.20 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
6.15 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★

10.10 The Killer

8.00 Charlie's Angels: Full Throttle Comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. The Angels run into a fallen former Angel when they seek to retrieve two rings containing top-secret information. (2003, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Killer Thriller starring Nathalie Emmanuel and Omar Sy. An assassin tries to make amends in an attempt to restore the sight of a young singer. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Jackie Chan's Police Story 2** Hong Kong comedy thriller sequel. Subtitled. (1988, 15, 91min) ★★★
2.25 **Crime Story** Hong Kong action thriller. Subtitled. (1993, 18, 107min) ★★★
4.20 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
5.55 **to 7.45** AM **Blacklight** (2022)

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **A Shot in the Dark** Comedy. (1964, PG) ★★★★
8.20 **Problemista** As 3.15am.
10.10 **Barbie** (2023, 12) ★★★★
12.10 PM **Kiss Me, Stupid** Comedy. (1964, b/w, PG, 124min) ★★★
2.25 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
4.00 **Tropic Thunder** War spoof. (2008, 15, 107min) ★★★★
5.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★

8.00 Shakespeare in Love

8.00 Shakespeare in Love Oscar-winning romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. Struggling playwright William Shakespeare is inspired to write *Romeo and Juliet* by a young lady who yearns to act. (1998, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Back-Up Plan Romantic comedy starring Jennifer Lopez. A single career woman meets her Mr Right having just been artificially inpregnanted with twins. (2010, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Jules** Comedy drama. (2023, 12, 87min) ★★★
1.40 AM **National Security** Crime comedy. (2003, 12, 88min) ★
3.15 **Problemista** Comedy. (2024, 15, 104min) ★★★
5.05 **to 6.45** AM **The Money Pit** Comedy. (1985, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.25 AM **To Catch a Killer** (2023)
9.35 **Kindred** As 12.15am.
11.25 **Extremely Wicked, Shockingly Evil and Vile**
1.20 PM **Jason Bourne** Thriller. (2016, 12, 123min) ★★★
3.30 **To Catch a Killer** Thriller starring Shailene Woodley. (2023, 15, 119min) ★★★★
5.35 **Vanilla Sky** Romantic fantasy drama remake starring Tom Cruise and Penélope Cruz. (2001, 15, 136min) ★★★

8.00 Captain Phillips

8.00 Captain Phillips Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Extremely Wicked, Shockingly Evil and Vile Biopic starring Zac Efron and Lily Collins. (2019, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Kindred** Horror thriller. (2021, 15, 101min) ★★★
2.05 **True Romance** Crime thriller. (1993, 18, 118min) ★★★★
4.10 **Rashomon** Japanese director Akira Kurosawa's classic drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
5.45 **to 7.35** AM **Caddo Lake** Thriller. (2024, 12) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Man from Laramie** Western. (1955, U) ★★★
1.05 PM **The Siege at Red River** Western. (1954, PG) ★★★
2.50 **The Violent Men** Western. (1955, PG, 96min) ★★★
4.45 **Mysterious Island** Fantasy adventure starring Michael Craig. (1961, U, 97min) ★★★
6.50 **Flight of the Phoenix** Action adventure with Dennis Quaid. (2004, 12, 113min) ★★★

9.00 Our Friend

Flight of the Phoenix (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 PREMIERE Our Friend Fact-based drama starring Dakota Johnson, Jason Segel and Casey Affleck. A family's lives are upended when a wife and mother receives a terminal cancer diagnosis. (2021, 15, 124min) ★★★
See review, page 26.
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **Anaconda** Adventure starring Jennifer Lopez, Ice Cube and Jon Voight. A documentary film crew encounter a deadly giant snake in the Brazilian rainforest. With Eric Stoltz. (1997, 15, 89min) ★★★
1.25 **to 3.25** AM **Blackbird** Drama starring Susan Sarandon, Sam Neill and Kate Winslet. (2019, 15, 97min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **LaRoy, Texas** As 3.55am.
7.55 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
10.05 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
12.05 PM **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
2.15 **A Different Man** Thriller. (2024, 15, 112min) ★★★★
4.15 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★

6.10 **Eternal Sunshine of the Spotless Mind** Offbeat comedy with Jim Carrey and Kate Winslet. (2004, 15, 108min) ★★★★★
8.00 **There Will Be Blood** Epic drama with Daniel Day-Lewis. A ruthless California prospector makes a colossal fortune in the early-20th-century oil business but turns into a haunted loner. (2007, 15, 158min) ★★★★★
10.40 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★

1.20 AM **GoodFellas** Director Martin Scorsese's gangster drama starring Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
3.55 **to 6.00** AM **LaRoy, Texas** Crime caper starring Steve Zahn. (2023, 15, 112min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.25 AM **Junior** Family comedy. (1994, PG, 110min) ★★★
8.15 **Howard the Duck** As 5.30am.
10.10 **The Little Rascals** Family comedy. (1994, U, 83min) ★★
11.35 **National Lampoon's Animal House** College campus comedy. (1978, 15, 109min) ★★★★★
1.25 PM **The Man Who Shot Liberty Valance** Classic Western. (1962, b/w, U, 122min) ★★★★★

3.30 **Oh! What a Lovely War** Satirical anti-war musical. (1969, PG, 144min) ★★★★
6.05 **The Sugarland Express** Steven Spielberg's comedy drama starring Goldie Hawn. (1974, PG, 110min) ★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
10.25 **Bad Boys** Action comedy with Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★

12.30 AM **Midnight Express** Prison drama starring Brad Davis. (1978, 18, 120min) ★★★★
2.35 **The Man Who Shot Liberty Valance** As shown at 1.25pm.
4.50 **Sky Cinema Preview**
5.30 **to 7.25** AM **Howard the Duck** Sci-fi comedy. (1986, PG) ★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **The Inseparables** (2023)
8.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
9.30 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
11.10 **Transformers One** Animation. (2024, PG, 104min) ★★★★
1.00 PM **The Wild Thornberrys Movie** Animated adventure. (2002, U, 85min) ★★★★

2.35 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
4.00 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 98min) ★★★★
5.45 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
7.25 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
8.55 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
10.50 **The Inseparables** Animation. (2023, U, 90min) ★★★

12.25 AM **Open Season: Scared Silly** Animation. (2015, PG) ★★★
2.00 **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
3.25 **The Inventor** (2023, PG) ★★★
5.10 **to 6.40** AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★

Movies 24

312 313 419

7.00 AM **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
9.00 **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
11.00 **A Nashville Legacy** Romantic comedy. (2023, PG, 85min) ★★
1.00 PM **Branching Out** Drama. (2024, PG, 90min) ★★
3.00 **Food for the Heart** Romantic comedy starring Tara Wilson. (2023, PG, 83min) ★★

5.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
7.00 **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
9.00 **Two Tickets to Paradise** Drama starring Ashley Williams. After being left at the altar by their respective partners, a bride and a groom encourage each other to still go on their honeymoons. (2022, PG, 84min) ★★
11.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★

1.00 AM **An Easter Bloom** Drama starring Aimee Teegarden. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Fate Takes a Hand** Drama. (1961, b/w, PG, 72min) ★★★
8.35 **A Lifetime Ago with The Baim Collection**
9.10 **Life in Danger** Thriller starring Derren Nesbitt and Julie Hopkins. (1960, b/w, 15, 63min) ★★
10.25 **Three Witnesses** Crime drama starring Henry Kendall. (1935, b/w, PG, 68min) ★★★

11.45 **Scott of the Antarctic** Adventure drama starring John Mills. (1948, U, 111min) ★★★
1.55 PM **The Brothers** 1/13. (S5)
3.00 **The Lady from Shanghai** Film noir thriller directed by and starring Orson Welles. (1948, b/w, PG, 87min) ★★★★★
4.45 **The Ghost Train** Comedy thriller. (1941, b/w, U, 85min) ★★★
6.25 **Strange But True**
7.00 **Z Cars** 3/13. (S13)
8.00 **Victorian Scandals** 7/7. (S1)
9.05 **Maigret** 3/4. (S11)

10.55 **Sex Education** 2/10. (S1)
11.25 **The Claim** Period drama. (2000, 15, 120min) ★★
1.50 AM **Valentino** Romantic biopic. (1951, b/w, PG, 105min) ★
3.55 **to 6.00** AM **The Vengeance of She** Fantasy starring Olinka Berova. (1967, PG, 101min) ★

WEDNESDAY Sport 18 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE State of Origin Rugby League Queensland Maroons v New South Wales Blues.** Coverage of game two of the series staged at Optus Stadium in Perth. New South Wales prevailed 18-6 in the opening encounter in Brisbane. Kick-off **11.05am**.
1.00 PM **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
6.30 **LIVE Vitality T20 Blast Cricket Kent Spitfires v Gloucestershire.** Coverage of the South Group match staged at the Spitfire Ground, St Lawrence. These two teams experienced contrasting seasons last year, with the Spitfires finishing bottom of the table and Gloucestershire winning the title. It was therefore little surprise that the champions won by nine wickets when the teams met here.
9.45 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** A replay of Arsenal v Manchester United from 1997.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Nottingham Forest v Crystal Palace. **5.30** Action from Tottenham Hotspur v Nottingham Forest. **6.00** West Ham v Newcastle. **6.30** West Ham v Wolves.
7.00 **Premier League Stories**
7.30 **SNF** Highlights from Arsenal v Aston Villa at Emirates Stadium.
8.00 **Gary Neville's Soccerbox** With guest Thierry Henry.
8.30 **Premier League Stories**
9.00 **City: PL Champions Again**
10.00 **Class of '92: Full Time**
11.00 **Premier League Stories**
11.30 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **SPFL Greatest Games**
8.00 **Best Goals: EFL Cup 2022/23**
8.30 **EFL Trophy** Action from Bolton Wanderers v Plymouth Argyle.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Action from Manchester United v Newcastle United in the 2022/23 final.
11.00 **EFL Rivalries**
12.00 NOON **EFL** The 14/15 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Another chance to see Chelsea v Tottenham in the 2015 final at Wembley Stadium.
6.00 **EFL** A chance to see Blackpool v Cardiff City in the 2009/10 Championship play-off final.
7.30 **EFL** A round-up of the best goals from the 2017/18 season.
8.00 **EFL Rivalries** Nottingham Forest and Derby County.
8.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final. **12.00** M'T A chance to see Manchester United v Tottenham Hotspur in the 2008/09 final.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** Recent action.
11.00 **International T20 Cricket** England v West Indies: Action from the third and final T20 in the series from Utilita Bowl.
3.30 PM **Ashes Greats** Archive action.
4.00 **One-Day International Cricket** Highlights of England v West Indies.
6.00 **Best of England v Windies**
6.25 **LIVE Vitality T20 Blast Cricket Kent Spitfires v Gloucestershire .** Coverage of the South Group match staged at the Spitfire Ground. These two teams experienced contrasting seasons last year, with the Spitfires finishing bottom of the table and Gloucestershire winning the title.
9.45 **Best of ICC WT20** England v Australia in the 2010 final.
10.00 **Best of England v Windies**
11.00 **One-Day International Cricket** England v West Indies: Action from the third and final ODI.
12.00 M'T **Vitality T20 Blast Cricket** Kent Spitfires v Gloucestershire.
3.20 AM **Ashes Greats** Adam Gilchrist.
3.30 **One-Day International Cricket**
4.30 **Best of ICC WT20**
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour**
7.00 **LPGA Tour** LPGA Classic.
12.00 NOON **Women's PGA Championship** From 2024.
1.00 PM **Rose Ladies Series**
1.30 **Ladies European Tour**
2.30 **LPGA Tour** LPGA Classic.
6.30 **Rose Ladies Series**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Highlights** Kaskada Challenge.
8.00 **US Open Golf** Highlights of day four of the Major in Pennsylvania.
9.00 **Rose Ladies Series** In Surrey.
9.30 **HotelPlanner Tour Golf Highlights** Kaskada Challenge.
10.00 **PGA Tour: The Cut**
10.30 **LPGA Tour** In Michigan.
12.30 AM **Rose Ladies Series**
1.00 **HotelPlanner Tour Golf Highlights** Kaskada Challenge.
1.30 **PGA Tour: The Cut**
2.00 **Women's PGA Championship**
3.00 **US PGA Tour**
4.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Review.
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
7.00 PM **WTA All Access**
7.30 **ATP Tour This Week**
8.00 **ATP Tennis** Action from the S-Hertogenbosch Open final.
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **Mirra Andreeva Podcast 2024**
2.15 **Bitesize Tennis** Highlights.
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **WTA All Access**
4.30 **ATP Tour This Week**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of the second day of the first Test in the two-match series at Galle International Cricket Stadium.
1.30 PM **Superbike Rewind** The Superbike World Championship sixth round in Emilia-Romagna.
1.45 **LIVE Cycling: Tour of Switzerland** Coverage of the fourth stage of the men's race, a route from Heiden to Piuro.
4.45 **No Filter Cycling**
5.00 **Premier League Stories**
5.30 **TNT Sports Reload**
6.00 **Test Cricket Highlights** Action from Sri Lanka v Bangladesh in the second day of the first Test.
7.00 **Discovery Golf** The latest news.
7.30 **MLB Plays of the Week**
8.00 **MLB Highlights** Baseball action.
9.00 **LIVE MLB Seattle Mariners v Boston Red Sox.** Coverage of the American League match from T-Mobile Park. Start-time **9.10pm**.
12.15 AM **MLB Plays of the Week**
12.45 **TNT Sports Reload**
1.00 **Men's Cycling Pro Series**
3.00 **Cycling** Tour of Switzerland.
4.00 **TNT Sports Reload**
4.15 **to 5.15** AM **Test Cricket**

TNT Sports 2

411 414 522 409 431

6.15 AM **MLB Closer** Recent action.
6.45 **The Pioneers** Eden Hazard.
7.00 **Premier League Stories**
7.30 **Classic Premier League**
12.00 NOON **Cycling** Highlights.
1.00 PM **MLB Highlights**
2.00 **MLB Plays of the Week**
2.30 **Superbike World Championship Highlights**
3.30 **V8 Supercars Highlights**
5.30 **FIA World Endurance Championship Highlights**
6.30 **Superbike Rewind**
6.45 **Sign Up – Into Football**
7.30 **TCR World Tour Review**
8.00 **Men's Cycling Pro Series** Stage one of the Route d'Occitanie. **9.00** Tour of Belgium stage one.
10.00 **Cycling** The fourth stage of the men's Tour of Switzerland.
11.00 **The Muddy Roots of Football**
11.30 **V8 Supercars Highlights** Action from the Perth Super 440.
1.30 AM **FIA World Endurance Championship Highlights**
2.30 **Michelin Le Mans Cup Highlights** At Circuit de la Sarthe.
3.00 **European Rally Championship Highlights** The Rally Poland.
3.30 **FIM Speedway Grand Prix Highlights** From Manchester.
5.30 **to 6.00** AM **Discovery Golf**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Archive action.
8.00 **State of Origin Rugby League**
10.00 **LIVE State of Origin Rugby League Queensland Maroons v New South Wales Blues.** Coverage of game two of the series at Optus Stadium in Perth. New South Wales prevailed 18-6 in the opening encounter from Brisbane. Kick-off **11.05am**.
1.00 PM **Good Morning Football**
3.00 **Fight Night** Three bout replays.
6.00 **NBC's Pro-Football Talk**
8.00 **Fight Night** Mikaela Mayer v Alycia Baumgardner from 2022.
9.00 **State of Origin Rugby League** Action from Queensland Maroons v New South Wales Blues.
10.00 **Fight Night** Amir Khan v Kell Brook from February 2022. **11.00** Chris Eubank Jr v Liam Smith from January 2023.
12.00 M'T **The Insiders** NFL news.
1.00 AM **State of Origin Rugby League** Queensland Maroons v New South Wales Blues.
2.00 **Fight Night** Action from 2023.
4.00 **State of Origin Rugby League** Queensland Maroons v New South Wales Blues from Perth.
5.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Bristol City v Sheffield United: Highlights from the first Championship play-off semi-final first-leg staged at Ashton Gate. **6.30** Coventry City v Sunderland: Highlights from the second Championship play-off semi-final first-leg staged at Coventry Building Society Arena.
7.00 **Good Morning Sports Fans** Including news and views on today's early stories and a look at the back pages.
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
7.00 PM **Sky Sports News** Round-up of the sports news with live analysis and comment, plus interviews with headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Action from night one in Belfast.
4.15 AM **EFL Greatest Games**
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Indycar** From Madison, Illinois.
8.00 **Formula 1** Canadian Grand Prix.
9.00 **LPGA Tour Golf** Highlights.
11.00 **Indycar** In Madison, Illinois.
12.00 NOON **Fight Night**
2.00 PM **PL Greatest Games**
3.00 **WTA & ATP Tennis**
5.00 **Test Cricket** Highlights from Australia v South Africa at Lord's.
7.00 **ATP Tennis** Highlights of the Stuttgart Open final in Germany.
8.00 **Indycar** The Bommarito Automotive Group 500 in Illinois.
9.00 **Fight Night** Chris Billam-Smith v Richard Riakporhe from 2024. **10.00** Callum Simpson v Ivan Zucco at Oakwell in Barnsley.
11.00 **Formula 1** Highlights of the Canadian Grand Prix in Montreal.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **V8 Supercars Highlights**
8.00 **Cycling** Tour of Switzerland.
9.00 **FIM Speedway Grand Prix**
10.00 **Superbike World Championship**
11.00 **Fishing: On the Bank**
12.00 NOON **NBA** Oklahoma City Thunder v Indiana Pacers.
1.30 PM **T100 Triathlon World Tour**
2.30 **LIVE Cycling: Tour of Belgium** Coverage of the opening stage.
4.45 **UEFA Champions League Goals Reload** Pick of the goals.
5.00 **MLB Highlights**
6.00 **NBA** Thunder v Pacers.
7.30 **Ultimate Pool** The Pairs Cup.
9.00 **UFC** Usman v Buckley.
12.00 M'T **Ultimate Pool** Pairs Cup.
1.30 AM **T100 Triathlon World Tour**
2.30 **TNT Sports Reload**
3.00 **Discovery Golf** The latest news.
3.30 **IFSC Climbing World Cup**
4.30 **UEFA Conference League**
5.00 **UEFA Europa League**
5.30 **to 6.00** AM **UEFA Champions League**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Champions League**
1.00 PM **LIVE Cycling: Route d'Occitanie** Coverage of the opening stage of the men's race, a 10.5km route from Saint-Affrique to Roquefort-sur-Soulzon.
3.00 **IFSC Climbing World Cup Highlights** The bouldering finals.
4.00 **1967: When LA Wolves Conquered the USA**.
4.30 **NWSL** Action from Chicago Red Stars v Seattle Reign. **5.30** Highlights from Portland Thorns v Washington Spirit.
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **AFL** Another chance to see St Kilda Saints v Western Bulldogs. **9.00** A replay of Hawthorn Hawks v Adelaide Crows. **10.30** Another chance to see Brisbane Lions v GWS Giants. **12.00** M'T A replay of Essendon Bombers v Geelong Cats.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **UK Independent Kart Racing**
8.30 **Transvulcania** Ultramarathon.
9.00 **Motorsport Highlights**
10.30 **FIA World Endurance C'ship**
11.30 **DTM Highlights** In Zandvoort.
12.30 PM **Transvulcania**
1.00 **NHL Tonight** Highlights.
2.00 **Sporting Greats**
2.30 **Sporting Countdowns**
3.00 **NASCAR Highlights**
4.00 **PSA Squash Highlights**
5.00 **FIA World Endurance C'ship**
6.00 **UK Independent Kart Racing**
7.30 **Transvulcania** Ultramarathon.
8.00 **Women's Football Weekly**.
8.30 **Motorsport Highlights**
10.00 **British Minibikes** Round two.
12.00 M'T **Transvulcania**
12.30 AM **NASCAR Highlights**
1.30 **DTM Highlights** In Zandvoort.
2.30 **Motorsport** Le Tour Auto.
3.00 **PSA Squash Highlights**
4.00 **Transworld Sport**
5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 552

6.00 AM **CONMEBOL World Cup**
8.00 **United Rugby Championship**
10.00 **NHL Ice Hockey** Stanley Cup.
12.00 NOON **FastZone**
12.30 PM **Bike World** Magazine.
1.00 **Swedish Speedway**
3.00 **Football's Greatest**
3.30 **FastZone** Motorsports highlights.
4.00 **CONCACAF Gold Cup**
6.00 **GP Confidential** F1 news.
6.30 **Temples of Sport**
7.00 **CONCACAF Gold Cup**
9.00 **FastZone** Motorsports highlights.
9.30 **Champions Cup** The final.
11.45 **LaLiga Match Highlights**
12.00 M'T **LIVE CONCACAF Gold Cup Costa Rica v Dominican Republic.** Kick-off **12.00m't**.
2.00 AM **LaLiga Specials**
2.30 **Football's Greatest**
3.00 **LIVE CONCACAF Gold Cup Suriname v Mexico.** The Group A encounter. Kick-off **3.00am**.
5.00 **LaLiga Specials**
5.30 **to 6.00** AM **Bike World**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Academy Highlights**
9.00 **Formula 1** Canadian Grand Prix.
1.15 PM **Ted's Notebook**
1.45 **Ted Drives: F1 Car**
2.00 **F1 Academy Highlights**
4.00 **Formula 1** Canadian Grand Prix.
6.15 **Ted's Notebook**
6.45 **Jenson & the FW22: Extended**
7.00 **Formula 1** Canadian Grand Prix.
8.00 **Indycar** The Bommarito Automotive Group 500 in Illinois.
9.00 **Formula 1** Canadian Grand Prix.
10.00 **Indycar** The Bommarito Automotive Group 500 in Illinois.
11.00 **Formula 1** Canadian Grand Prix.
12.00 M'T **Indycar** From Illinois.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

19 June

Evening Planner

Drama

Murder Most Puzzling

5, 8pm

Phyllis Logan stars in this whodunnit as Cora Felton, aka the Puzzle Lady, who helps the police with a baffling case.

Drama

Outrageous

U&Drama, 9pm (box set, U)

Period drama based on the story of the Mitfords, starring *Bridgerton*'s Bessie Carter (left) as eldest sister, Nancy.

Comedy

Pushers

C4, from 10pm (box set, C4 Streaming)

Comic Rosie Jones plays a unlikely drug dealer in her first comedy acting role, based on the one-off *Disability Benefits*.

OnDemand

NETFLIX

The Waterfront

Available today

Eight-part drama following a North Carolina family fighting to keep their fishing business afloat.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 Ambulance		10.00 News; Local News	
	102 BBC2	7.00 The Great House Revival		8.00 Heston: My Life with Bipolar		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Bradley &... †	9.00 DNA Journey		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Britain's Car Theft Gangs Exposed...		9.00 Taskmaster		10.00 Pushers	
	105 5	7.00 Jane McDonald: My Yorkshire		8.00 Murder Most Puzzling				10.00 A&E After Dark	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Restaurants – First...		9.00 Poker Face		10.00 The Walking Dead: Dead City	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 The Traitors NZ		9.00 Hunting the Online Sex Predators		9.55 Film: Superbad	
	116 BBC4	7.00 Digging for Britain		8.00 Prost		9.00 Operation Stonehenge: What Lies...		10.00 Film: The Piano	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.40 Billions		7.50 Game of Thrones		9.00 Big Little Lies		10.05 The Staircase	
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours		10.20 Harry Enfield and...	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 The Motorbike Show		8.00 Junk and Disorderly		9.00 Film: Wrath of the Titans			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Just Go With It			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Restaurants – First...		9.00 Poker Face		10.00 The Walking Dead: Dead City	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Bill Murray		9.00 Film: Invasion of the Body Snatchers			10.35 Science...
	132 U&W	7.00 Missing Persons Investigation		8.00 Multiple Birth Wards				10.00 Women Behind Bars with Trevor...	
DOCUMENTARY	125 DISCOVERY	7.00 Marooned with Ed Stafford				9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Meet the Orangutans		9.00 Meet the Penguins		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Lawless Island	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Alien Corridors	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 JFK: Destiny Betrayed		8.05 Escobar by Escobar		9.00 The Mortician		10.10 The Body Next Door	
FILMS – Sky Cinema	301 PREMIERE	7.00 Venom: The Last Dance				9.00 Anora			
	302 5 STAR MOVIES	‹ 6.00 The Godfather Part II					9.30 GoodFellas		
	303 ORIGINALS	‹ 6.00 Gunpowder Milkshake		8.00 Cleaner				9.45 God Is a Bullet	
	304 GREATS	‹ 6.00 ...And Justice for All		8.00 Scent of a Woman					10.35 Midnight...
	305 ANIMATION		7.20 Migration			8.50 Two by Two			10.25 The Inventor
	306 FAMILY	7.00 The BFG				9.00 The Spiderwick Chronicles			
	307 ACTION	‹ 6.00 The Mummy: Tomb of the Dragon...		8.00 The Fall Guy				10.10 Twister	
	308 COMEDY	‹ 6.30 Disaster Movie		8.00 Pitch Perfect				10.00 Revenge of the Pink Panther	
	309 THRILLER	‹ 5.45 The Accountant		8.00 Split				10.05 Sleepers	
	310 DRAMA	‹ 5.55 Elizabeth: The Golden Age		8.00 8 Mile				10.00 The Illusionist	
	311 SCI-FI	‹ 6.05 Trap		8.00 Five Nights at Freddy's				9.55 Insidious: Chapter 2	
	313 FILM4	‹ 6.45 Time Bandits				9.00 Legion			
SPORT	401 MAIN EVENT	‹ 4.00 Women's PGA Championship – Live		8.00 Betfred Super League – Live: Castleford Tigers v Hull Kingston Rovers (Kick-off 8.00)					10.15 PGA Tour Golf – Live
	402 PREMIER LEAGUE	7.00 SNF		8.00 Gary Neville's...	8.30 David James: The One and Only			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL		8.00 EFL Rivalries	8.30 EFL Greatest Games			10.00 Championship Retro	
	404 CRICKET	‹ 6.25 Vitality T20 Blast Cricket – Live: Leicestershire Foxes v Notts Outlaws						10.00 Best of England v India	
	410 TNT SPORTS 1	‹ 6.00 MLB – Live: New York Yankees v Los Angeles Angels (Start-time 6.05)					9.15 Brothers in Football		
	411 TNT SPORTS 2	7.00 AFL			8.30 Reload	9.00 MLB – Live: San Francisco Giants v Cleveland Guardians (Start-time 9.05)			

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition Footwear specialists help to solve a murder. (S)(AD)
11.15 **Homes Under the Hammer** New edition From Derby. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Creating luxurious loungers from discarded garden furniture. (S)
2.45 **Escape to the Country** New edition From Lancashire. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.00 Money for Nothing

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** Featuring properties in Yorkshire, east London and Devon. (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Clare Balding presents coverage of day four of the men's grass-court tournament at Queen's Club, featuring second-round singles matches. (S)
6.00 **Richard Osman's House of Games** With former winners Kaye Adams, Alex Brooker, Kiell Smith-Bynoe and Isy Suttie. (S)(R)
6.30 **Robson Green's Weekend Escapes** Denise Welch and Robson Green escape to the Northumbrian countryside. (S)(R)

8.00 Heston: My Life with Bipolar

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE Racing: Royal Ascot** Ed Chamberlin and Francesca Cumani present coverage of the third day of the festival, featuring the 4.20 Gold Cup. Analysis from Jason Weaver, Ruby Walsh and Adele Mulrennan, reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, and commentary by Richard Hoiles and Mark Johnson. *Continues on ITV4.* (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 DNA Journey

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 2-5/27. (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 2-5/24. (S2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Gordon visits the Trolley Stop Café in New Orleans. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** A bird-loving retired couple visit Pennington Flash nature reserve. (S)(R)(AD)
5.00 **Chateau DIY** Janet and Philip's room renovation suffers setbacks at the Château de la Fare. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Craft brewery owners Simon and Rebecca sink their savings into a new taproom. (S)(R)

9.00 Taskmaster

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Phil gets tough with Elaine, Tommy is under pressure, and Alfie has some news. (S)(AD)

7.00 **The Great House Revival** New edition 5/8. Hugh Wallace meets teacher Grace and landscape gardener John, who are restoring their Georgian farmhouse in Kilmacsimon. (S)
7.50 **A Wild Year** The red grouse of the North York Moors. (S)(R)

7.30 **Emmerdale** Aaron and John get a shock, Charity makes a discovery, and Paddy feels surprised. (S)(AD)

7.00 **News** (S)

8 PM

8.00 **Dragons' Den** A cat-loving inventor thinks he has found a pain-free way to keep feline teeth clean, and a couple are seeking investment for their online bedtime story business. (S)(R)(AD)

8.00 **NEW Heston: My Life with Bipolar** Documentary in which acclaimed chef Heston Blumenthal examines the impact bipolar disorder has had on his life, his creativity and those he loves. *See feature, page 21.* (S)(AD)

8.30 **Bradley & Barney Walsh: Breaking Dad** 2/6. The actor and his son head to Hungary, where they take to the open waters of Lake Balaton for a spot of high-speed catamaran sailing with an Olympic crew. (S)(R)(AD)

8.00 **NEW Dispatches: Britain's Car Theft Gangs Exposed** Reporter Matt Shea goes on the trail of stolen vehicles to track down the thieves and recover the cars, and goes undercover to expose the truth about Britain's car crime epidemic. (S)(AD)

9 PM

9.00 **Ambulance** The paramedics rush into action when a 13-year-old is stabbed on the way home from school, a three-year-old is knocked down and a suicidal man calls for help. (S)(R)

9.00 **Marie Antoinette** New episode *Madame Deficit:* 7/8. Marie's melancholy worsens on learning what else Louis has withheld from her, but the strain on him poses a greater threat. (S2) (S)(AD)
■ Entire series on BBC iPlayer

9.00 **DNA Journey** New edition Julian Clary and Jo Brand take a road trip to find out their family histories. Julian is fascinated to learn of a police officer ancestor, while Jo hears of a relative's career as a mental health nurse. (S)(AD)

9.00 **Taskmaster** New edition 8/10. The contestants head back to school as they face tasks involving physical education, art and science, and Stevie Martin relives a difficult childhood memory. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce chairs the topical debate from Greenford in the London borough of Ealing, inviting a panel of politicians and other guests to answer questions from the audience. (S)
11.40 **Newscast** Light-hearted discussion of the week's political events. (S)
12.10 AM **Celebrity Bridge of Lies** Ross Kemp presents a celebrity special of the high-stakes quiz, featuring *Sunday Brunch* host Simon Rimmer, comedian Desiree Burch, broadcaster Angela Rippon and presenter Craig Doyle. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

10.00 **Detectorists** 5/6. Andy and Lance discover their beloved oak tree is due to be felled. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Murder 24/7** 1/6. Detectives launch a manhunt when a delivery driver is beaten to death. (S)(R)(AD)
12.00 M'T 2/6. The team have four men in custody, but only one of them is talking. (S)(R)(AD)
1.00 AM **Sign Zone: Political Thinking – The Richard Tice One** (S)(R)
1.30 **Sign Zone: Surgeons – At the Edge of Life** (S)(R)(AD)
2.30 **Sign Zone: The Power of Parker** *Just a Blip:* 3/6. (S2) (S)(R)(AD)
3.00 **to 6.30** AM **Previews** (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.15 **FILM Godzilla vs Kong** Sci-fi adventure starring Alexander Skarsgard, Millie Bobby Brown and Rebecca Hall. King Kong and his protectors undertake a perilous journey to locate his true home, but find themselves in the path of Godzilla. (S)(AD) (2021, 12, 125min) ★★★
1.20 AM **Teleshopping**
3.00 **TikTok: Murder Gone Viral** A look at the case of American influencer Alexis Sharkey. (S)(R)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

10.00 **NEW SERIES Pushers** 1/6. Comedy starring Rosie Jones and Ryan McParland. *See feature, page12.* (S)(AD)
10.30 New episode 2/6. Emily and Ewen recruit people for their drug empire. (S1) (S)(AD)
■ Entire series on C4 Streaming
11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Sky Coppers** (S)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(SL)(R)
1.50 **Dover 24/7: Britain's Busiest Port** Documentary. (S)(SL)(R)(AD)
2.45 **Jamie's Dyslexia Revolution** Documentary. (S)(SL)(R)(AD)
3.40 **Kirstie's Fill Your House for Free**
3.55 **Great British Dog Walks with Phil Spencer** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 NEW **Body of Evidence: A Teagarden Mystery** Whodunit prequel with Skyler Samuels and Marilu Henner. (S)
4.00 **Bargain-Loving Brits in the Sun** New edition Chef Ed and wife Louise host their first cookery class of the season. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall checks up on a 13-stone Newfoundland whose health is in danger. (S)(R)
6.55 **News** (S)

8.00 Murder Most Puzzling

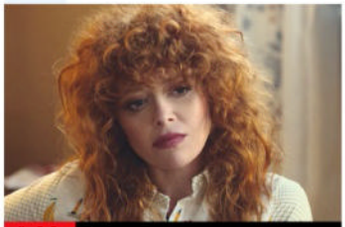
7.00 **Jane McDonald: My Yorkshire** 1/5. Jane explores Yorkshire, beginning in her hometown of Wakefield, and visits Holmfirth, location of *Last of the Summer Wine*. (S)(R)
7.55 **News** (S)
8.00 NEW SERIES **Murder Most Puzzling** 1/3. Crime drama based on the bestselling books by Parnell Hall, starring Phyllis Logan, Charlotte Hope and Adam Best. When a murder takes place in the sleepy market town of Bakerbury, the police are baffled by a crossword puzzle left on the body. With their case going nowhere, they reluctantly turn to newspaper puzzle writer Cora Felton to help solve its first murder case. *See feature, page 8.* (S)(AD)
10.00 **A&E After Dark** In Rotherham's A&E, a patient with a suspected head injury is under arrest in the car park. Nurse Rachel makes an initial assessment and coaxes them inside so they can undergo tests. (S)(R)
11.05 **Trauma Room One** (S)(R)
12.05 AM **Ambulance: Code Red** Critical care paramedics are dispatched to a nightclub. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6) (S)(R)(AD)
3.50 **A Country Life for Half the Price with Kate Humble** (S)(R)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 21/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Moms I'd Like to Forget:* Marge is reunited with three old friends. (S)(R)
5.30 *Elementary School Musical:* Lisa embraces her creative side at performing arts camp. (S)(R)
6.00 **The Office (US)** 20/26. Michael teaches the staff a lesson by withholding sales leads. (S)(R)
6.30 21/26. Oscar plots to spend more time with Matt by setting up a Dunder Mifflin happy hour. (S6) (S)(R)



9.00 Poker Face

7.00 **The Simpsons** *Flaming Moe:* Moe achieves success when he turns his tavern into a gay bar. (S)(R)
7.30 *Homer the Father:* Homer becomes obsessed with a father-son relationship in a 1980s sitcom. (S)(R)
8.00 **Rob & Romesh vs Restaurants: First Course** 1/2. Rob Beckett and Romesh Ranganathan try to open their own restaurant, beginning by learning all about the industry from chef Tom Kerridge. (S)(R)(AD)
9.00 **Poker Face** *A New Lease on Death:* 9/12. Charlie uncovers the secrets of an apartment building's occupants. Guest stars Awkwafina. (S2) (R)
10.00 **The Walking Dead: Dead City** *Who's There?* 2/6. Armstrong revisits a traumatic incident, while Ginny adapts to change. (S1) (S)(R)(AD)
10.50 **Never Mind the Buzzcocks** With guests Johnny Borrell, Michelle de Swarte and Krept & Konan. (S)(R)(AD)
11.35 **Curb Your Enthusiasm** 3/10. Larry offends two Halloween trick-or-treaters. (S2) (S)(R)
12.10 AM 4/10. Larry accuses a TV boss of theft. (S2) (S)(R)
12.45 **The Force: Manchester** (S)(R)
1.40 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 21/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt **12.00noon-1.00pm** First Minister's Questions **7.00-7.30pm** River City **12.10am** Scotcast **12.40** Celebrity Bridge of Lies **1.25** Weather **1.30-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.55** Celebrity Bridge of Lies **1.40-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Hardy Bucks **10.25-10.30pm** Barra on the Foyle
WALES Sky 968, Freesat 968
No variations

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm Last Word
WALES
8.30-9.00pm Backstage **10.45-11.15pm** Bradley & Barney Walsh: Breaking Dad
WEST WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion **12.05pm** Cysgu O Gwmpas **12.30** Heno **1.00** Ffasiwn Drefn **1.30** Y Byd ar Bedwar **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Rygbi Cymru yn Ewrop 30 **4.00** Awr Fawr **5.00** Stwnsh **6.00** Sgwrs Dan y Lloer **6.30** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Y Byd yn ei Le **9.45** Stori'r Iaith **10.45-11.50pm** Siwrna Scandi Chris

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The hosts bid to prove that cars can be art.
7.55 **The Catch Up**
8.00 **The Traitors NZ** New edition 4/12. A morbid twist is revealed at breakfast when three players learn they are in the firing line.
8.55 **Laugh Lessons**
9.00 **Hunting the Online Sex Predators** James Blake investigates harmful content on social media.
9.55 FILM **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on a quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (2007, 15, 113min) ★★★★
11.40 **Glow Up: Britain's Next Make-Up Star** The final.
12.40 AM **I Kissed a Boy: The Reunion**
1.25 **Hunting the Online Sex Predators** As 9.00pm.
2.20 **Angels of the North**
3.20 **Press X on the BBC**
3.30 **to 4.00** AM **Smoggie Queens**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun: Where Are They Now?**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Glasgow.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Norfolk to secretly restore a 1997 Peugeot 106 Rallye. **6.55** Tim and Fuzz work on a 1972 Renault Alpine A110.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer visit the Alcorn family in Peebles in the Scottish Borders, who are undecided about what to do with their Victorian villa.
9.00 **24 Hours in A&E** Cameras follow Lawrence, 26, who has been rushed to St George's after being hit by a car while crossing the road on a night out in Eastbourne. **10.00** A boy has severed his finger at school and a stonemason has dropped a slab of marble on his hand.
11.05 **Top Guns: Inside the RAF** A junior pilot has a close encounter over Syria.
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.05 **24 Hours in A&E**
3.10 **to 3.40** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Digging for Britain** Alice Roberts sets off across Hadrian's Wall to reveal the story of the Roman cavalry.
8.00 NEW SERIES **Prost** 1/6. Alain Prost reflects on his career as France's most successful driver in F1 history. **8.25** New edition 2/6. Alain reflects on how he overcame challenges both on and off the track. ■ Entire series on BBC iPlayer
8.55 **London to Brighton: Side By Side** Short film showing recordings of the journey by train in 1953 and 1983.
9.00 **Operation Stonehenge: What Lies Beneath** 2/2. The significance of the ancient stone circle.
10.00 FILM **The Piano** Jane Campion's Oscar-winning drama starring Holly Hunter, Anna Paquin and Sam Neill. (1993, 15, 120min) ★★★★
11.55 **Emma** 3&4/4. (S1)
1.55 AM **Digging for Britain**
2.55 **to 3.55** AM **Operation Stonehenge: What Lies Beneath**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 NEW SERIES **Below Deck: Mediterranean** Captain Sandy welcomes back familiar face Aesha Scott as her chief steward.
9.00 **Gogglebox** Opinions on *Killing Eve, The Apprentice* and *Naked Attraction*. **10.00** Featuring appraisals of *This Is Going to Hurt, Haunted Hospitals* and *Formula 1: Drive to Survive*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.40 **Mike Tyson Mysteries** New episodes (S3)
2.10 **Brooklyn Nine-Nine**
2.55 **Modern Family**
3.20 **Below Deck: Mediterranean**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **Modern Family**
5.20 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 17/19. Maggie faces a huge decision. (S2)
2.00 **FBI: Most Wanted** 9/14. A bloodthirsty couple embark on a terrifying killing spree. (S1)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

11.00 The Good Doctor

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Law & Order: Special Victims Unit New episode *Calculated:* 12/20. A high-school principal catches a pupil sexting. (S26)

10 PM
10.00 FBI: International *Fencing the Mona Lisa:* 22/22. A Russian missile is stolen and put on the black market. (S2)
11.00 **The Good Doctor** 18/20. (S3)
12.00 M'T **FBI** 2/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **The Sopranos** (S3&4)
10.10 **Billions** 9&10/12. (S7)
12.20 PM **Game of Thrones** (S5)
1.30 **The King** 5&6/8. (S2)
3.20 **The Sopranos** 13/13. Jackie Jr goes into hiding after his botched armed robbery. (S3)
4.30 1/13. Carmela frets about the family's finances. (S4)
5.35 **Billions** 9/12. Prince gets tipped off about a mutiny.
6.40 10/12. Axe and Taylor work to dismantle Prince's sinister moves. (S7)

10.05 The Staircase

7.50 Game of Thrones *Mother's Mercy:* 10/10. Cersei finds herself seeking forgiveness, Jon is challenged, and Daenerys is surrounded by strangers. (S5)

9.00 Big Little Lies *You Get What You Need:* 7/7. Jane learns the identity of the bully and Celeste looks for independence. (S1)

10.05 The Staircase *The Beating Heart:* 5/8. Michael and his family struggle with the court's decision. (S1)
11.15 **Homicide: Life on the Street**
12.15 AM **The Night Of** 1/8. Crime drama with Riz Ahmed. (S1)
1.35 **Mildred Pierce** 2/5. The single mother falls for a stranger on the beach.(S1)
2.50 **Game of Thrones** As 7.50pm.
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 10/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Poker Face** New episode 9/12. Charlie uncovers the secrets of an apartment building's occupants. (S2)
12.00 NOON **The Flash** 11/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 21/21. (S3)
5.00 **Supergirl** 17/22. (S4)
6.00 **Stargate SG-1** 15/20. The crew members attempt to rescue Daniel Jackson. (S9)

10.00 The Walking Dead: Dead...

7.00 Stargate SG-1 *Off the Grid:* 16/20. The team try to do a deal with the Lucian Alliance. (S9)

8.00 Rob & Romesh vs Restaurants: First Course Rob Beckett and Romesh Ranganathan try to open their own restaurant.

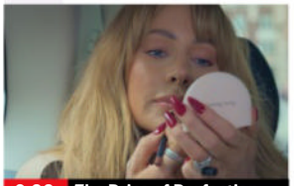
9.00 Poker Face *A New Lease on Death:* 9/12. Charlie uncovers the secrets of an apartment building's occupants. (S2)

10.00 The Walking Dead: Dead City *Who's There?* 2/6. Armstrong revisits a traumatic incident. (S1)
10.55 Never Mind the Buzzcocks With Johnny Borrell, Michelle de Swarte and Krept & Konan.
11.45 **Supergirl** 18/22. (S4)
12.45 AM **The Force: Manchester**
1.40 **Road Wars** Double bill.
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 21/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.10 **Olivia Meets Her Match**
9.00 **The Only Way Is Essex**
9.45 **Real Housewives of Miami**
10.45 **Real Housewives of Beverly...**
11.40 **Dinner Date**
12.40 PM **Olivia Meets Her Match**
1.40 **The Only Way Is Essex**
3.00 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**



9.00 The Price of Perfection

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Flagg creates a marketing video with a special guest to promote a house in Pasadena.

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10.05 Olivia Attwood: The Price of Perfection New edition 2/6. Olivia looks into the global dentistry market.
11.05 **Family Guy** (S11 &10)
12.05 AM **American Dad!** (S8)
1.05 **Bob's Burgers** 12/22. Bob and Gene try to move a boat. (S13)
1.30 **Totally Bonkers Guinness World Records**
2.05 **Count Abdulla** (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 5/9. Charles Blake surprises Mary with a cunning plan. (S5)
6.00 **Heartbeat** *Sweet Sorrow:* A mysterious stranger sets off a treacherous chain of events.

4.55 Downton Abbey

7.00 Heartbeat *Changing Places:* A London policeman and his doctor wife move to a quiet Yorkshire village.

8.00 Vera *Inside:* As she considers a life-changing decision, Vera finds herself investigating two cases when an ex-prisoner's body is discovered on the banks of the River Tyne.

10.00 Grantchester 3/6. Will and Ellie go on their first date with a trip to the cinema, where a murder takes place. (S5)
11.00 **Grantchester** 4/6. (S5)
11.55 **Cracker** 7/9. Fitz investigates a series of rapes. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Home and Dry:* Dr Goodwin returns from Africa with Biafran orphan Nkeshi.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Forest**
8.00 **Beechgrove Garden** New edition Ruth delves into the strawberry patch that Carole started last year.
8.30 **Landward** New edition Dougie meets a leading Aberdeen Angus breeder.
9.00 **Mrs Brown's Boys** 2/4. Agnes tries out speed-dating. (S4)
9.30 **Two Doors Down** 6/6. Michelle and Alan host a housewarming party. (S4)
10.00 NEW SERIES **Situationships with Sophie and Christine** 1/8. Sophie Gravia and Christine McGuinness offer relationship advice.
10.30 **Disclosure: Where Will All My Rubbish Go?**
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 6/6. (S2)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S5)
11.20 **Barry** (S3&4)
12.35 PM **Eastbound & Down**
1.55 **Entourage** (S5)
3.05 **Bored to Death** (S2)
4.25 **Barry** (S3&4)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S3)
7.45 **Divorce** 3&4/8. (S2)
9.00 **Girls** 11/12. Hannah invites Elijah to help her finish an assignment, and Jessa searches for a job.
9.40 12/12. Hannah receives news that could change the direction of her life. (S3)
10.20 **Barry** 5&6/8. (S4)
11.40 **Atsuko Okatsuka: The Intruder**
12.45 AM **Curb Your Enthusiasm** (S2)
2.00 **And Just Like That...** New episode 4/12. (S3)
3.00 **Somebody Somewhere**
4.20 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The South Bank Show Originals**
6.30 **Cirque du Soleil**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Cleo Laine: The Unseen Home Movies**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **FILM Invasion of the Body Snatchers** Chiller. (1956, b/w) ★★★★★
10.35 **Science Fiction in the Atomic Age**
11.35 **The Directors**
12.35 AM **Fellini by Fellini**
1.55 **Hammer: Heroes, Legends and Monsters**
3.45 **Voices of Ireland**
5.05 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager**
8.00 **Star Trek: Deep Space Nine** *Invasive Procedures:* 4/26. Trill takes the group hostage. (S2)
9.00 **Murder Uncut** Gretchen Anthony's family when they receive odd texts from her phone.
10.00 **How I Caught the Killer** The crimes of Adam Leroy Lane.
11.00 **Grimm** 20/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the quiz.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 7/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 10/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 12/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/25. (S4)
9.00 **Randall and Hopkirk (Deceased)** *My Late Lamented Friend and Partner:* 1/26. First-ever episode. (S1)
10.00 **The Avengers** *Epic:* 11/24. Mrs Peel is kidnapped. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Derby Through the Years**
- **6.20** **Minder**
- **7.20** **The Professionals**
- **8.25** **Dempsey and Makepeace**
- **9.30** **Racing: The Opening Show**
- **10.30** **Kojak**
- **11.30** **Giant Lobster Hunters**
- **12.30** PM **Dempsey and Makepeace**
- **1.35** **Magnum, PI**
- **2.35** **Kojak**
- **3.40** **Minder**
- **4.50** **The Professionals**
- **5.50** **LIVE Racing: Royal Ascot**
- **6.30** **River Monsters**

11.00 Taken 3

- **7.00 The Motorbike Show** Henry Cole goes riding in the Yorkshire Dales and tells the story of American motorcycle brand Indian.
- **8.00 Junk and Disorderly** Henry Cole and his team buy a tractor at an agricultural auction before restoring and selling it.
- **9.00 FILM Wrath of the Titans** Fantasy adventure starring Sam Worthington and Rosamund Pike. In Ancient Greece, young hero Perseus strives to rescue his imprisoned father, the god Zeus, from the Underworld. (2012, 12, 99min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.00 FILM Taken 3** Action thriller sequel starring Liam Neeson and Forest Whitaker. (2015, 12, 104min) ★★
- **12.55** AM **Minder**
- **2.00** **Auto Mundial**
- **2.25** **The Protectors**
- **2.50** **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: Enterprise** (S3)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: The Next Generation** 17/26. (S6)
- **2.00** **Blood & Treasure** 10/13. (S2)
- **3.00** **Stargate Atlantis** 8/20. (S1)
- **4.00** **Star Trek: Voyager** (S5)
- **5.00** **Star Trek: The Next Generation** 17/26. (S6)
- **6.00** **Star Trek: Enterprise** 2/24. The Delphic Expanse and predatory aliens cause havoc for the *Enterprise* crew. (S3)

11.00 Lovecraft Country

- **7.00 Blood & Treasure** *The Secret History of the Mongols:* 10/13. The team go to Prague to translate the recovered scroll. (S2)
- **8.00 Stargate Atlantis** *Underground:* 8/20. The crew try to begin trade relations with a nearby planet. (S1)
- **9.00 Grimm** *The Seven Year Itch:* 5/13. Nick, Hank and Wu investigate a bizarre murder in a park. (S6)
- **10.00 The Walking Dead** *Wrath:* 16/16. The communities join forces in the last stand against the Saviors as all-out war unfolds. (S8)
- **11.00 Lovecraft Country** 5/10. Ruby experiences the perks of life as a white woman. **12.00** M'T 6/10. In the throes of the Korean War, nursing student Ji-ahn crosses paths with a wounded Atticus. (S1)
- **1.00** AM **True Blood** 9&10/12. (S4)
- **3.00** **Blood & Treasure** (S2)
- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries** (S6)
- **9.00** **Father Brown**
- **10.00** **The Coroner** 4/10. (S2)
- **11.00** **Hudson & Rex** 16/16. (S2)
- **12.00** NOON **Shakespeare & Hathaway: Private Investigators** 3/10. (S3)
- **1.00** PM **Death in Paradise** (S12)
- **2.00** **Murdoch Mysteries** (S6)
- **4.00** **The Coroner** 4/10. (S2)
- **5.00** **Hudson & Rex** 16/16. (S2)
- **6.00** **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuthing priest races to protect a precious crown.

9.00 Murdoch Mysteries

- **7.00 Shakespeare & Hathaway: Private Investigators** 3/10. Allotment holders are threatened. (S3)
- **8.00 Death in Paradise** *Murder in the Stars:* 1/8. An eminent astronomer dies in mysterious circumstances. (S12)
- **9.00 Murdoch Mysteries** New episode *Going Postal:* 20/22. Murdoch's neighbour finds a threatening letter. (S18)
- **10.00 Father Brown** *The Great Train Robbery:* Lady Felicia and Mrs McCarthy are taken hostage when a train robbery goes awry.
- **11.00** **Father Brown** As 6.00pm.
- **12.00** M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
- **1.00** AM **Elementary** 4/21. Watson considers a major change. (S6)
- **2.00** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.25** AM **Highlights**
- **9.15** **Ever Decreasing Circles**
- **9.50** **Are You Being Served?**
- **10.30** **Open All Hours**
- **11.10** **Last of the Summer Wine**
- **12.30** PM **The Green Green Grass**
- **1.10** **Ever Decreasing Circles**
- **1.45** **Dad's Army**
- **2.25** **Open All Hours**
- **3.00** **Are You Being Served?**
- **3.40** **Last of the Summer Wine**
- **5.00** **The Green Green Grass**
- **5.40** **Are You Being Served?**
- **6.20** **Open All Hours**

6.20 Open All Hours

- **7.00 Dad's Army** The platoon take responsibility of a large naval gun.
- **7.40 Gavin & Stacey** Smithy worries about seeing Nessa again. **8.20** Everyone gathers in Billericay as Pete and Dawn prepare to renew their wedding vows.
- **9.00 Still Open All Hours** Granville faces being left alone at Christmas. **9.40** Granville decides to branch out into offering fitness classes.
- **10.20 Harry Enfield and Chums** Featuring the Camp Jockeys, the Scousers and Kevin the Teenager.
- **11.00** **Not Going Out**
- **11.35** **Harry Enfield and Chums**
- **12.15** AM **Still Open All Hours**
- **1.35** **Not Going Out**
- **2.25** **Avoidance**
- **2.55** **Ever Decreasing Circles**
- **3.25** **to 4.00** AM **Still Open All Hours**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Gassed Up**
- **8.00** **Border Force: America's Gatekeepers** Double bill.
- **10.00** **Guy's Garage**
- **11.00** **Rick Stein's Spain**
- **12.00** NOON **Storage Hunters UK**
- **1.00** PM **Storage Hunters UK: Celebrity Special**
- **2.00** **How Britain Worked**
- **3.00** **Top Gear** Double bill.
- **5.00** **Hairy Bikers' Best of British** Creating classic puddings.
- **6.00** **Rick Stein's Spain** The chef embarks on a culinary tour of Spain, beginning in Galicia.

10.00 Have I Got a Bit More...

- **7.00 Would I Lie to You?** With guests Danny Dyer, Jon Richardson, Moira Stuart and Joe Lycett. **7 PM**
- **7.40 Richard Osman's House of Games** With Sian Gibson and Rav Wilding. **8.20** With Andrea McLean, Adil Ray, Rita Simons and Phil Wang. **8 PM**
- **9.00 QI XL** Guests Cally Beaton, Nish Kumar and Tom Ward join regular panellist Alan Davies and host Sandi Toksvig. **9 PM**
- **10.00 Have I Got a Bit More News for You** Jack Dee hosts the satirical quiz, with guests Hannah Fry and Nabil Abdulrashid. **10 PM**
- **11.00** **8 Out of 10 Cats Best Bits** With Paisley Billings, Josh Jones and Kiri Pritchard-McLean.
- **12.00** M'T **Mock the Week**
- **12.40** AM **Would I Lie to You?**
- **2.00** **The Weakest Link**
- **2.50** **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

- **9.00** AM **A New Life in the Sun: Where Are They Now?** From Gironde.
- **10.00** **Chateau DIY**
- **11.00** **Help! We Bought a Village** From France.
- **12.00** NOON **A Place in the Sun** From Lefkada.
- **1.00** PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
- **1.30** **Narrow Escapes**
- **2.30** **Chateau DIY**
- **3.30** **Come Dine with Me**
- **6.00** **Location, Location, Location** Double bill.
- **8.00** **Bake Off: The Professionals**
- **9.00** **Night Coppers**
- **10.00** **FILM M3GAN** Horror. (2022, 15, 102min) ★★★
- **12.05** AM **Gogglebox**
- **1.05** **Celebrity I Literally Just Told You**
- **2.10** **Taskmaster**
- **3.15** **Bake Off: The Professionals**
- **4.10** **to 4.40** AM **Four in a Bed**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Murder, She Wrote**
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *One Shot, One Kill:* 13/23. The team hunt down a sniper. **7.00** *The Good Samaritan:* 14/23. Three similar execution-style killings take place. **8.00** *Enigma:* 15/23. Gibbs's former commanding officer is accused of murder. (S1)
- **9.00** **Blue Bloods** *Confessions:* 9/22. Frank contends with a conflicted priest. (S7)
- **10.00** **Law & Order: Special Victims Unit** *Bombshell:* 19/24. Benson and Stabler go undercover. **11.00** *Totem:* 20/24. A girl's body is found outside a church. (S12)
- **12.00** M'T **Law & Order: Special Victims Unit**
- **1.50** AM **Criminal Minds** (S12)
- **2.45** **The Good Wife** (S6)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Car Pound Cops**
- **11.00** **Traffic Cops** Triple bill.
- **2.00** PM **Police Interceptors**
- **5.00** **Nightmare Tenants, Slum Landlords**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts**
- **9.00** **A&E After Dark** New edition A man is rushed into A&E with potentially life-threatening brain injuries.
- **10.00** **Skin A&E** Dr Natalia Spierings tries to help a young woman with a scalp condition.
- **11.00** **Banged Up Abroad**
- **12.00** M'T **My Lover, My Killer**
- **1.00** AM **Ambulance: Code Red** Medical series.
- **2.00** **Quantico** 1&2/22. (S1)
- **3.35** **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Motorway Patrol**
- **9.25** **Traffic Cops**
- **10.25** **Police Interceptors**
- **11.25** **FILM Destry** Western. (1954, PG, 96min) ★★
- **1.30** PM **FILM Rio Lobo** Howard Hawks' Civil War Western. (1970, PG, 110min) ★★★
- **4.00** **Trucking Hell**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **8.00** **Motorway Cops: Catching Britain's Speeders** PCs Niaz Waddington and Andy Doran hunt for a wanted Range Rover.
- **9.00** **Trucking Hell** New edition A lorry loaded with rotten potatoes rolls over.
- **10.00** **Extreme Tow Truckers** Tempers flare as Parks Towing rescue on a truck.
- **11.00** **Quantum Leap** (S1)
- **12.00** M'T **Outback Truckers**
- **2.00** AM **Trucking Hell**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **MasterChef Australia** Culinary show.
- **8.00** **Tipping Point**
- **10.00** **Celebrity Tipping Point**
- **11.00** **Property Brothers at Home: Drew's Honeymoon House**
- **1.00** PM **Tipping Point**
- **3.00** **Celebrity Tipping Point**
- **4.00** **Property Brothers: Forever Homes**
- **6.00** **DIY SOS: The Big Build**
- **7.00** **Missing Persons Investigation**
- **8.00** **Multiple Birth Wards** 1&2/2. Documentary following couples during multiple pregnancies.
- **10.00** **Women Behind Bars with Trevor McDonald** An inmate who spent 35 years on the run.
- **11.00** **Ambulance Australia**
- **1.00** AM **The School That Tried to End Racism Australia** Documentary.
- **1.50** **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.25** AM **Pie in the Sky**
- **8.20** **Classic Doctors**
- **9.35** **Holby City**
- **10.35** **Classic Casualty**
- **11.40** **The Bill**
- **12.40** PM **Classic EastEnders**
- **2.00** **Pie in the Sky**
- **3.00** **Hamish Macbeth**
- **4.10** **Lovejoy**
- **5.25** **'Allo 'Allo!**
- **6.00** **Birds of a Feather**
- **6.40** **Last of the Summer Wine** Double bill.
- **8.00** **Shakespeare & Hathaway: Private Investigators** (S2)
- **9.00** **NEW SERIES Outrageous** *The Gathering Storm:* 1/6. Period drama. *See feature, page 6.* (S1) ■ Entire series on U
- **10.00** **New Tricks** *Mad Dogs.*
- **11.20** **Bergerac**
- **12.35** AM **Darby and Joan**
- **1.30** **The South Westerlies**
- **2.35** **Birds of a Feather**
- **3.05** **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Merseyside.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Help! My House Is Haunted** New edition Clare has moved seven times, but sinister spirits have plagued each home. The team discover that teenage dabbling could be to blame for her terrible luck.
10.00 **The Osbournes Want to Believe** Jack Osbourne shows Ozzy and Sharon more videos of unexplained events.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Game show.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **War in the Atlantic**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
3.10 **FILM Jesse James** Western. (1939, U, 106min) ★★★
5.30 **FILM Battle of Rogue River** Western. (1954, PG, 90min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM The Lost Battalion** World War One drama. (2001, 15, 92min) ★★
11.05 **FILM Extraction** Action thriller with Kellan Lutz. (2015, 15, 88min) ★
1.05 AM **FILM End of the World** Sci-fi comedy. (2013, 12, 85min) ★★★
2.50 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Gone Daughter Gone** Crime thriller. (2020, PG, 87min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Cry for Justice** Fact-based drama. (2013, 12, 107min) ★★
3.00 **FILM Erasing His Past** Thriller. (2019, PG) ★★
5.05 **FILM A Martha's Vineyard Mystery: Ships in the Night** Drama. (2021, PG, 89min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Con Air** Thriller starring Nicolas Cage and John Cusack. (1997, 18, 115min) ★★★★
11.35 **FILM Alpha Dog** Drama starring Ben Foster. (2006, 15, 117min) ★★
2.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM The Daughter Stalker** Thriller. (2020, PG, 86min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM A Starstruck Christmas** Drama. (2021, U, 105min) ★★
10.05 **FILM Christmas in Paris** Drama. (2019, PG) ★★
12.05 PM **FILM Marry Me at Christmas** Drama. (2017, PG, 90min) ★★
2.00 **FILM A Royal Christmas Ball** (2017, U) ★★
3.55 **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
5.55 **FILM Christmas at Graceland** Drama. (2018, U, 85min) ★★
8.00 **FILM Christmas Song** Drama. (2012, PG) ★★
10.00 **FILM Christmas on 5th Avenue** Festive drama. (2021, PG, 90min) ★★
12.00 M'T **FILM My Christmas Fiancé** Festive drama. (2022, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Royal Christmas Ball** Drama. (2017, PG) ★★
+1 hour 320 317

Rewind TV
182 92 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 7/13. (S2)
2.30 **Haggard** 5/7. (S2)
3.00 **Bramwell** 7/7. (S1)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 9/11. (S5)
6.30 **Thick as Thieves** (S1)
7.00 **Brass** 7/13. (S2)
7.30 **Haggard** 5/7. (S2)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 2/21. (S4)
9.30 **Soap** 17/25. (S1)
10.00 **Thick as Thieves**
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** 7/7. (S1)
1.00 AM **Dark Skies** (S1)
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An alleged criminal is trapped out at sea. **8.00** A captain faces what might spell the end of a storied career.
9.00 **Expedition X** Paranormal activity at Lake Superior.
10.00 **Expedition Unknown** Josh has a fresh lead on a shipwreck with a potential treasure haul.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Northern Exposure**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes**
9.30 **Rick's Fruits of the Sea**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Northern Exposure**
2.00 **James Martin**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Food Heroes**
5.30 **Rick's Fruits of the Sea**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/22. (S6)
9.00 **The Fall Guy** 8/23. (S1)
10.00 **Knight Rider** 21/24. (S2)
11.00 **FILM The Black Torment** Gothic horror. (1964, 15, 85min) ★★★
12.45 PM **FILM Zulu** Historical action adventure. (1963, PG, 138min) ★★★★★
3.25 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
5.00 **Star Trek** 3/26. (S2)
6.00 **Knight Rider** 22/24. (S2)
7.00 **The Fall Guy** 9/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM PREMIERE Inside Out** Drama with Triple H. (2011, 12, 93min) ★★
10.55 **FILM They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
12.55 AM **FILM Stratton** Thriller. (2017, 15) ★★
2.50 **to 4.45** AM **FILM Interview with a Hitman** Action thriller. (2012, 18, 95min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **Delete** Thriller.
8.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
10.00 **The Lost World** (S2)
11.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
1.00 PM **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 3/25. (S3)
5.00 **Delete** Sci-fi thriller.
7.00 **The Lost World** (S2)
8.00 **The A-Team** 4/25. (S3)
9.00 **FILM Extreme Prejudice** Action thriller. (1987, 18, 104min) ★★
11.05 **FILM The Most Dangerous Game** Mystery thriller. (2022, 15, 95min) ★★
1.00 **to 3.00** AM **FILM The Final Wish** Horror thriller. (2019, 15, 95min) ★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Mirage Men**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Scotland: A Year in the Wild** Autumn arrives.
11.00 **Ben Fogle: New Lives in the Wild** Croatia.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet: Herriot Land to the Highlands**
2.00 **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The presenter visits the Firth of Clyde.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a photographer living off the land in Oregon.
9.00 **Inside the Four Seasons: Park Lane**
10.00 **Grace Kelly: The Hollywood Years**
11.15 **Prisoner: Cell Block H**
1.15 **to 4.00** AM **Private Eyes**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Tuscany.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Flip This Dump: Million Dollar** New edition Nancee Nayab and Michael Marinelli take on a disaster of a home in Chula Vista, California.
10.00 **Fixer to Fabulous** Dave and Jenny Marrs rebuild a home filled with countless memories.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Breaking New Ground** New edition Robert goes on a mission.
9.00 **Trixie Motel: Drag Me Home** New edition
10.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** From Tahiti.
12.00 NOON **The Ren & Stimpy Show** (S2)
1.00 PM **Friends** (S4)
7.30 **Friends** 21/24. Ross and Rachel reminisce. **8.00** 22/24. Joey loses Ross's wedding ring. **8.30** 23/24. Part one of two. Ross goes to England to marry Emily. (S4)
9.00 **FILM Just Go With It** Romantic comedy. (2011, 12, 117min) ★
11.20 **Whose Line Is It Anyway? USA**
12.20 AM **South Park** (S7)
1.20 **Key & Peele**
1.50 **Beavis and Butt-Head**
3.05 **Demetri Martin: Standup Comedian**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 2&3/13. (S3)
11.00 **Friends** (S1&2)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 3/12. (S2)
3.00 **Daria** 4&5/13. (S3)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 12/18. Mike is so impressed with Mandy's new boyfriend that he offers him a job. **8.30** 13/18. Mike discovers Boyd is no longer a Baxter. (S2)
9.00 **Friends** (S3&4)
2.00 AM **The Ren & Stimpy Show** 8&7/21. (S5)
3.00 **Al Murray: The Only Way Is Epic**
3.45 **Teachers** 1&2/10. (S1)
4.30 **Rose Matafeo: Horndog**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *He Is Risen Indeed:* 6/8. Nica presses on with her plan. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Johnny Vegas.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Skin A&E** Documentary.
10.00 **Jersey Shore Family Vacation** New edition Vinny does his first out-of-state comedy show.
11.00 **The Challenge: Untold History**
12.00 M'T **Ridiculousness** New edition Rob and Steelo find out why you should get a ladder when working up high.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Dual Survival**
8.00 **Marooned with Ed Stafford**
11.00 **Naked and Afraid**
1.00 PM **Survive That!**
2.00 **Bear Grylls: Born Survivor** 1/2. Surviving in the Sahara. **3.00** 2/2. Bear has to skin and disembowel a dead camel. **4.00** Bear visits the forests of Transylvania in Romania. **5.00** The former soldier parachutes into Turkey. **6.00** A behind-the-scenes look at some of the adventurer's riskiest stunts.

9.00 Naked and Afraid: Last...

7.00 **Marooned with Ed Stafford** Ed Stafford struggles to survive in the dense jungles along Colombia's Orinoco River.

8.00 **Marooned with Ed Stafford** Ed must navigate razor-sharp rocks among the karst spires of Guangxi China.

9.00 **Naked and Afraid: Last One Standing** New edition Laura finds a shocking animal nest, the camps race to build spring snare traps, Patrick and Jermaine clash over hunting tactics, and a competitor goes home.

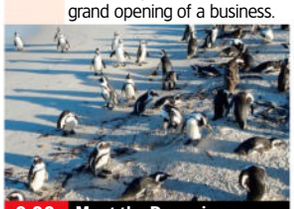
11.00 **Border Control: Spain** Double bill of the documentary following the work of the Security and Customs Services.
12.00 M'T **Naked and Afraid** A survivalist postpones her wedding to attempt to make it 21 days in the wild.
2.00 **to 5.00** AM **Naked and Afraid**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked** A 24ft tank.
1.00 PM **Pit Bulls & Parolees**
2.00 **Project Grizzly** Double bill.
4.00 **My Cat from Hell** A cat that sprays all over the house.
5.00 **Lone Star Law** A report is received regarding the illegal dumping of deer carcasses.
6.00 **Tanked** Wayde and the team build a surprise fish tank for the grand opening of a business.



9.00 Meet the Penguins

7.00 **Pit Bulls & Parolees** Two puppies diagnosed with swimmer's syndrome take their first steps with help from Tania and Mariah.

8.00 **Meet the Orangutans** A member's surrogate attachment causes issues. **8.30** There is a baby boom at the sanctuary.

9.00 **Meet the Penguins** The odds are stacked against an abandoned chick. **9.30** A leopard attack leaves 33 penguins dead.

10.00 **Edge of Alaska** Neil is on the brink of reopening the Motherlode mine for tourism, but a new arrival puts his empire at risk.

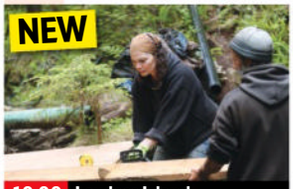
11.00 **Sharkwrecked: Crash Landing** A unique exploration of the world's most remote and shark-infested waters.
12.00 M'T **Sharktacular 2016**
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Pirates: Behind the Legends** Double bill.
2.00 PM **Eyewitness WWII: Invasion Italy**
3.00 **Inside the SS** Documentary.
4.00 **Drain the Oceans: Rise of the Roman Empire**
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend rescue a 1989 Peugeot 205 GTi.
6.00 **Nazi Megastructures: America's War** The surprise air attack on Pearl Harbor.



10.00 Lawless Island

7.00 **Air Crash Investigation** Investigating the catastrophic events aboard Reeve Aleutian Airlines Flight 8 in 1983.

8.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore an Aston Martin DB6 for an oil worker.

9.00 **Car S.O.S** The boys pick up a 1978 JCB digger belonging to former carpenter Kev, who suffered two heart attacks.

10.00 **NEW SERIES Lawless Island** The villagers of Port Protection are back to paving with good intentions.

11.00 **Air Crash Investigation**
12.00 M'T **Stanford Prison Experiment: Unlocking the Truth** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A unique gun.
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** A Fiat Microcar.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Digging for Britain**
3.00 **Curse of the Ancients**
4.00 **Pawn Stars** Rick gets his hands on a pretty stellar coin.
5.00 **History's Greatest Mysteries** The sinking of the *Titanic*.
6.00 **American Pickers**

9.00 The UnBelievable

7.00 **Forged in Fire** Four smiths are tasked with recreating a fighting knife from the 20th century – the Fairbairn Sykes.

8.00 **Swamp People** New edition Troy and Pickle must break the King of the Swamp's number one rule.

9.00 **The UnBelievable with Dan Aykroyd** New edition The link between sword swallowers and modern endoscopy.

10.00 **Alien Corridors** A team of multi-disciplined experts investigate what Alien Corridors are and what they mean.

11.00 **What on Earth?** Documentary exploring anomalies appearing on satellite images.
12.00 M'T **Strange Evidence** Terrifying explosions rock the streets of Manhattan.
1.00 AM **Ultimate Mysteries**
2.00 **The UnBelievable with Dan Aykroyd** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **Adolf Hitler's War**
6.00 **Antiques Roadshow** Fiona Bruce and the team of experts visit to the Old Royal Naval College in Greenwich.

7.00 Great American Railroad...

7.00 **Great American Railroad Journeys** Michael Portillo continues along the Upper Mississippi to Red Wing.

8.00 **Bangers & Cash** Derek picks up a trio of classics – a Morris 8 tourer, a Mini Van and a 1940s Morris LC3 truck.

9.00 **Bangers & Cash: Restoring Classics** The team pay over the odds for a VW Campervan.

10.00 **Bangers & Cash** Dave's son Jack heads off to Cheshire to collect two cars with a 35-year age difference.

11.00 **Bangers & Cash** The team restore a WW2-era Willys Jeep in its original condition.
12.00 M'T **Abandoned Engineering** A look into how Europe's most advanced power station became a film set.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** New edition A community of crystal hunters travel to the far reaches of the Outback to unearth gems.
9.00 **Aussie Gold Hunters** New edition The Mackies receive a six-figure offer for their gold lease.
10.00 **Outback Car Hunters**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A wealthy couple falls victim to a deadly home invasion.
8.00 **Murder She Solved** A woman vanishes on her way to the airport. Two weeks later, her body is discovered.
9.00 **Britain's Most Evil Killers** The case of serial killer Peter Tobin.
10.00 **The Killer You Know** New edition A real estate tycoon's car explodes, killing him.
11.00 **Murder by the Sea** Looking into the murder of Brian Bishop.
12.00 M'T The crimes of Jason Mitchell.
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A murderer is brought to justice 24 years after committing the crime. **4.30** Handwriting experts help with a case after a mother vanishes. **5.00** A professor helps detectives improve the quality of CCTV footage. **5.30** A series of robberies in 1993 in Florida leads to murder. **6.00** Detectives question dated forensic techniques used to secure an arrest. **6.30** Police work to link two cases of alleged murder of two women.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Normans**
9.55 **Thirties in Colour: Countdown to War**
10.55 **The Bush Years: Family, Duty, Power**
11.55 **Women Under Hitler's Flag** Documentary.
1.00 PM **The Normans**
2.15 **Thirties in Colour: Countdown to War**
3.20 **The Bush Years: Family, Duty, Power**
4.15 **Women Under Hitler's...**
5.20 **The Boleyns: A Scandalous Family**
6.35 **The Normans**
7.55 **Thirties in Colour: Countdown to War**
8.50 **The Bush Years: Family, Duty, Power** New edition
9.50 **Women Under Hitler's...**
10.55 **Thirties in Colour: Countdown to War**
12.00 M'T **The Bush Years: Family, Duty, Power**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.00 **Discovering: Claude Rains**
8.00 **The Directors**
8.50 **Breath of Fire**
10.00 **JFK: Destiny Betrayed**
11.05 **Escobar by Escobar**
12.00 NOON **Jackie Stewart**
2.00 PM **QPR: The Four Year Plan**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Claude Rains**
5.50 **Breath of Fire**
7.00 **JFK: Destiny Betrayed** 4/4. An examination of evidence that surrounds Lee Harvey Oswald.
8.05 **Escobar by Escobar** 4/4. The story of the Escobar empire.
9.00 NEW SERIES **The Mortician** 1/3. Documentary looking at the story of Los Angeles' most infamous family-run mortuary.
10.10 **The Body Next Door**
1.00 AM **Wework: How to Lose $30b in Two Weeks**
3.00 **A Choice of Weapons: Inspired By Gordon Parks**
4.45 **My Icon: Martin Offiah**
5.00 **to 6.00** AM **Discovering: Claude Rains**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Undiscovered Vistas**
10.00 **Wild Castles**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Rockies**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Undiscovered Vistas**
4.00 **Wild Castles**
5.00 **Secret Life of the Wombat**
6.00 **Wild Rockies**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas**
9.00 **Arctic from Above**
10.00 **Wild Rockies** The balance between growth and destruction in the forest.
11.00 **Secret Life of the Wombat**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Dogs with Extraordinary Jobs** Documentary.
2.00 **Arabian Seas**
3.00 **Arctic from Above**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **Secret Societies: In the Shadows**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Secret Societies: In the Shadows**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies** A look at UFO activity in central Scotland.
8.00 **Mysteries of the Ancient Dead** An investigation into the secrets of ancient civilisations.
9.00 **Viking Dead** The Viking Ship Museum in Roskilde, Denmark.
10.00 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **Footprints of Civilisation**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Sana Muhammad.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Pacific Ocean Paradise**
3.00 **Paradise Islands**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Huge, 100lb snakes are treated.
8.00 **Europe from Above: Spring** Highlights from the series.
9.00 **Secrets of the Penguins** In the Southern Ocean, penguins break the rules to find their edge.
10.00 **Ice Road Rescue** Thord and Bjoern battle one of Norway's biggest storms in a decade.
11.00 A collision between two trucks blocks an ambulance.
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Steven Avery: Innocent...**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Steven Avery: Innocent or Guilty?** An investigation into the controversial case featured in Netflix documentary *Making a Murderer*, looking at the man who was convicted in 2007 and sentenced to life imprisonment.
9.00 **Paranormal Declassified** Paul Beban investigates a surge in demonic activity in America.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Great British Railway Journeys** Six editions.
12.00 NOON **Great British Railway Journeys Goes to Ireland**
2.30 PM **Great British Railway Journeys** Eight editions.
6.30 **Great British Railway Journeys Goes to Ireland** Michael Portillo embarks on a railway journey through the Republic of Ireland.
7.00 Michael tries to learn the basics of Ireland's oldest game.
7.30 Michael learns how the railways helped bring motorsport to the masses.
8.00 Michael travels from Newbridge to Roscrea, visiting the Irish National Stud in Tully.
8.30 Michael travels from Athlone to Galway on the final leg of his Irish journey.
9.00 **Great British Railway Journeys** Eight editions.
1.00 AM **Great British Railway Journeys Goes to Ireland**
3.25 **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **Love the Way You Lie**
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
1.00 PM **Broken Trust**
3.00 **Dead Reckoning**
5.00 **Til Death Do Us Part**
7.00 **The Murder Tapes** A look into the case of Donald Lewis, a Milwaukee jazz club owner, who disappeared in October 2016 along with an employee.
8.00 Focusing on the disappearance of Roaa Al-Dhanoon. Detectives had to unravel a complex web of lies that continued to strike fear through the local community.
9.00 **Does Murder Sleep?** A home invasion results in Bill Ross being murdered in his sleep.
10.00 **No One Can Hear You Scream**
11.00 **Born Evil: The Serial Killer & the Saviour** Documentary.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** The team complete work on the 1950s Alvis.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** Henry takes on Croatia's beautiful Dalmatian Coast.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Exhibiting Forgiveness**
8.10 **Home Delivery** As 3.35pm.
9.50 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
11.40 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
1.45 PM **The Wild Robot** Animation. (2024, U, 102min) ★★★★
3.35 **Home Delivery** Thom Harp's comedy. (2023, 15, 86min)
5.15 **The Luckiest Man in America**
7.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★

7.00 Venom: The Last Dance

Venom: The Last Dance (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eydelshteyn, Yura Borisov and Karren Karagulian. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
1.30 AM **The Luckiest Man in America** Fact-based drama starring Paul Walter Hauser. (2024, 15, 90min) ★★★★
3.10 **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
5.00 **to 6.45** AM **Old Guy** Action comedy with Christoph Waltz. (2024, 15, 94min) ★★★

Sky Cinema Originals

303 303 403 503 517

7.15 AM **10 Lives** Animation. (2024, U, 98min) ★★★
8.50 **Extinct** Animated adventure. (2021, U, 84min) ★★★
10.20 **A Sacrifice** As 11.50pm.
12.00 NOON **A Good Person** Drama. (2022, 15, 129min) ★★★★
2.20 PM **Dance First** Drama. (2023, 12, 100min) ★★★
4.10 **The Comeback Trail** Comedy. (2020, 12, 104min) ★★★
6.00 **Gunpowder Milkshake** Action thriller. (2021, 15, 114min) ★★★

9.45 God Is a Bullet

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala in Canary Wharf and take 300 hostages. With Clive Owen. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 God Is a Bullet Action thriller starring Nikolaj Coster-Waldau. A former detective infiltrates the cult that murdered his ex and kidnapped his daughter with the help of its only escapee. (2023, 18, 156min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **A Sacrifice** Drama starring Eric Bana and Sylvia Hoeks. A social psychologist investigates a local cult connected to an unnerving event. (2024, 15, 94min) ★★★
1.35 AM **The Comeback Trail**
3.30 **Gunpowder Milkshake**
5.35 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Minyan** As 11.55pm.
9.30 **The Illusionist** As 10.00pm.
11.30 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
1.30 PM **Touch** Icelandic drama starring Egill Olafsson. Subtitled. (2024, 15, 121min) ★★★★
3.45 **Minyan** As shown at 11.55pm.
5.55 **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★

8.00 **8 Mile** Urban drama starring Eminem and Kim Basinger. (2002, 15, 112min) ★★★
10.00 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. In 1900 Vienna, an enigmatic stage magician engages in a battle of wits and illusions with a ruthless prince over the love of a beautiful aristocrat. (2006, PG, 110min) ★★★★
11.55 **Minyan** Drama with Samuel H Levine. (2020, 15, 130min) ★★★

2.00 AM **Billionaire Boys Club** Drama starring Ansel Elgort. (2018, 15, 108min) ★
3.50 **The Cinema List: Pride**
4.05 **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
5.40 **to 7.10** AM **Speak Like a Child** Drama. (1998, 18, 80min) ★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Ex Machina** As 1.35am.
9.00 **If You Were the Last**
10.40 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
12.30 PM **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
2.20 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
4.00 **Star Trek: Nemesis** Adventure. (2002, 12, 116min) ★★★

6.05 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★
8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★
9.55 **Insidious: Chapter 2** Supernatural thriller sequel starring Patrick Wilson and Rose Byrne. (2013, 15, 103min) ★★★

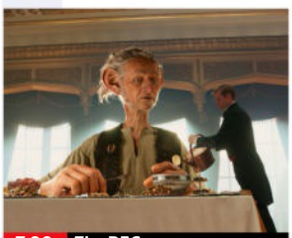
11.45 **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
1.35 AM **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
3.25 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
5.05 **to 6.00** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Soaring to Life: Making of How to Train Your Dragon**
7.40 **Problem Child** (1990, PG) ★
9.10 **Spy Kids 3: Game Over**
10.35 **Yogi Bear** (2010, U) ★★★
12.00 NOON **Ghostbusters: Frozen Empire** (2023, 12) ★★★
2.00 PM **Pan** (2015, PG) ★★★
4.00 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
5.35 **Spy Kids 3: Game Over** Action comedy sequel. (2003, U, 84min) ★★★



7.00 The BFG

7.00 The BFG Fantasy based on Roald Dahl's book, starring Mark Rylance. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Spiderwick Chronicles Fantasy adventure with Freddie Highmore. Three teenage siblings find their great-great uncle's guide to the fantastical world. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 The Muppets Take Manhattan Comedy. (1984, U, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
1.40 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
3.10 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
4.50 **to 7.05** AM **Bicentennial Man** Romantic sci-fi drama. (1999, PG, 131min) ★★★

Sky Cinema Action

307 307 407 507 521

7.45 AM **High Heat** As 1.45am.
9.15 **Game of Death II** As 3.15am.
10.55 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
12.40 PM **Shrapnel** As 12.10am.
2.15 **Swordfish** Action thriller. (2001, 15, 99min) ★★★
4.00 **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
6.00 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel with Brendan Fraser. (2008, 12, 112min) ★★★

6.00 The Mummy: Tomb of...

8.00 The Fall Guy Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. With Aaron Taylor-Johnson and Hannah Waddingham. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Twister Disaster drama starring Helen Hunt and Bill Paxton. An estranged married couple of meteorologists reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shrapnel** Action thriller. (2023, 15, 89min) ★★
1.45 **High Heat** Action comedy. (2022, 15, 84min) ★★★
3.15 **Game of Death II** Adventure. (1980, 18, 96min) ★★★
4.55 **to 6.50** AM **The Bricklayer** Thriller. (2023, 15, 110min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **The Pink Panther Strikes Again** (1976, PG) ★★
8.35 **Drop Dead Fred** As 4.45pm.
10.20 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
12.30 PM **Shakespeare in Love** Comedy. (1998, 15) ★★★★
2.40 **Parenthood** As 5.00am.
4.45 **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
6.30 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★

6.30 Disaster Movie

8.00 Pitch Perfect Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

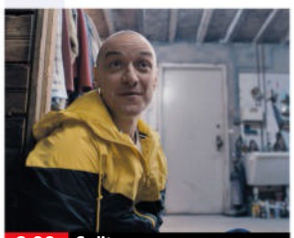
10.00 Revenge of the Pink Panther Comedy sequel starring Peter Sellers. Inspector Clouseau investigates his own failed assassination attempt. (1978, PG, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Money Pit** Comedy. (1985, 15, 91min) ★★★
1.25 AM **Dinner for Schmucks** Comedy starring Steve Carell. (2010, 12, 113min) ★★★
3.25 **Balls of Fury** Martial arts spoof. (2007, 12, 90min) ★
5.00 **to 7.15** AM **Parenthood** Ron Howard's comedy drama. (1989, 15, 124min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
9.30 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
11.50 **The Cinema List: Thrillers**
12.05 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
2.20 **Rashomon** As 12.40am.
3.55 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
5.45 **The Accountant** Thriller. (2016, 15, 123min) ★★★



8.00 Split

8.00 Split Director M Night Shyamalan's thriller starring James McAvoy and Anya Taylor-Joy. After being abducted by a kidnapper with multiple personalities, three young women are engaged in a fight for survival. (2016, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

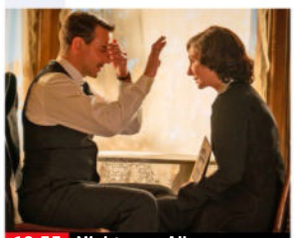
10.05 Sleepers Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Rashomon** Japanese director Akira Kurosawa's classic drama starring Toshiro Mifune. Subtitled. (1950, b/w, 12, 88min) ★★★★★
2.20 **Desperation Road** Thriller starring Garrett Hedlund. (2023, 18, 112min) ★★★★
4.20 **to 6.15** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **A Lawless Street** Western. (1955, U, 78min) ★★
12.40 PM **Picnic** Melodrama. (1955, U, 113min) ★★★
2.55 **Hue and Cry** Comedy. (1946, b/w, U, 82min) ★★★
4.35 **The Emperor's New Clothes** Costume comedy drama. (2001, PG, 107min) ★★★
6.45 **Time Bandits** Fantasy adventure with John Cleese. (1980, PG, 110min) ★★★★



10.55 Nightmare Alley

Time Bandits (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Legion Fantasy thriller starring Paul Bettany and Lucas Black. A rogue angel comes down to Earth to save a pregnant waitress when God launches an apocalyptic campaign against humankind. (2010, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Nightmare Alley Guillermo del Toro's thriller starring Bradley Cooper, Cate Blanchett and Toni Collette. (2021, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.50 **to 3.50** AM **Climax** Psychological horror starring Sofia Boutella. Subtitled. (2018, 18, 95min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **Sky Cinema Preview**
6.45 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
8.40 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★
10.40 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
12.20 PM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★

3.00 **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★
6.00 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. (1974, 18, 200min) ★★★★★
9.30 **GoodFellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★

12.10 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
2.40 **True Romance** Crime thriller scripted by Quentin Tarantino. (1993, 18, 118min) ★★★★
4.45 **to 6.45** AM **Black Dog** Chinese drama with Eddie Peng. Subtitled. (2024, 12, 110min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.25 AM **Through a Glass Darkly**
9.10 **Oh! What a Lovely War** Musical. (1969, PG, 144min) ★★★★
11.40 **The Shawshank Redemption** Prison drama with Tim Robbins. (1994, 15, 142min) ★★★★★
2.05 PM **The Sugarland Express** Steven Spielberg's comedy drama. (1974, PG, 110min) ★★★
4.05 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★

6.00 **...And Justice for All** Satirical comedy starring Al Pacino. (1979, 15, 119min) ★★★
8.00 **Scent of a Woman** Drama starring Al Pacino as a cantankerous blind war veteran who takes his student minder on a wild weekend fling in New York. With Chris O'Donnell. (1992, 15, 157min) ★★★★
10.35 **Midnight Express** Alan Parker's prison drama with Brad Davis. (1978, 18, 120min) ★★★★
12.40 AM **The Italian Job** As 4.05pm.

2.30 **Through a Glass Darkly** Ingmar Bergman's drama. (1959, b/w, 15, 91min) ★★★★
4.10 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
5.45 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Straight Outta Nowhere: Scooby-Doo! Meets Courage...**
8.05 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
9.50 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
11.25 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
1.00 PM **Monsters vs Aliens** Animation. (2009, PG) ★★★

2.40 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
4.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
5.35 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
7.20 **Migration** Animated comedy. (2023, U, 83min) ★★★
8.50 **Two by Two** Animated adventure. (2015, U, 85min) ★★
10.25 **The Inventor** Animation. (2023, PG, 100min) ★★★
12.10 AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★

1.40 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
3.10 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
4.35 **to 6.20** AM **Boonie Bears: Guardian Code** (2023, PG) ★★

Movies 24

312 313 419

7.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
9.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
11.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
1.00 PM **The Boxer and the Butterfly** Romantic drama. (2023, PG, 90min) ★★
3.00 **Fashionably in Love** Romantic comedy. (2023, PG, 87min) ★★

5.00 **Sweeter Than Chocolate** Comedy with Eloise Mumford. (2023, PG, 84min) ★★
7.00 **Be Mine, Valentine** Romantic comedy drama starring Kaitlyn Leeb and Brendon Zub. (2022, PG, 90min) ★★
9.00 **Notes of Autumn** Romantic drama starring Ashley Williams and Luke Macfarlane. A pianist and an author swap homes in the hope of finding inspiration – only to find love instead. (2023, PG, 90min) ★★

11.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
1.00 AM **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
3.00 **to 5.00** AM **A Priceless Love** Drama. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Star of My Night** Romantic drama. (1954, b/w, U, 70min) ★
8.05 **Death Goes to School** Mystery. (1953, b/w, U, 65min) ★★
9.20 **The Jackals** Western drama. (1967, PG, 96min) ★★★
11.10 **Look at Life**
11.25 **River Beat** Crime thriller. (1954, b/w, U, 70min) ★★
12.45 PM **Jane Eyre** Classic drama.

3.00 **Crown Court** Triple bill.
4.30 **Assignment K** Spy thriller. (1967, U, 97min) ★★★
6.25 **Our Weekends in 1949**
6.55 **Those British Faces**
7.30 **The Cheaters** 3/27. (S2)
8.00 **The Brothers** 1/16. (S7)
9.05 **Travelling Man** 7/7. (S2)
10.10 **Night of the Demon** Occult chiller starring Dana Andrews and Peggy Cummins. (1957, b/w, PG, 91min) ★★★★
12.10 AM **Up the Chastity Belt** Comedy. (1971, PG, 94min) ★★

2.00 **The Cater Street Hangman** Victorian thriller starring Eoin McCarthy and Keeley Hawes. (1998, PG, 100min) ★★★
4.05 **Confessions of Boston Blackie** Comic mystery starring Chester Morris. (1941, PG, 65min) ★★★
5.25 **to 6.00** AM **Sherlock Holmes**

THURSDAY Sport 19 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
12.30 PM **LIVE PGA Tour Golf** Coverage of the early stages of the opening day of the Travelers Championship staged at TPC River Highlands in Connecticut.
4.00 **LIVE Women's PGA Championship** Coverage of the opening day of the Major staged at Fields Ranch in Frisco, Texas.
8.00 **LIVE Super League Castleford Tigers v Hull Kingston Rovers.** Coverage of the match from the 15th round of fixtures at Mend-a-Hose Jungle. Kick-off **8.00pm**.
10.15 **LIVE PGA Tour Golf** Continued coverage of day one of the Travelers Championship staged at TPC River Highlands.
11.00 **LIVE Women's PGA Championship** Concluding coverage of day one of the Major at Fields Ranch in Frisco, Texas.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** A replay of Chelsea v Liverpool from 2002/03.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Aston Villa v Newcastle United.
5.30 Action from Aston Villa v Nottingham Forest at Villa Park.
6.00 Bournemouth v Arsenal.
6.30 Bournemouth v Aston Villa.
7.00 Action from Bournemouth v Brentford at Vitality Stadium.
7.30 Brentford v Aston Villa.
8.00 **Gary Neville's Soccerbox**
8.30 **David James: The One and Only** The former England star looks at the past, present and future of goalkeeping.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **SPFL Special: Celtic's Invincibles** The 2016/17 season.
7.00 **Henrik Larsson: 20 Years On**
8.00 **Best Goals: EFL Cup 23/24**
8.30 **EFL Trophy** The 2023/24 final.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **SPFL: Old Firm Derby Best Goals** Celtic and Rangers.
11.30 **SPFL: Edinburgh Derby Best Goals** Hearts and Hibs.
12.00 NOON **EFL Play-Off Final Championship 2015/16**
1.00 PM **EFL Play-Off Final League 1**
2.00 **EFL Play-Off Final League 2**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2017 final.
6.00 **EFL** Championship play-off finals.
8.00 **EFL Rivalries** East Anglian Derby.
8.30 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 M'T **Best SPFL Goals 2024/25**
12.30 AM **Best SPFL Goals 2023/24**
1.00 **Best SPFL Goals 2022/23**
1.30 **Best SPFL Goals 2021/22**
2.00 **SPFL Highlights**
2.15 **SPFL Greatest Games**
3.15 **SPFL Highlights** Recent action.
4.15 **SPFL Greatest Games**
5.15 **SPFL Highlights**
5.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **One-Day International Cricket** England v West Indies.
9.00 **Test Cricket** England v India.
1.55 PM **Best of ICC WT20**
2.25 **LIVE Women's Vitality T20 Blast The Blaze v Lancashire Thunder.** Coverage of the match from Uptonsteel County Ground.
5.45 **Best of ICC WT20**
6.15 **Ashes Greats** Glenn McGrath.
6.25 **LIVE Vitality T20 Blast Cricket Leicestershire Foxes v Notts Outlaws.** The North Group game at Uptonsteel County Ground. Both teams will be looking to improve this season, as the Foxes missed out on the play-offs last year and the Outlaws finished bottom of the table.
9.45 **Best of ICC WT20**
10.00 **Best of England v India**
10.50 **Ashes Greats** Glenn McGrath.
11.00 **Women's One-Day International Cricket**
12.00 M'T **Vitality T20 Blast Cricket**
3.20 AM **Ashes Greats** Adam Gilchrist.
3.30 **Women's One-Day International Cricket**
4.30 **Ashes Greats** Archive action.
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour**
7.00 **US Open** The fourth day.
8.00 **Rose Ladies Series**
8.30 **HotelPlanner Tour**
9.00 **LPGA Tour** LPGA Classic.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour**
12.00 NOON **PGA Tour: The Cut**
12.30 PM **LIVE PGA Tour** The early stages of day one of the Travelers Championship staged at TPC River Highlands, Connecticut.
4.00 **LIVE Women's PGA Championship** Coverage of the opening day of the Major staged at Fields Ranch in Frisco, Texas.
8.00 **LIVE PGA Tour** Continued coverage of day one of the Travelers Championship at TPC River Highlands in Connecticut.
11.00 **LIVE Women's PGA Championship** Concluding coverage of day one of the Major at Fields Ranch. Lexi Thompson held the lead at the end of day one last year in Washington after a four-under par round of 68.
1.00 AM **Rose Ladies Series**
1.30 **HotelPlanner Tour**
2.00 **US PGA Tour**
3.00 **Golf Academy** Nick Faldo.
4.00 **PGA Tour** Archive action.
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of the third day of the first Test in the two-match series from Galle International Cricket Stadium.
1.30 PM **TNT Sports Cricket Reload**
1.45 **LIVE Cycling: Tour of Switzerland** Coverage of the fifth stage of the men's race, a route of 183.5km from La Punt to Santa Maria in Calanca.
4.45 **TNT Sports Cricket Reload**
5.00 **NBA Action** Highlights.
5.30 **MLB Plays of the Week**
6.00 **LIVE MLB New York Yankees v Los Angeles Angels.** Coverage of the American League match from Yankee Stadium. Start-time **6.05pm**.
9.15 **Brothers in Football**
11.00 **UEFA Conference League**
11.30 **NBA Action** Highlights.
12.00 M'T **NBA** A replay of Oklahoma City Thunder v Indiana Pacers in game five of the NBA finals.
1.30 AM **LIVE NBA Indiana Pacers v Oklahoma City Thunder.** Coverage of game six of the NBA finals staged at Gainbridge Fieldhouse. Tip-off **1.00am**.
4.30 **to 5.15** AM **Test Cricket**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
8.00 **Cycling** Tour of Switzerland.
9.00 **IFSC Climbing World Cup Highlights** Recent action.
10.00 **Golden Trail World Series**
10.30 **TCR World Tour Review**
11.00 **LIVE AFL Fremantle Dockers v Essendon Bombers.** Coverage of the match from Optus Stadium in Perth. Bounce-up **11.10am**.
2.00 PM **V8 Supercars Highlights**
4.00 **FIA World Endurance Championship Highlights**
5.00 **Michelin Le Mans Cup Highlights** The third round of the season at Circuit de la Sarthe.
5.30 **European Rally Championship Highlights** The Rally Poland.
6.00 **Test Cricket Highlights**
7.00 **AFL** A chance to see Fremantle Dockers v Essendon Bombers.
8.30 **TNT Sports Reload**
9.00 **LIVE MLB San Francisco Giants v Cleveland Guardians.** The inter-league match from Oracle Park. Start-time **9.05pm**.
12.15 AM **MLB Highlights**
1.15 **Superbike Rewind**
1.30 **Men's Cycling Pro Series**
3.30 **Cycling** Tour of Switzerland.
4.30 **to 6.00** AM **Ultimate Pool**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **State of Origin Rugby League** Recent highlights.
7.00 **Women's State of Origin**
10.00 **State of Origin Rugby League**
11.00 **Fight Night** Whittaker v Cameron.
12.00 NOON **State of Origin Rugby League** Recent action.
1.00 PM **Good Morning Football**
3.00 **Women's State of Origin**
3.45 **My Icon** Martin Offiah.
4.00 **Super League** A match replay.
6.45 **My Icon** Martin Offiah.
7.00 **State of Origin Rugby League**
7.30 **LIVE Super League Castleford Tigers v Hull Kingston Rovers.** Coverage of the match from the 15th round of fixtures staged at Mend-a-Hose Jungle. Rovers claimed a hard-fought 19-18 victory when the teams met at Sewell Group Craven Park in the opening round of fixtures. Kick-off is at **8.00pm**.
10.15 **Fight Night International**
11.15 **Super League Highlights**
12.00 M'T **The Insiders**
1.00 AM **NFL Bitesize Highlights**
2.45 **The Rugby Championship**
4.45 **My Icon** Martin Offiah.
5.00 **State of Origin Rugby League**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
12.30 PM **LIVE PGA Tour Golf** Coverage of the early stages of the opening day of the Travelers Championship staged at TPC River Highlands in Connecticut.
8.00 **LIVE PGA Tour Golf** Continued coverage of day one of the Travelers Championship staged at TPC River Highlands in Cromwell, Connecticut. World number one Scottie Scheffler was the victorious player here last year, defeating Tom Kim in a play-off to win the sixth of seven titles he claimed in 2024.
11.00 **Sky Sports News** A round-up of the evening's sports news.
12.00 M'T **Premier League Darts** Another chance to see night two of the tournament at OVO Hydro in Glasgow, with a format featuring quarter-finals, semi-finals and a final all in one night.
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
7.00 PM **WTA Tennis** A recent final.
8.00 **ATP Tour This Week**
8.30 **WTA Tennis** Madrid Open review.
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **ATP Sizzle Reel 2024**
2.45 **WTA Sizzle Reel 2024**
3.00 **US Open Classic Matches**
4.00 **WTA Tennis** A recent final.
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Recent highlights.
8.00 **Discovery Golf** The latest news.
8.30 **Ultimate Pool** Pairs Cup.
10.00 **Superbike World Championship**
11.00 **FIM Speedway Grand Prix**
12.00 NOON **FIA World Endurance Championship Highlights**
1.00 PM **MLB Highlights**
2.00 **TCR World Tour Review**
2.30 **LIVE Cycling: Tour of Belgium** The second stage.
4.45 **No Filter Cycling**
5.00 **NBA** Game five of the finals.
6.30 **Discovery Golf**
7.00 **T100 Triathlon World Tour**
8.00 **Cycling** Recent highlights.
11.00 **Sign Up – Into Football**
11.30 **FIA World Endurance Championship Highlights**
12.30 AM **Michelin Le Mans Cup**
1.00 **European Rally Championship**
1.30 **V8 Supercars Highlights**
3.30 **AFL** Dockers v Bombers.
5.00 **to 6.00** AM **IFSC Climbing World Cup Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Classic Premier League**
10.00 **Men's Cycling Pro Series**
11.00 **Cycling** Tour of Switzerland.
12.00 NOON **Men's Cycling Pro Series**
1.00 PM **LIVE Cycling: Route d'Occitanie** Coverage of stage two of the men's race, a 195.8km route from Gignac Vallée de L'Herault to Carmaux Ségala.
3.00 **MotoGP Classics** Action from the 2019 Grand Prix of Italy.
4.00 **MotoGP Highlights** The 2023 and 2024 Grand Prix of Italy races.
6.00 **Superbike World Championship Highlights**
7.00 **FIM Speedway Grand Prix Highlights** Action from the fourth round of the season in Manchester.
8.00 **Classic Premier League**
8.30 **Test Cricket Highlights**
9.30 **AFL** A chance to see Fremantle Dockers v Essendon Bombers.
11.00 **Fishing: On the Bank**
12.00 M'T **MotoGP Classics**
4.00 **to 6.00** AM **MotoGP Highlights**

Premier Sports 1

419 551

6.00 AM **Asian Le Mans Series**
7.00 **World Surf League**
8.00 **Transworld Sport** Magazine.
9.00 **FIA World Endurance Championship** From Le Mans.
10.00 **DTM Highlights** In Zandvoort.
11.00 **Motorsport** Le Tour Auto.
11.30 **UK Independent Kart Racing**
1.00 PM **NHL Tonight**
2.00 **Sporting Countdowns**
2.30 **British Minibikes** Round two.
4.30 **Motorsport** Le Tour Auto.
5.00 **FIM Sidecarcross**
6.00 **Transworld Sport** Magazine.
7.00 **Ultimate Karting Championship**
8.00 **World Surf League**
9.00 **Motorsport** Drew Gibson.
10.00 **Le Marathon des Sables**
10.30 **Transvulcania** Ultramarathon.
11.00 **UK Independent Kart Racing**
12.30 AM **British Minibikes**
2.30 **NASCAR Highlights**
3.30 **DTM Highlights** In Zandvoort.
4.30 **PSA Squash Highlights**
5.30 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

6.00 AM **CONMEBOL World Cup Qualifiers** Ecuador v Brazil.
8.00 **Top 14 Rugby Union**
10.00 **Bike World** Magazine.
10.30 **Temples of Sport**
11.00 **NHL Ice Hockey** Stanley Cup.
1.00 PM **Temples of Sport**
2.00 **United Rugby Championship**
4.00 **GP Confidential**
4.30 **Temples of Sport**
5.00 **CONMEBOL World Cup Qualifiers** Brazil v Paraguay.
7.00 **Top 14 Rugby Union**
9.00 **LaLiga Specials**
9.15 **CONCACAF Gold Cup**
11.15 **LaLiga Specials**
11.45 **LIVE CONCACAF Gold Cup Trinidad and Tobago v Haiti.** Group D match. Kick-off **11.45pm**.
1.45 AM **LaLiga Match Highlights**
2.15 **LIVE CONCACAF Gold Cup Saudi Arabia v USA.** K-o **2.15am**.
4.15 **LaLiga Specials**
4.30 **Football's Greatest**
5.30 **to 6.00** AM **GP Confidential**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis** The S-Hertogenbosch Open finals.
10.00 **US Open Golf** Recent action.
2.00 PM **PL Greatest Games**
3.00 **Fight Night** Two bout replays.
5.00 **Indycar** From Madison, Illinois.
6.00 **NBC's Pro-Football Talk**
8.00 **US Open Golf** Days two to four.
11.00 **PL Greatest Games**
12.00 M'T **Super League**
2.45 AM **EFL Greatest Games**
4.00 **PGA Tour Golf** Archive action.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Indy NXT** Recent action.
7.15 **Indycar** From Madison, Illinois.
9.45 **F1 Academy Highlights**
12.45 PM **Formula 1** From Canada.
3.00 **Ted's Notebook**
3.30 **Ted Drives: F1 Car**
3.45 **Craig Slater Behind the Scenes with Ferrari**
4.00 **Indycar** From Madison, Illinois.
5.00 **F1 Academy Highlights**
7.00 **Formula 1** Canadian Grand Prix.
9.15 **Ted's Notebook**
9.45 **Ted Drives: F1 Car**
10.00 **F1 Academy Highlights**
12.00 M'T **Formula 1** From Canada.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

20 June

Evening Planner

Cricket

England v India

Sky Sports Main Event & Sky Sports Cricket, play starts 11am

Coverage of day one of the first Test in the five-match series, from Headingley.

Drama

Joker: Folie à Deux

Sky Premiere, 12.10pm & 8pm

Joaquin Phoenix returns to the screen as the Joker, who is led a merry song and dance by Lady Gaga's Harley Quinn.

Music

Isle of Wight Festival

Sky Arts, Mix & Showcase, from 7pm

The opening day of the festival, featuring main headliner Sting. The weekend's line-up also includes Justin Timberlake.

Documentary

Noel Edmonds' Kiwi Adventure

ITV1, 9pm (box set, ITVX)

Following the presenter as he sets up a hospitality business in New Zealand.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Lost and... †	8.00 Would I Lie to...	8.30 Alison...	9.00 Not Going Out	9.30 The Power of...	10.00 News; Local News	10.40 St Denis...
	102 BBC2	7.00 Today at the Test		8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Couples...	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Noel Edmonds' Kiwi Adventure		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Celebrity Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Supermarket Own-Brands: The Big...		8.00 Susan Calman's Grand Day Out		9.00 Zara & Mike: The People's Royals		10.00 Jeremy Clarkson: Outrageous...	
	106 SKY SHOWCASE	7.00 The Simpsons	7.30 Isle of Wight Festival			9.00 And Just Like That...		10.00 Isle of Wight Festival	
ENTERTAINMENT	115 BBC3	7.00 Becoming...	7.25 Dubai Hustle	8.00 Athletics: Diamond League Paris – Live: The Meeting de Paris				10.00 Freddie Flintoff: Field of Dreams on...	
	116 BBC4	7.00 TOTP: 1998		8.00 TOTP: 1986	8.30 TOTP: 1976	9.15 Elton John at the BBC		10.15 Madonna at the BBC	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Family Guy	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Film: The Inbetweeners Movie			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Mare of Easttown		10.05 The Wire	
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours		10.20 Harry Enfield and...	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	7.05 Junk and Disorderly		8.05 Beat the Chasers		9.05 Film: Jaws			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.05 Rob Beckett's Smart TV		9.00 Peacemaker		10.00 Film: Law Abiding Citizen	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.20 Death in Paradise...	
	130 SKY ARTS	7.00 Isle of Wight Festival							
	132 U&W	7.00 Missing Persons Investigation		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Hunting Atlantis		8.00 Mummies Unwrapped		9.00 Expedition Files		10.00 Discovery...	10.30 Border...
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Airport Security: Rome		10.00 Amsterdam Central 24/7	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Lost U-Boats of WWII		9.00 Rome's Bloodiest Dynasty: The First...		10.00 UFOs: The Lost Evidence	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	‹ 6.55 The Mortician		8.00 100 Foot Wave		9.00 Kurt Cobain: Montage of Heck			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 A Nice Indian Boy		8.00 Joker: Folie à Deux					10.25 Venom: The Last...
	302 5 STAR MOVIES	‹ 6.20 Planes, Trains and Automobiles		8.00 The Truman Show				10.00 Anora	
	303 ORIGINALS	‹ 6.15 Cleaner		8.00 Fight or Flight			9.45 Silent Night		
	304 GREATS	‹ 5.50 Superman II		8.00 Superman III				10.05 Superman IV – The Quest for...	
	305 ANIMATION	‹ 5.40 The Lego Movie...	7.35 The Lego Ninjago Movie			9.25 Extinct			
	306 FAMILY	‹ 5.40 Jumanji	7.30 Hook				9.55 Bicentennial Man		
	307 ACTION	‹ 6.10 The Fast and the Furious: Tokyo Drift		8.00 Baby Driver				10.05 Terminator Salvation	
	308 COMEDY	‹ 5.55 It's Complicated		8.00 Pitch Perfect 2				10.00 Balls of Fury	
	309 THRILLER	‹ 6.05 Out of the Blue		8.00 Ocean's Eight				10.00 Marnie	
	310 DRAMA	‹ 6.10 Charlie Wilson's War		8.00 P.S. I Love You				10.10 Poison	
	311 SCI-FI	‹ 6.15 I Am Legend		8.00 28 Days Later..				10.00 Kong: Skull Island	
	313 FILM4	‹ 6.15 Legends of the Fall				9.00 The Green Mile			
SPORT	401 MAIN EVENT	7.00 British and Irish Lions Tour – Live: British & Irish Lions v Argentina (Kick-off 8.00)							
	402 PREMIER LEAGUE	7.00 SNF		8.00 Gary Neville's Soccerbox		9.00 Drink It In: The Rise of Man City		10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	‹ 6.45 Vitality T20 Blast Cricket – Live: Surrey v Middlesex						10.00 Best of ICC...	10.30 Test Cricket
	410 TNT SPORTS 1	7.00 MLB – Live: Chicago Cubs v Seattle Mariners (Start-time 7.20)							10.30 Sign Up – Into...
	411 TNT SPORTS 2	‹ 6.15 Test Cricket...	7.30 AFL			9.00 MotoGP	9.30 NBA		

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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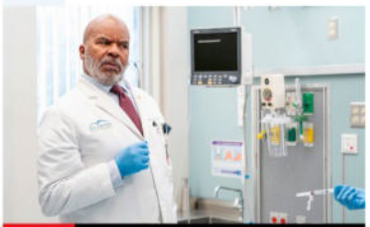
BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition How a torn-up cheque helped solve the case of a missing child. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** New episode 5/6. Daisy struggles to get everyone back on track. (S1) (S)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Revisiting gardens in Cheltenham, West Sussex and Hampshire. (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



10.40 St Denis Medical

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Lost and Found in the Lakes** The detectorist team search for a wedding ring lost during a family holiday on the shores of Derwent Water. (S)(R)(AD)

8 PM
8.00 **Would I Lie to You?** With guest panellists Tom Allen, Geoff Norcott, Vicki Pepperdine and Esme Young. (S)(R)(AD)
8.30 **Alison Hammond's Big Weekend** Series finale 6/6. With Tony Bellew. (S)(AD)
■ Entire series on BBC iPlayer

9 PM
9.00 **Not Going Out** New episode 2/6. Lee brings home a sex doll. (S14) (S)(AD)
■ Entire series on BBC iPlayer
9.30 **The Power of Parker** New episode 4/6. Kath has a run-in with the police. (S2) (S)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode 5/18. Alex is nervous about having to fire someone. (S1) (S)(AD)
■ Entire series on BBC iPlayer
11.00 **St Denis Medical** New episode 6/18. It's Christmas at St Denis, and Alex and Ron have made a new friend. (S1) (S)(AD)
11.25 FILM **I Give It a Year** Romantic comedy starring Rose Byrne and Rafe Spall. A newly married couple's relationship comes under strain. With Anna Faris and Simon Baker. (S)(AD) (2013, 15, 90min) ★★★
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Garden Rescue** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Day five of the men's grass-court tournament at Queen's Club, featuring the singles quarter-finals. (S)
6.00 **Richard Osman's House of Games** With Kaye Adams, Alex Brooker, Isy Suttie and Kiell Smith-Bynoe. (S)(R)
6.30 **Robson Green's Weekend Escapes** Robson, his brother David and uncle Matheson go on a boat trip in Yorkshire. (S)(R)(AD)

9.00 Hidden Treasures of the...

7.00 **Today at the Test** England v India: Action from day one of the first Test in the five-match series at Headingley Cricket Stadium. The teams last met in this format in early 2024, when India claimed a 4-1 series win on home soil. (S)

8.00 **Gardeners' World** New edition Frances Tophill explores Damson Farm, a magical garden set in the Somerset countryside, and Adam Frost meets a grower who adapted her garden to cope with annual floods. (S)

9.00 **Hidden Treasures of the National Trust** Series finale 6/6. At Lanhydrock in Cornwall, a 35-metre decorated ceiling needs saving, while in Warwickshire, Coughton Court has its roof and facades repaired. (S)(AD)

10.00 NEW SERIES **Couples Therapy** Dr Orna Guralnick helps Alison and Rod unpack their history of explosive bickering. (S)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 FILM **The Adventures of Priscilla, Queen of the Desert** Comedy with Terence Stamp, Hugo Weaving and Guy Pearce as a trio of drag artists travelling across Australia. (S) (1994, 15, 100min) ★★★★
12.40 AM **Murder 24/7** (S)(R)(AD)
1.40 **Sign Zone: Panorama: Funfairs – How Safe Are They?** (S)(R)
2.10 **Sign Zone: Who Do You Think You Are?** Diane Morgan. (S)(R)(AD)
3.10 **Sign Zone: Death Valley** (S)(R)
3.55 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
1.00 PM **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **Racing: Royal Ascot** Francesca Cumani and Ed Chamberlin present coverage of the fourth day of the festival, featuring the 4.20 Coronation Stakes. Analysis from Jason Weaver, Ruby Walsh and Megan Nicholls, reports by Matt Chapman, Rishi Persad, Oli Bell and Luke Harvey, and commentary by Richard Hoiles and Mark Johnson. *Continues on ITV4.* (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Victoria warns Robert, Cain is devastated, while Paddy enlists Bob's help. (S)(AD)

8.00 **Coronation Street** Debbie is forced to tell the truth after collapsing in front of her family, Theo invites Millie to stick around, Bernie encourages Aadi to have more fun, while Dee-Dee and James disagree over Laila. (S)(AD)

9.00 NEW SERIES **Noel Edmonds' Kiwi Adventure** 1/3. The veteran presenter and wife Liz work on their New Zealand restaurant, and try to turn their vision into a success. *See feature, page 20.* (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Diamonds Are Forever** James Bond adventure starring Sean Connery and Jill St John. British secret service agent 007 goes on the trail of smuggled diamonds and discovers a world-threatening conspiracy. With Lana Wood. (S)(AD) (1971, PG, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Teleshopping**
3.00 **The British Airways Killer** 1/2. Documentary examining the disappearance of Joanna Simpson in 2010. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 6-9/24. (S2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** In Pennsylvania. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Nigel and Diane set off to the Standedge Tunnel, but unexpected news alters their plans. (S)(R)(AD)
5.00 **Chateau DIY** Janet and Philip battle the elements to put on a special dinner party. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** The owners of a rural retreat in Andalucia prepare to host their first wedding. (S)(R)

2.10 Countdown

7.00 **News** (S)

8.00 **Millionaire Hoarders** New edition Experts Ronnie and Katie help hoarder Shane reduce the many collections he's grown over the past 50 years, while Ed helps Luigi unlock the financial potential of his key collection. (S)(AD)

9.00 **Celebrity Gogglebox** New edition Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, sharing their views on what they have been watching during the week. (S)(AD)

10.00 **Open House: The Great Sex Experiment** New edition 7/8. Married couple Sharmayne and Jamie struggle with the idea of sleeping with other people, while gay couple Simon and Chris try having sex with women. (S)(AD)
11.05 FILM **Team America: World Police** Trey Parker and Matt Stone's spoof of Hollywood action movies, performed by puppets. (S)(AD) (2004, 15, 110min) ★★★★
12.55 AM FILM PREMIERE **Sheroes** Comedy adventure starring Sasha Luss. (S) (2023, 18, 95min) ★★
2.30 NEW **Iris Prize Best British Shorts** *Rejoyce!* (S)(AD)
2.45 **Ramsay's Hotel Hell** (S)(R)(AD)
3.35 **to 6.00** AM **Come Dine with Me**

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **You Killed My Husband!** Thriller starring Dey Young. (S) (2021, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Singer Sean and girlfriend Emma celebrate their first anniversary. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall comes to the aid of three generations of a family whose lives are being disrupted by a running feud between two of their dogs. (S)(R)
6.55 **News** (S)

8.00 Susan Calman's Grand Day...

7.00 **Supermarket Own-Brands: The Big Taste Test** Mr Motivator and a panel of three consumers taste test supermarkets' own healthier options. (S)(R)
7.55 **News** (S)

8.00 **Susan Calman's Grand Day Out** New edition Susan explores Bridlington in East Yorkshire, enjoying all the fun of the fair, joining a women's cricket team and exploring a model village with singer Sinitta. (S)

9.00 **Zara & Mike: The People's Royals** A profile of Zara and Mike Tindall, revealing how they got together, carved out their own successful careers and supported each other along the way. (S)(R)

10.00 **Jeremy Clarkson: Outrageous Behaviour** The inside stories of scandals surrounding the TV presenter, including a diplomatic incident in Argentina, insulting a prime minister and punching Piers Morgan. (S)(R)

12.00 M'T **Reuben Owen: Life in the Dales** (S)(R)
1.00 AM **Car Pound Cops: Give Me My Car Back!** (S)(R)
1.30 LIVE **Football: FIFA Club World Cup** Bayern Munich v Boca Juniors: Kick-off is at 2.00. (S)
4.15 **Friends** (S6) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 1/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *The Blue and the Grey:* Marge allows her hair to turn grey. (S)(R)
5.30 *Loan-a-Lisa:* Grampa decides to give each member of the family $50. (S)(R)
6.00 **The Office (US)** 22/26. Andy plans to give Erin the perfect Secretary's Day. (S)(R)
6.30 23/26. Michael misreads Donna's body language during a sales pitch. (S6) (S)(R)

9.00 And Just Like That...

7.00 **The Simpsons** *The Scorpion's Tale:* Lisa discovers the calming properties of a patch of wild flowers. (S)(R)

7.30 NEW **Isle of Wight Festival** Coverage of The Corrs' set on the Main Stage at Seaclose Park in Newport. **8.10** Coverage of singer-songwriter Amy Macdonald's set on the Main Stage. **8.30** Example's set from Thursday at Seaclose Park. *See feature, page12.* ■ Continues at 10.00pm

9.00 **And Just Like That...** New episode 4/12. *Sex and the City* revival catching up with the lives of Carrie, Charlotte and Miranda. Stars Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)

10.00 NEW **Isle of Wight Festival** Coverage of Sting's headline set on the Main Stage at Seaclose Park in Newport. **10.45** Coverage of singer-songwriter Dean Lewis's set in the Big Top.

11.10 NEW **Isle of Wight Festival** Faithless perform on the Main Stage at Seaclose Park. **12.20** AM Friday's highlights. **12.40** Clean Bandit's headline set in the Big Top.
1.00 **Sex and the City** (S6) (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 1/18. (S4) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward: Rural issues. (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Suzie Lee's Great Food Made Simple Series finale (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking: Spectacullar Southern Structures New edition (S)
10.40 Rewind: 60 Years of Welsh Pop – Merthyr Special New edition (S)
11.10 St Denis Medical New episodes (S) **11.55** FILM I Give It a Year (S) (AD) (2013, 15, 90min) ★★★ **1.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.30** Cymry ar Gynfas **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Rhondda **6.30** Garddio a Mwy **7.00** Newyddion a'r Tywydd **7.30** LIVE Clwb Rygbi **10.20** Ar Led New edition **10.45-11.50pm** Gogglebocs Cymru

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Becoming Glinda with Ariana Grande** *Wicked* star Ariana Grande discusses the movie with Ali Plumb.
7.25 **Dubai Hustle** Adam has an ace up his sleeve, Kerris gets a grilling from the Queen of the Palm, and Natasha has a huge decision to make.
7.55 **The Catch Up**
8.00 LIVE **Athletics: Diamond League Paris** Coverage of the Meeting de Paris, the eighth meeting of the season staged at Stade Sébastien Charléty, as many of the world's leading athletes return to the city that hosted last year's Olympics.
10.00 **Freddie Flintoff: Field of Dreams on Tour** 4/4. The boys head to India's oldest cricket club to take on their toughest opponents yet.
11.00 **Ladhood** 1&2/6. (S1)
11.50 **Drugs Map of Britain**
12.50 AM **What It Feels Like for a Girl** 5&6/8. (S1)
2.25 **Angels of the North**
3.25 **to 3.55** AM **Smoggie Queens**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring Peter Andre, Lighthouse Family, Radiohead, OTT, Backstreet Boys and Oasis. **7.30** Performances by All Saints, Chumbawamba, Robbie Williams, Catatonia, Juliet Roberts and Usher.
8.00 **TOTP: 1986** With Amazulu, A-ha, The Housemartins and Doctor & The Medics.
8.30 **TOTP: 1976** Featuring The Real Thing, Johnny Nash, Art Garfunkel and Pilot.
9.15 **Elton John at the BBC** A selection of interviews, news clips and performances from throughout the singer's illustrious career.
10.15 **Madonna at the BBC** A look back at a selection of the pop star's appearances on a range of BBC shows.
11.15 **Tina Turner at the BBC** Footage of the singer's performances on BBC shows.
12.15 AM **David Bowie at the BBC Radio Theatre**
1.15 **TOTP: 1998** Double bill.
2.15 **TOTP: 1986** As 8.00pm.
2.45 **to 3.30** AM **TOTP: 1976**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun: Where Are They Now?**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Edinburgh.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend work on a Bedford HA ice-cream van. **6.55** Tim and Fuzz head to Leicester to secretly restore a Mk 3 Ford Cortina.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer and Kirstie Allsopp try to help Gareth and Tina, who live in a flat on the River Thames in central London.
9.00 **The Sommerdahl Murders** New episode 3&4/8. When a teacher at an alternative school is murdered while rehearsing for *Romeo and Juliet*, it turns out that she was romantically involved with someone at the station. Subtitled. (S2)
11.00 **24 Hours in A&E** A mechanic is rushed in after being crushed against a brick wall by his own car
12.00 M'T **999: On the Front Line** A diabetic woman is trapped in a three-car pile-up on the M6.
1.05 AM **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition The guests are still without provisions, but two deckhands save the day by securing a surprise from a neighbouring boat.
9.00 FILM **The Inbetweeners Movie** Movie spin-off from the popular TV comedy series starring Simon Bird, James Buckley, Blake Harrison and Joe Thomas. (2011, 15, 97min) ★★★★
11.00 **Naked Attraction's Best Naughty Bits**
12.00 M'T **The Big Bang Theory**
1.00 AM **Brooklyn Nine-Nine**
2.00 **The Goldbergs**
2.55 **Modern Family**
3.25 **Below Deck: Mediterranean**
4.15 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

- 6.00 AM **Road Wars**
- 7.00 **Brit Cops: Law & Disorder**
- 8.00 **Border Patrol**
- 9.00 **Border Security: Canada's Front Line** Double bill.
- 10.00 **UK Border Force**
- 11.00 **Stop, Search, Seize**
- 12.00 NOON **The Good Doctor** (S6)
- 1.00 PM **FBI & FBI: Most Wanted** 18/19. In a crossover episode, Jess LaCroix and his team help OA find a fugitive La Croix arrested years ago. (S2)
- 3.00 **Caught Red Handed**
- 4.30 **Nothing to Declare**

9.00 Chicago Fire

Sky Atlantic

108/109 108/109 342 357

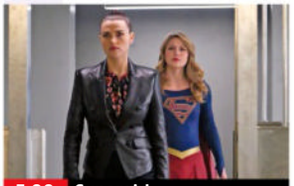
- 6.00 AM **The Guest Wing**
- 8.00 **The Sopranos** 2&3/13. (S4)
- 10.05 **Billions** 11&12/12. (S7)
- 12.15 PM **Game of Thrones** (S6)
- 1.20 **The King** 7&8/8. (S2)
- 3.30 **The Sopranos** 2/13. There are problems on the horizon at the Newark construction site. **4.40** 3/13. Bobby's wife is involved in a car accident. (S4)
- 5.45 **Billions** 11/12. The Prince Cappers' loyalties are tested as the battle comes to a head. **6.50** 12/12. Last-ever episode of the drama series. (S7)

9.00 Mare of Easttown

Sky Max

113/114 109/110 111 346 361

- 6.00 AM **Hawaii Five-0** (S7)
- 8.00 **The Flash** 11/20. (S8)
- 9.00 **Stargate SG-1** (S9)
- 11.00 **Supergirl** 19/22. (S4)
- 12.00 NOON **The Flash** 12/20. (S8)
- 1.00 PM **Hawaii Five-0** (S7)
- 3.00 **NCIS: New Orleans** (S7)
- 4.00 **S.W.A.T.** 1/18. (S4)
- 5.00 **Supergirl** 18/22. Kara finds out more about Lex. (S4)
- 6.00 **Stargate SG-1** 17/20. Foreign diplomats visiting the Gamma Site are put into danger when deadly alien insects escape from containment. (S9)



5.00 Supergirl

ITV2

118 122 115 6 113 6

- 6.00 AM **CITV**
- 7.45 **Dinner Date**
- 8.40 **Olivia Meets Her Match**
- 9.35 **The Only Way Is Essex**
- 10.20 **Real Housewives of Miami**
- 11.15 **Real Housewives of Beverly...**
- 12.05 PM **Dinner Date**
- 1.10 **Olivia Meets Her Match**
- 2.10 **The Only Way Is Essex**
- 3.10 **Million Dollar Listing: LA**
- 4.00 **Real Housewives of Miami**
- 5.00 **Real Housewives of Beverly Hills** New edition
- 6.00 **Celebrity Catchphrase**

10.05 Family Guy

ITV3

119 123 117 10 115 7

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.10 **Where the Heart Is**
- 9.20 **Agatha Christie's Poirot**
- 10.30 **The Royal** As 1.55am.
- 11.35 **Heartbeat** Double bill.
- 1.40 PM **Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.40 **Agatha Christie's Poirot**
- 4.55 **Downton Abbey** 6/9. Blake's scheming starts to come to fruition. (S5)
- 5.55 **Heartbeat** *Fruits of the Earth:* Nick pursues a moorland flasher and drunken hikers.

6.55 Heartbeat

7 PM

Sky Witness — 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

Sky Atlantic — 7.55 **Game of Thrones** *The Red Woman:* 1/10. Ramsay sends his dogs after Theon and Sansa, while Ellaria and the Sand Snakes make their move. (S6)

Sky Max — 7.00 **Stargate SG-1** *Arthur's Mantle:* 18/20. Mitchell and Carter are shifted to a dimension that makes them invisible. (S9)

ITV2 — 7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

ITV3 — 6.55 **Heartbeat** *Rumours:* Nick gets a tip-off about a shopkeeper's unsavoury antics, and Greengrass falls foul of village gossip.

8 PM

Sky Witness — 8.00 **Chicago Med** New episode *Love Will Tear Us Apart:* 8/22. Charles clashes with a former resident. (S10)

Sky Max — 8.05 **Rob Beckett's Smart TV** With Joel Dommett, Jason Fox, Nathaniel Curtis and Hermione Norris.

ITV2 — 8.00 **Million Dollar Listing: LA** The Altmans' tension boils over as Heather rushes to finish the Orange County office.

ITV3 — 8.00 **Midsomer Murders** *With Baited Breath:* Anglers and mud-runners clash at the village of Solomon Gorge with the bitterness leading to someone dying after being electrocuted.

9 PM

Sky Witness — 9.00 **Chicago Fire** New episode *Quickstand:* 8/22. Herrmann and Mouch prepare to take their officer exams. (S13)

Sky Atlantic — 9.00 **Mare of Easttown** *Enter Number Two:* 3/7. Phone records lead Mare and Colin to question an unlikely suspect. (S1)

Sky Max — 9.00 **Peacemaker** *It's Cow or Never:* 8/8. The team must kill the cow before the aliens can finish its teleportation. (S1)

ITV2 — 9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM

Sky Witness — 10.00 **Chicago PD** New episode *Penance:* 8/22. The unit learn the truth about a secret Torres has been keeping. (S12)

- 11.00 **Bull** 9/16. (S5)
- 12.00 M'T **FBI** 3/22. (S4)
- 1.00 AM **FBI: Most Wanted** (S5)
- 2.00 **The Cleaning Lady** (S2)
- 3.00 **The Good Doctor** 16/18. (S5)
- 4.00 **Highway Patrol**
- 5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic — 10.05 **The Wire** *Transitions:* 4/10. Marlo tries to win favour with Vondas and the Baltimore Sun loses a scoop. (S5)

- 11.10 **Homicide: Life on the Street** 14/23. Pembleton and Bayliss investigate the murder when a man is buried alive. (S6)
- 12.05 AM **Mary & George** (S1)
- 2.05 **Gomorrah** 7&8/12. (S1)
- 4.05 **Game of Thrones** As 7.55pm.
- 5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max — 10.00 **FILM Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system. With Colm Meaney and Viola Davis. (2009, 18, 109min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00 M'T **Strike Back: Silent War**
- 1.00 AM **Road Wars** Double bill.
- 3.00 **NCIS: New Orleans** (S7)
- 4.00 **S.W.A.T.** 1/18. (S4)
- 5.00 **to 6.00** AM **Highway Patrol**

ITV2 — 10.05 **Family Guy** 6/22. Lois has an image change. **10.35** 7/22. Meg is infatuated with a popular boy at school. (S11)

- 11.05 **Family Guy** 1/22. Peter is distressed when Lois is reunited with an old flame. (S11)
- 11.30 **American Dad!** 18&12/19. (S8)
- 12.30 AM **Bob's Burgers** 13/22. (S13)
- 1.05 **Plebs** 3&4/6. (S1)
- 2.05 **Count Abdulla** (S1)
- 2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3 — 10.00 **Grantchester** 5/6. An unexpected twist lies in store at a charity boxing match at Vic's gym. (S5)

- 11.00 **Grantchester** 6/6. (S5)
- 11.55 **Cracker** 8/9. Penhaligon shares detail of her ordeal. (S2)
- 1.00 AM **Where the Heart Is**
- 1.55 **The Royal** *Hoping for the Best:* A toddler is diagnosed with meningitis.
- 2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **Reporting Scotland**
- 7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond focus on seafood.
- 8.00 **Inside Central Station** A breakdown causes serious disruption on the West Coast Mainline.
- 9.00 **Josh Taylor: Portrait of a Fighter** An insight into the life of the Prestonpans boxer.
- 10.00 **Still Game** 2/9. Jack and Victor worry that Bert has been suffering since his wife died. (S2)
- 10.30 **Sacked in the Morning** New edition With former West Ham United and England striker Tony Cottee.
- 11.00 PM **to 12.00** M'T **TRNSMT 2024** Featuring The Snuts, Sugababes, Natasha Bedingfield, Example and Liam Gallagher.

Sky Comedy

114/115 112/113 112 347 362

- 8.00 AM **Bored to Death**
- 9.15 **The Conners** (S3)
- 10.15 **Entourage** (S5)
- 11.25 **Barry** 2&3/8. (S4)
- 12.40 PM **Eastbound & Down**
- 1.55 **Entourage** (S5)
- 3.05 **Bored to Death** (S2)
- 4.25 **Barry** 2&3/8. (S4)
- 5.45 **The Office (US)** (S6)
- 6.45 **The Conners** (S3)
- 7.45 **Divorce** 5/8. Frances finds out that Robert has a new woman in his life. **8.20** 6/8. Frances and Robert try to establish new ground rules for the kids. (S2)
- 9.00 **And Just Like That...** New episode 4/12. Comedy drama. (S3)
- 10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
- 11.00 **Intelligence** 1&2/6. (S1)
- 12.00 M'T **Veep** (S1)
- 1.15 AM **Sex and the City**
- 2.35 **Hello Ladies** (S1)
- 3.50 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

- 6.00 AM **Matthew Bourne's Edward Scissorhands**
- 7.50 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **The Directors**
- 12.00 NOON **Best of Portrait Artist of the Year 2024**
- 1.00 PM **Tales of the Unexpected** Double bill.
- 2.00 **David Hockney: In Normandy**
- 3.00 **The Directors**
- 4.00 **Discovering: Jeremy Irons** The actor's career.
- 5.00 **Landscape Artist of the Year** From Hampton Court Palace.
- 6.00 **Tales of the Unexpected**
- 7.00 **NEW Isle of Wight Festival** Coverage of the event at Seaclose Park. *See feature, page 12.*
- 1.00 AM **Music Icons**
- 1.50 **Legends: Live at Montreux** From 1997.
- 4.10 **Greatest Albums Live**
- 5.30 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

- 7.00 AM **911 Crisis Centre**
- 8.00 **Nothing to Declare**
- 11.00 **Highway Patrol**
- 12.00 NOON **Nothing to Declare** Double bill.
- 1.00 PM **Border Patrol**
- 2.00 **Nothing to Declare**
- 4.00 **Star Trek: Enterprise**
- 5.00 **Stargate SG-1** (S4)
- 6.00 **Stargate Universe** *Earth:* 7/20. Scientists on Earth try to come up with a way to bring the crew home. (S1)
- 7.00 **NEW Isle of Wight Festival** Coverage of the event at Seaclose Park, featuring The Lottery Winners, The Corrs, Amy Macdonald, Example, Sting, Dean Lewis, Clean Bandit and Faithless. *See feature, page 12.*
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: War on Crime** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

- 7.30 AM **Unwind**
- 9.00 **Lingo** Double bill.
- 11.00 **Tipping Point**
- 1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
- 2.00 **Wheel of Fortune** Game show hosted by Graham Norton.
- 3.00 **Tenable** Double bill.
- 5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
- 6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
- 8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
- 9.00 **Who Wants to Be a Millionaire?** Host Jeremy Clarkson gives six new contestants the chance to win a fortune.
- 10.00 **Tipping Point** Double bill of the game show.
- 11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
- 12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

- 8.00 AM **Hart to Hart** (S2)
- 9.00 **Diagnosis Murder**
- 11.00 **Father Dowling Mysteries** 8/22. (S3)
- 12.00 NOON **Sue Thomas: F.B.Eye** 11/19. (S3)
- 1.00 PM **Hart to Hart** (S3)
- 2.00 **Father Dowling Mysteries** 13/22. (S3)
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M*A*S*H** 19–22/25. (S4)
- 9.00 **Randall and Hopkirk (Deceased)** *A Disturbing Case:* 2/26. Jeannie hears Jeff talking to Marty. (S1)
- 10.00 **The Avengers** *The Superlative Seven:* 12/24. Steed attends a fancy-dress party. (S5)
- 11.00 **The Persuaders!** (S1)
- 12.00 M'T **M*A*S*H** (S4)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **The Persuaders!** (S1)
- 4.00 **Highway to Heaven**
- 4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Minder**
7.20 **The Professionals**
8.25 **Dempsey and Makepeace**
9.30 **Racing: The Opening Show**
10.30 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.50 **LIVE Racing: Royal Ascot**
6.35 **River Monsters**

8.05 **Beat the Chasers**

7.05 Junk and Disorderly Henry Cole visits automobilia heaven, while Allen and Skid fix a monkey bike.

8.05 Beat the Chasers Bradley Walsh hosts the quiz show as contestants from across the UK take on a team of five Chasers.

9.05 FILM Jaws Steven Spielberg's thriller, which was first released in America 50 years ago today. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) Stars Roy Scheider. ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling.
1.30 AM **Champions: Full Gallop** Cameras focus on horse trainer Paul Nicholls.
2.25 The Protectors
2.50 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 18/26. (S6)
2.00 **Blood & Treasure** (S2)
3.00 **Stargate Atlantis** 9/20. (S1)
4.00 **Star Trek: Voyager** 1/26. (S6)
5.00 **Star Trek: The Next Generation** 18/26. (S6)
6.00 **Star Trek: Enterprise** 3/24. Archer, Reed and Hoshi become the victims of a mysterious virus. (S3)

11.00 **True Blood**

7.00 Blood & Treasure *Raid on the Hidden Fortress:* 11/13. Simon tries to get information out of the kidnapped Lexi. (S2)

8.00 Stargate Atlantis *Home:* 9/20. McKay plans to return to Earth by harnessing the energy of a nearby planet. (S1)

9.00 Grimm *Breakfast in Bed:* 6/13. A hotel guest claims to be haunted by a frightening creature. (S6)

10.00 The Walking Dead *A New Beginning:* 1/16. Rick and his group make a risky run into Washington, DC. (S9)

11.00 True Blood 11/12. Sookie attempts to thwart Marnie's plan to bewitch Bill, Eric and Pam into a suicide march. **12.00** M'T 12/12. The Wiccan festival of Samhain arrives in Bon Temps. (S4)
1.00 AM **Wynonna Earp** (S3)
3.00 Blood & Treasure (S2)
4.00 to 6.00 AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 5/10. (S2)
11.00 **Hudson & Rex** 1/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 4/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S6)
4.00 **The Coroner** 5/10. (S2)
5.00 **Hudson & Rex** 1/16. (S3)
6.00 **Father Brown** *The Great Train Robbery:* Lady Felicia and Mrs McCarthy are taken hostage after a train robbery goes awry.

8.00 **Death in Paradise**

7.00 Shakespeare & Hathaway: Private Investigators 4/10. A woman suspects her two sisters of murder. (S3)

8.00 Death in Paradise *The Communal Death:* 2/8. A member of a commune is poisoned in a locked bunker. (S12)

9.00 Death in Paradise *Pirates of the Murder Scene:* 4/8. A body is found on a boat out at sea, and suspicion soon falls on the victim's family and friends. (S9) **10.20** 9/9. Christmas special from 2021. A shipping magnate is found dead. (S10)

12.20 AM **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.20 Elementary 5/21. Sherlock finds himself in possession of a severed head. (S6)
2.15 to 4.00 AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Last of the Summer Wine**
8.20 **The Green Green Grass**
9.00 **Ever Decreasing Circles**
9.40 **Are You Being Served?**
10.20 **Open All Hours**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **Dad's Army**
2.20 **Open All Hours**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Open All Hours**

5.00 **The Green Green Grass**

7.00 Dad's Army The platoon take a loose barrage balloon off to the woods to secure it to a tree.
7.40 Gavin & Stacey Bank Holiday Monday sees the Essex mob arrive for a day at the beach in Barry. **8.20** Nessa and Dave's wedding day arrives.

9.00 Still Open All Hours Leroy's latest task involves dressing up as a banana. **9.40** Granville encourages Gastric to enter an art competition.
10.20 Harry Enfield and Chums Tim Nice-but-Dim finds a kindred spirit when he meets Dick Nice-but-Thick.

11.00 Not Going Out
11.35 Mrs Brown's Boys
12.15 AM **Still Open All Hours**
1.30 Not Going Out
2.20 Avoidance
2.50 Ever Decreasing Circles
3.20 to 4.00 AM **Still Open All Hours**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Spain**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill. Featuring Jack Whitehall and Aaron Paul in the Reasonably Priced Car.
5.00 **Hairy Bikers' Best of British** Si and Dave celebrate Britain's love of seafood.
6.00 **Rick Stein's Spain**

3.00 **Top Gear**

7.00 Would I Lie to You? With Bob Mortimer, Steve Backshall, Gabby Logan and Katherine Parkinson.
7.40 Richard Osman's House of Games With Iain Stirling and Jean Johansson. **8.20** Andrea McLean, Adil Ray, Rita Simons and Phil Wang take part.

9.00 QI XL Guests Rhod Gilbert, Lara Ricote and Ahir Shah join regular panellist Alan Davies and host Sandi Toksvig.

10.00 Have I Got a Bit More News for You Mel Giedroyc hosts the satirical quiz, with Richard Osman and Sonia Sodha.

11.00 Would I Lie to You?
12.20 AM **Mock the Week** With James Acaster, Angela Barnes, Ed Byrne and Nish Kumar.
1.00 8 Out of 10 Cats
2.00 The Weakest Link
3.00 to 4.00 AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** From Tuscany, Italy.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Grand Designs**
9.00 **24 Hours in A&E** A man is brought in with a fractured femur after a motorcycle accident.
10.00 **Night Coppers**
11.05 **Celebrity Gogglebox**
1.10 AM **Taskmaster**
2.15 **Open House: The Great Sex Experiment**
3.20 **Millionaire Hoarders**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Bete Noire:* 16/23. Ducky, Gerald and Kate are taken hostage by a gunman. **7.00** *The Truth Is Out There:* 17/23. The team investigate the killing of a US Marine after he is found dead at a club. **8.00** *UnSealed:* 18/23. A former US Navy SEAL escapes from prison intent on finding his wife's murderer. (S1)
9.00 Person of Interest *Flesh and Blood:* 19/23. Elias plots to kill the heads of the five New York Mafia families. **10.00** *Matsya Nyaya:* 20/23. Reese is reminded of his final mission for the CIA. (S1)
11.00 Law & Order: Special Victims Unit (S12)
2.45 AM **The Good Wife** (S6)
3.35 to 4.00 AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Paramedics bring in an 85-year-old woman who is struggling to breathe.
9.00 **FILM RoboCop** Sci-fi thriller remake starring Joel Kinnaman. A critically injured police officer is rebuilt as a crime-fighting cyborg. (2014, 12, 113min) ★★★
11.25 **Call the Bailiffs: Time to Pay Up** Double bill.
1.20 AM **Quantico** (S1)
3.00 **101 Near Misses**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM Rage at Dawn** Western starring Randolph Scott. (1955, U, 87min) ★★
1.55 PM **FILM Big Jake** Western adventure starring John Wayne. (1971, 15, 110min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Suspect No 1** A restaurant worker is stabbed in the neck.
10.00 **The Motorway** A pile-up causes chaos on the Spaghetti Junction.
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.30 AM **Trucking Hell**
3.30 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.25 **Simply Nigella**
8.00 **Tipping Point**
11.00 **Property Brothers at Home: Drew's Honeymoon House**
12.00 NOON **Nick Knowles' Better Homes**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Missing Persons Investigation** Police must defy all odds to find a four-year-old girl.
8.00 **Inside the Ambulance: Coast and Country** Paramedics in Oxford race to a baby who needs urgent help to breathe.
9.00 **999 Rescue Squad**
11.00 **Coupling** Triple bill.
12.55 **The School That Tried to End Racism Australia**
1.55 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.20 **Classic Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.05 **Kingdom**
4.10 **Lovejoy**
5.25 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Wrong Shape:* The priest investigates when a man is found hanged. **9.00** *The Man in the Tree:* Sid is accused of stripping and injuring a man before leaving him stuck in a tree.
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.30 **The South Westerlies**
2.30 **Birds of a Feather**
3.10 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Yorkshire Air 999** New edition The team fly to a critically ill motorcyclist who has crashed into a wall.
10.00 **Helicopter ER** The Yorkshire Air Ambulance races to find a farmer who has fallen headfirst from machinery. **11.00** The Yorkshire Air Ambulance medics tend to a 37-year-old runner who has collapsed.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.45 **Richard Osman's House of Games** Chizzy Akudolu, Charlie Higson, Kate Williams and Tom Allen take part.
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.00 AM **Total War**
9.30 **FILM Fury At Gunsight Pass** Western. (1955, b/w, 15, 67min) ★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Texas** Western. (1941, PG, 93min) ★★★
3.05 **FILM The Canadians** Western adventure. (1961, U, 85min) ★★
5.00 **FILM Prairie Fever** Western. (2008, PG, 81 min) ★★★
7.00 **The High Chaparral**
8.00 **FILM They Came to Cordura** Western starring Gary Cooper. (1959, PG, 123min) ★★★
10.35 **FILM Attack Force** Crime action thriller. (2006, 15, 90min) ★
12.40 AM **FILM Sub-Zero** Action adventure. (2004, 15, 90min) ★★
2.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Killer Reputation** Thriller with Mark Lawson. (2019, 12, 90min) ★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM The Nanny Betrayal** Thriller. (2018, 12, 90min) ★★
2.55 **FILM Dangerous Bestie** Thriller. (2018, PG) ★★
5.05 **FILM Martha's Vineyard Mystery: Poisoned in Paradise** Crime thriller. (2021, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Donnie Brasco** Fact-based crime drama starring Al Pacino. (1997, 18, 126min) ★★★★
11.35 **FILM Hanover Street** Romantic war drama. (1979, PG, 108min) ★★
1.50 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM If Looks Could Kill** Thriller. (2016, 15, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
10.00 **FILM Hearts of Christmas** (2016) ★★
12.05 PM **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
2.00 **FILM Mingle All the Way** Drama. (2018, PG) ★★
4.00 **FILM Christmas Around the Corner** Drama. (2018, PG, 90min) ★★
5.55 **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
8.00 **FILM Coming Home for Christmas** Drama. (2017, PG, 90min) ★★
9.55 **FILM Christmas in the Smokies** Drama. (2015, U, 88min) ★★
11.50 **FILM All I Want for Christmas** Fantasy. (2013, PG, 88min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Mingle All the Way**

+1 hour 320 317

Rewind TV

182 92 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 8/13. (S2)
2.30 **Haggard** 6/7. (S2)
3.00 **Bramwell** (S2)
4.00 **Stereo Underground**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 10/11. (S5)
6.30 **Thick as Thieves**
7.00 **Brass** 8/13. (S2)
7.30 **Haggard** 6/7. (S2)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 3/21. (S4)
9.30 **Soap** 18/25. (S1)
10.00 **Thick as Thieves** (S1)
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S2)
1.00 AM **Dark Skies** (S1)
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Snow crab season kicks off with the return of the *Cornelia Marie*. **8.00** Crews return to the Bering Sea.
9.00 **Junkyard Empire** Bobby fixes up a '76 Datsun 260Z as a surprise gift for his wife. **10.00** Bobby takes on the build of a lifetime – a hot dog truck.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya's Simple Spices**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Fruits of the Sea**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya's Simple Spices**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Fruits of the Sea**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Mary Berry Cooks**
10.00 **Paul Hollywood: City Bakes** In Los Angeles.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/22. (S6)
9.00 **The Fall Guy** 9/23. (S1)
10.00 **Knight Rider** 22/24. (S2)
11.00 **FILM Post Impact** Sci-fi adventure. (2003, 15, 91 min) ★★
1.00 PM **FILM The Virginian** Western. (2014, 12, 90min) ★★
3.00 **FILM An Eye for an Eye** Western revenge drama. (1966, PG, 91 min) ★
5.00 **Star Trek** 4/26. (S2)
6.00 **Knight Rider** 23/24. (S2)
7.00 **The Fall Guy** 10/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM King Arthur** Action adventure. (2004, 12, 126min) ★★★
11.30 **FILM Age of Kill** Thriller starring Martin Kemp. (2015, 15, 82min) ★★
1.15 AM **FILM Money Plane** Crime action thriller. (2020, 15, 82min) ★★
2.50 **to 4.45** AM **FILM Initiation** Horror thriller. (2020, 18, 96min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Delete** Sci-fi thriller.
8.00 **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
10.00 **The Lost World** (S2)
11.00 **Delete** Sci-fi thriller.
1.00 PM **FILM Coast of Skeletons** Adventure sequel with Richard Todd. (1964, U, 90min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 4/25. (S3)
5.00 **Delete** Sci-fi thriller.
7.00 **The Lost World** (S2)
8.00 **The A-Team** 5/25. (S3)
9.00 **FILM Thick As Thieves** Crime thriller starring Morgan Freeman and Antonio Banderas. (2009, 15, 104min) ★★
11.00 **FILM Legacy of Lies** Thriller starring Scott Adkins, Yuliia Sobol and Anna Butkevich. (2020, 15, 101 min) ★★
1.00 **to 3.00** AM **FILM Thick As Thieves** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare** Mysteries.
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Scotland: A Year in the Wild** The winter solstice.
11.00 **Ben Fogle: New Lives in the Wild** Oregon.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** The Beefeaters' uniforms need updating.
7.00 **Sue Perkins: Lost in Alaska** 1/3. The presenter explores the state of Alaska, America's last frontier.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a Pembrokeshire family living on the side of a rugged mountain.
9.00 **Dalgliesh** 1&2/6. (S2)
11.00 **Prisoner: Cell Block H**
1.00 AM **Scotland: A Year in the Wild**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From East Sussex.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden** Two gardens in Nottingham.
9.00 **My Lottery Dream Home** New editions A Chicago woman looks for a quiet life in Illinois. **9.30** A home for a California couple looking to move to France.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Jenna has a big bubble behind her ear.
7.00 **Dr Mercy** A patient's armpits are covered in patches of skin tags.
8.00 **My 600lb Life** A mother tries to overcome her unhealthy eating habits. **10.00** A man who wants to lose weight so he can marry his fiancée.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** From Japan.
12.00 NOON **The Ren & Stimpy Show** (S2)
1.00 PM **Friends** (S4&5)
8.00 **Friends** 6/24. Emily asks Ross to move away. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **Michael McIntyre's Big Show** With Westlife.
10.00 **Whose Line Is It Anyway? USA** New edition With guest Tiffany Coyne.
10.30 **Whose Line Is It Anyway? USA**
11.00 **Russell Howard: Right Here Right Now**
12.15 AM **South Park** (S7)
3.15 **Beavis and Butt-Head**
3.35 **Reno 911!** 9/11. (S8)
3.55 **Key & Peele** 4/10. (S2)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 6&9/12. (S2)
10.00 **Daria** 4&5/13. (S3)
11.00 **Friends** 8-11/24. (S2)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 6/12. (S2)
3.00 **Daria** 6&7/13. (S3)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 14/18. Mandy flirts with an oblivious Kyle. **8.30** 15/18. Mike catches Mandy sneaking into the house. (S2)
9.00 **Friends** (S2,4,5&10)
2.00 AM **Chris Ramsey: Approval Needed**
2.55 **Ed Byrne: Spoiler Alert**
3.40 **Beavis and Butt-Head**
3.50 **Teachers** 3&4/10. (S1)
4.30 **Harry Hill Live – Sausage Time**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *Goin' to the Chapel:* 7/8. The survivors gather to perform an exorcism. **12.00** M'T *Chucky–Actually:* 8/8. Tiffany plots her escape. (S2)
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Jason Byrne.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant**
6.45 **Teen Mom: From the Beginning** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: Catch of the Day** Reality series.
12.00 NOON **Catfish: The TV Show** Reality series.
1.00 PM **Catfish: Models**
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Queerpiphany**
10.00 **FILM Hitman: Agent 47** Thriller starring Rupert Friend. An assassin fights a corporation that plans to create an army of superhuman killers. (2015, 15, 92min) ★★
12.00 M'T **MTV Unplugged**
1.00 AM **Elton John: MTV Unplugged**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Expedition Unknown**
8.00 **Expedition X** Double bill.
10.00 **Valley of The Kings: The Lost Tombs** Documentary.
12.00 NOON **Blowing Up History: Seven Wonders** Double bill.
4.00 PM **King Tut 100 Year Anniversary Special** Zahi Hawass is on a quest to solve the last great mysteries of Tutankhamun.
6.00 **Cooper's Treasure** An adventurer tries to decode a map created by former astronaut Gordon Cooper.

9.00 Expedition Files

7.00 **Hunting Atlantis** In Bulgaria, Stel and Jess uncover mysterious gold treasure and evidence of an ancient catastrophe.
8.00 **Mummies Unwrapped** Archaeologist Ramy Romany investigates a mysterious underwater grave in a Mayan city.
9.00 **Expedition Files** New edition Josh Gates investigates an expedition crewed by cannibals and the murder of an actor.
10.00 **Discovery Changed My Life** Individuals reveal how shows they watched transformed their lives.
10.30 **Border Control: Spain**
11.00 **Border Control: Spain** Double bill of the documentary following the work of the Security and Customs Services at the borders of Spain.
12.00 M'T **Tut's Lost City Revealed** Searching for King Tut's undiscovered mortuary temple.
1.00 **to 5.00** AM **Blowing Up History: Seven Wonders**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **The Zoo** Double bill.
4.00 **My Cat from Hell** A couple who moved to a bigger house to keep their cats apart.
5.00 **Lone Star Law** Warden Hensz handles a family of owls.
6.00 **Tanked** Businessman Brad Jennings wants to complete his new office with three tanks.

6.00 Tanked

7.00 **Pit Bulls & Parolees** Mariah and Marcel help people living on the streets with their dogs by handing out goodie bags.
8.00 **Legends of the Wild** Brazilian ranchers are being attacked by an unknown creature.
9.00 **Legends of the Wild** Damian Duffy and Matt Hoffman investigate endangered ridley sea turtles in Costa Rica.
10.00 **Edge of Alaska** Neil seeks help from McCarthy's unlikeliest resident as he pursues his mine tour project.
11.00 **Meet the Orangutans** A young member's surrogate attachment causes issues. **11.30** There is a baby boom.
12.00 M'T **Meet the Penguins**
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines Compilations: Industrial Innovations** Series highlights.
9.00 **Air Crash Investigation**
12.00 NOON **NEW SERIES Lost Treasures of Rome** Ancient Roman engineering secrets.
1.00 PM **The City Under the Sea: Drain the Oceans**
2.00 **Hitler Youth** Double bill.
4.00 **The Battle for Britain: Drain the Oceans** Documentary.
5.00 **Car S.O.S** A Japanese rally car.
6.00 **Nazi Megastructures** The German army's surprise attack.

9.00 Airport Security: Rome

7.00 **Air Crash Investigation** A dramatic reconstruction of how Singapore Airlines flight 006 came to crash at Taiwan's airport in 2000.
8.00 **Air Crash Investigation** Investigating the crash of British European Airways 548, which saw 118 people killed in 1972.
9.00 **Airport Security: Rome** Italian police stop a man trying to smuggle heroin and search a passenger arriving from London.
10.00 **Amsterdam Central 24/7** Security staff accompany two undocumented migrants to the asylum seekers application centre.
11.00 **Air Crash Investigation**
12.00 M'T **Stanford Prison Experiment: Unlocking the Truth** Documentary.
1.00 AM **The Inner Portrait**
1.30 **To Catch a Smuggler**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** A stellar coin.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Curse of the Ancients**
4.00 **Pawn Stars** Documentary.
5.00 **History's Greatest Mysteries**
6.00 **American Pickers** A wide-eyed Mike comes up with a staggering six-figure offer for five ultra-rare motorbikes.

6.00 American Pickers

7.00 **Forged in Fire** The bladesmiths battle it out to recreate one of Japan's deadliest swords – the Nagamaki.
8.00 **Lost U-Boats of WWII** Following the efforts of treasure hunter Darrell Miklos to recover artifacts stolen by the Nazis.
9.00 **Rome's Bloodiest Dynasty: The First Emperor** How Octavian stole the secret will of his most dangerous rival.
10.00 **UFOs: The Lost Evidence** Declassified documents suggest mysterious submerged objects are the next field of study.
11.00 **What on Earth?** Documentary series exploring anomalies appearing on satellite images.
12.00 M'T **Strange Evidence** An erratic fugitive makes an impossible getaway.
1.00 AM **Ultimate Mysteries**
2.00 **Ancient Aliens** Monoliths.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **Adolf Hitler's War**
6.00 **Antiques Roadshow** Fiona Bruce and the team of experts travel to Beverley Minster in East Yorkshire.

8.00 Warbird Workshop

7.00 **Great American Railroad Journeys** Michael Portillo travels through Milwaukee on a journey towards Chicago.
8.00 **Warbird Workshop** A group of amateur pilots discover their plane, the Piper Cub, has a glorious war record.
9.00 **Porridge** Slade Prison inmates are given time to pursue their hobbies. **9.40** Blanco ends up in the prison hospital, where he fears he is about to shuffle off this mortal coil. **10.20** Godber takes up boxing and enters the prison championships.
11.00 **Bangers & Cash** Up for auction are a 1980 Ford Escort, a 1946 Bedford 12 electric car, and a 1957 Austin Healey.
12.00 M'T **Abandoned Engineering** Areas made impassable by crumbling hills and sand dunes.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Ultimate Cycling Show** New edition A comprehensive guide to bike racing.
8.00 **Shed and Buried**
9.00 **The Repair Shop** Arcade games expert Geoff works on a prized fruit machine. **10.00** Electronics expert Mark fixes up a 1960s radiogram.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress: UK** Reality series.
11.00 **Curvy Brides Boutique**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Playboy Murders** New edition True-crime.
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Zilpha Lowery.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A beloved grandmother falls victim to a brutal crime.
8.00 **Murder She Solved** A woman is sure her husband has been wrongly convicted of murdering her mother.
9.00 **World's Most Evil Killers** Michael Ryan went on a killing spree, firing randomly at anyone he saw.
10.00 **The Killer You Know** New edition When Devon Guzman is found murdered, police think her girlfriend is to blame.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A nurse discovers she is HIV positive with the help of forensic science. **4.30** A film plot gives investigators clues to the murder of a woman. **5.00** A rare clue helps police track down the killer of a teenage girl. **5.30** A man is found shot dead in his home and his wife is a suspect. **6.00** Sonic technology helps unravel the murder case of a union official. **6.30** A man's motives for killing an intruder are questioned.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** True-crime.
1.00 PM **Britain's Most Evil Killers** Roy Whiting.
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **Murder of Grace Millane**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Irenia Cotner.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Normans**
9.55 **Thirties in Colour: Countdown to War**
11.00 **The Bush Years: Family, Duty, Power**
12.00 NOON **Women Under Hitler's Flag**
1.00 PM **The Normans**
2.15 **Thirties in Colour: Countdown to War**
3.20 **The Bush Years: Family, Duty, Power**
4.15 **Women Under Hitler's...**
5.20 **The Boleyns: A Scandalous Family**
6.35 **The Normans**
7.55 **Thirties in Colour: Countdown to War**
8.50 **The Bush Years: Family, Duty, Power** New edition
9.50 **Women Under Hitler's...**
10.50 **Thirties in Colour: Countdown to War**
12.00 M'T **The Bush Years: Family, Duty, Power**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.00 **Discovering: Janet Leigh**
8.00 **The Directors**
8.55 **Breath of Fire**
10.00 **I Am Jackie O**
11.45 **My Icon: Denise Lewis**
12.00 NOON **Searching for Sugar Man** Music documentary.
1.45 PM **My Icon: Nasser Hussain**
2.00 **Terry Venables: A Man Can Dream** The life and times of the football played-turned-manager.
4.00 **The Directors** The work of film-maker Sergio Leone.
5.00 **Discovering: Janet Leigh**
5.55 **Breath of Fire**
6.55 **The Mortician**
8.00 **100 Foot Wave** 3/5. The surfers set out to chase a rare swell at Cortes Bank.
9.00 **Kurt Cobain: Montage of Heck** Brett Morgen explores the Nirvana frontman's life.
11.30 **Tina** A celebration of Tina Turner's life and career.
1.45 AM **Kings of Coke**
3.30 **Baby God**
5.00 **to 6.00** AM **Discovering: Janet Leigh**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Wild Dogs: Pack vs Pride**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **The Ocean's Greatest Feast**
10.00 **Wild Castles**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Rockies**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **The Ocean's Greatest Feast**
4.00 **Wild Castles**
5.00 **Secret Life of the Wombat**
6.00 **Wild Rockies**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand** The team try to prevent an avian malaria epidemic.
9.00 **Bugs That Ruled the World**
10.00 **Wild Rockies**
11.00 **Secret Life of the Wombat**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Dogs with Extraordinary Jobs** Documentary.
2.00 **Wildlife Rescue New Zealand**
3.00 **Bugs That Ruled the World**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **The Ocean's Greatest Feast**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Secret Societies: In the Shadows**
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Ghost Ships**
9.00 **Ross Kemp: Mafia and Britain** Ross learns how prevalent cocaine is in Colombia.
10.00 **WWII Lost Films**
11.00 **Secret Wars Uncovered**
12.00 M'T **Ancient Aliens**
2.00 AM **Evidence of the Unexplained** A look at recently declassified UFO files.
3.00 **Strange Evidence**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Stephen Port, dubbed 'the Grindr Killer.'
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Fugitives Caught on Tape** New editions Double bill.
10.00 **Undercover: Caught on Tape**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Murder By Medic**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Sharks Gone Viral**
3.00 **Sky Sharks**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Dr Hodges performs a medical miracle on a dog.
8.00 **Africa's Hunters** A pride of lions faces a struggle to survive during Zambia's rainy season.
9.00 **The Wild Sides** In a drought-stricken corner of Botswana, all kinds of animals crowd around the river.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Thai Cave Rescue**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Thai Cave Rescue** Following the efforts of an international team of cave divers trying to save 12 boys and their football coach stranded in a flooded cave in Thailand in 2018.
9.00 **Paranormal Declassified** Paul Beban examines rumours of a secret US military program to develop super soldiers.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Great British Railway Journeys** Eight editions.
1.00 PM **Great British Railway Journeys** Twelve editions.
7.00 **Great British Railway Journeys** Michael Portillo travels from Ipswich to Chelmsford.
7.30 Michael travels through Essex and Kent.
8.00 Michael travels from Faversham to Dorking.
8.30 Michael completes his journey to Chichester.
9.00 Michael travels through southern Scotland from west to east, beginning in Ayr.
9.30 Michael travels from Greenock to Larkhall.
10.00 Michael completes his journey to Leeds.
10.30 A journey from Southampton to Wolverhampton.
11.00 Michael travels through Hampshire and Berkshire.
11.30 Michael travels from Wokingham to Bradford on Avon.
12.00 M'T **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **Til Death Do Us Part**
9.00 **Broken Trust**
11.00 **Dead Reckoning**
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **The Big Swindle**
5.00 **Forbidden: Dying for Love**
7.00 **Murder in the Heartland** The case of Barbara Howe, who vanished from her retirement community in Ohio in 2015.
8.00 A case from Oklahoma that began when a dog found a human skull, dropping it on a family's porch. Police had to navigate the victim's past to find the reasons for their death.
9.00 **Murder Under the Friday Night Lights** On New Year's Eve, a former cheerleader goes to a party and is found murdered the next day.
10.00 **Seduced to Slay**
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Obsession: Dark Desires**
2.00 AM **Forbidden: Dying for Love**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** Richard must come up with a plan to raise funds.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** Henry visits Split as he travels from Croatia to Bosnia.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **A Nice Indian Boy** (2024)
8.30 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
10.20 **Home Delivery** Thom Harp's comedy. (2023, 15, 86min)
12.05 PM **PREMIERE Joker: Folie à Deux** As shown at 8.00pm.
2.30 **Venom: The Last Dance**
4.30 **The Luckiest Man in America** Drama with Paul Walter Hauser. (2024, 15, 90min) ★★★★
6.15 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)

8.00 Joker: Folie à Deux

8.00 PREMIERE Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson. (2024, 15, 138min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

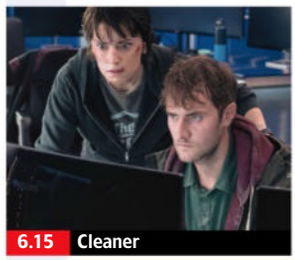
10.25 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
2.55 **The Front Room** Horror thriller. (2024, 15, 94min)
4.40 **to 6.40** AM **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

6.15 AM **The Cinema List: Pride**
6.30 **10 Lives** (2024, U) ★★★
8.00 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
9.45 **Sneaks** (2025, PG) ★★
11.20 **The Comeback Trail** Comedy. (2020, 12, 104min) ★★★
1.05 PM **Breaking Point** Drama. (2023, 12, 102min) ★★★
2.50 **57 Seconds** As 1.30am.
4.35 **White Elephant** Thriller. (2022, 15, 100min) ★★★
6.15 **Cleaner** (2025, 15) ★★★



6.15 Cleaner

8.00 Fight or Flight Thriller starring Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. (2025, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Silent Night Action thriller starring Joel Kinnaman. On Christmas Eve, a grieving father enacts his long-awaited revenge against a ruthless gang. With Catalina Sandino Moreno. (2023, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Final Score** Action drama starring Dave Bautista. (2018, 15, 104min) ★★★
1.30 AM **57 Seconds** Thriller starring Josh Hutcherson (2023, 15, 99min) ★★★
3.20 **Fight or Flight** As 8.00pm.
5.10 **to 6.45** AM **Extinct** Animation with the voice of Adam Devine. (2021, U, 84min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **The Color Purple** (2023)
9.40 **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
11.45 **Billionaire Boys Club** Thriller. (2018, 15, 108min) ★
1.35 PM **8 Mile** Urban drama. (2002, 15, 112min) ★★★
3.35 **Straight Outta Compton** Biopic of hip-hop group NWA. (2015, 15, 147min) ★★★

6.10 **Charlie Wilson's War** Satirical political comedy starring Tom Hanks and Julia Roberts. (2007, 15, 97min) ★★★★
8.00 **P.S. I Love You** Romantic comedy drama cased on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.10 **Poison** Drama starring Trine Dyrholm and Tim Roth. (2024, PG, 86min) ★★★★
11.45 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★

2.10 AM **Speak Like a Child** Dark drama starring Cal Macaninch. (1998, 18, 80min) ★★
3.40 **Tommy** Ken Russell's screen version of The Who's rock opera. (1975, 15, 111min) ★★★★
5.40 **to 8.20** AM **Straight Outta Compton** As shown at 3.35pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.00 AM **Chappie** As 2.20pm.
8.10 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
9.55 **Concrete Utopia** Disaster drama. (2023, 15, 130min) ★★★★
12.15 PM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
2.20 **Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
4.30 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★

6.15 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
8.00 **28 Days Later...** Danny Boyle's horror thriller starring Cillian Murphy. A small group of people struggle to survive when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. (2017, 12, 118min) ★★★★
10.00 **Kong: Skull Island** Adventure starring Tom Hiddleston. (2017, 12, 118min) ★★★★

12.05 AM **Godzilla** Monster thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. (2014, 12, 118min) ★★★
2.10 **Battle Royale** Japanese thriller starring Takeshi Kitano. Subtitled. (2000, 18, 113min) ★★★★
4.05 **to 6.05** AM **Arrival** As 12.15pm.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.05 AM **Pan** (2015, PG) ★★★
9.00 **Friend or Foe** (1981, U) ★★★
10.20 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
11.50 **The BFG** (2016, PG) ★★★★
1.50 PM **Soaring to Life: Making of How to Train Your Dragon**
2.20 **Paul Blart: Mall Cop 2** Comedy. (2015, PG) ★★
4.00 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
5.40 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★

9.55 Bicentennial Man

7.30 **Hook** Fantasy adventure starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Bicentennial Man** Sci-fi drama starring Robin Williams as a robot who yearns to become human. With Oliver Platt. (1999, PG, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
1.55 **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
3.30 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
5.05 **to 6.40** AM **Daddy Day Camp** Family comedy sequel. (2007, PG, 88min) ★★

Sky Cinema Action

307 307 407 507 521

6.50 AM **Aeon Flux** As 2.00am.
8.40 **Swordfish** (2001, 15) ★★★
10.25 **Ghost Rider** (2006, 12) ★★★
12.20 PM **The Fall Guy** Action comedy. (2023, 12) ★★★★
2.35 **Twister** Disaster movie. (1996, PG, 114min) ★★★
4.30 **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91min) ★★
6.10 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★

4.30 Ghost Rider: Spirit of...

8.00 **Baby Driver** Music-themed action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. With Lily James, Jon Hamm and Jamie Foxx. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Bricklayer** Thriller. (2023, 15, 110min) ★★
2.00 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
3.50 **Magnificent Warriors** Adventure. (1987, 18) ★★★
5.30 **to 7.45** AM **Pain & Gain** Fact-based dark comedy. (2013, 15, 124min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Revenge of the Pink Panther** Crime caper sequel (1978, PG, 98min) ★★★
9.00 **Movie 43** As 11.40pm.
10.45 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
12.20 PM **Pitch Perfect** Comedy. (2012, 12, 112min) ★★★★
2.15 **Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★★
4.15 **The Men Who Stare at Goats** Comedy. (2009, 15) ★★★
5.55 **It's Complicated** As 5.05am.

10.00 Balls of Fury

8.00 **Pitch Perfect 2** Musical comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. With Skylar Astin. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Balls of Fury** Spoof martial arts movie with Dan Fogler, Christopher Walken and Maggie Q. (2007, 12, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Movie 43** Raunchy comedy sketch compendium. (2013, 15, 90min) ★
1.25 AM **The Boss** Comedy starring Melissa McCarthy and Kristen Bell. (2015, 15, 89min) ★★★
3.10 **Coming 2 America** Comedy sequel starring Eddie Murphy. (2021, 12, 108min) ★★★
5.05 **to 7.10** AM **It's Complicated** Romantic comedy drama. (2009, 15, 115min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Contraband** As 2.15am.
8.15 **Out of the Blue** As 6.05pm.
10.10 **The Accountant** Thriller. (2016, 15, 123min) ★★★
12.25 PM **Into the Deep** Thriller. (2022, 15, 90min) ★★★
2.05 **Split** M Night Shyamalan's thriller. (2016, 15, 117min) ★★★
4.10 **American Star** Mystery thriller. (2023, 15, 107min) ★★★★
6.05 **Out of the Blue** Romantic thriller starring Diane Kruger. (2022, 15, 104min) ★★

8.00 Ocean's Eight

8.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett, Mindy Kaling and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Marnie** Hitchcock's classic psychological thriller starring Tippi Hedren and Sean Connery. A wealthy publisher marries a compulsive thief and tries to unravel her mysterious past. With Diane Baker. (1964, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **American Star** (2023)
2.15 **Contraband** Action thriller starring Mark Wahlberg, Kate Beckinsale and Ben Foster. (2012, 15, 105min) ★★★
4.15 **to 7.50** AM **Ocean's Eight**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Sound Barrier** Director David Lean's drama. (1952, b/w, U, 109min) ★★★★
1.30 PM **How Green Was My Valley** John Ford's drama. (1941, b/w, U, 118min) ★★★★
4.00 **Robin and Marian** Drama. (1976, PG, 106min) ★★★★★
6.15 **Legends of the Fall** Period drama starring Brad Pitt and Anthony Hopkins. (1994, 15, 133min) ★★★★

9.00 The Green Mile

Legends of the Fall (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Green Mile** Supernatural prison drama based on a novella by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. With Sam Rockwell, Michael Clarke Duncan and James Cromwell. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.25** AM **The Entity** Horror allegedly based on real events. A young woman is menaced and repeatedly raped by an invisible entity. Stars Barbara Hershey and Ron Silver. (1983, 18, 125min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.45 AM **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
8.30 **The Last Stop in Yuma County**
10.10 **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★
1.10 PM **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. (1974, 18, 200min) ★★★★★

4.30 **Whiplash** Music drama starring Miles Teller and JK Simmons. (2014, 15, 106min) ★★★★★
6.20 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
8.00 **The Truman Show** Satirical comedy starring Jim Carrey. (1997, PG, 99min) ★★★★
10.00 **Anora** Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch. (2024, 18, 139min) ★★★★★

12.30 AM **True Romance** Crime thriller starring Christian Slater. (1993, 18, 118min) ★★★★
2.35 **Whiplash** As 4.30pm.
4.25 **to 6.00** AM **The Last Stop in Yuma County** Crime thriller starring Jim Cummings. (2023, 15, 90min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.45 AM **Fist of Fury** As 1.30am.
8.45 **The Way of the Dragon**
10.40 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
12.45 PM **Scent of a Woman** Coming-of-age drama. (1992, 15, 157min) ★★★★
3.25 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
5.50 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★

8.00 **Superman III** Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. (1983, PG, 123min) ★★★
10.05 **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. (1987, PG, 90min) ★
11.40 **Jackie Chan's Armour of God** Martial arts action thriller. (1986, 15, 95min) ★★★
1.30 AM **Fist of Fury** Martial arts thriller. (1972, 18, 106min) ★★★

3.20 **The Way of the Dragon** Martial arts action adventure starring Bruce Lee and Chuck Norris. (1972, 18, 99min) ★★★
5.00 **The Cinema List: Thriller**
5.15 **to 7.00** AM **Bruce Lee's Big Boss** Martial arts action thriller. (1971, 18, 94min) ★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
8.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
9.35 **Two by Two** Animated adventure. (2015, U, 85min) ★★
11.10 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
12.55 PM **Extinct** Animation. (2021, U, 84min) ★★★

2.30 **Migration** Animated comedy. (2023, U, 83min) ★★★
4.00 **Trolls** Animated musical. (2016, U, 92min) ★★★
5.40 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.35 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101min) ★★
9.25 **Extinct** As 12.55pm.
11.00 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★

12.30 AM **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★
2.15 **Noah's Ark** Animation. (2024, U, 96min) ★★★
4.00 **Megamind vs The Doom Syndicate** (2024, U) ★★★
5.35 **to 7.10** AM **Teen Titans Go! to the Movies** (2018, PG) ★★★

Movies 24

312 313 419

7.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
9.00 **Eat, Love, London** Romantic drama. (2024, PG, 90min) ★★
11.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
1.00 PM **Aloha Heart** Romantic drama. (2023, PG, 90min) ★★
3.00 **Two Tickets to Paradise** Romance starring Ashley Williams. (2022, PG, 84min) ★★

5.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
7.00 **Love Marks the Spot** Romantic adventure starring Annika Foster and Andrew Biernat. (2023, PG, 86min) ★★
9.00 **Falling in Love in Niagara** Romantic drama starring Jocelyn Hudon, Dan Jeannotte and Masa Lizdek. After her fiancé leaves her just before their wedding, a woman decides to take the honeymoon without him. (2024, PG, 84min) ★★

11.00 **Hearts Under the Olive Tree** Comedy. (2023, PG, 89min) ★★
1.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
3.00 **to 5.00** AM **Love & Jane** Fantasy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **I'll Walk Beside You** Drama starring Richard Bird. (1943, b/w, U, 88min) ★★★
7.40 **Look at Life**
7.50 **Assignment Redhead** Thriller. (1956, b/w, PG, 79min) ★★
9.25 **The Devil's Disciple** Drama. (1959, b/w, U, 83min) ★★★
11.05 **The Trouble with Angels** Comedy. (1966, U, 112min) ★★★
1.20 PM **Look at Life**

1.30 **Dangerous Voyage** Thriller. (1953, b/w, U, 70min) ★★★
3.00 **Lord Jim** Seafaring adventure. (1965, PG, 154min) ★★
6.00 **The League of Gentlemen** Vintage comedy thriller. (1959, b/w, PG, 114min) ★★★★
8.15 **Look at Life**
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 6/12. (S3)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Stone Tape** Ghost story.
12.00 M'T **Cellar Club with Caroline...**

12.05 AM **A Prayer for the Dying** Thriller. (1987, 15, 108min) ★★★
2.15 **The Big Boodle** Crime thriller. (1957, b/w, U, 84min) ★★★
3.55 **The Ace of Spades** Crime drama. (1935, U, 66min) ★★★
5.15 **Look at Life**
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 20 June

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE Test Cricket England v India.** Coverage of the opening day's play of the first Test in the five-match series, staged at Headingley Cricket Stadium.
7.00 PM **LIVE Rugby Union British & Irish Lions v Argentina.** Coverage of the warm-up match at Aviva Stadium. This contest provides the Lions with a good opportunity to test themselves against strong opposition on home soil before they set off for Australia. Kick-off **8.00pm**.
10.45 **LIVE PGA Tour Golf** Coverage of the second day's play of the Travelers Championship staged at TPC River Highlands in Cromwell, Connecticut. World number one Scottie Scheffler was the victorious player here last year, defeating Tom Kim in a play-off to win the sixth of seven titles he claimed in 2024.
11.00 **LIVE Women's PGA Championship** Coverage of the second day of the Major staged at Fields Ranch in Frisco, Texas.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Fulham v Manchester United from 2007.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Everton v Newcastle United.
5.30 Manchester City v Chelsea.
6.00 Highlights from Manchester City v Tottenham Hotspur.
6.30 Manchester United v Nottingham Forest at Old Trafford.
7.00 Highlights from Nottingham Forest v Aston Villa.
7.30 West Ham United v Arsenal.
8.00 **Gary Neville's Soccerbox**
9.00 **Drink It In: The Rise of Man City** A look at the return to prominence of Manchester City.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Liverpool v Newcastle United in the final.
11.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
12.00 NOON **EFL** The 16/17 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
6.00 **EFL** Highlights from Crystal Palace v Watford in the 2012/13 Championship play-off final.
7.00 Brentford v Yeovil Town in the 12/13 League One play-offs.
8.00 Bradford City v Northampton Town in the 2012/13 League Two play-off final.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
12.00 M'T **EFL Cup Retro** A chance to see Aston Villa v Manchester United in the 2010 final.
2.00 AM **Best Moments from the Championship Play-Off Final**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
10.00 **LIVE Test Cricket England v India.** Coverage of day one of the first Test in the five-match series, staged at Headingley Cricket Stadium. The teams last met in this format in early 2024, when India claimed a convincing 4-1 series victory on home soil. However, it was a closer affair when Tests between the nations were last held in England, with the sides winning two games apiece after the first contest was drawn.
6.45 PM **LIVE Vitality T20 Blast Cricket Surrey v Middlesex.** Coverage of the South Group match staged at the Kia Oval.
10.00 **Best of ICC WT20**
10.30 **Test Cricket** England v India.
11.30 **Best of England v India**
11.45 **Best of ICC WT20**
12.00 M'T **Test Cricket Bitesize** Highlights from England v India.
12.15 AM **Best of England v India**
12.40 **Ashes Greats** Player profiles.
1.00 **Vitality T20 Blast Cricket**
4.15 **Test Cricket** England v India.
5.15 **Best of England v India**
5.30 **Best of ICC WT20**
5.45 **to 6.00** AM **Test Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Women's PGA Championship** The opening day.
8.00 **LIVE Golf** R&A Men's Amateur Championship quarter-final from Royal Cinque Ports in Deal, Kent.
1.00 PM **LIVE PGA Tour** Coverage of the early stages of the second day of the Travelers Championship staged at TPC River Highlands in Cromwell.
4.00 **LIVE Women's PGA Championship** Coverage of day two of the Major at Fields Ranch.
8.00 **LIVE PGA Tour** Further coverage of day two of the Travelers Championship from TPC River Highlands in Cromwell.
11.00 **LIVE Women's PGA Championship** Further coverage of day two of the Major at Fields Ranch in Frisco, Texas.
1.00 AM **HotelPlanner Tour**
1.30 **Rose Ladies Series**
2.00 **PGA Tour** Highlights.
3.00 **Playing Lessons** Expert tips.
4.00 **PGA Tour** Archive action.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Madrid Open.
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
7.00 PM **ATP Tennis** The Monte-Carlo Masters singles final in Monaco.
8.00 **ATP Tennis** The Indian Wells Open men's singles final.
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **ATP 2024 Best of Jack Draper**
2.15 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of day four of the first Test at Galle International Cricket Stadium.
1.30 PM **TNT Sports Cricket Reload**
1.45 **LIVE Cycling: Tour of Switzerland** Coverage of the sixth stage of the men's race.
4.45 **MLB Plays of the Week**
5.15 **MLB Highlights**
6.15 **MLB: Off the Bat**
7.00 **LIVE MLB Chicago Cubs v Seattle Mariners.** Coverage of the inter-league match from Wrigley Field. Start-time **7.20pm**.
10.15 **TNT Sports Reload**
10.30 **Sign Up – Into Football**
11.00 **Premier League Stories**
11.30 **Classic Premier League**
12.00 M'T **Classic Premier League**
1.30 AM **MotoGP** Grand Prix of Italy.
2.00 **LIVE ABB FIA Formula E World Championship** Jakarta ePrix second free practice session.
3.00 **FIA World Endurance Championship Highlights**
4.00 **to 6.00** AM **LIVE ABB FIA Formula E World Championship** The Jakarta ePrix qualifying session at Jakarta International E-Prix Circuit.

TNT Sports 2

411 414 522 409 431

6.00 AM **Discovery Golf**
6.30 **Classic Premier League**
7.00 **MotoGP Highlights**
8.00 **LIVE MotoGP** The Grand Prix of Italy MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP Rewind**
12.15 PM **LIVE MotoGP** The Grand Prix of Italy MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **MotoGP Rewind**
3.45 **LIVE UCI Mountain Bike World Series** The women's XCC short track elite race in Val di Sole.
5.00 **LIVE UCI Mountain Bike World Series** The men's XCC short track elite race in Val di Sole.
6.15 **Test Cricket Highlights**
7.15 **TNT Sports Reload**
7.30 **AFL** Geelong Cats v Brisbane Lions.
9.00 **MotoGP** Grand Prix of Italy.
9.30 **NBA** Game six of the NBA finals.
11.00 **Test Cricket Highlights**
12.00 M'T **UCI Mountain Bike World Series** In n Val di Sole, Italy.
1.00 AM **Ultimate Pool** Pairs Cup.
2.30 **AFL** Geelong Cats v Brisbane Lions.
4.00 **to 7.00** AM **LIVE AFL Carlton Blues v North Melbourne Kangaroos.** At Melbourne Cricket Ground. Bounce-up **4.20am**.

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League**
8.45 **The Rugby Championship**
12.45 PM **My Icon** Leon Pryce.
1.00 **Good Morning Football**
3.00 **NFL Bitesize Highlights**
3.45 **Fight Night International**
4.45 **Undisputed: The Story of Shields v Marshall**
5.45 **My Icon** Martin Offiah.
6.00 **Lions Legends** Profiles.
7.00 **LIVE Rugby Union British & Irish Lions v Argentina.** Coverage of the warm-up match at Aviva Stadium. This contest provides the Lions with a good opportunity to test themselves against strong opposition on home soil before they set off to Australia. Kick-off **8.00pm**.
10.45 **Lions Legends** Ian McGeechan.
11.00 **Super League Highlights**
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **Lions Legends**
2.00 **British and Irish Lions Tour**
3.00 **My Icon** Sporting influences.
3.30 **Lions Legends** Profiles.
4.30 **My Icon** Maggie Alphonsi.
4.45 **State of Origin Rugby League**
5.45 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Action from Sheffield United v Sunderland in the Championship play-off final.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the ATP Halle Open and the WTA Berlin Open.
12.30 PM **LIVE PGA Tour Golf** Coverage of the early stages of the second day of the Travelers Championship staged at TPC River Highlands in Cromwell.
7.30 **LIVE Super League St Helens v Leeds Rhinos.** Coverage of the match from the 15th round of fixtures at Totally Wicked Stadium. These teams also faced each other in a league contest here last month, and on that occasion it was the Rhinos who came out on top, scoring three tries in 17-4 victory. Kick-off **8.00pm**.
10.15 **Sky Sports News** A round-up of the day's sports news, featuring interviews and highlights with the people making the headlines.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Women's PGA Championship** The opening day.
8.00 **LIVE Golf** R&A Men's Amateur Championship quarter-final from Royal Cinque Ports in Deal, Kent.
1.00 PM **Rose Ladies Series**
1.30 **LIVE Golf** R&A Men's Amateur Championship semi-final from Royal Cinque Ports in Deal, Kent.
5.00 **Best of ICC WT20**
5.30 **My Icon** Sporting influences.
6.00 **NBC's Pro-Football Talk**
8.00 **LIVE Netball Super League** Coverage of a top-flight match.
10.00 **Best of ICC WT20**
10.30 **WTA & ATP Tennis**
11.30 **PL Greatest Games**
12.00 M'T **Super League**
2.45 AM **EFL Greatest Games**
4.00 **Test Cricket** England v India.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling** Highlights.
9.00 **AFL** Dockers v Bombers.
10.30 **LIVE AFL Geelong Cats v Brisbane Lions.** From GMHBA Stadium. Bounce-up **10.40am**.
1.30 PM **TNT Sports Reload**
1.45 **Discovery Golf** The latest news.
2.15 **Reframe the Game** Carol Glenn.
2.30 **LIVE Cycling: Tour of Belgium** The men's third stage.
4.45 **Ultimate Pool** Pairs Cup.
6.15 **LIVE Longines League of Nations** The European qualifier.
8.15 **Cycling** Recent highlights.
11.15 **MotoGP** Grand Prix of Italy.
11.45 **Superbike World Championship**
12.45 AM **TNT Sports Reload**
1.00 **IFSC Climbing World Cup**
2.00 **TNT Sports Reload**
2.15 **Test Cricket Highlights**
3.15 **LIVE V8 Supercars Championship** Darwin Triple Crown at Hidden Valley Raceway.
4.30 **MotoGP** Grand Prix of Italy.
5.00 **to 5.15** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **ABB FIA Formula E World Championship Highlights**
10.00 **LIVE ABB FIA Formula E World Championship** Jakarta ePrix first free practice session.
11.00 **European Rally Championship**
11.30 **Michelin Le Mans Cup**
12.00 NOON **Cycling** Route d'Occitanie.
1.00 PM **LIVE Cycling: Route d'Occitanie** The third stage.
3.00 **MLB Highlights**
4.30 **NBA Action** Highlights.
5.00 **NBA on Fire** The latest news.
5.30 **NBA** Pacers v Thunder.
7.00 **Fishing: On the Bank**
8.00 **NBA on Fire** The latest news.
8.30 **Test Cricket Highlights**
9.30 **UFC Main Event** UFC 302.
10.30 **AFL** Geelong Cats v Brisbane Lions.
12.00 M'T **UEFA Europa League & Conference League Magazine**
1.00 AM **The Ultimate Cycling Show**
2.00 **Men's Cycling** Recent action.
5.00 **to 6.00** AM **IFSC Climbing World Cup Highlights**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **Ultimate Karting Championship**
8.00 **DTM Highlights**
9.00 **MotorSport** Drew Gibson.
10.00 **Desafio China by La Vuelta**
11.00 **NASCAR Highlights**
12.00 NOON **World Surf League**
1.00 PM **NHL Tonight** Highlights.
2.00 **UK Independent Kart Racing**
3.30 **Scottish Rally Championship**
4.00 **Desafio China by La Vuelta**
5.00 **NASCAR Highlights**
6.00 **Top 14 Rugby Union**
8.00 **LIVE Top 14 Rugby Union** Coverage of the first semi-final.
10.00 **Transvulcania** Ultramarathon.
10.30 **Scottish Rally Championship**
11.00 **Top 14 Rugby Union**
1.00 AM **LIVE NHL Ice Hockey Edmonton Oilers v Florida Panthers.** Game seven of the Stanley Cup finals. Face-off **1.00am**.
4.00 **Le Marathon des Sables**
4.30 **NASCAR Highlights**
5.30 **to 6.00** AM **Transvulcania**

Premier Sports 2

420 552

6.00 AM **NHL Ice Hockey**
8.00 **Top 14 Rugby Union**
10.00 **Temples of Sport**
10.30 **FastZone** Motorsports highlights.
11.00 **United Rugby Championship**
1.00 PM **Temples of Sport**
1.30 **Bike World** Magazine.
2.00 **Copa Del Rey** Barcelona v Real Madrid from the final.
5.00 **Football's Greatest**
5.30 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
8.30 **Champions Cup** Northampton Saints v Bordeaux Begles.
10.50 **CONCACAF Gold Cup**
12.45 AM **LIVE CONCACAF Gold Cup Jamaica v Guadeloupe.** Coverage of the Group C match at PayPal Park. Kick-off **12.45am**.
2.45 **LaLiga Specials**
3.00 **LIVE CONCACAF Gold Cup Guatemala v Panama.** Coverage of the Group C match at Q2 Stadium. Kick-off **3.00am**.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Indycar** Recent action.
12.00 NOON **Formula 1** From Canada.
1.00 PM **Indycar** Recent highlights.
5.00 **Indycar** The Detroit Grand Prix.
6.00 The Bommarito Automotive Group 500 in Madison, Illinois.
7.00 **Craig Slater Behind the Scenes with Ferrari**
7.15 **Indy NXT** Outfront Showdown.
8.30 **Indycar** The Bommarito Automotive Group 500 in Illinois.
9.30 **LIVE Indycar** The first practice session of the Xpel Grand Prix from Elkhart Lake, Wisconsin.
11.00 **Indy NXT** Outfront Showdown.
12.15 AM **F1 Academy Ella Lloyd**
12.25 **Ollie Bearman Motorhome Tour**
12.30 **Lewis's Secret Cinema**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

Go Get Arty

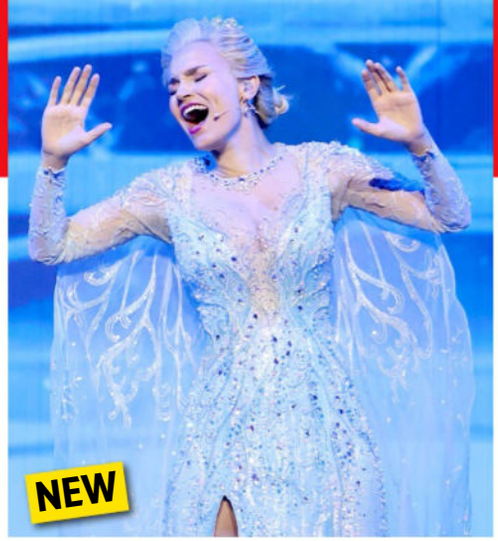
NEW

Weekdays, 5.40pm, CBBC & BBC iPlayer

Don your coveralls and get your craft kit ready, as YouTubers the Kwapongs dive into exciting art challenges that will bring out everyone's creative side.

Aided by their animated sidekick, Bristles the talking paintbrush, the family take on fun tasks – from crafting their own table football, which they christen 'Kwembley Stadium', to making fiery dragons.

The show will also feature Celebrity Drawalongs, with guests such as former footballer Jill Scott and comedian Romesh Ranganathan.



NEW

Frozen: The Musical

Available from Friday, Disney+

Whether you caught the West End or Broadway adaptation of the hit 2013 Disney musical or not, this recording of the London show, featuring a fantastic Samantha Barks as Elsa, is a definite must watch.

Featuring songs including *Do You Want to Build a Snowman*, *Love Is an Open Door* and, of course, the showstopping *Let It Go*, the magical tale of sisters Anna and Elsa will enchant viewers of all ages. Look out for the clever puppetry that brings Olaf and Sven to life.

More great shows to watch this week...

Finding Nemo

Available now, Disney+

Sunday (15 June) is Father's Day, and the perfect day for a family movie. One of our favourites has to be the Disney classic, about a clownfish dad Marlin, who swims the seas in search of his lost son, Nemo.

K-Pop Demon Hunters

NEW

From Friday, Netflix

In this animated musical film, a K-Pop girl group use their secret identities as demon hunters to protect their fans from supernatural danger.

Ready Eddie Go!

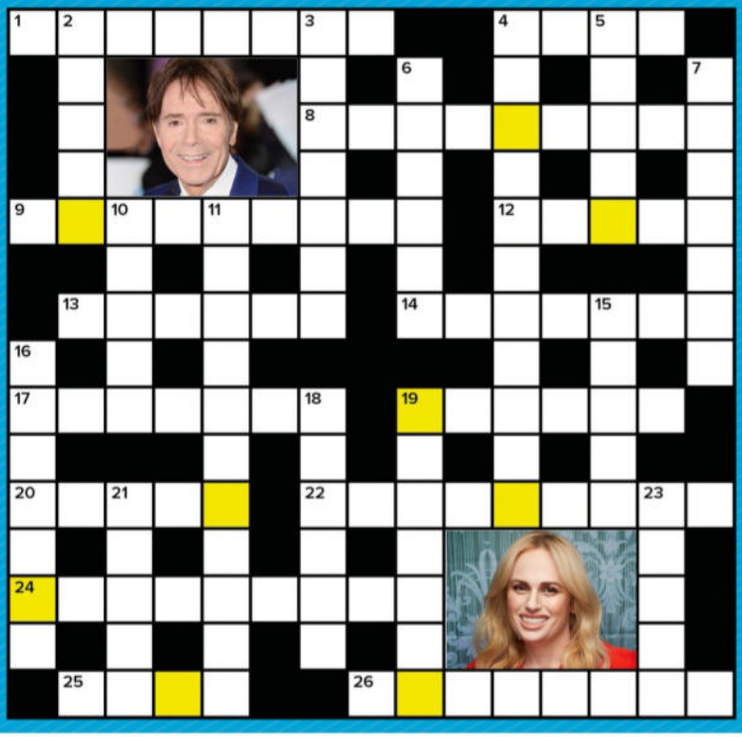
NEW

From Monday, Sky Kids

We're back in Eddie's world, where every day is an adventure, full of exciting things to be learned – from making new friends at school, going to the library and posting a letter.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a British radio and TV presenter (5,4). Answers at the bottom of the page – no cheating!



ACROSS

1 Epic 2004 movie starring Billy Bob Thornton as Davy Crockett (3,5)
4 Retired tennis player and TV presenter, Dan ---- (4)
8 Geordie comedian (4,5)
9 Crime drama TV series based on the novels by P.D. James (9)
12 See picture clue: Knighted pop singer who was born in India, Sir ----- Richard (5)
13 Peter -'-----, the voice of restaurant critic Anton Ego in 2007 Pixar film *Ratatouille* (1'5)
14 *Jack* --------, 2012 action film with Tom Cruise and Jai Courtney (7)
17 Gerald --------, late British author of *My Family and Other Animals* (7)
19 Uncle ------, *Only Fools* role played by Buster Merryfield (6)
20 *Question of* -----, former TV quiz show (5)
22 Donal ---------, journalist (9)
24 2018 action film starring Taron Egerton (5,4)
25 Singer known for *(Sittin' on) the Dock of the Bay*, ---- Redding (4)
26 Actor who starred in 2008's *Twilight*, -------- Lefevre (8)

DOWN

2 ----- Ogden, character played by Jean Alexander in soap *Coronation Street* (5)
3 1986 Suzanne Vega hit, -------- *on the Wall* (7)
4 Stars as Maria Connor in ITV1's *Coronation Street*, Samia ---------- (11)
5 First name of singer Whitney Houston's daughter (5)
6 English TV presenter, Dame ------ Rantzen (6)
7 Robert --------, star of 1973's *The Sting* (7)
10 2002 post-apocalyptic movie starring Cillian Murphy, *28 Days* ----- (5)
11 Cartoons featuring Bugs Bunny and Daffy Duck (6,5)
15 *You Can't* ----- *Love*, 1966 hit for The Supremes (5)
16 2019 sci-fi movie starring Brad Pitt (2,5)
18 Star of 1968 comedy *The Odd Couple*, Jack ------ (6)
19 One of the side projects of pop band Duran Duran (7)
21 Record producer who worked with Madonna, William ----- (5)
23 See picture clue: ----- Wilson, Australian comic and actor (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, SKY.

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Recycle

CROSSWORD SOLUTION

ACROSS: 1 The Alamo 4 Lobb 8 Ross Noble 9 Dalgliesh 12 Cliff 13 O'Toole 14 Reacher 17 Durrell 19 Albert 20 Sport 22 Mactyre 24 Robin Hood 25 Otis 26 Rachelle
DOWN: 2 Hilda 3 Marlene 4 Longchambon 5 Bobbi 6 Esther 7 Redford 10 Later 11 Looney Tunes 15 Hurry 16 Ad Astra 18 Lemmon 19 Arcadia 21 Orbit 23 Rebel

Coming soon

Matt Smith stars in a darkly comic series about a bereaved father and son

FIRST LOOK

Rafael Mathé and Matt Smith as the Bunnys

The Death of Bunny Munro

Musician Nick Cave's offbeat 2009 novel *The Death of Bunny Munro* is being brought to life in a Sky Atlantic drama, which is airing later this year.

The six-part series stars Matt Smith (*House of the Dragon*) as sex-addicted love rat Bunny, who sells beauty products door-to-door, but his life changes for ever when his wife Libby (Sarah Greene) dies by suicide and he is left caring for his nine-year-old son Bunny Junior (Rafael Mathé).

As the duo head off on an adventure-packed road trip across the south of England, the older Bunny sets about trying to gain more notches on his bedpost, but he soon spirals out of control and gradually comes to the conclusion that his boy – who frequently talks to his dead mother's ghost – needs him to be a better male role model.

STARRY SUPPORT

David Threlfall also features in the cast along with Johann Myers, Elizabeth Berrington, Robert Glenister, Lindsay Duncan and Alice Feetham.

'To work alongside Nick Cave feels like a great honour. It's a brilliant exploration of love, grief and chaos,' says Smith, who, along with Cave, is an executive producer on the show.

'At its heart, it's a deep, difficult and tender story about a father and son coping with loss and change. Pete [Jackson] has delivered such wonderful scripts, which are both funny and heartbreaking in equal measure.'

WHAT'S NEXT FOR...

Jonathan Ross

In C4's **Handcuffed**, the presenter oversees proceedings as eight pairs of strangers with opposing views are chained together on a road trip. The couple who remain shackled the longest stand to win £100,000.

Dame Penelope Keith

The actor will host U&Gold's **The Good Life: Inside Out**, which marks 50 years of the classic suburban sitcom – in which Keith played Margo Leadbetter – by examining its history, popularity and cultural impact.

Rob Brydon

BBC1's six-part comedy **Bill's Included** will see the actor play kindly but exacting Bill, who rents his spare rooms to an array of student lodgers – but the houseshare soon descends into chaos.

Coming Back

Gregor Fisher and Greg McHugh will return for a second six-part run of BBC1 sitcom **Only Child**, as quirky widower Ken and his long-suffering son Richard are challenged by driving lessons, QR codes and coffins.

Next week

On sale Tuesday 17 June

The Bear

In the fourth run of Disney+'s dramedy, Carmy battles to keep the restaurant open.

Glastonbury

The 1975 take to the Pyramid Stage in the BBC's coverage of the festival at Worthy Farm.

Smoke

Apple TV+'s drama follows an arson investigator (Taron Egerton) and a detective (Jurnee Smollett).

Countdown

An LA detective (Jensen Ackles) finds a conspiracy as he tracks a killer in Prime Video's thriller.

TV&Satellite week

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AS ADVERTISED ON TV

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Debbie McGee

It's so easy... JUST ADD NEW DOORS AND DRAWER FRONTS!

At Kitchen Magic you will find all the ingredients to create your Dream Kitchen for a lot less than you might think!

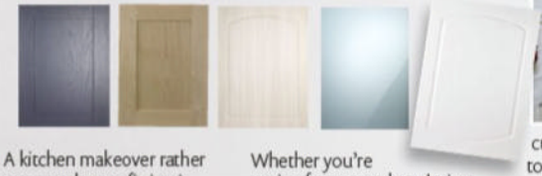
Having a brand-new fitted kitchen can seem like a daunting and expensive prospect, but Kitchen Magic offer a fantastic hassle-free alternative that won't break the bank or leave you living in a building site for weeks on end.

Everything including the kitchen sink!

Kitchen Magic offers an affordable alternative to a new kitchen with minimal outlay and disruption.

A kitchen makeover rather than a complete re-fitting is the latest trend in cost saving home improvement, and it's no wonder it's become so popular! By replacing only the cupboard doors and drawer fronts and leaving your existing units in place, you can create a brand new looking kitchen without the cost, mess and upheaval that you might have imagined.
Let's be honest, most of us don't really have much scope to completely change the layout of our kitchen; we like our sink in front of the window and in general are bound by existing electrical points, pipe work and doors. So, if it works well the way it is, why change it?
It's the aesthetic elements of the kitchen that tend to bear the brunt of everyday life and suffer the most wear and tear. This means that in most cases, whilst your doors and drawer fronts may be showing their age, your units more than likely have many years of life left in them!

Over 400 style and colour combinations



Whether you're opting for a complete design overhaul or just sticking to what you know and love, with over 400 style and colour combinations, Kitchen Magic have a team of regionally based Designers across the UK who are ready to work with you to create the kitchen you've always dreamed of.
But it doesn't stop there; Kitchen Magic can also replace your worktops, sinks, taps and appliances to provide those all-important finishing touches. From cost-effective yet surprisingly durable laminate countertops, to top of the range granite and marble.

A Fresh look kitchen for a lot less than you might think.

Kitchen Magic's vast product range caters to all tastes and budgets. If you're struggling for storage space, take a look at their range of hidden in-

cupboard storage solutions to give your kitchen that extra pinch of practicality that you've always wanted.
With all items tailor made to your requirements, you needn't worry about the fit of your new cupboard doors and drawer fronts. Kitchen Magic offer a full and completely bespoke service, from the initial design visit and survey to manufacture at their Midlands base and installation by expert craftsmen. If you're looking to transform your kitchen quickly and effectively, this specialist is the one to choose.

A little magic goes a long way.

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Call now for a FREE brochure or no-obligation quote.

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SCAN ME!

Kitchen Magic
Established over 40 years

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